

WE SEE YOU

Join us for a mental health lunch and learn event.
Recognize the signs of burnout
and how to reduce stress.

SAVE THE DATE!

MONDAY, APRIL 6, 2026 | 12 – 2 p.m.

Schoolcraft College | McDowell Center, MC100 | 18600 Haggerty Rd., Livonia, MI 48152

Guest Speaker



Brandon Dexter is the Clinical Outreach Manager for Charlie Health in West Detroit, MI. He travels to different colleges and universities to help inform them about the services provided by Charlie Health. Charlie Health has an intensive outpatient program as well as partnering with the colleges and universities for wellbeing awareness programs.



Event Sponsors



**Schoolcraft
College**

Student Relations
Hinkle Student Resource Center
Phi Theta Kappa
SC BeWell Wraparound Care



**charlie
health**

Contact studentrelations@schoolcraft.edu for more information.