

# Welcome to Winter at Schoolcraft College!

As you plan for 2026, we hope Personal & Professional Learning (PPL) classes will be at the top of your list. Creating a smooth registration process has been our top priority. You can now register for most PPL classes on the very day they begin. Additionally, Aquatics



registration will continue to open one day earlier than other PPL classes to better accommodate our dedicated students.

Whether you want to sharpen your financial skills (page 25), master winter-inspired recipes for family and friends (page 19), or dive into the art of coffee or beer (page 22), PPL offers something for everyone.

This season is also a great opportunity to explore new career paths or develop new skills. Try your hand at Voice Acting (page 26), learn the ins and outs of Real Estate Investing (page 28), or start speaking a new language (page 17). With the drone industry projected to grow rapidly over the next decade, get ahead by enrolling in our Recreational Drone Fundamentals or Part 107 Exam Prep courses (page 25).

For educators, we now offer shorter Teacher Recertification classes designed to meet your professional development needs (page 32).

We look forward to welcoming you on campus in the new year!

Warm Regards, Ashley Garringer, MS Director, Personal & Professional Learning

# General Registration Begins Wednesday, Nov. 12, 2025 at 8:00 a.m.

Aquatics Registration Begins Tuesday, November 11, 2025 at 8:00 am Most PPL classes/activities are NOT scheduled on the following days: MLK Jr. Day: Monday, January 19, 2026

Mid-Term Break: Monday, March 9, 2026 – Sunday, March 15, 2026.

Easter: Sunday, April 5, 2026



View Campus Map and Classroom Building Information

#### schoolcraft.edu/about/visit

#### **New Classes for Winter 2026**

	W Classes for Williter Edeo	
Fitn	ess & Health	
•	Mat Pilates: Core Strength & Flexibility Introduction to African Dance: History & Culture Urban Modern Dance Lil' Dragons Martial Arts. Karate for Kids: Ages 8-12. Beginning Karate. Martial Arts Fusion: Tang Soo Do/Tae Kwon Do. Reset & Rise: A Mindset Reboot for Clarity & Confidence. Fun & Boredom Across the Lifespan: Play to Purpose Music Wellness: What's Your Song? Stay Tuned: A Happy Couch Potato Gentle Healing Yoga Water Walking for Easing Arthritis Pain.	.6 .7 .7 .7 .7 .8 .8
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•	Satisfying & Nutritious Vegetarian Meals: Demo Cookies & Cocoa: Hands-On Adult & Child Cookie Decorating Class Intuitive Cooking: Using Your Senses in the Kitchen: Hands-On Wine Producer Spotlight: Long Meadow Ranch The Art of Coffee Brewing: Hands-On	20 20 21 22
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**Teacher Recertification Online** 



NEW Water Walking for Easing Arthritis Pain, Page 11





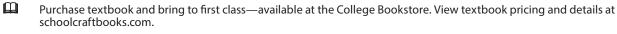
**NEW** Cookies & Cocoa: Hands-On Adult & Child Cookie Decorating, Page 20

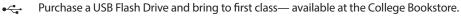
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#### **Class Icon Key**





Prerequisite: CES 2187 Cooking 101: Skill Development or instructor's approval. See page 20 for toolkit requirements.





#### Monday-Friday, 8 a.m. – 5 p.m. • 734-462-4448 • ppl@schoolcraft.edu

Schoolcraft College publishes this schedule for informational purposes only and its content shall not constitute a contract between the institution and prospective or enrolled students.

The information presented here reflects the current curricula, policies, and regulations of the College. However, these are subject to change at any time by action of the Board of Trustees or the administration.

A doctor's review of your health is advised before starting any exercise program.

When the college is closed due to weather or other unforeseen circumstances, only courses that offer Continuing Education Units (CEUs) will be issued make-up classes.

The Schoolcraft College Personal & Professional Learning Schedule is published three times yearly. It is the policy of Schoolcraft College that no person shall, on the basis of race, religion, color, gender, age, marital status, disability, sexual orientation, and/or national origin, be subjected to discrimination during or be excluded from participating in or be denied the benefits of any program or activity or in employment.

# PERSONAL ENRICHMENT



#### FITNESS & HEALTH

#### **AEROBICS**

#### Zumba® Blast Dance Workout

Zumba® is a combination of easy-to-follow routines done to Latin and International music. This class features toning and hip hop movements resulting in an energizing, fat-burning cardio workout!

#### CES 9796 | \$115/Senior Cost \$57.50

14 weeks | Tues | Jan 13 | 5-6 pm | Sec. 918153 | PE140 | P. Zarinana - AHF

14 weeks | Thurs | Jan 15 | 11 am-12 pm | Sec. 918140 | PE140 | P. Zarinana - AHF



#### Fit & Fun Cardio Drumming

Get your heart pumping with an effective cardio drumming class. Drum away stress and get fit along with a mat workout using hand weights and stretch bands. Drumming sticks and Fit Balls are provided and seated chair options and demonstrations are included in each class.

#### CES2 9167 | \$115/Senior Cost \$57.50

14 weeks | Tues | Jan 13 | 11 am-12 pm | Sec. 918158 | PE140 | E. Letourneou - AHF

#### WERQ® Dance. Fitness. Workout.

WERQ® redefines dance fitness! Build cardiovascular endurance and strengthen your heart dancing to today's hottest top 40 pop, rock and hip hop music. Warm-up with a preview of the dance steps used in class and cool down with balance and yoga inspired poses.

#### CES 9921 | \$115/Senior Cost \$57.50

14 weeks | Wed | Jan 14 | 6-7 pm | Sec. 918159 | PE140 | J. Falasco, S. Maples

#### Get Fit & Stay Fit: Low Impact Aerobics

Set your own pace in variations of low impact aerobics, strength training, and sculpting designed for moderate level exercisers. Incorporate stability balls, exertubes, dyna-bands, and hand weights into your fitness routine.

#### CES 9716 | \$169/Senior Cost \$84.50

14 weeks | Mon, Wed & Fri | Jan 12 | 9-10 am | Sec. 918127 | PE140 | K. Carzon - AHF

#### Best Body: Hybrid Interval Training

Burn fat and tone muscle in this hybrid interval training class that combines weights, cardio, and strength training. Feel and see the results after a brief warm-up, interval training, and a floor workout focusing on abs, glutes, and thighs.

#### CES 9998 | \$115/Senior Cost \$57.50

14 weeks | Mon | Jan 12 | 6-7 pm | Sec. 918146 | PE140 | Z. Prymak - AHF

#### Dynamic Fit Mix: A Variety Workout

Enjoy this fun and uplifting class working out with different types of fitness equipment and routines each time class meets, while toning your entire body top to bottom with cardiovascular benefits. A wide variety of equipment will be used, provided at class. Improve your strength/balance and flexibility with the rewards of total well-being. Work out at your own pace. See results!

#### CES2 9157 | \$115/Senior Cost \$57.50

14 weeks | Tues & Thur | Jan 13 | 8-9 am | Sec. 918169 | PE140 | Z. Prymak - AHF

#### Strength & Cardio Fusion

Experience the perfect blend of strength and cardio exercises in a dynamic, sequential format designed to boost your cardiovascular health and tone your body. This comprehensive full body workout combines traditional strength and cardio sessions, featuring exercises using free weights and machines. Learn to safely use the equipment and achieve your fitness goals efficiently and effectively.

#### CES2 9195 | \$145/Senior Cost \$72.50

. 14 weeks | Tues & Thur | Jan 13 | 5:15-6:15 pm | Sec. 918102 | PE120 | T. Maguran

#### Total Body Strength & Tone

Reshape your upper and lower body using hand weights, body bars, fitballs and more. Finish each class with a 15-minute stretch and see the results!

#### CES2 9083 | \$85/Senior Cost \$42.50

10 weeks | Sat | Jan 17 | 9:30-10:30 am | Sec. 918167 | PE140 | L. Furlong - AHF

#### Sunrise, Stretch, Strength & Tone

Begin your day with an invigorating workout designed to improve your overall strength, balance, flexibility and posture. Using a variety of equipment, incorporate active stretching, low impact movements, targeting floor work and Pilates inspired exercises to leave you feeling energized. Alternative options for students with osteoporosis and osteopenia will be given.

#### CES 9941 | \$145/Senior Cost \$72.50

. 14 weeks | Mon & Wed | Jan 12 | 8-9 am | Sec. 918157 | VIRTUAL | G. Ripley

14 weeks | Mon & Wed | Jan 12 | 8-9 am | Sec. 918170 | PE210 | G. Ripley

#### Senior Fitness

#### Zumba® Gold: A Beginner Dance Workout

Zumba Gold is designed for the true beginner and the active older adult. This party-like fitness dance class, done to a variety of music like merengue, salsa, and tango, is an effective calorie burning workout geared for all fitness levels.

#### CES 9839 | \$115/Senior Cost \$57.50

14 weeks | Fri | Jan 16 | 10-11 am | Sec. 918130 | PE140 | R. Schofield - AHF

#### Fit as a Fiddle

Workout while sitting comfortably in a chair at your own pace in this beginning to moderately-paced class. Improve your range of motion, strength, balance, flexibility, brain health and memory techniques.

#### CES 9815 | \$99/Senior Cost \$49.50

6 weeks | Mon & Wed | Jan 12 | 10-11 am | Sec. 918145 | PE140 | J. Dumbleton - AHF

6 weeks | Mon & Wed | Mar 16 | 10-11 am | Sec. 918148 | PE140 | J. Dumbleton - AHF

#### Strength Training for Seniors I

Strengthening the major muscle groups of the upper and lower body improves metabolism, increases bone mineral density, and can reduce arthritic discomfort for aging adults.

#### CES 9550 | \$105/Senior Cost \$52.50

6 weeks | Mon & Wed | Jan 12 | 1-2 pm | Sec. 918152 | PE140 | E. Letourneau - AHF

6 weeks | Mon & Wed | Mar 18 | 1-2 pm | Sec. 918161 | PE140 | E. Letourneau - AHF

#### Strength Training for Seniors II

As an active senior, you know the benefits of strength training. This low-impact cardio workout uses light hand weights, resistance bands, and small exercise balls to improve strength, flexibility and balance leaving you stronger and more energized.

#### CES 9999 | \$115/Senior Cost \$57.50

14 weeks | Tues | Jan 13 | 1:30-2:30 pm | Sec. 918154 | PE140 | S. Brodsky – AHF

#### Senior Basketball: Non-Instructional Activity

Seniors can enjoy the opportunity to play non-instructional indoor basketball. CESN 0009 | \$69

14 weeks | Tues & Thur | Jan 13 | 10 am-12 pm | Sec. 918165 | PE Main Gym

#### **Pilates**

#### Pilates for Beginners

A safe and effective mat Pilates workout offers a powerful conditioning program for the entire body. These exercises practiced correctly, promote functional strength of abdominal and back muscles, and help to develop pelvic floor strength and better posture.

#### CES 9712 | \$115/Senior Cost \$57.50

14 weeks | Mon | Jan 12 | 11 am-12 pm | Sec. 918164 | PE140 | J. Dumbleton - AHF

#### Pi-Yo Strength Fusion

Combine the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga in this moderate level class. Work at your own pace to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean, and incredibly defined.

#### CES 9949 | \$115/Senior Cost \$57.50

14 weeks | Wed | Jan 14 | 7-8 pm | Sec. 918156 | PE140 | L. Furlong - AHF

#### Barre Workout: Strength, Lengthen & Tone

Barre Workout is a fun and innovative way to work out that uses a ballet bar to strengthen, lengthen, and tone your body by performing small isometric movements. It tones the whole body by burning fat fast, lifting the glutes and toning the thighs, abs, hips and arms.

#### CES 9892 | \$115/Senior Cost \$57.50

14 weeks | Wed | Jan 14 | 11 am-12 pm | Sec. 918129 | PE140 | Z. Prymak - AHF

#### Pilates: Full Body Strength & Conditioning

Expand your Pilates practice, while toning, lengthening, and stretching your body. Never feel bored with a total body workout ratio of upper body, supine core work, legs/side series, and prone back work. This class for all skill levels focuses on a total body Pilates practice utilizing different small pieces of equipment. Leave feeling rejuvenated and strong!

#### CES2 9067 | \$115/Senior Cost \$57.50

14 weeks | Mon | Jan 12 | 6-7 pm | Sec. 918141 | VIRTUAL | J. Malinowski

#### **NEW Mat Pilates: Core Strength & Flexibility**

Mat Pilates focuses on core strength, flexibility, and alignment. Students will learn essential and intermediate exercises that applies core Pilates principles to improve posture and control. Ideal for dancers, athletes, and those seeking better fitness and alignment. Bring Mat and Water Bottle to class.

#### CES2 9185 | \$99/Senior Cost \$49.50

12 weeks | Thurs | Jan 15 | 3:30-4:30 pm | Sec. 918101 | PE140 | T. Maguran

#### **IMPROVE YOUR HEALTH BY JOINING** THE FITNESS CENTER!

PPL Students Receive a Discounted Membership: \$20/Month

- Cardio & Weight Equipment
- · Personal Training
- Pickleball

- · Open Swim
- Racquetball Courts
- Also offering Exercise Testing in the Movement Science Lab
  - · Body Composition Analysis
  - · Cardiovascular Capacity Testing
  - Muscular Strength Assessment



FIND OUT MORE TODAY! schoolcraft.edu/fitness-center





#### **DANCE**

#### Couples and singles welcome in all Dance classes!

#### Lunchtime Line Dance I

Learn the latest line dances at this special daytime class. Whether this is your lunch hour, or just a time to have some fun and exercise, the hour will fly by! Learn the Hustle, Cha-Cha's, Waltzes, the Charleston and more.

#### CES 9333 | \$105/Senior Cost \$52.50

12 weeks | Thurs | Jan 15 | 1:50-2:50 pm | Sec. 918028 | PE140 | J. Owen

#### Lunchtime Line Dance: One Plus

Expand your line dance skills and continue to dance to all varieties of music from oldies, country, top 40's and more.

#### CES 9686 | \$105/Senior Cost \$52.50

12 weeks | Thurs | Jan 15 | 12:30-1:30 pm | Sec. 918030 | PE140 | J. Owen

#### **Latin Dancing**

Each session you will learn two different hot Latin Dances, like Salsa, Bachata, Lindy, Rumba, Samba, Merengue, Jive, Cha-Cha-Cha, Cumbia, Bolero and more. This class is good for beginners and more advanced dancers and will cover the fundamentals and more advanced figures.

#### CES 9988 | \$79/Senior Cost \$39.50

6 weeks | Fri | Feb 6 | 7-8 pm | Sec. 918038 | PE140 | E. Semenov

6 weeks | Fri | Mar 27 | 6-7 pm | Sec. 918046 | PE140 | E. Semenov

#### **Belly Dance Fitness**

Students spend one hour engaging in belly dance style movement with the goal of burning calories and having fun while listening to Middle Eastern/Fusion and other motivating musical selections.

#### CES2 9134 | \$105/Senior Cost \$52.50

6 weeks | Wed | Jan 28 | 12-1 pm | Sec. 918032 | PE140 | A. Hallmark

#### Hula & Ori-Tahiti Dance

Spend each hour engaging in Hula/Ori Tahiti style movement, an artistic dance rooted in tradition. Learn about the meaning and history of the lyrics and hand motions while burning calories and building dance combinations.

#### CES2 9169 | \$105/Senior Cost \$52.50

6 weeks | Wed | Mar 18 | 12-1 pm | Sec. 918045 | PE140 | A. Hallmark

#### Move & Groove: Full Body Dance Workout

Utilize basic motor skills for a high energy full body dance workout! Move and groove to the best music from the 80s to the best hits today. Join us as we work and move through fun dance moves that you can take with you anywhere.

#### CES2 9131 | \$105/Senior Cost \$52.50

6 weeks | Sat | Jan 31 | 11 am-12 pm | Sec. 918042 | PE210 | J. Gordon

#### **Ballroom Dancing**

Learn and practice two different graceful Ballroom Dances, a necessary social grace that fills a need in both the business world and on a personal level. Work on fundamental dance components, base timings/rhythms, key foot patterns and essential leading and following techniques. Good for beginners and more advanced dancers.

#### CES2 9039 | \$79/Senior Cost \$39.50

6 weeks | Fri | Feb 6 | 8-9 pm | Sec. 918027 | PE140 | E. Semenov

6 weeks | Fri | Mar 27 | 7-8 pm | Sec. 918040 | PE140 | E. Semenov

#### Shuffle & Hustle: New & Classic Line Dances

Learn the line dances that have been popular for years plus new ones created by the instructor! Each class will focus on learning 1 or 2 line dances first without music, then gradually add music from the 80s to today to put it all together. All skill levels are welcome.

#### CES2 9132 | \$105/Senior Cost \$52.50

6 weeks | Sat | Mar 21 | 11 am-12 pm | Sec. 918043 | PE210 | J. Gordon

#### **NEW** Introduction to African

#### Dance: History & Culture

Experience an introduction to Central African dance, exploring traditional Congolese movement and rhythm with a focus on polyrhythms. Learn about the historical and cultural significance of African dance while practicing techniques in group and solo settings. Drum accompaniment will be used to teach timing, rhythm, and call-and-response.

#### CES2 9179 | \$99/Senior Cost \$49.50

12 weeks | Mon | Jan 12 | 7-8 pm | Sec. 918009 | PE140 | C. Johnson

#### **NEW** Urban Modern Dance

Experience the combination of traditional Urban/African dance with modern techniques inspired by Alvin Ailey and Katherine Dunham. Explore cultural rhythm, expression, and movement, focusing on core strength, alignment, and emotion. Covering African dance basics, the Dunham Technique, and Ailey's style, the course culminates in a final performance-perfect for dancers seeking a connection to traditional and modern styles.

#### CES2 9184 | \$99/Senior Cost \$49.50

12 weeks | Sat | Jan 17 | 1-2 pm | Sec. 918001 | PE140 | C. Johnson

#### The Art of Motown Style Ballroom Dancing

This popular style is a combination of social ballroom dance and the cha-cha dusted with a soulful "Dee-troit" urban flavor. Learn the basics and more advanced combinations that can be done to almost any type of music.

#### CES2 9093 | \$79/Senior Cost \$39.50

6 weeks | Fri | Feb 6 | 6-7 pm | Sec. 918039 | PE140 | E. Semenov



#### **Country Line Dance**

If you love to dance and want to have fun while exercising your mind and body, this is for you! Each 6-week session learn and practice several different Country Line Dances. All skill levels are welcome.

#### CES2 9168 | \$79/Senior Cost \$39.50

6 weeks | Fri | Feb 6 | 5-6 pm | Sec. 918048 | PE140 | E. Semenov

6 weeks | Fri | Mar 27 | 5-6 pm | Sec. 918047 | PE140 | E. Semenov

#### **Detroit Style Urban Line Dance**

This engaging class introduces students to popular Detroit urban line dances like "The Wobble," Tamia's "So Into You," and the "Cupid Shuffle." Each session covers a new dance, breaking down the moves step by step. By the end, students will have learned three dances and gained confidence to perform them at social events, while enjoying Detroit's vibrant dance culture.

#### CES2 9180 | \$79/Senior Cost \$39.50

6 weeks | Thurs | Jan 29 | 4-5 pm | Sec. 918007 | PE210 | D. Carswell

6 weeks | Thurs | Mar 19 | 4-5 pm | Sec. 918008 | PE210 | D. Carswell

## DIAMOND CARSWELL

#### DANCE INSTRUCTOR CHOREOGRAPHER MOVEMENT COACH

Diamond Carswell, A.K.A. Ms. Diamond, is a Detroit native and multi-talented performing arts professional with a passion for using dance as a tool for empowerment, expression, and community connection. With over a decade of experience in choreography, performance, and arts education, Diamond has



trained extensively in modern, ballet, liturgical, hip hop, African, line dance, aerobic (group fitness), musical theatre, and expressive movement. She studied dance and arts management at Eastern Michigan and continues to expand her education in Organizational Leadership.

Diamond's professional highlights include choreographing performances featured on national television and in major streaming docuseries, including the 2024 Disney+ production "CHOIR." Her work spans stage and screen, with credits in theatrical productions like MEMPHIS the Musical with Birmingham Village Players, reflecting her ability to fuse technical excellence with storytelling and heart.

Known for her energetic and inclusive teaching style, Diamond has taught in schools, community programs, studios, and faith-based settings across Michigan. She believes dance can open doors to purpose, confidence, and transformation for students of all ages. Through her creative leadership and deep love for the arts, Ms. Diamond continues to inspire movers and change-makers, offering classes that range from technical training to creative expression workshops designed to build confidence and empowerment.

#### TAI CHI

#### Beginning Tai Chi

Tai Chi is a series of gentle turning and stretching exercises that aid in relaxation and stress reduction and improve flexibility, circulation, balance, muscle control and strength. This beginning course introduces the fundamentals of the 108 moves in the Taoist Tai Chi set.

#### CES 9906 | \$109/Senior Cost \$54.50

12 weeks | Tues | Jan 13 | 9:30-10:30 am | Sec. 918827 | PE140 | MI Tai Chi Association

12 weeks | Tues | Jan 13 | 7-8 pm | Sec. 918826 | PE140 | MI Tai Chi Association

#### **FENCING**

#### Fencing I

Fencing is one of only four sports that has been on every modern Olympic program since 1896. Gain a basic understanding of the sport of fencing - the art of sport swordplay - in an enjoyable and relaxed atmosphere. Learn basic fencing positions, movements, and principles. Equipment is provided. **Students age 11+are welcome.** 

#### CES 9180 | \$105/Senior Cost \$52.50

12 weeks | Fri | Jan 16 | 6:30-7:50 pm | Sec. 917926 | PE Main Gym | D. McLaren

#### Fencing II

Build your knowledge of the sport and improve your fencing technique. Learn new movement and strategies necessary for bout fencing. Equipment is provided. **Students age 11+ are welcome. Prerequisite:** Fencing I.

#### CES 9181 | \$105/Senior Cost \$52.50

12 weeks | Fri | Jan 16 | 8-9:20 pm | Sec. 917927 | PE Main Gym | D. McLaren

#### Fencing Club: Non-Instructional Activity

This unstructured activity period is for those who have taken Fencing I and Fencing II and would like an opportunity to practice their skills.

#### CESN 0004 | \$75

12 weeks | Fri | Jan 16 | 7-9 pm | Sec. 917901 | PE Main Gym

#### MARTIAL ARTS

#### **NEW** Lil' Dragons Martial Arts

This high energy class designed for children will teach health, fun and fitness focusing on respect, discipline, self-confidence, flexibility, balance and coordination. Students will be introduced to basic blocking, punching and kicking techniques. Recommended age range: 5-7 years old.

#### CES2 9193 | \$149

12 weeks | Thurs | Jan 15 | 5:30-6 pm | Sec. 918201 | PE140 | T. Valvona

#### **NEW** Karate for Kids: Ages 8-12

In this high energy class, students will be introduced to basic punching, blocking and kicking techniques. They will learn offensive as well as defensive movements along with martial arts combinations. Through training, students will gain self-confidence while improving balance, coordination and flexibility. Ages 8-12 only.

#### CES2 9191 | \$149

12 weeks | Thurs | Jan 15 | 6:05-6:35 pm | Sec. 918203 | PE140 | T. Valvona

#### **NEW** Beginning Karate

Discover the Japanese Shotokan style of karate. You are invited to learn this form of self-defense while building self-confidence and discipline, improving fitness, coordination, flexibility and balance. No previous karate experience is required. Ages 13 and up.

#### CES2 9194 | \$199/Senior Cost \$99.50

12 weeks | Thurs | Jan 15 | 6:45-7:45 pm | Sec. 918202 | PE140 | T. Valvona

#### **NEW** Martial Arts Fusion: Tang Soo Do/Tae Kwon Do

Tang Soo Do, a Korean based martial arts class, will allow you to branch out and gain a full understanding of the fundamentals and varieties martial arts has to offer. Focus on the development of the body, mind, and spirit with a goal of achieving balance and harmony. This class is designed for adults ages 18 and older.

#### CES2 9200 | \$129/Senior Cost \$64.50

12 weeks | Mon | Jan 12 | 5-6 pm | Sec. 918204 | PE140 | S. Yu

#### **WELLNESS**

#### Finding Wellness & Happiness in Your Everyday Lifestyle

Review and apply life skills that already exist within your everyday lifestyle, habits, and behaviors. Through a very broad and basic lens of psychology and useful wellness strategies, explore everyday difficulties and learn easily applicable remedies to increase life satisfaction and empowerment as a group. The topics will be real-world applicable and fun from an instructor who is a working psychotherapist. Use what you have inside, to tackle the complications of life!

#### CES2 0171 | \$45/Senior Cost \$36

2 weeks | Tues | Apr 7 | 5-7 pm | Sec. 917301 | LA425 | D. Jones

#### Heartfulness Meditation for Stress Relief

Embark on a transformative 6-week workshop designed to improve mental health and self-care practices. This series provides practical tools for managing stress, cultivating positivity, a deeper sense of peace, connection and inner joy. Each week offers a combination of insights, hands-on activities, and guided meditations to empower participants to lead more balanced, fulfilling lives. Whether you're looking to improve your emotional resilience, develop positive habits, or realign with your body's rhythms, this course will provide you with life skills to improve your mental health. Students should bring a journal to class.

#### CES2 0176 | \$45/Senior Cost \$36

6 weeks | Thurs | Feb 19 | 5:30-6:30 pm | Sec. 917306 | LA110 | N. Rajeev

#### **NEW** Reset & Rise: A Mindset Reboot for Clarity & Confidence

This empowering mindset coaching class helps participants reset mentally and emotionally. Discover how to overcome limiting beliefs, reduce stress, gain clarity, and take intentional steps toward personal and professional growth.

#### CES2 9192 | \$65/Senior Cost \$52

6 weeks | Wed | Jan 28 | 6:30-8 pm | Sec. 917307 | LA110 | P. Miller

#### **NEW** Fun & Boredom Across the Lifespan: Play to Purpose

In this class, we offer a very brief history and definitions of "fun" and "boredom." Through a very broad and basic lens of psychology and useful wellness strategies, analyze why we're in the pursuit of having fun and being happy while avoiding and running from boredom. Explore what students personally enjoy in life and how that can bring comfort and happiness while dismantling myths of boredom and fun.

#### CES2 0207 | \$45/Senior Cost \$36

1 day | Tues | Mar 17 | 5-9 pm | Sec. 917304 | LA425 | D. Jones

#### **NEW** Music Wellness: What's Your Song?

What is your favorite song? What song annoys you? Music affects our emotional responses and behaviors and can impact our creativity and improve our well-being. In this class, we will explore (and listen to) lyrics and melodies from your favorite tunes while asking why they speak (and sing) to us. We'll also see what other music genres are out there to expand our musical palette.

#### CES 3900 | \$45/Senior Cost \$36

1 day | Tues | Feb 10 | 5-9 pm | Sec. 917303 | LA425 | D. Jones

#### **NEW Stay Tuned: A Happy Couch Potato**

Review plots, characters, and themes from your favorite TV shows (anywhere from "All in the Family" to "The Simpsons"). Through a very broad and basic lens of psychology and useful wellness strategies, we will connect our likes and dislikes to our television watching. We're interested in these shows, and reruns, for a reason. How can we apply what we enjoy, appreciate, and find interesting on the tube to our personal lives?

#### CES2 0208 | \$45/Senior Cost \$36

1 day | Thurs | Feb 19 | 5:30-8:30 pm | Sec. 917302 | LA425 | D. Jones

#### Managing Your Stress: Effective Tools & Guided Relaxation

Through a guided practice of relaxation, utilize simple body-based tools to help shift the stress response and improve well-being. Learn to understand the body's stress response and the effectiveness and importance of practicing tools when not in a stressed state.

#### CES2 0182 | \$65/Senior Cost \$52

6 weeks | Tues | Jan 27 | 1-2:20 pm | Sec. 917305 | LA300 | C. Zarotney

#### YOGA

#### Yoga for Easing Arthritis & Fibromyalgia Pain-Level I

Experience this gentle yoga workout designed for individuals who suffer from varying degrees of muscle and joint pain from arthritis or fibromyalgia.

#### Class meets on the main floor of the PE Building.

#### CES 9910 | \$139/Senior Cost \$69.50

14 weeks | Thurs | Jan 15 | 9:15-10:15 am | Sec. 918945 | PE140 | J. Dumbleton - AHF

#### Yoga for Easing Arthritis & Fibromyalgia Pain-Level II

This advanced yet gentle workout is designed for individuals who suffer from varying degrees of muscle and joint pain. Poses focus on joint flexibility and breathing exercises for relaxation, resulting in the easing of pain associated with arthritis or fibromyalgia.

#### Class meets upstairs in the PE Building.

#### CES2 9203 | \$125/Senior Cost \$62.50

12 weeks | Tues | Jan 13 | 10-11 am | Sec. 918902 | PE210 | K. Carzon - AHF



#### Instructor is very knowledgeable and shows modifications when necessary. Love her!"

Anne D., Yoga for Easing Arthritis Pain Student

#### Yoga for Better Bone Health & Balance

If you are looking for a yoga class that improves bone health, flexibility and balance then this yoga class is a must. Weight-bearing standing/seated yoga poses, with the use of light hand weights, can help build bone density, strength and coordination which encourages better posture and balance reducing the risk of falling.

#### CES2 9136 | \$119/Senior Cost \$59.50

12 weeks | Tues | Jan 13 | 9-10 am | Sec. 918932 | PE210 | K. Carzon - AHF

#### "Easy Does It" Hatha Yoga

Hatha Yoga is gentle, but effective for promoting flexibility, balance, strength, and wonderful posture. Great for beginners and moderate level exercisers. Yoga teaches breathing, stretching and relaxation.

#### CES 9926 | \$59

14 weeks | Tues | Jan 13 | 12:30-1 pm | Sec. 918946 | PE210 | S. Brodsky - AHF

#### CES 9735 | \$139/Senior Cost \$69.50

14 weeks | Thurs | Jan 15 | 1-2:20 pm | Sec. 918954 | PE210 | J. Duffy - AHF

#### Hatha Yoga II

Focus on relaxed breathing and traditional asanas (postures) which will be held for a period of time to ensure proper alignment to build strength and flexibility. Participants will explore various sequences to foster a deeper connection between breath, body and mind. See results and enjoy a state of peacefulness.

#### CES2 9202 | \$139/Senior Cost \$69.50

14 weeks | Mon | Jan 12 | 7-8:20 pm | Sec. 918904 | PE210 | M. Hopson - AHF

#### Yoga Fitness: Gentle & Breath-Centered Flow

Experience a calming, breath-led fitness-based yoga practice designed to enhance vitality, ease stress, and support overall well-being. This gentle class integrates mindful movement with foundational education on breath mechanics, posture alignment, and the connection between breath and energy. Learn how intentional breathing and posture techniques can nourish your body's systems and restore balance from within.

#### CES2 9159 | \$125/Senior Cost \$62.50

12 weeks | Mon | Jan 12 | 4-5 pm | Sec. 918950 | PE210 | T. Maguran

#### Flowing Yoga I

In this beginning class you'll enjoy a moving sequence of Hatha Yoga poses for flexibility, strength and relaxation. You will learn the 12-part Sun Salutes in addition to several more yoga poses supported by yoga breathing. Leave with your body and mind refreshed and relaxed.

#### CES 9733 | \$139/Senior Cost \$69.50

14 weeks | Tues | Jan 13 | 5:30-6:50 pm | Sec. 918929 | PE210 | M. Hopson - AHF

14 weeks | Tues | Jan 13 | 7-8:20 pm | Sec. 918934 | PE210 | M. Hopson - AHF

14 weeks | Sat | Jan 17 | 9:30-10:50 am | Sec. 918942 | PE210 | K. Dreyer - AHF

#### Flowing Yoga II

Build on the stamina you developed in Flowing Yoga I. Review the 12 part Sun Salutes, and then learn the 16 part and 24 part Sun Salutes increasing your breath capacity, body flexibility and strength. Enjoy more challenging poses and a variety of yoga breathing exercises. Wear exercise clothing. Bring a sticky mat and pillow to class. **Prerequisite:** at least one year of Flowing Yoga I or at least one year of yoga training.

#### CES 9737 | \$139/Senior Cost \$69.50

14 weeks | Mon | Jan 12 | 11 am-12:20 pm | Sec. 918951 | PE210 | Z. Prymak - AHF

14 weeks | Thurs | Jan 15 | 5:30-6:50 pm | Sec. 918935 | PE210 | K. Dreyer - AHF

#### Yin Yoga: Slow Paced with Longer Holds

Yin Yoga targets the connective tissue of the joints, ligaments and sinew to help increase flexibility and range of motion. Focus on strength and stretching with longer holds and fewer poses.

#### CES2 9065 | \$139/Senior Cost \$69.50

14 weeks | Thurs | Jan 15 | 9:30-10:50 am | Sec. 918948 | VIRTUAL | C. Vukonich

#### Vinyasa Yoga with Light Weights

In a gentle environment, learn how to use light weights to strengthen the upper body and core using 2-8 lb. weights or a non-weight bearing approach. Weights followed with an easy flow of yoga restorative poses and breathing will help improve flexibility and stability.

#### CES 9945 | \$139/Senior Cost \$69.50

14 weeks | Fri | Jan 16 | 9:30-10:50 am | Sec. 918928 | PE210 | C. Vukonich

14 weeks | Fri | Jan 16 | 9:30-10:50 am | Sec. 918931 | VIRTUAL | C. Vukonich

#### **Precision Yoga**

Precision Yoga is designed to help you achieve accurate alignment, preventing injuries and enhancing both inner and outer balance. This class focuses on fundamental yoga postures and breathing techniques that build strength and cultivate peace of mind. Using props such as yoga blocks, straps, bolsters, and foam rollers, you'll receive the support needed to perform each pose correctly.

#### CES2 9010 | \$139/Senior Cost \$69.50

14 weeks | Wed | Jan 14 | 11:10 am-12:40 pm | Sec. 918941 | PE210 | D. Siegel-DiVita RYT

#### Desk Break Yoga: Full Body Stretches to Fix Your Posture

Learn how to stretch key muscles in your body, to release tension, help increase your blood flow and enhance your productivity, while taking your necessary desk breaks. Instructor will demonstrate exercises to improve your posture, all while enjoying easy listening and upbeat music to enhance your day.

#### CES2 9153 | \$79

6 weeks | Mon & Fri | Mar 16 | 11:30 am-12 pm | Sec. 918955 | VIRTUAL | S. Faris

#### Power Fusion Yoga for Strength

Improve your upper body strength, power production, and flexibility. Power fusion yoga focuses on balance, upper and mid-body strength while targeting the core abdominal muscles using isometric movements. **Note:** This class is not recommended for beginners.

#### CES2 9178 | \$125/Senior Cost \$62.50

12 weeks | Tues | Jan 13 | 11 am-12 pm | Sec. 918949 | PE210 | J. Mason

#### Yoga to Renew & Restore

Yoga is about honoring your own body. Learn breathing techniques to help relax the mind and move into a slow flowing sequence to help energize the body. Restorative poses, also called active relaxation, will bring balance to your life and help you journey into a place of deep contentment, heal your body and calm your mind.

#### CES 9736 | \$139/Senior Cost \$69.50

14 weeks | Wed | Jan 14 | 5:30-6:50 pm | Sec. 918943 | PE210 | K. Dreyer - AHF

#### Yoga & Stress Management

This gentle, flowing Hatha Yoga class will help you explore classic yoga poses, postures and breathing exercises, followed by soothing, relaxing meditation, leaving you feeling peaceful and relaxed.

#### CES2 9017 | \$125/Senior Cost \$62.50

12 weeks | Wed | Jan 14 | 7-8:20 pm | Sec. 918947 | PE210 | R. Sundararajan - AHF

#### Yoga Better Back & Neck

Create the foundation for your well-being, peace and health by developing a stronger back and neck. Transform your body and mind with a sequence of classic standing poses, stretches and breathing techniques designed for students of all ability levels.

#### CES 9966 | \$139/Senior Cost \$69.50

14 weeks | Thurs | Jan 15 | 7-8:20 pm | Sec. 918936 | PE210 | K. Dreyer - AHF

#### Yoga for a Healthy Heart

Focus on improving your cardiovascular function and the reduction of blood pressure with this specialized yoga class. Using safe and effective techniques, performed with proper form and alignment, learn a flowing sequence of yoga poses, stretches, and synchronized breathing and movement, to relax your body, mind, and heart.

#### CES 9986 | \$125/Senior Cost \$62.50

12 weeks | Mon | Jan 12 | 9:30-10:50 am | Sec. 918952 | PE210 | Z. Prymak - AHF

#### Light Weights with a Little Yoga

Begin your fitness adventure doing yoga stretches to warm your neck, shoulders, arms, back and legs. Next, safely and comfortably work with one to ten pound weights increasing your strength, stamina and bone density. Learn to comfortably lift weights from sitting, standing, and lying positions feeling totally in control.

#### CES2 9011 | \$139/Senior Cost \$69.50

14 weeks | Wed | Jan 14 | 9:30-11 am | Sec. 918930 | PE210 | D. Siegel-DiVita, RYT

14 weeks | Fri | Jan 16 | 11:10 am-12:40 pm | Sec. 918938 | PE210 | D. Siegel-DiVita, RYT

#### **NEW** Gentle Healing Yoga

Designed to help those who are experiencing body tension, headaches and trouble falling asleep, this gentle, slower paced yoga class includes standing poses and seated mat postures using props for comfort and stability. Focus on relaxing breathing techniques and quiet reflection while listening to soothing, calming music.

#### CES2 9201 | \$125/Senior Cost \$62.50

12 weeks | Mon | Jan 12 | 5:30-6:50 pm | Sec. 918903 | PE210 | M. Hopson - AFH



#### **AQUATICS**

Classes end 5 minutes to the hour to allow for changing of class sessions. View a complete list of swim skills guidelines: schoolcraft.edu/ppl/aquatics



#### Basic Swim for the Water Shy Adult

Build confidence and swimming ability in the pool while working on basic skills like floating, kicking and swimming. Skills to be learned: tread water for 30 seconds, float on front with relaxed muscles; face in the water; blowing bubbles, float on back with relaxed muscles, proper freestyle flutter kick with flotation device, swim 12 yards (half of pool) freestyle with any kind of breathing, proper backstroke kick with flotation device, elementary backstroke with a flotation device, comfortably float or swim in deep end, retrieve an object from 4 and 1/2 feet deep. For the instructor to recommend a student move to the next level, these skills must be demonstrated. Bring goggles to class.

Basic Swim for the Water Shy Adult Skills to be learned:

- Tread water for 30 seconds
- Float on front with relaxed muscles and face in the water, blowing bubbles
- Float on back with relaxed muscles
   Proper freestyle & backstroke kick
- Proper freestyle & backstroke kick with flotation device

#### CES 9749 | \$145/Senior Cost \$72.50

14 weeks | Mon | Jan 12 | 6-7 pm | Sec. 918735 | PE Pool | S. Burgess

14 weeks | Tues | Jan 13 | 7-8 pm | Sec. 918738 | PE Pool | S. Miles

14 weeks | Wed | Jan 14 | 6-7 pm | Sec. 918713 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 8:30-9:30 am | Sec. 918731 | PE Pool | K. Calhoun

### Beginning Adult Swim Stroke & Technique Skills to be learned:

• Tread water for one minute

- 25 yards with proper kick, arm rotations and breathing for each
- of the following strokes: freestyle, backstroke, and breaststroke
- 25 yards elementary backstroke, body undulations kick for 12 yards

• Swim 12 yards freestyle with any

· Elementary backstroke with a

• Retrieve object from 4 1/2 ft deep

· Comfortably float/swim in deep end

kind of breathing

flotation device

 Introduction to diving off side of deep end, comfortable swimming in deep end without float.

**Prerequisite:** Basic Swim for the Water Shy Adult; or the ability to float; or some deep water familiarity.

#### CES 9750 | \$145/Senior Cost \$72.50

14 weeks | Wed | Jan 14 | 6-7 pm | Sec. 918708 | PE Pool | R. Wiseman

14 weeks | Thurs | Jan 15 | 7-8 pm | Sec. 918739 | PE Pool | S. Miles

14 weeks | Sat | Jan 17 | 8:30-9:30 am | Sec. 918732 | PE Pool | J. Siegel

#### Intermediate Adult Swim Stroke & Technique

Skills to be learned:

- Tread water for 2 minutes
- Standing dive in deep end, retrieve an object from 5-7 ft.
- 50 yards freestyle with proper body position, rotation, kick and arm rotations for each of the following strokes:

freestyle, backstroke, and breaststroke

- 25 yards butterfly with proper body undulations, correct arms and breathing every/other stroke
- Introduction to flip turns and open turns for appropriate strokes

Prerequisite: Beginning Adult Swim & Stroke Technique.

#### CES 9751 | \$145/Senior Cost \$72.50

14 weeks | Mon | Jan 12 | 6-7 pm | Sec. 918710 | PE Pool | A. Brown

14 weeks | Wed | Jan 14 | 6:30-7:30 pm | Sec. 918737 | PE Pool | S. Allen

14 weeks | Sat | Jan 17 | 8:30-9:30 am | Sec. 918733 | PE Pool | S. Allen

#### Advanced Adult Swim Stroke & Technique

Students with good swimming ability will work to improve their endurance and push their skills.

Skills to be learned:

- 100+ yards of all competitive strokes
- Perform proper turns during laps, using correct turn for each stroke
- Read a written swim practice
- Proper diving for starts and relays
- · Knowledge of swim drills

Prerequisite: Intermediate Adult Swim Stroke & Technique.

#### CES 9752 | \$145/Senior Cost \$72.50

14 weeks | Fri | Jan 16 | 5:30-6:30 pm | Sec. 918764 | PE Pool | N. Travis

#### Water Exercise for Easing Arthritis Pain

Experience this gentle therapeutic water workout, designed for individuals who suffer from varying degrees of muscle and joint pain.

#### CES 9923 | \$165/Senior Cost \$82.50

14 weeks | Mon & Wed | Jan 12 | 10-11 am | Sec. 918751 | PE Pool | K. Carzon - AHF

#### CES 9996 | \$109/Senior Cost \$54.50

14 weeks | Fri | Jan 16 | 10-11 am | Sec. 918757 | PE Pool | K. Carzon - AHF

#### Deep Water Aerobics I

CES 9757 | \$109/Senior Cost \$54.50

14 weeks | Mon | Jan 12 | 7-8 am | Sec. 918724 | PE Pool | R. Wiseman

14 weeks | Mon | Jan 12 | 9-10 am | Sec. 918704 | PE Pool | R. Wiseman

14 weeks | Mon | Jan 12 | 4-5 pm | Sec. 918736 | PE Pool | N. Travis

14 weeks | Tues | Jan 13 | 3-4 pm | Sec. 918705 | PE Pool | R. Wiseman

14 weeks | Tues | Jan 13 | 7-8 am | Sec. 918762 | PE Pool | N. Bunner

14 weeks | Tues | Jan 13 | 6-7 pm | Sec. 918725 | PE Pool | R. Wiseman

14 weeks | Wed | Jan 14 | 6:30-7:30 pm | Sec. 918709 | PE Pool | N. Bunner

14 weeks | Thurs | Jan 15 | 7-8 am | Sec. 918763 | PE Pool | N. Bunner

14 weeks | Thurs | Jan 15 | 8-9 am | Sec. 918766 | PE Pool | N. Bunner

14 weeks | Thurs | Jan 15 | 3-4 pm | Sec. 918703 | PE Pool | R. Wiseman

14 weeks | Fri | Jan 16 | 6-7 am | Sec. 918707 | PE Pool | R. Wiseman 14 weeks | Fri | Jan 16 | 9-10 am | Sec. 918730 | PE Pool | R. Wiseman

14 weeks | Fri | Jan 16 | 1-2 pm | Sec. 918752 | PE Pool | R. Wiseman

14 weeks | Sat | Jan 17 | 8:30-9:30 am | Sec. 918728 | PE Pool | K. Carzon - AHF

14 weeks | Sun | Jan 18 | 7-8 am | Sec. 918722 | PE Pool | N. Bunner

#### Swim Studio

Enjoy the use of the Schoolcraft pool to practice and hone your swimming skills. Whether you are a beginner or an advanced swimmer and are looking for pool time under the guidance of an experienced aquatics instructor to exercise, practice your swim strokes or just enjoy some time in the water, here's your opportunity.

#### CES 9911 | \$125/Senior Cost \$62.50

14 weeks | Mon | Jan 12 | 1-2 pm | Sec. 918746 | PE Pool | S. Miles

14 weeks | Mon | Jan 12 | 2-3 pm | Sec. 918706 | PE Pool | S. Miles

14 weeks | Mon | Jan 12 | 8-9 pm | Sec. 918747 | PE Pool | A. Brown

14 weeks | Wed | Jan 14 | 1-2 pm | Sec. 918745 | PE Pool | N. Travis

14 weeks | Wed | Jan 14 | 2-3 pm | Sec. 918743 | PE Pool | N. Travis

#### Hydro-toning

Enjoy aquatic exercise that gives you a whole-body workout. Begin with deep water running for 25-30 minutes, then move to the shallow end and use resistance equipment for your legs.

#### CES 9755 | \$109/Senior Cost \$54.50

14 weeks | Tues | Jan 13 | 6-7 am | Sec. 918712 | PE Pool | N. Bunner

14 weeks | Tues | Jan 13 | 1-2 pm | Sec. 918720 | PE Pool | R. Wiseman

14 weeks | Wed | Jan 14 | 4-5 pm | Sec. 918726 | PE Pool | R. Wiseman

14 weeks | Thurs | Jan 15 | 1-2 pm | Sec. 918723 | PE Pool | R. Wiseman

14 weeks | Fri | Jan 16 | 3-4 pm | Sec. 918702 | PE Pool | R. Wiseman

#### **Aquafit Interval Training**

Work off unwanted pounds while improving your flexibility, range of motion, upper-body strength, and endurance. In shallow water using various class formats, tone your entire body using provided noodles, kickboards, fins and barbells.

#### CES 9756 | \$109/Senior Cost \$54.50

14 weeks | Mon | Jan 12 | 7-8 pm | Sec. 918716 | PE Pool | K. Carzon - AHF

#### Swimnastics I

You don't need to be a swimmer to benefit from this class. Progressive exercises and rhythmic activities in the water are designed to improve flexibility, circulation, and relaxation. Basic swimming skills will be taught as needed.

#### CES 9759 | \$165/Senior Cost \$82.50

14 weeks | Tues & Thur | Jan 13 | 9-10 am | Sec. 918750 | PE Pool | N. Bunner

#### CES 9760 | \$109/Senior Cost \$54.50

14 weeks | Tues | Jan 13 | 2-3 pm | Sec. 918718 | PE Pool | R. Wiseman

14 weeks | Wed | Jan 14 | 9-10 am | Sec. 918729 | PE Pool | R. Wiseman

14 weeks | Thurs | Jan 15 | 2-3 pm | Sec. 918719 | PE Pool | R. Wiseman

#### **Swimnastics II**

If you would like a more vigorous swimnastics program Swimnastics II is for you! Enjoy rhythmic, aerobic exercises improving your circulation, flexibility and endurance. You don't need to know how to swim to take this class.

#### CES2 9146 | \$109/Senior Cost \$54.50

14 weeks | Tues | Jan 13 | 10-11 am | Sec. 918748 | PE Pool | N. Bunner

#### Full Body Aqua Burn

Enjoy an instructor-led circuit based workout utilizing the natural resistance of water along with resistance tools to get a full body workout. Every class will start with a warm-up and end with a stretch. During the class you will experience 15 minutes of intense cardio followed by targeting each area of the body such as arms, legs and core to provide a full body workout.

#### CES2 9042 | \$109/Senior Cost \$54.50

12 weeks | Thurs | Jan 15 | 6-7 am | Sec. 918715 | PE Pool | N. Bunner

12 weeks | Fri | Jan 16 | 7-8 pm | Sec. 918714 | PE Pool | S. Miles

#### **GET NOTIFICATIONS**

Call 734-462-4448 or visit schoolcraft.edu/ppl/aquatics to join our Aquatics mailing list to receive the most up-to-date information regarding lap swim times, newly added classes, updates and more.



#### **NEW** Water Walking for Easing Arthritis Pain

Gently get your muscles and joints moving utilizing the natural resistance and buoyancy of water. Engage in low-impact walking exercises designed to improve strength, flexibility, and balance-all without putting stress on the joints. No swimming skills are required. Enjoy guided walking routines with optional arm and leg movements to enhance your workout at your own pace.

#### CES2 9189 | \$109/Senior Cost \$54.50

14 weeks | Wed | Jan 14 | 11 am -12 pm | Sec. 918727 | PE Pool | R. Wiseman

#### Aqua Dance

Enjoy an instructor-led high energy workout utilizing the natural resistance of the water while moving to the beat. Every class will start with a warm-up and end with a stretch. During the class you will focus on 25 minutes of intense cardio burn using dance inspired moves and then move right into focusing on targeted areas of the body such as arms, legs and core to provide a full body workout. This class is located in the shallow end of the pool requiring no swim experience.

#### CES2 9043 | \$109/Senior Cost \$54.50

12 weeks | Fri | Jan 16 | 6-7 pm | Sec. 918754 | PE Pool | N. Bunner

#### Paid Lap Swim - Intermediate Swimmer: Non-Instructional Activity

Enjoy the benefits of open lap swim and use of the deep well with limited enrollment. This opportunity will be limited to 18 students. For adults only. To attend, all participants must register for the entire session. Swimmer must be able to swim a continuous 200 freestyle and have basic knowledge of all 4 strokes.

#### CESN 0027 | \$85

14 weeks | Fri | Jan 16 | 7-8 am | Sec. 918760 | PE Pool



#### **AQUATICS – YOUTH**

Classes end 5 minutes to the hour to allow for changing of class sessions. View a complete list of swim skills guidelines: schoolcraft.edu/ppl/aquatics



#### Private Swim Lessons - 6 Sessions for \$199

Private swim lessons are now available! To simplify the registration process, please visit **schoolcraft.edu/ppl** to view available days and times. Each session lasts 30 minutes and runs for a total of 6 weeks. Lessons are available online for registration beginning at 8:00 AM November 11. All Private Swim Lesson sections can be found online under **schoolcraft.edu/ppl/aquatics**. Limited semi-private swim lessons are also available. For more information, please contact **ppl@schoolcraft.edu.** 

## Level 1 Basic Swim for the Water Shy Youth: Ages 5+ Skills to be learned:

- · Enter and exit the pool correctly
- Five relaxed bobs
- Blow bubbles into the water through the nose only, and through the nose and mouth simultaneously
- Float on the front and back having all muscles relaxed
- Float with head in the water, with correct mouth-nose and/or nasal exhalation
- Keep head up with synchronized movement of arms, hands and legs
- Jump into shallow end from a sitting position or standing up
- Retrieve a ring from 1-2 feet with assistance

#### CES 9772 | \$175

14 weeks | Tues | Jan 13 | 5-6 pm | Sec. 918503 | PE Pool | N. Travis

14 weeks | Thurs | Jan 15 | 5-6 pm | Sec. 918514 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 10:30-11:30 am | Sec. 918520 | PE Pool | N. Travis

#### Level 2 Youth Swim Beginner: Ages 5+

Skills to be learned:

- Tread water for thirty seconds
- Ten relaxed bobs
- Do unassisted front and back arrow, no arm/leg movement
- Flip from a front float to a back float unassisted
- Proper freestyle flutter kick with flotation device
- Body undulation for ten yards with flotation device
- Swim ten yards freestyle (whole stroke) with any kind of breathing
- Proper backstroke kick with flotation device
- Elementary backstroke as a survival stroke with flotation device
- Retrieve a ring from 4½ feet with assistance
- Jump into the deep end with flotation device

**Prerequisite:** Successful completion of all skills listed in Level 1 Basic Swim for the Water Shy Youth: Ages 5+.

#### CES 9742 | \$175

14 weeks | Mon | Jan 12 | 5-6 pm | Sec. 918515 | PE Pool | S. Burgess

14 weeks | Thurs | Jan 15 | 5-6 pm | Sec. 918510 | PE Pool | K. Calhoun

14 weeks | Thurs | Jan 15 | 6-7 pm | Sec. 918521 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 10:30-11:30 am | Sec. 918522 | PE Pool | J. Mead

14 weeks | Sat | Jan 17 | 12:30-1:30 pm | Sec. 918533 | PE Pool | N. Travis

#### Level 3 Youth Swim Intermediate: Ages 5+

Skills to be learned:

- Tread water for one minute
- · Twenty relaxed bobs
- Do tight, hand-over hand streamline on front and back, no kicking
- Retrieve a ring from 4½ feet unassisted
- One half lap (25 yards) freestyle and backstroke with proper flutter kick and arm rotation, and for the freestyle alternate breathing
- One half lap (25 yards) breaststroke with proper kick and arm movement, breathing every stroke with correct timing
- Jump into the deep end off the side or the diving board, swim back to the ladder and climb out
- Perform standing dive into the deep end off the side or the diving board

**Prerequisite:** Successful completion of all skills listed in Level 2 Youth Swim Beginner: Ages 5+.

#### CES 9743 | \$175

14 weeks | Mon | Jan 12 | 5-6 pm | Sec. 918508 | PE Pool | N. Travis

14 weeks | Tues | Jan 13 | 5-6 pm | Sec. 918534 | PE Pool | S. Miles

14 weeks | Sat | Jan 17 | 10:30-11:30 am | Sec. 918518 | PE Pool | S. Allen

14 weeks | Sat | Jan 17 | 12:30-1:30 pm | Sec. 918523 | PE Pool | J. Mead

#### Level 4 Youth Swim Advanced: Ages 5+

Skills to be learned:

- Tread water for two minutes
- Retrieve a ring from 9-12 feet with feet first or a pike surface dive
- One lap (50 yards) freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One lap (50 yards) breaststroke with proper, arm movement and coordination, breathing every stroke
- One half lap (25 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
- One half lap elementary backstroke
   Jump off the diving board, swim back to the wall, and climb out without using the ladder
- Standing dive off the diving board

**Prerequisite:** Successful completion of all skills listed in Level 3 Youth Swim Intermediate: Ages 5+.

#### CES 9744 | \$175

14 weeks | Mon | Jan 12 | 5-6 pm | Sec. 918504 | PE Pool | A. Brown

14 weeks | Thurs | Jan 15 | 5-6 pm | Sec. 918537 | PE Pool | S. Miles

14 weeks | Sat | Jan 17 | 10:30-11:30 am | Sec. 918513 | PE Pool | S. Miles

14 weeks | Sat | Jan 17 | 12:30-1:30 pm | Sec. 918535 | PE Pool | S. Allen

#### Level 5 Competitive Edge Beginner: Ages 7+

Skills to be learned:

- Tread water for five minutes
- Retrieve a ring in 9-12 feet with pike surface dive
- One-and-a-half laps (75 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One-and-a-half laps (75 yards) using the breaststroke with proper kicks, arms and coordination, breathing every other stroke
- One lap (50 yards) using the butterfly with proper body undulation, correct arms and breathing every other stroke and one elementary backstroke lap (50 yards)
- Perform proper starts and flip-turns

**Prerequisite:** Successful completion of all skills listed in Level 4 Youth Swim Advanced: Ages 5+.

#### CES 9745 | \$175

14 weeks | Wed | Jan 14 | 5-6 pm | Sec. 918524 | PE Pool | R. Wiseman

14 weeks | Sat | Jan 17 | 11:30 am-12:30 pm | Sec. 918501 | PE Pool | J. Mead

## Level 6 Competitive Edge Intermediate: Ages 7+ Skills to be learned:

- Two laps (100 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- Two laps (100 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
- One-and-a-half laps (75 yards)
  using the butterfly with proper
  body undulation, correct arms and
  breathing every other stroke
- One-and-a-half laps (75 yards) elementary backstroke
- Perform proper starts and flip-turns

**Prerequisite:** Successful completion of all skills listed in Level 5 Competitive Edge Beginner: Ages 7+.

#### CES 9746 | \$175

14 weeks | Wed | Jan 14 | 5:30-6:30 pm | Sec. 918525 | PE Pool | S. Allen

14 weeks | Fri | Jan 16 | 4:30-5:30 pm | Sec. 918528 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 11:30 am-12:30 pm | Sec. 918527 | PE Pool | N. Travis

#### Level 7 Competitive Edge Advanced: Ages 7+

Skills to be learned:

- Four laps (200 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- Four laps (200 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
- Two laps (100 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
- Two laps (100 yards) elementary backstroke
- Perform proper starts and flip-turns

**Prerequisite:** Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+.

#### CES 9747 | \$175

14 weeks | Wed | Jan 14 | 5-6 pm | Sec. 918526 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 11:30 am-12:30 pm | Sec. 918530 | PE Pool | S. Allen

#### Swim Team Prep: Ages 12+

Develop skills to join a swim team by improving your stroke knowledge, speed and endurance. Complete swim tests, timed trials and gain feedback though critiques. Be prepared for swim team practice with this intensive training. **Prerequisite:** Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+

#### CES2 9098 | \$175

14 weeks | Thurs | Jan 15 | 6-7 pm | Sec. 918519 | PE Pool | S. Miles

14 weeks | Sat | Jan 17 | 9:30-10:30 am | Sec. 918509 | PE Pool | S. Allen

#### **Red Cross Lifeguard Certification**

The demand for certified lifeguards continues to grow. This course provides the training you need to open the door to employment opportunities—now and in the future. Students aged 16 and older who successfully complete the course at Schoolcraft may have an opportunity for immediate employment at our indoor, year round facility. Gain the knowledge and skills needed to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies injuries and sudden illnesses until EMS personnel take over. Prerequisites: Minimum age 15 years; swim 150 yards continuously; tread water for 2 minutes using only the legs and then complete a 50 yard swim; complete a timed event within 1 minute 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on the back to return to the starting point and exit the water without using steps or a ladder. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED valid for 2 years. In addition to class hours students will need to complete a home study of 4-6 hours. 100% participation is required.

#### CES2 9130 | \$225

12 weeks | Wed | Jan 14 | 4-6:30 pm | Sec. 918529 | PE Pool | N. Bunner

#### **Family Swim**

#### Parent & Tot Swim 1: Ages 6 Months - 3 Years

Skills to be learned with parent(s) assistance:

- Safely enter the pool
- Wait for cue to enter the pool
- Float on back with head on shoulder or in water
- Float on front
- Show interest in bubbles blown by parent
- Begin kicking on front
- Reach for toys on top of water as well as under the surface
- Practice climbing out of the side of the pool
- Learn the 1, 2, 3, go cue for going underwater

#### CES2 9106 | \$85

14 weeks | Tues | Jan 13 | 6-6:30 pm | Sec. 918505 | PE Pool | N. Travis

14 weeks | Tues | Jan 13 | 6:30-7 pm | Sec. 918539 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 9:30-10 am | Sec. 918516 | PE Pool | N. Travis

14 weeks | Sat | Jan 17 | 10-10:30 am | Sec. 918538 | PE Pool | N. Travis

#### Parent & Preschool Swim: Ages 3 & 4

Skills to be learned:

- Student waits for parents cue to enter the pool each time
- Complete a safe entry with assistance
- Float on back, head in water and float on front with parents
  Blow bubbles or try to put whole
- face in water
- Try to blow bubbles through nose
- Kick on front, reach and pull water while kicking with a flotation device or held by parent
- Kick on back with flotation device or parent
- Reach for toys on top of water and under the surface
- Climb out on the side of the pool with some assistance
- Learn 1, 2, 3, go cue for jumping from side

#### CES 9740 | \$135

14 weeks | Mon | Jan 12 | 6-7 pm | Sec. 918506 | PE Pool | N. Travis

14 weeks | Thurs | Jan 15 | 6-7 pm | Sec. 918512 | PE Pool | K. Calhoun

14 weeks | Sat | Jan 17 | 9:30-10:30 am | Sec. 918517 | PE Pool | K. Calhoun

#### Parent & Child Swim: Ages 5+

Skills to be learned:

- Enter and exit the pool correctly without ladder
- Jump from side of the shallow end from sitting or standing
- 5 relaxed underwater bobs with bubbles
- Blow bubbles into the water through nose only
- Float on front and back relaxed
- Float with head in the water, keep head up and have synchronized
- arm movements out of the water and kick
- Without plugging nose, retrieve a ring from 1-2 ft.
- Proper flutter kick on front and back with assistance
- Intro to treading arms and leg movements and elementary backstroke with assistance
- Float and swim head up or down in deep water with assistance

#### CES 9741 | \$135

14 weeks | Tues | Jan 13 | 6-7 pm | Sec. 918502 | PE Pool | S. Miles

#### **GET NOTIFICATIONS**

Call 734-462-4448 or visit

schoolcraft.edu/ppl/aquatics to join our Aquatics mailing list to receive the most up-to-date information regarding lap swim times, newly added classes, updates and more.



#### **FIBER ARTS**

#### **NEW Knitting in the Round: 3 Methods**

Explore the techniques of knitting in the round using three different methods: circular needles, double-pointed needles, and the magic loop method. Bring: medium weight yard, 32" circular needle, US8 (5 mm) and a set of DPN (double point needles). **Prerequisite:** Introduction to Knitting or previous experience.

CES 3898 | (.3 CEU) | \$39/Senior Cost \$31.20

1 day | Wed | Apr 1 | 6-9 pm | Sec. 912603 | LA270 | B. Nurnberger

#### **NEW** Knitting & Crochet Basics: Two Skills in One Class

Discover the fundamentals of both knitting and crochet in a single class! Learn essential knitting techniques while making a simple scarf, and explore basic crochet stitches as you create a delicate lace shawl. Bring: medium weight yarn, US8 (5mm) straight or circular needle and an H5mm hook.

CES 3899 | (2.4 CEU) | \$145/Senior Cost \$116

8 weeks | Tues | Jan 27 | 6-9 pm | Sec. 912604 | LA475 | B. Nurnberger

#### **Shadow Knitting**

Discover how to make a 10"x10" square using shadow knitting, or illusion knitting, with two colors. Open a new view of knitting while bringing your knitting skills to the next level. Bring: 2 contrasting colors worsted weight yarn #4 50g each color, 1 36" circular needle US 8(5mm). **Prerequisite:** Introduction to Knitting or equivalent experience.

CES 3860 | (.3 CEU) | \$39/Senior Cost \$31.20

1 day | Wed | Apr 15 | 6-9 pm | Sec. 912628 | LA270 | B. Nurnberger

#### **Tunisian Crochet Basics**

Dive into the rich and rewarding world of Tunisian crochet in this beginner-friendly class. Whether you're a complete novice or have some experience with traditional crochet, this one-day class will provide you with the foundational skills and techniques needed to create beautiful Tunisian crochet projects. Bring: Tunisian crochet hook 6mm and 1 ball of #4 medium weight yarn.

Prerequisite: Introduction to Crochet or previous experience.

CES 3862 | (.3 CEU) | \$39/Senior Cost \$31.20

1 day | Wed | Apr 29 | 6-9 pm | Sec. 912631 | LA270 | B. Nurnberger

# Schoolcraft Knitting & Crochet Studio: Projects of Your Choice

Knit together in a fun and relaxed atmosphere with the help of an instructor as needed. Bring your own patterns and yarn to class. Meet new knitting friends, share projects and learn new knitting techniques while working on projects of your choice. **Prerequisite:** Introduction to Knitting or Introduction to Crochet or equivalent experience.

CES 3843 | (2.0 CEU) | \$119/Senior Cost \$95.20

10 weeks | Thurs | Jan 29 | 6:30-8:30 pm | Sec. 912629 | LA475 | B. Nurnberger

#### **Creative Design Online**

6 weeks | (2.4 CEU) | \$149 | ed2go For online classes register at <u>ed2go.com/schoolcraft</u>

• Interior Design Basics



#### **PAINTING**

#### Paint Like Bob Ross

Join Ted Simpson, a certified Bob Ross instructor, as he leads you through the creation of a complete painting in a single session. Unleash your creativity and craft a masterpiece adorned with happy trees and fluffy clouds. Each class features a unique painting. Students age 12+ are welcome. This class will be held in the new Collaborative Learning Studio in the Vistatech Center, a perfect setting filled with natural light for creating your work of art. All supplies are included and no previous experience is required.

CES 3851 | (.3 CEU) | \$99/Senior Cost \$79.20

1 day | Sat | Feb 14 | 1-4 pm | Sec. 912002 | VT705 | T. Simpson

#### Oil Painting: Color Theory & Composition

Learn the versatility of Alla Prima oil painting, the technique of painting masters. Explore different subjects and styles, while learning color theory, perspective and composition. Emphasis is placed on developing your own creativity through personal instruction, supported with class presentations. Some drawing experience is helpful. Please bring the following materials to the first session: basic oil color paint set (Artist Loft or Georgian are recommended), 12x16 canvas board or canvassette, odorless paint thinner, liner brushes (small, medium, and large) and Filbert/square brushes (small, medium, large) and ivory dish soap.

CES 3520 | (3.3 CEU) | \$199/Senior Cost \$159.20

11 weeks | Mon | Jan 26 | 1-4 pm | Sec. 912003 | F470 | G. Karczewski

#### Portrait Drawing & Painting I

The studio class focuses on rendering a portrait 'likeness' from life, as we 'train our eye and trust our eye.' A relaxed, intuitive approach is encouraged by accessing our right brain and our natural ability to recognize faces. Individual instruction is emphasized and supported with class presentations. You may draw or work in your chosen medium. Please bring paper, pencils and a kneaded eraser to the first class.

CES 3521 | (3.3 CEU) | \$209/Senior Cost \$167.20

11 weeks | Wed | Jan 21 | 1-4 pm | Sec. 912001 | F470 | G. Karczewski

#### **DRAWING**

#### Colored Pencil

"I can't believe that it's pencil," is a statement often heard by colored pencil artists. Colored pencils are easy and fun to use yet the artist can create beautiful works of art through techniques including layering, blending, and burnishing. Come and enjoy learning the different ways to use this versatile and exciting medium.

CES 3356 | (2.4 CEU) | \$155/Senior Cost \$124

8 weeks | Tues | Jan 20 | 4-7 pm | Sec. 912131 | VIRTUAL | M. Williams

#### **Exploring Color with Colored Pencil**

Explore the world of color using colored pencils. Discover a color spectrum where mixing blue and red makes more than just purple. Does it matter in what order you layer color? Yes! Using this versatile medium, learn how to blend, layer and mix colors to create different effects while learning the theory behind color.

CES 3402 | (2.4 CEU) | \$155/Senior Cost \$124

8 weeks | Thurs | Jan 22 | 4-7 pm | Sec. 912132 | LA300 | M. Williams

#### Colored Pencil Open Studio

Continue your journey with colored pencils! This class will provide time and guidance as you create a project of your choice. Bring a photo to use as a reference, a drawing you've already started, or choose from a selection of projects provided by the instructor.

CES 3897 | (1.2 CEU) | \$85/Senior Cost \$68

4 weeks | Wed | Apr 8 | 6-9 pm | Sec. 912101 | JC124 | D. Rogers

#### Advanced Art Studio

Designed for experienced students, this class will allow participants to choose from any medium they would like. Fine tune your skills with guidance from an instructor. Start with a photographic look to your project then work on abstract art. Explore color theory and more.

CES 3863 | (3.3 CEU) | \$199/Senior Cost \$159.20

11 weeks | Tues | Jan 20 | 1-4 pm | Sec. 912130 | F470 | G. Karczewski

# **NEW** Collage Exploration: Creating Art Using Mixed Media

Unleash your creativity in this dynamic class exploring modern collage and assemblage techniques! Get inspired by today's leading artists while building a unique, professional-quality portfolio using mixed media. Perfect for students ready to experiment, innovate, and elevate their artistic voice. Bring scissors, X-Acto knife, glue, Mod Podge, various papers (origami, wallpaper samples, etc.), photo transfer medium, tracing paper, drawing and painting supplies, embroidery thread and needles, recycled materials, magazines or printed images, mat boards for cutting, and rulers. Be ready to create with a wide range of mixed media materials! If you have questions about supplies, bring what you can to the first class and the supplies will be discussed further in class.

CES 3901 | (1.8 CEU) | \$149/Senior Cost \$119.20

6 weeks | Wed | Jan 28 | 6-9 pm | Sec. 912004 | F370 | G. Klick

#### **Drawing Online**

6 weeks | (2.4 CEU) | \$149 | ed2go
For online classes register at ed2go.com/schoolcraft

• Drawing for the Absolute Beginner

#### **CERAMICS**

#### Ceramics I: Learn to Work with Clay

Discover the art of ceramics in a relaxed and creative environment. Be introduced to a variety of ways of working with clay including: pinching, coiling, soft and hard slab, and wheel-throwing. Learn ways to decorate your pieces and how to apply glazes that will give your creations artistic life. Bring a sense of adventure and a tool kit to the first class. **The tool kit can be purchased from the Schoolcraft bookstore. This class is for first-time participants only.** 

CES 3518 | (3.3 CEU) | \$275/Senior Cost \$220

11 weeks | Mon | Jan 26 | 7-10 pm | Sec. 912226 | F410 | C. Laginess

#### Ceramics II: Hand-Building & Wheel Throwing Skills

Continue developing your hand-building and wheel throwing skills while creating functional, decorative or artistic pieces. Further explore the technique of decorating through the applications of underglazes and glazes to expand your mastery of the media. **Prerequisite:** Ceramics I or equivalent experience.

CES 3519 | (3.3 CEU) | \$275/Senior Cost \$220

11 weeks | Thurs | Jan 29 | 7-10 pm | Sec. 912227 | F410 | PPL Staff

#### Ceramics III: Glazes, Oxides & Raku

Expand the basic wheel-throwing and hand-building techniques you learned in Ceramics II. Enjoy using a variety of surface treatments including high-fire and low-fire glazes, slips, oxides, terra sig and Raku. Individual projects are encouraged, coupled with interactive group instruction. Raku facilities are available. **Prerequisite:** Ceramics II or equivalent knowledge.

CES 3525 | (3.3 CEU) | \$275/Senior Cost \$220

11 weeks | Tues | Jan 27 | 7-10 pm | Sec. 912229 | F410 | R. West

#### Ceramics IV: Glaze Application

Explore the art of glaze application in this in-depth course. Learn through demonstrations and individual projects the methods and techniques used to creatively apply glazes. Methods are applicable to cone 10 through low-fire Raku glaze firing. Techniques include direct application, masking, transfer and airbrush application. This unique ceramic art opportunity features a small interactive class environment for greater exploration of techniques.

Prerequisite: Ceramics III or equivalent ceramic experience.

CES 3582 | (3.3 CEU) | \$275/Senior Cost \$220

11 weeks | Fri | Jan 30 | 5:30-8:30 pm | Sec. 912228 | F410 | P. Goodell

#### Introduction to Wheel Throwing

Making pottery on the wheel consists of using hand-eye coordination, sensitivity to pressure and speed. Through demonstration and individual projects learn to use different hand positions, to shape and form raw clay into sturdy, useful vessels. Learn to choose and prepare clay, and trim, slip and carve the forms into finished pieces of art. Bring a tool kit to the first class. **The tool kit can be purchased from the Schoolcraft bookstore.** 

CES 3642 | (3.3 CEU) | \$275/Senior Cost \$220

11 weeks | Sat | Jan 31 | 9 am-12 pm | Sec. 912230 | F410 | C. Laginess

#### Personalized Ceramics Studio

Take your advanced ceramic skills and grow your individual creative personality! Choose from instructor developed projects or come up with one of your own. Get demonstrations and guided help using your own problem solving skills to build your imaginative works of art. **Prerequisite:** Ceramics III or equivalent ceramics experience.

CES 3664 | (3.3 CEU) | \$275/Senior Cost \$220

11 weeks | Sat | Jan 31 | 1-4 pm | Sec. 912231 | F410 | P. Goodell



#### **PHOTOGRAPHY**

To earn the certificate, students complete six required classes and four electives capped with a no-cost portfolio analysis.

The six required classes are:

- DSLR Photography Techniques I
- DSLR Photography Techniques II
- Fundamentals of Lighting
- · Photo Composition Learning to See Creatively
- · Develop Your Photography Business
- Adobe Photoshop for DSLR Photographer I

**Electives** will vary and are noted with **Elective** in the course description.

**Note:** Students may take individual photography classes without pursuing the certificate. For all Photography classes, bring a DSLR or mirrorless camera to class. Additional equipment will be discussed at the first class meeting.

#### DSLR Photography Techniques I

Maximize your DSLR or mirrorless camera's potential taking your photos from amateur to professional. Learn the technical side of photography and your camera's full auto settings. Learn about exposure including shutter speeds, aperture and ISO. Apply your technical knowledge as you explore composition techniques and how depth of field creates 3-dimensional images. Gain an understanding of accessories and lenses. Post-processing and editing programs will be demonstrated. Tap into and develop your creativity during field trips, homework assignments and class critiques. **Required**.

CES 3697 | (2.4 CEU) | \$325/Senior Cost \$260

6 weeks | Mon | Jan 26 | 6:30-10 pm | Sec. 912433 | JC123 | Staff & Sat | Feb 7 | 9 am-12 pm | Off Campus

#### **DSLR Photography Techniques II**

Continue to build on the foundation of DSLR Techniques I. Expand your use of advanced camera functions and lens selection. In addition to class lecture, there will be in-class shooting assignments, field trips and homework. Subjects will include macro, portraiture, framing, displaying and business principles for the photographer. **Prerequisite:** CES 3697 DSLR Photography Techniques I. **Required.** 

CES 3710 | (2.7 CEU) | \$375/Senior Cost \$300

6 weeks | Mon | Mar 16 | 6:30-10 pm | Sec. 912428 | JC123 | Staff & Sat | Mar 28 | 7:30-10 pm | Off Campus

& Sat | Apr 11 | 9 am-1 pm | Off Campus

#### Adobe Photoshop for DSLR Photographers I

Photographers, learn to increase the impact of your photos by enhancing detail and technical quality in this hands-on class. Bring out the best in your digital images. **Note:** this class is specifically for photographers. **Prerequisites:** strong computer skills, competency with your DSLR or mirrorless camera, and some photography experience. **Required:** students must bring a charged laptop and images to edit. Students must have a subscription to Adobe Photoshop. **Required.** 

CES2 6337 | (2.4 CEU) | \$379/Senior Cost \$303.20

4 weeks | Tues & Thur | Jan 13 | 6-9 pm | Sec. 912443 | JC128 | J. Currie

#### Adobe Lightroom Classic

Photographers, learn to manage your images with Adobe Lightroom. Experiment with editing tools and learn to create incredible images with this fast, intuitive management and editing program. Showcase your work in print, slideshows, books or through photo sharing. **Requirement:** strong computer and camera competency. Bring an empty minimum 6GB flash drive in order to work with class files. **Elective.** 

CES2 6282 | (1.4 CEU) | \$285/Senior Cost \$228

4 weeks | Mon | Jan 26 | 6:30-10 pm | Sec. 912438 | JC128 | J. Currie

#### Fashion Photography Winter Semester Only!

Examine the effects of lighting, posing, makeup, wardrobe, and location. Work with live models in class and on field trips to understand how to create great images. **Requirement:** bring a DSLR or mirrorless camera and a tripod to class. **Elective.** 

CES 3748 | (1.2 CEU) | \$275/Senior Cost \$220

4 weeks | Tues | Apr 7 | 6-9 pm | Sec. 912451 | JC111 | J. Sobczak

# Develop Your Photography Business Winter Semester Only!

Are you passionate about photography? Do you dream of developing your hobby into a business? Learn specific aspects of a successful photography business. Topics include: business basics, intellectual property, your style and subject matter, office and studio space, costs and pricing, marketing, promotion and more. Determine if you have what it takes to be a successful professional photographer. **Required.** 

CES2 1710 | (1.2 CEU) | \$169/Senior Cost \$135.20

4 weeks | Mon | Feb 2 | 6-9 pm | Sec. 912450 | JC122 | J. Sobczak

#### Cell Phone Photography

Gain a better understanding of your cell phone and the creative opportunities it provides. Discuss the different camera options (modes) and controls for focus, exposure, flash, etc. Review creative editing tools available on your phone and additional ones you can add. Class is taught from an iPhone point of view but, Android phone users have all the same tools and guidance will be provided. **Requirement:** a fully charged cell phone and basic understanding of its operation.

CES 3764 | (.4 CEU) | \$89/Senior Cost \$71.20

1 day | Sat | Feb 7 | 9 am-1 pm | Sec. 912445 | JC102 | J. Sobczak

#### Portfolio Review

Complete the Schoolcraft Certificate of Photography with this free portfolio review. **Prerequisites:** successful completion of 6 required and 4 elective photography certificate classes. **Required.** 

CES 3736 | (.3 CEU) | \$0

1 day | Mon | Apr 13 | 6-8 pm | Sec. 912442 | J. Sobczak

#### **Photography Online**

6 weeks | (2.4 CEU) | \$149 | ed2go
For online classes register at ed2go.com/schoolcraft

- Secrets of Better Photography
- Photographing Nature with Your Digital Camera
- Mastering Your Digital SLR or Mirrorless Camera
- Photographing People with Your Digital Camera



#### **LANGUAGES**

#### **Italian**

#### Italian I Conversational

Europe's over-the-knee boot, Italy, has it all... a rich heritage, three millennia of history, great food and wine, and a beautiful language. Explore the Italian language whether you are planning a visit to Italy, interact with Italian people in your job, or just desire to expand your horizons. Learn basic vocabulary and grammar, practiced through speaking, listening, reading and writing opportunities.

CES 3063 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Tues | Jan 13 | 6-8 pm | Sec. 916040 | LA300 | M. Corona

#### Italian II Conversational

A little Italian is a terrible thing to know! Expand your knowledge of the Italian language. Carry on a limited social dialogue using the proper tense. Be able to order a meal in Italian; learn to read simple magazine and newspaper articles, while delving into Italian culture. In this relaxed atmosphere the Italian language will come to life.

CES 3330 | (2.4 CEU) | \$179/Senior Cost \$143.20

12 weeks | Wed | Jan 14 | 6-8 pm | Sec. 916043 | LA300 | M. Corona

#### **NEW** Italian III Conversational

"Viva I'taliano!" Have you mastered the basics and ready to dive deeper into the Italian language? We'll explore more complex grammar, boost your conversation skills, and gain a deeper understanding of authentic Italian culture. Enjoy lively discussion and feel more confident while practicing intermediate Italian in this fun and engaging class. "A presto!"

CES 3344 | (2.4 CEU) | \$189/Senior Cost \$151.20

12 weeks | Sat | Jan 17 | 10 am-12 pm | Sec. 916004 | LA300 | M. Corona

#### **Spanish**

#### Spanish I Conversational

Spanish is spoken as a native language by approximately 332 million people worldwide. Learn Spanish for business, pleasure, work, or for leisure travel. Start with fundamental grammar and functional vocabulary enabling you to engage in basic conversations. Be introduced to Spanish culture, appreciating its distinctive value in our global society. Begin the journey and say, "Sí, hablo Español!"

CES 3053 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Tues | Jan 13 | 6-8 pm | Sec. 916030 | LA310 | G. Hernandez

#### Spanish II Conversational

Once you have the basic building blocks of the Spanish language, continue to develop your Spanish speaking skills, while building your vocabulary. Practice idioms, verb forms, and speech patterns. Gain a deeper understanding and appreciation of Spanish historical and cultural events. Experience satisfaction as you acquire more knowledge of this Romance language.

CES 3591 | (2.4 CEU) | \$179/Senior Cost \$143.20

12 weeks | Thurs | Jan 15 | 6-8 pm | Sec. 916026 | LA310 | G. Hernandez

#### Spanish Vocabulary I

Enhance your Spanish conversational skills in everyday situations. Boost your confidence and fluency as you practice Spanish oral expressions, communication, and language-listening skills. **Prerequisite:** Spanish II Conversational CES 3591 or equivalent knowledge.

CES 3852 | (2.4 CEU) | \$179/Senior Cost \$143.20

12 weeks | Wed | Jan 14 | 6-8 pm | Sec. 916006 | LA400 | G. Hernandez

#### Spanish Vocabulary II

Build on your foundational Spanish vocabulary, focusing on intermediate-level words and phrases used in everyday scenarios. Enhance your ability to converse fluently, understand context-specific language, and improve your listening and speaking skills through interactive activities such as conversations, music, and podcasts. **Prerequisite:** Spanish Vocabulary I CES 3852, Spanish III Conversational CES 3434, or equivalent knowledge.

CES 3877 | (2.4 CEU) | \$189/Senior Cost \$151.20

12 weeks | Mon | Jan 12 | 6-8 pm | Sec. 916007 | LA310 | G. Hernandez

#### **Mandarin Chinese**

#### Free Try Me - Mandarin Chinese I Conversational

Want to see if Mandarin Chinese Conversational is the right class for you? Enjoy this free try me session where you will meet the instructor, explore the Mandarin Chinese language, learn about the class format, and see how to register.

CES 3848 | (.1 CEU) | \$0

1 day | Thurs | Jan 22 | 6-7 pm | Sec. 916001 | LA260 | K. Dalrymple

THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIRTUALLY.

#### Mandarin Chinese I Conversational

Learn Chinese for daily survival and simple conversations. Explore basic greetings, numbers, and survival phrases (one example: "Could you please speak more slowly?"). Discover how to order food and drinks at a restaurant and enjoy a short introduction to Chinese culture. All of this to be experienced in a pleasurable, lively, low-stress atmosphere! Come join the fun!

CES 3279 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Thurs | Jan 29 | 6-8 pm | Sec. 916059 | LA260 | K. Dalrymple

THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIRTUALLY.

#### German

#### German II Conversational

Expand your knowledge of the German language. Build on the basics and be able to express yourself in specific social situations. Enjoy a more in-depth look at the customs and the culture of this complex country.

CES 3590 | (2.4 CEU) | \$179/Senior Cost \$143.20

12 weeks | Wed | Jan 14 | 6-8 pm | Sec. 916060 | LA260 | C. Gardner

#### French

#### French Conversational I

Bievenue or Welcome! Whether you dream of traveling to France or simply have always wanted to learn the language, this is the class for you! Explore Francophone culture, expand your French linguistic skills, and get the foundation you need to communicate with confidence.

CES 3878 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Wed | Jan 14 | 6-8 pm | Sec. 916005 | LA425 | C. Cannon

#### Languages Online

6 weeks | (2.4 CEU) | \$149 | ed2go

For online classes register at ed2go.com/schoolcraft

- Speed Spanish
- Discover Sign Language
- Beginning Conversational French
  - Conversational Japanese
    - Instant Italian

#### ENGLISH AS A SECOND LANGUAGE

#### ESL Placement Test and Registration:

**Step 1:** Schedule a free placement test at <a href="schoolcraft.edu/">schoolcraft.edu/</a> testingcenter. Testing is available by appointment only. You will receive an email 1-2 days after scheduling your appointment with further instructions.

**Step 2:** After completing your placement test, visit the Registration Office to enroll and pay for your ESL classes in person. **No online registration is available.** 

Note: Your ESL test scores are valid for one calendar year.

Students must meet the prerequisites stated in each class description.

ESL Level	ESL Level	ESL Level	ESL Level	ESL Level
1	2	<u>3</u>	4	<u>5</u>
Test Score	<u>Test Score</u>	<u>Test Score</u>	<u>Test Score</u>	<u>Test Score</u>
35–52	53–74	75–90	91-109	110-119
<u>Classes</u> CES2 0160 CES2 0164 CES2 0167	Classes CES2 0170 CES2 0174 CES2 0177 CES2 0178 CES2 0179	<u>Classes</u> CES 7261 CES2 0178 CES2 0179	<u>Classes</u> CES 7262 CES2 0178 CES2 0152	<u>Classes</u> CES 7285 CES2 0178 CES2 0152

For full class descriptions and requirements, visit schoolcraft.edu/ppl-esl

#### **ESL Reading & Vocabulary**

Focus on reading and vocabulary to build basic comprehension, efficiency, and fluency in the English language.

## ESL 1 - Reading & Vocabulary Wednesday start date.

CES2 0160 | (5.4 CEU) | \$225

14 weeks | Mon & Wed | Jan 21 | 9-11:10 am | Sec. 916939 | MC025 | C. Fichtenberg

#### ESL 2 - Reading & Vocabulary

CES2 0170 | (5.4 CEU) | \$225

14 weeks | Tues & Thurs | Jan 20 | 9-11:10 am | Sec. 916943 | MC020 | C. Lowell

#### **ESL Listening & Speaking**

Build listening and speaking skills in personal and social contexts.

#### ESL 1 - Listening & Speaking 🕮

Wednesday start date.

CES2 0164 | (5.4 CEU) | \$225

14 weeks | Mon & Wed | Jan 21 | 2-4:10 pm | Sec. 916941 | MC025 | L. Bazzi

#### ESL 2 - Listening & Speaking 🛄

CES2 0174 | (5.4 CEU) | \$225

14 weeks | Tues & Thurs | Jan 20 | 2-4:10 pm | Sec. 916944 | MC020 | C. Fichtenberg

#### **ESL Grammar & Writing**

Focus on basic concepts of spoken and written English.

#### ESL 1 - Grammar & Writing 🕮

#### Wednesday start date.

CES2 0167 | (5.4 CEU) | \$225

14 weeks | Mon & Wed | Jan 21 | 11:15 am-1:20 pm | Sec. 916942 | MC020 | E. Bowman

#### ESL 2 - Grammar & Writing

CES2 0177 | (5.4 CEU) | \$225

14 weeks | Tues & Thurs | Jan 20 | 11:15 am-1:25 pm | Sec. 916940 | MC025 | C. Fichtenberg

#### **ESL Multiple Skills**

Explore listening, reading, speaking and writing skills.

#### ESL 3 - Multiple Skills 🕮

CES 7261 | (7.2 CEU) | \$345/Senior Cost \$276

12 weeks | Mon & Wed | Jan 26 | 9:15 am-12:15 pm | Sec. 916946 | JC102 | K. Marshall

12 weeks | Mon & Wed | Jan 26 | 6-9 pm | Sec. 916936 | JC102 | Staff

#### ESL 4 - Multiple Skills 🕮

CES 7262 | (7.2 CEU) | \$345/Senior Cost \$276

12 weeks | Tues & Thur | Jan 13 | 9:15 am-12:15 pm | Sec. 916937 | JC102 | S. Breitner-Frisch

12 weeks | Tues & Thur | Jan 27 | 6-9 pm | Sec. 916938 | JC102 | Staff

#### ESL 5 - Multiple Skills 🕮

CES 7285 | (7.2 CEU) | \$345/Senior Cost \$276

12 weeks | Tues & Thur | Jan 27 | 9:15 am-12:15 pm | Sec. 916945 | JC123 | K. Marshall

12 weeks | Tues & Thur | Jan 27 | 6-9 pm | Sec. 916912 | MC025 | E. Bowman

#### **ESL Special Topics**

Take additional classes that focus on areas of special interest to students whose first language is not English.

#### Accent Modification

Join this interactive group class to develop critical listening skills and refine your speech. Focus on the sound system, stress patterns, and melodic intonation of English so you can speak with greater clarity and confidence. **Prerequisite:** ESL Placement Test score of 91 or higher for both Language Use and Sentence Meaning test areas, or a minimum grade of 2.0 in ESL 3 Multiple Skills, CES 7261.

CES2 0152 | (2.0 CEU) | \$199

10 weeks | Wed | Jan 14 | 1-3 pm | Sec. 916935 | JC111 | S. Calderone

#### English for Business Purpose 🕮

Perfect for ESL students who are working or planning to work in American business. Learn how to speak and act professionally in the workplace. Topics include job interviews, meetings, writing messages, and giving presentations. **Prerequisite:** ESL Placement Test score of 53 or higher for all four test areas.

CES2 0178 | (4.0 CEU) | \$225

14 weeks | Mon | Jan 26 | 6-9:10 pm | Sec. 916913 | MC020 | L. Quan



#### **CULINARY & BEVERAGES**

#### **Demonstration**



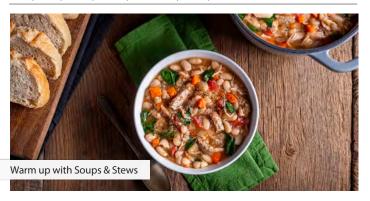
All demonstration classes take place in the new, state-of-the-art Collaborative Learning Studio inside the Vistatech Center. Demo classes are perfect for those who want to sit back, learn from the chefs, and taste the food prepared.

# **NEW** Satisfying & Nutritious Vegetarian Meals: Demo

Discover how to prepare flavorful, balanced, meat-free meals using fresh, high-quality ingredients. Explore vegetarian cooking techniques, including how to balance flavor, texture, and boost nutrition. Whether you're vegetarian or just curious, leave with the knowledge you need to incorporate more vegetables into your everyday cooking and create satisfying, nutritious meals at home.

CES 2767 | (.2 CEU) | \$119/Senior Cost \$95.20

1 day | Thurs | Feb 26 | 6-8 pm | Sec. 911011 | VT705 | K. Foster



#### Winter Soups & Stews: Demo

Whether you are looking for a great complement to a meal or a new meal idea altogether, a warm bowl of soup is the perfect dish to serve during the winter months. Learn techniques to make delicious soup stocks with quick and easy production tips. Discover a wide variety of soups and stews that are guaranteed to spice up your meals. Expect lots of marvelous samples to taste!

CES 2718 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Feb 5 | 6-9 pm | Sec. 911032 | VT705 | J. Gabriel, CMC

#### Savory & Sweet Mexican Empanadas: Demo

Discover how to create authentic Mexican empanadas! Ana Perez, who is from Mexico, will show you how to prepare these crescent shaped stuffed pastries. Learn how to make perfect empanada dough, savory and sweet fillings, and even a dessert empanada!

CES 2686 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Feb 12 | 6-9 pm | Sec. 911027 | VT705 | A. Perez

#### Fit & Flavorful Cooking for Wellness: Demo

Explore the world of flavorful, wellness-focused cuisine! See how to craft delicious low-fat meals that both nourish and provide energy. Discover the perfect homemade dressings and marinades, the right ways to cook fresh vegetables to enhance flavor, and lean ways to enjoy proteins. Boost your culinary skills to boost your health and wellness!

CES 2743 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Feb 11 | 6-9 pm | Sec. 911003 | VT705 | C. Sokolowski



#### The Art of Seasoning & Flavoring: Demo

Balance and complement is a term used by many cooks to summarize the principle of seasoning and flavoring. It is a simple way to remember that all spices, herbs, and flavorings should enhance or add extra interest to the main ingredient and natural flavors. Seasonings should complement each other without overwhelming. See a variety of dishes prepared with cooking techniques that will bring out the best flavor of your dishes. Here is your opportunity to learn one of the most critical skills in cooking - the art of seasoning.

CES 2233 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Apr 1 | 6-9 pm | Sec. 911033 | VT705 | J. Gabriel, CMC

#### Traditional Greek Cuisine: Demo

Greek food is known for its fresh and delicious simplicity. A handful of ingredients exemplify Greek cuisine's vibrant flavors including: olive oil, lemon, feta cheese, oregano and thyme. These ingredients blend well with classic seafood, salads, meat and vegetable dishes, and desserts. Explore traditional and modern Greek dishes and learn how to bring the benefits of Greek food to your family.

CES 2566 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Feb 19 | 6-9 pm | Sec. 911035 | VT705 | G. Rapitis

#### Cooking Light: Demo

Discover how to keep those extra pounds off by using low fat cooking techniques. Prepare quick, healthy meals without giving up taste or the things you enjoy. With these tips you'll have it all....well almost!

CES 2162 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Jan 29 | 6-9 pm | Sec. 911006 | VT705 | G. Rapitis

#### The Art of Vegetable Preparation: Demo

Discover how to select fresh, in-season vegetables and herbs to maximize flavor and nutrition. See preparation techniques for a variety of vegetables that will bring out their unique flavors, including grilling, roasting, steaming and pan frying. Discuss organic choices and how to save money on produce. Begin including more vegetables into your everyday meal routine with these delicious and easy recipes!

CES 2175 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Apr 8 | 6-9 pm | Sec. 911031 | VT705 | C. Sokolowski



#### Hands-On Prerequisite

#### Cooking 101: Skill Development: Demo

In a relaxed environment, learn basic cooking terminology and techniques as you watch demonstrations and experience tastings of several main dishes, along with side dishes and vegetarian selections. Learn to properly use knives and hand tools, how to braise, roast, sauté, and stew, then review safe and sanitary methods for food preparation. This class or instructor's approval is a prerequisite for hands-on Culinary Arts classes, unless otherwise noted. No prerequisite or toolkit is required for this demonstration class.

CES 2187 | (.6 CEU) | \$129/Senior Cost \$103.20 2 days | Tues | Jan 13 | 5-7 pm | Sec. 911041 | VT705 | J. Gabriel, CMC & Wed | Jan 14 | 5-9 pm

#### **Cooking & Baking Hands-On**



Want to cook alongside our chefs? Take a hands-on class! Prepare delicious food, receive constructive feedback from experienced chefs, then enjoy tasting what you and your class prepare!



Prerequisite for all cooking and baking hands-on classes: CES 2187 Cooking 101: Skill Development or instructor's approval.

Bring a tool kit with the following: paring knife, chef's knife, peeler, and measuring spoons. Wear a white chef jacket, dark pants and comfortable, closed-toe shoes in all cooking hands-on classes.

#### **NEW** Cookies & Cocoa: Hands-On Adult & Child Cookie Decorating Class

Cozy up and create beautifully decorated cookies with your favorite little helper! Follow step-by-step demonstrations and learn tricks-of-the-trade as you craft a set of decorated cookies together. Enjoy a build-your-own hot cocoa bar while you work! Leave with your delicious creations and sweet memories. Register in child's name. One child per adult. Must be 6 years of age or older. Prerequisite not required. Register in child's name.

CES 2772 | (.2 CEU) | \$155

1 day | Sat | Mar 21 | 2-4 pm | Sec. 911014 | VT705 | H. Moore, CMB, CEPC

#### Kids in the Kitchen: Hands-On Adult & Child Cooking Class - Mexican Recipes!

Enjoy an opportunity to bond with your child while indulging in delicious Mexican food! This hands-on class will encourage little chefs to explore the traditions, culture, and cuisine of Mexico as they learn to prepare an entrée, Mexican chocolate beverage, and sweet dessert. Foster your child's love for cooking as you make memories together. Register in child's name. One child per adult. Must be 10 years of age or older. Prerequisite not required. **Requirements:** wear a white chef's jacket, dark pants and comfortable closed-toe shoes. Bring a tool kit with the following: a paring and chef's knife, peeler, measuring cups, and measuring spoons. Register in child's name.

CES 2760 | (.2 CEU) | \$159

1 day | Sat | Jan 24 | 5-7 pm | Sec. 911002 | VT620 | A. Perez

#### Hearty Mexican Meals: Hands-On – New Recipes!

Embrace the cooler months with hearty Mexican meals that are both healthy and full of flavor. Prepare a savory soup, a traditional main entrée, and a Mexican chocolate dessert. Learn about Mexican cuisine with chef Ana, who is from Mexico, as you craft this delicious and nutritious full course meal.

CES 2717 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Mar 13 | 6-9 pm | Sec. 911001 | VT620 | A. Perez

#### **NEW** Intuitive Cooking: Using Your Senses in the Kitchen: Hands-On

Create delicious meals confidently by tapping into your senses. Learn how to rely on your natural instincts to adapt and be creative with recipes. Put together menu selections that are guided by taste and flavor profiles. Use your newfound techniques to craft wholesome and fulfilling meals for yourself and your guests. Requirement: in addition to the standard tool kit, bring a whisk and a high-heat rubber spatula.

#### CES 2768 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Sat | Mar 14 | 10 am-1 pm | Sec. 911012 | VT620 | K. Foster



#### Knife Skills for Vegetables & Herbs: Hands-On 🖺

Improve your speed and safety in the kitchen by learning knife skills. Discover how to choose the proper knife for the item you're cutting and how to properly care for your knives. Master basic cuts and techniques for cutting vegetables and herbs.

CES 2363 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Mar 20 | 6-9 pm | Sec. 911004 | VT645 | J. Gabriel, CMC

#### Authentic German Breads: Hands-On 🖫

In Germany, bread is not just food, it's a part of the culture. With over 300 varieties of dark and white breads, Germany produces more varieties of breads than any other country. Learn how to bake spectacular German breads like traditional holiday stollen, sour dough, rye, authentic pretzels and more. Use traditional flavors and textures that are true to Germany. Requirement: in addition to the standard toolkit bring a bread knife, spatula, dough cutter, pastry brush, thermometer, measuring spoons, and a black permanent marker.

#### CES 2500 | (1.0 CEU) | \$189/Senior Cost \$151.20

2 days | Fri | Jan 16 | 5-10 pm | Sec. 911010 | VT635 | L. Stanley, CEPC & Sat | Jan 17 | 9 am-2 pm



#### Breads of France: Hands-On

Transform fresh flour, salt, and yeast into the warm, delicious breads indicative of France. Learn to prepare traditional French baguettes, epi, croissants, brioche, sourdough bread, and country bread. Requirement: in addition to the standard toolkit bring a bread knife, spatula, dough cutter, pastry brush, thermometer, measuring spoons, and a black permanent marker.

#### CES 2514 | (1.0 CEU) | \$189/Senior Cost \$151.20

2 days | Fri | Mar 27 | 5-10 pm | Sec. 911009 | VT635 | L. Stanley, CEPC & Sat | Mar 28 | 9 am-2 pm

#### Wine

Wine tasting and light refreshments provided. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

#### Wine 101: Styles, Terminology & Tasting

Wine doesn't have to be intimidating. Gain an understanding of wine terminology, wine styles and characteristics, the elements of wine tasting, and how to read a wine label. Discover how to buy, serve, and preserve wine. Raise your glass to becoming a true wine aficionado.

CES 2542 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Tues | Jan 27 | 7-9 pm | Sec. 911046 | VT705 | K. Fifer, Sommelier

#### **NEW** Wine Producer Spotlight: Long Meadow Ranch

Explore Long Meadow Ranch, one of the most respected wine producers in Napa Valley and a leader in modern sustainability. A representative from Long Meadow will share the history of the estate, introduce their wines, and lead a guided tasting. See how producers can honor tradition, while embracing sustainability, to create wines of integrity, character, and depth.

CES 2771 | (.2 CEU) | \$74/Senior Cost \$59.20

1 day | Tues | Mar 17 | 7-9 pm | Sec. 911007 | VT705 | K. Fifer, Sommelier

#### Wines of Bordeaux - New Wines!

Explore the characteristics of Bordeaux wine, one of the most well-known wine regions in all of France. Bordeaux produces very fine, complex wines and accounts for one-third of the quality French wine produced. See why the wines from Bordeaux inspired a ranking system to classify the best of the best. Experience a tasting of these fine wines as you identify the Bordeaux region and the kinds of wines produced there.

CES 2703 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Thurs | Mar 12 | 7-9 pm | Sec. 911039 | VT705 | R. Cardenas, Sommelier

#### Value Wines - New Wines!

Enjoy good quality wines that won't break the bank. Discover the difference between a cheap wine and an inexpensive fine wine as you taste wines from around the world.

CES 2699 | (.2 CEU) | \$74/Senior Cost \$59.20

1 day | Tues | Feb 24 | 7-9 pm | Sec. 911050 | VT705 | K. Fifer, Sommelier

#### 5 Regions of Spanish Wine – New Wines!

Explore five different wine regions of Spain. With one of the largest vineyard surfaces in the world, Spain is home to a variety of wines. Through tasting, discover the varieties, growing sections, and culture of regions like La Rioja, Jerez, Rías Baixas and more.

CES 2706 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Thurs | Apr 16 | 7-9 pm | Sec. 911058 | VT705 | R. Cardenas, Sommelier









#### **Cocktails**

# Raising the Bar: Make Simple & Delicious Cocktails at Home – *The Classics!*

Discover the origin story of a few classic cocktails, while you make them in the comfort of your own home. Mix along or see how to prepare drinks that are reliably delicious and provide the fundamentals needed to create all other cocktails. An ingredient and supply list will be emailed one week prior to the start of class. If mixing along, have ingredients and supplies ready before class. Getting a group together is a fun way to experience this class! For logistic purposes, groups of two or more should register for the group section. As a bonus, groups can submit a special cocktail request 2-weeks prior to the class. Instructor will select one group cocktail to feature. The class meets virtually via Zoom. You must be at least 21 years old to attend. Cocktails include the classics: Old Fashioned, Sazerac, Daiquiri, Tom Collins, Martini, Manhattan, Negroni, and Ronus Cocktail

This section is for groups of 2 or more attendees. One registration per group. CES 2684 | (.2 CEU) | \$89/Senior Cost \$71.20

1 day | Fri | Feb 27 | 6-8 pm | Sec. 911005 | VIRTUAL | F. Bueltmann, Cicerone

This section is for single student registrations. CES 2684 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Fri | Feb 27 | 6-8 pm | Sec. 911034 | VIRTUAL | F. Bueltmann, Cicerone

#### Beer

#### **NEW** German Beer: History, Brewing & Tasting

Germany boasts one of the oldest brewing cultures in the world. Discover the history and traditions of German brewing, including the unique malts, hops, and yeast that shape classic German beer styles like Kölsch, Hefeweizen, Pilsner, Doppelbock, and more. Whether you're new to craft beer or a seasoned enthusiast, enjoy tasting and exploring the culture and science of German beer. Tasting and light refreshments provided. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

#### CES 2769 | (.3 CEU) | \$79/Senior Cost \$63.20

1 day | Thurs | Mar 26 | 7-10 pm | Sec. 911013 | VT705 | J. Groth



#### Craft Beer Brewing Basics: Hands-On

Are you a novice home brewer who would like to delve deeper into the art of craft beer? Explore stovetop, outdoor propane, and electric brewing techniques in this hands-on class, led by Schoolcraft's award-winning brewing & distilling program. Prepare craft beer style recipes using Liquid Malt Extract, Liquid Malt Extract with steeped grains, and a full mash and boil with an electric brewing system. Learn packaging techniques with bottles, cans, and kegs. Enjoy sampling your craft beer style from bottle, can, and keg in The Craft Grille taproom on campus, as you compare and discuss how flavor is influenced by the ingredients and process. Take home bottles and cans of your finished product to enjoy and share with your friends. This class is perfect for those who want a taste of what it's like to be in the craft beer industry. All supplies included in class cost. You must be at least 21 years old. Bring a valid driver's license or Michigan ID. Textbook recommended.

#### CES 2750 | (1.2 CEU) | \$335/Senior Cost \$268

6 weeks | Sat | Feb 21 | 10 am-12 pm | Sec. 911042 | VT705 | J. Groth, S. Oatley

#### Sake

#### Introduction to Sake: Japan's Traditional Rice Wine

What does sake taste like? Should you drink it hot or cold? Explore this Japanese beverage with Annette May, Advanced Cicerone® and Certified Sake Professional (CSP), as you taste premium sake in a unique experience. Learn how sake is brewed, how to navigate a sake menu, and read a sake label.

#### CES 2633 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Mon | Mar 23 | 6-9 pm | Sec. 911026 | W210B | A. May, CSP

#### Coffee

#### Coffee 101: Fundamentals of Coffee

Brew a better cup of coffee! Through tasting and discussion, learn about the numerous factors that influence the flavor of a brewed cup of coffee. Discover how to brew better at home with strategies for every budget. Gain an understanding of important terminology so you can walk into any coffee shop and order confidently. Become coffee savvy!

#### CES 2603 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Sat | Jan 31 | 9 am-12 pm | Sec. 911053 | VT705 | N. Salter

#### **NEW** The Art of Coffee Brewing: Hands-On

Discover how brewing techniques can impact the flavor of coffee. Explore coffee extraction using a variety of methods, including pour over, French press, cold brew, and more. Taste each style of coffee, then evaluate its flavor, body, acidity, sweetness and more. Incorporate new brewing styles into your everyday coffee routine.

#### CES 2770 | (.3 CEU) | \$65/Senior Cost \$52

1 day | Sat | Feb 28 | 9 am-12 pm | Sec. 911008 | VT705 | N. Salter





#### PERSONAL INTEREST

#### Declutter & Organize Your Home

Do you find yourself wasting precious time looking for your keys or child's favorite toy in a cluttered room? Let Professional Organizer Cindy Greenleaf give you rules, tips, and tricks to organize your home. Don't worry about shocking her, Cindy has assisted on several episodes of *Hoarders*.

CES 5247 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Jan 17 | 10 am-12 pm | Sec. 917033 | JC102 | C. Greenleaf

#### Managing Mounds of Paper

Are stacks of household paperwork lying around your home? Are you a Piler or Filer? If you are overwhelmed by the thought of sorting through these papers, but know important documents are buried in the piles, join Professional Organizer Cindy Greenleaf as she provides simple tips to guide you through the process of organizing your paperwork.

CES 5248 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Jan 24 | 10 am-12 pm | Sec. 917032 | JC102 | C. Greenleaf

#### Creative Welding & Metal Sculpture

Welding is not only a practical skill, but also a creative one. Learn basic safety skills and knowledge of metal welding and fabrication, then apply those skills to Metal Inert Gas (MIG) and stick welding methods as well as other fabrication techniques. Use your new skills to create a metal art sculpture. For safety reasons, wear closed-toe shoes, a 100 percent cotton or natural fiber long-sleeved shirt and long pants. Please, no synthetic clothing.

CES 3873 | (. 6 CEU) | \$119/Senior Cost \$95.20

1 day | Sat | April 11 | 9 am-3 pm | Sec. 917006 | MEC 410 | T. Debord



#### Birdwatching 101: Introduction to Birds & Birding

Gain the foundational knowledge and practical skills needed to start bird-watching and deepen your understanding of the fascinating world of birds. Whether you're a beginner or looking to enhance your birding skills, this class covers everything from bird biology to observation techniques. This is a perfect way to develop a deeper appreciation of birds and enhance your skills for observing and identifying local bird species. The first two classes will be held at Schoolcraft. The last class will be an offsite field trip. **Requirement:** students will need a pair of binoculars.

CES 3874 | (.6 CEU) | \$75/Senior Cost \$60

3 weeks | Mon | Apr 20 | 6-8 pm | Sec. 917007 | JC122 | D. Burlett & Sat | May 2 | 10 am-12 pm | Off Campus

#### First Time Home Buyers Workshop

Buying your first home is an exciting milestone but can be intimidating at the same time. Get on the right path and learn the home buying process step-by-step, with an experienced real estate agent and mortgage consultant, so it's less overwhelming and sets you up for success. With no obligation, understand your creditworthiness, programs that help you buy your first home, and different types of mortgages and lenders.

CES2 1767 | (.3 CEU) | \$49/Senior Cost \$39.20

1 day | Wed | Mar 4 | 6-9 pm | Sec. 917010 | JC123 | K. Schopieray/G. Goddard

# **NEW** Preparing Your Home for Sale: Tips, Timing & Strategy

Thinking of selling your home but not sure where to start? An experienced real estate agent will help you learn about the home selling process-from understanding current market trends to getting your home ready to shine. With no obligation, discover what today's buyers really want, how to boost your home's appeal on any budget, and how strategy, market conditions, and presentation can make a big difference in your final sale price.

CES2 1781 | (.2 CEU) | \$49/Senior Cost \$39.20

1 day | Wed | Feb 11 | 6-8 pm | Sec. 917011 | JC122 | K. Schopieray

#### **MUSIC**

#### Schoolcraft Collegiate Chorale

CES 3576 | (3.2 CEU) | \$119

15 weeks | Tues | Jan 13 | 7-9:50 pm | Sec. 912527 | F310 | J. Drake

#### Jazz Band 1

CES 3567 | (3.2 CEU) | \$119

15 weeks | Mon | Jan 12 | 7-9:50 pm | Sec. 912501 | F310 | R. Selva

#### Jazz Lab Band - Improvisation 1

CES 3565 | (3.2 CEU) | \$119

15 weeks | Thurs | Jan 15 | 7-9:50 pm | Sec. 912528 | F310 | R. Selva

#### Wind Ensemble 1

CES 3580 | (3.2 CEU) | \$119

15 weeks | Wed | Jan 14 | 7-9:50 pm | Sec. 912529 | F310 | P. Michalsen

#### Music Online

6 weeks | (2.4 CEU) | \$149 | ed2go For online classes register at <u>ed2go.com/schoolcraft</u>

Music Made Easy



# LIFELONG LEARNING

# "Yet, I am learning." Michelangelo

#### **Murder Mystery Luncheon**

# **NEW** Death of A Gangster: A 1920s Mafia Murder Mystery

You've been invited to the Dunn Speakeasy for the wedding of the year, but you'll never know who to trust. With the two families merging together, someone is bound to lose power, which means someone else will lose their life! Full, buffet lunch provided with vegetarian and gluten free options. Dress for the occasion with flapper dresses, zoot suits, feather boas, and fedoras. Attendees must be able to move from table to table to solve the mystery.

#### CES 7607 | \$79/Senior Cost \$63.20

1 day | Fri | Mar 13 | 11:30 am-2:30 pm | Sec. 917401 | VT500 | Murder Mystery Co.

#### Dine & Discover

Doors open at 11:15am. Full, buffet lunch is included, with vegetarian and gluten free options. All proceeds support student scholarships.

#### **NEW** Coach of Champions

Discover the inspiring story of Wayne State University Coach Holmes who, during the 1920-1950s, trained Olympians and world-record holders, despite obstacles. From coaching athletes to run sprints on the tile hallways in absence of track facilities, to mentoring thousands of diverse athletes during an era rife with racism, Holmes had a knack for nurturing talent. Explore his legacy with author and grandson of Coach Holmes, Keith Wunderlich. This talk is certain to leave you inspired.

#### CES 7601 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Jan 30 | 11:30 am-2 pm | Sec. 917402 | VT500 | K. Wunderlich

# **NEW** Detroit's Dynamite Dames: the Famous & Not-So-Famous Women Who Changed Detroit

Explore Detroit through the eyes of the women who shaped the city, from Madame de Cadillac to the Queen of Soul. Explore the lives of twelve trailblazing women who lived and worked in Detroit, some well-known and others unsung. See the impact they made on the history of Detroit and the nation.

#### CES 7602 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Mar 6 | 11:30 am-2 pm | Sec. 917403 | VT500 | C. Waldecker

#### **Conversation & Coffee**

Light refreshments will be served

#### **NEW** The Clink: Inside Michigan's Historic Jails

From the front, these buildings resembled fashionable estates with ornate architectural designs. But looks can be deceiving. Go behind the facade as you learn about the occupants of these county jails. From chicken thieves to serial killers to the colorful cast of sheriff's deputies tasked with watching over them. Author and historian Tobin T. Buhk will lead a guided tour of these mysterious, forbidden places and introduce the characters who did time there.

#### CES 7605 | (.2 CEU) | \$22/Senior Cost \$17.60

1 day | Fri | Feb 20 | 1-3 pm | Sec. 917407 | W210 | T. Buhk

1 day | Fri | Feb 20 | 4-6 pm | Sec. 917408 | W210 | T. Buhk

#### **NEW SS Eastland: The Titanic of the Great Lakes**

Although few have heard of it, anyone who hears the story will never forget it. The SS Eastland was the greatest loss of life in a maritime disaster on the Great Lakes when she flipped onto her side in the Chicago river in 1915. Hear the ill-fated tale from construction and sinking, to salvage and legacy.

#### CES 7603 | (.2 CEU) | \$22/Senior Cost \$17.60

1 day | Wed | Jan 14 | 1-3 pm | Sec. 917404 | W210 | A. Kercher

1 day | Wed | Jan 28 | 5-7 pm | Sec. 917405 | W210 | A. Kercher



#### Film Screening

#### **NEW** Film Screening: Detroit: The City of Churches

Since its founding in 1701, Detroit was built from many nationalities of many faiths. Today, it boasts more churches per square mile than most cities in the country. Discover how churches of all kinds have shaped Detroit, from the underground railroad to Motown. See how faith leaders are still inspiring citizens today. Enjoy a Q&A session with the director, Keith Famie, at the film's conclusion.

#### CES 7606 | (.2 CEU) | \$19/Senior Cost \$15.20

1 day | Fri | Mar 27 | 1-3 pm | Sec. 917409 | VT550 | K. Famie



# PRACTICAL SKILLS



#### FINANCIAL PLANNING

#### Navigating Financial Markets & Securities

Are you confused by the complex world of investing? Do you want to gain confidence with basic financial practices? Arm yourself with fundamental knowledge of investing in stocks, bonds, mutual funds and exchange traded funds (ETFs). Learn how to make sound decisions and avoid common mistakes. This class serves as a foundation for the Financial Planning classes.

CES2 1488 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Thurs | Jan 15 | 6-8 pm | Sec. 910402 | LA400 | W. Connell

#### Diversify Your Investment Strategy with Mutual Funds

Do you know how mutual funds work? Increase your knowledge of this popular investment choice beyond the basics to include how mutual funds and exchange-traded funds (ETF) are used to manage risk, reach acceptable returns and how to structure and monitor a diversified portfolio. If you manage investments for someone else, this class is a must. **Prerequisite:** CES2 1488 Navigating Financial Markets & Securitiess or equivalent knowledge.

CES2 1490 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Thurs | Feb 12 | 6-8 pm | Sec. 910404 | LA400 | W. Connell

#### Building an Effective Stock Portfolio

Stocks can be volatile, but they also have the potential to bring meaningful returns to your portfolio. How does a serious stock investor go about selecting a stock? Discover fundamental and technical stock analysis techniques and how to structure and monitor a portfolio of individual stocks. **Prerequisite:** CES2 1488 Navigating Financial Markets & Securities or equivalent knowledge.

CES2 1489 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Thurs | Mar 19 | 6-8 pm | Sec. 910403 | LA400 | W. Connell

#### **NEW** Your Money in the Balance

Are you feeling overwhelmed by financial choices? Wondering whether to pay off debt, save for the future, or start investing? You're not alone, many households face these tough decisions without the knowledge or tools they need. Investor education can make all the difference. Gain insight and confidence to take control of your financial future.

CES2 1775 | (.4 CEU) | \$59/Senior Cost \$47.20

2 weeks | Tues | Apr 14 | 6-8 pm | Sec. 910406 | LA475 | W. Connell

#### Crafting a Retirement Plan Introduction

Learn the most up-to-date retirement planning rules and strategies. Avoid unnecessary taxes and common retirement planning mistakes. Learn about Medicare options, social security claiming, and income strategies to optimize your retirement. Topics discussed: Medicare, Long Term Care, Social Security, IRA Rules, beneficiaries, and Estate Planning.

CES2 1492 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Thurs | Apr 16 | 6-8 pm | Sec. 910405 | LA400 | A. Atrasz

#### **Drones**

#### **Recreational Drone Fundamentals**

Learn to fly a drone and have fun safely! Review basic terminology, various types of drones, laws and regulations, and how to safely use and store your equipment. Learn where and when you can fly. Emphasis on pre-flight inspection and safety protocols. Class includes practice flying Schoolcraft College's quadcopters. **Requirement:** all students must sign a waiver. Daytime classes have a one hour lunch break not included in CEU total. **Students aged 16+ are welcome to register.** 

CES2 6351 | (.6 CEU) | \$139/Senior Cost \$111.20

1 day | Sat | Jan 17 | 9 am-4 pm | Sec. 910016 | JC122 | B. Barger

# WILLIAM CONNELL Financial Planning



Bill Connell understands

that saving for retirement while working 9-5 and raising a family is no small feat. That's why for over three decades, he has been teaching his financial planning series, giving students a deeper understanding of investing and financial planning. From the novice to the more advanced trader, Bill translates academic theory into practical wisdom, rescuing portfolios from submarket returns.

Bill has over 32 years of experience in the finance industry and has worked for big Wall Street firms like Morgan Stanley and small boutiques like Ferris and Baker Watts. He currently works for Pence Financial Group, a multi-billion-dollar team in Newport Beach, California. He has a degree in Economics from Northwood University and a full suite of securities and insurance licenses.

What began for Bill as years of drinking black coffee and reading obscure 1870's Austrian economists, has now turned into a proprietary investment strategy called the "Careful Capitalist". The Careful Capitalist is designed to give clients market returns with less volatility when compared to the overall stock market, providing downside protection when the markets are in a major downtrend. Bill shares this investment strategy along with other financial guidance, in his financial planning classes.

Outside of his financial work, Bill enjoys playing golf with his wife and adult children, serves as an elder in his church, raises money for charities, and chases the occasional classic car.

#### Part 107 Exam Preparation for the Remote Pilot

Launch into the exciting world of commercial sUAS (small unmanned aircraft system) operation! Prepare for the exam required to earn your remote pilot airman certificate, also known as Part 107 of the Federal Aviation Regulations, required for those who want to fly a drone for profit. Review exam contents with emphasis on weather, charts, restricted airspace, and test-taking strategies. Cost of exam not included in class cost. **Students aged 16+ are welcome to register.** 

CES2 6486 | (1.4 CEU) | \$249/Senior Cost \$199.20

4 weeks | Tues | Jan 20 | 5:30-9 pm | Sec. 917535 | JC123

This class is live-streamed. Attend in-person or via Zoom | B. Barger

#### FIREARM & SAFETY TRAINING

#### **Firearm Training**

#### Introduction to Handgun & Pistol Handling

Learn the basics including: safety precautions, types of handguns, considerations for purchasing a handgun, legal considerations of owning handguns, handling and storing a handgun, fundamentals of shooting and shooting positions. Classroom instruction will be followed by range time with a low 2:1 student to instructor ratio. **Requirements:** The student must have a reliable, unloaded handgun of a caliber of .22 or above (but not larger than a .45 caliber). Firearm can be personal or borrowed from Schoolcraft College. All weapons will be inspected by staff prior to firing. **Bring 100 rounds of factory ammunition in a factory box to the class.** CES 0999 | (.3 CEU) | \$99/Senior Cost \$79.20

1 day | Mon | Mar 30 | 6-9 pm | Sec. 919926 | FTC140 | Staff

#### **Introduction to Firearms Training Simulator**

Whether you are a novice or an experienced shooter, enjoy utilizing a state-of-the-art firearms simulator. Learn from a cutting-edge system that offers a realistic and immersive experience that closely mirrors real-life scenarios, providing invaluable training in handling firearms safely and successfully. With advancements in technology, these simulators are an indispensable tool for enhancing marksmanship and decision-making skills under pressure. **Class does not use range.** 

CES2 0016 | (.2 CEU) | \$79/Senior Cost \$63.20

1 day | Tues | Feb 17 | 6-8 pm | Sec. 919934 | FTC140 | Staff

1 day | Wed | Mar 11 | 6-8 pm | Sec. 919936 | FTC140 | Staff

#### Cleaning & Storing Your Firearm

Proper cleaning and storage of a handgun are essential for safety and will help retain the value of your firearms. Learn the proper process to clean, maintain and store your handgun. Bring an unloaded handgun of .380 caliber or larger not to exceed .45 caliber and your own cleaning kit. If the student does not have a handgun, a handgun and cleaning kit will be provided for the classroom. All weapons will be inspected in the class. **Class does not use range.** 

CES2 0015 | (.2 CEU) | \$49/Senior Cost \$39.20

1 day | Thurs | Mar 19 | 6-8 pm | Sec. 919925 | FTC270 | Staff

## Precision Shooting for Handgun & Pistol Winter Semester Only!

Learn how to improve your shooting skills with a handgun. Focus will be on: the fundamentals of marksmanship shooting, shooting from relative handgun distances, malfunction clearing, loading and unloading. Classroom instruction will be followed by range time with a low 2:1 student to instructor ratio. **Requirement:** The student must have a reliable, unloaded handgun of a caliber of .22 or above (but not larger than a .45 caliber). Firearm can be personal or borrowed from Schoolcraft College. All weapons will be inspected by staff prior to firing. **Bring 150 rounds of factory ammunition in a factory box and two magazines to the class. Prerequisite:** CES 0999 Introduction to Handgun & Pistol Handling or valid Concealed Pistol License.

CES2 0050 | (.3 CEU) | \$99/Senior Cost \$79.20 1 day | Mon | Feb 23 | 6-9 pm | Sec. 919932 | FTC140 | Staff

| day | Mon | Feb 23 | 6-9 pm | Sec. 919932 | F1C140 | Staπ

#### **Concealed Pistol License Training**

#### Firearms Training for Concealed Pistol License

This class will fulfill the State of Michigan training requirements needed to apply for a Concealed Pistol License. **Requirements:** The student must have a reliable, unloaded handgun of a caliber of .380 auto or above, but not larger than .45 auto. Firearm can be personal or borrowed from Schoolcraft College. All weapons will be inspected by staff prior to firing. **Bring 100 rounds of factory ammunition for your handgun, in a factory box, to the class.** 

CES2 0014 | (.8 CEU) | \$159/Senior Cost \$127.20

1 day | Sun | Apr 26 | 8 am-4:30 pm | Sec. 919937 | FTC140 | Staff

#### Refresher for Carrying Concealed Pistols

This class is for the person who has a Concealed Pistol License (CPL) and wants to update their knowledge and shooting skills. Learn about legal updates including the Michigan safe storage law. **Requirements:** The student must have a reliable, unloaded handgun of a caliber of .22 or above (but not larger than a .45 caliber). All weapons will be inspected by staff prior to firing. **Bring 100 rounds of factory ammunition in a factory box to class.** Student must be 21 years of age or older and show their current Concealed Pistol License to the instructor.

CES 0864 | (.4 CEU) | \$99/Senior Cost \$79.20

1 day | Thurs | Apr 9 | 6-10 pm | Sec. 919935 | FTC220 | Staff

#### **Safety Training**

#### Self-Defense: Armed Assailant Training

Be ready to defend yourself against handgun threats you may encounter. In this hands-on class, recognize danger and learn to respond appropriately, including de-escalation, disarming an attacker, and how to find safety. These life saving techniques are taught by a law enforcement professional trained in defense tactics. Civilians as well as professionals will benefit from this comprehensive training. Wear athletic clothes and shoes, tie back long hair and bring a water bottle.

CES2 9190 | (.4 CEU) | \$69/Senior Cost \$55.20

1 day | Mon | Mar 2 | 6-10 pm | Sec. 919930 | ATC115 | Staff

#### Self-Defense: Personal Safety Training I

In this hands-on, active defense class for women, learn to discern dangerous situations, avoid attack, and defend yourself when an attack cannot be avoided. These basic and easy to use techniques are highly effective and can be lifesaving for women. This training is taught by a law enforcement defense tactics instructor. While this course is designed for women, please be aware that it may be co-taught by a male instructor. Wear athletic clothes and shoes, tie back long hair and bring a water bottle.

CES2 0194 | (.4 CEU) | \$69/Senior Cost \$55.20

1 day | Mon | Mar 23 | 6-10 pm | Sec. 919938 | ATC115 | Staff

#### **NEW** Self-Defense: Personal Safety Training for Women II

Take the next step in your personal safety journey. In this continuation of Personal Safety Training for Women we will add-on the element of ground defense. This training is taught by a law enforcement defense tactics instructor. While this course is designed for women, please be aware that it may be cotaught by a male instructor. Wear athletic clothes and shoes, tie back long hair and bring a water bottle.

CES2 0195 | (.4 CEU) | \$79/Senior Cost \$63.20

1 day | Mon | Apr 13 | 6-10 pm | Sec. 919901 | ATC115 | Staff

#### COMPUTERS & TECHNOLOGY

#### Cybersecurity for Personal & Professional Protection

In today's increasingly interconnected world, cybersecurity is no longer just a concern for IT professionals or large corporations; it has become essential for everyone to understand and practice basic cybersecurity principles. With platforms for communication, banking, and online shopping, our personal information becomes increasingly vulnerable to cyberattacks. Understanding cybersecurity helps us protect personal interests.

CES2 6484 | (2.4 CEU) | \$229/Senior Cost \$183.20

6 weeks | Tues & Thur | Jan 17 | 6-8 pm | Sec. 910061 | VIRTUAL | S. Devulapalli

#### **COMMUNICATION/WRITING**

#### **NEW** Voice Acting for Beginners

Ever wonder if your voice could be your next big gig? Whether you're curious about commercial work or just want to explore your vocal potential, this is the perfect place to start. Led by a seasoned pro with over 30 years of experience and countless commercials, this class is all about discovering what your voice can do. You will learn voiceover styles and techniques to help you get the results you are looking for. Discover different types of voice acting, practice expanding your vocal range, and develop confidence in your delivery - all in a fun and creative environment.

CES2 1782 | (1.2 CEU) | \$199/Senior Cost \$159.20

4 weeks | Wed | Jan 14 | 6-9 pm | Sec. 916101 | JC122 | S. Baligian

# MOTORCYCLE SAFETY



The Detroit Metro Motorcycle Safety Consortium offers comprehensive, hands-on education and training in a safe and comfortable environment. We have trained over 94,500 students since the consortium was founded in 1999. Our classes are taught by professional, certified instructors who not only have a passion for riding but riding safety. We strive—first and foremost—to improve the safety of motorcyclists on our roads. Our courses are conducted with earmarked funds, funded by motorcyclists, and administered through a grant from the Michigan Department of State. No Transfers. No Refunds.



detroit metro consortium

#### Basic RiderCourse (BRC)

Web Enhanced eP1x11

#### For Beginning, Unendorsed Riders

Designed for the novice rider to learn from scratch on our training motorcycles and obtain a license endorsement. CES2-6472 | \$50 NON-REFUNDABLE | NON-TRANSFERABLE

#### **Basic RiderCourse 2 (BRC2)**

Web Enhanced eP2x6

#### For Experienced, Unendorsed Riders

Designed for experienced riders to refresh skills on their personal motorcycle and obtain a license endorsement.

CES2-6473 | \$50 NON-REFUNDABLE | NON-TRANSFERABLE

#### Advanced RiderCourse (ARC)

#### For Experienced, Endorsed Riders

Designed for the experienced, endorsed rider to enhance skills and improve risk assessment on their personal motorcycle.

CES2-6187 | \$50 NON-REFUNDABLE | NON-TRANSFERABLE



Classes roll on from March - September.

Find our next available class by visiting schoolcraft.edu/motorcycle

#### **RIDING GEAR & SUPPLY REQUIREMENTS**

- · Driver's license
- DOT-certified helmet
- Long-sleeved jacket or shirt
- Full-fingered gloves
- Eye protection (goggles or glasses)
- Heavy-duty long pants
- · Boots (must cover ankle & have a hard sole)
- Rain Gear/ Cold Weather Gear
- Pen or Pencil



#### RiderCoach Prep (RCP) \$75 NON-REFUNDABLE | NON-TRANSFERABLE

Become a certified instructor, join our team, and share your passion with others!

Successful completion of RiderCoach Prep results in national certification from the Motorcycle Safety Foundation (MSF).

For a list of requirements, an application, or more information, contact the office of Personal & Professional Learning at motorcycle@schoolcraft.edu or 734-462-4448.

# CAREER & PROFESSIONAL DEVELOPMENT



#### CAREER TRAINING

#### **Project Management**

# Project Management Professional Exam Preparation Winter Semester Only!

Are you preparing for the PMP® exam, or looking for a solid foundation in project management principles and practices? Gain essential knowledge on how to approach the people, process, and business aspects of projects, and deliver value for your stakeholders. Topics include domains and tasks from the PMP® Examination Content Outline, such as building a team, managing communications, and benefits realization. Classroom discussion and exercises are focused on topics from PMBOK 7, Process Groups: A Practice Guide, and the Agile Practice Guide. Practice exam questions are included. •

#### CES2 1756 | (3.6 CEU) | \$995

10 weeks | Tues | Jan 27 | 6-9:40 pm | Sec. 917565 | BTC370 | E. van der Meulen, PMP

#### Free Project Management Information Session

Visit schoolcraft.edu/ppl/news-events for information.

#### **Autodesk Alias**

#### Digital Sculpting With Autodesk Alias: Level 2

Continue your exploration of this powerful software with more techniques for creating surface models. Surface theory and surface transition techniques will be covered in detail. Create surface models using sketches and basic package requirements. Emphasis is placed on creating models in a way that allows for rapid changes and high quality results. **Requirement:** access to a 64-bit OS PC or Mac with high-speed Internet connection. **Prerequisite:** CES2 6241 Digital Sculpting with Autodesk Alias: Level 1.

#### CES2 6502 | (2.4 CEU) | \$449

8 weeks | Tues | Jan 27 | 6-9 pm | Sec. 917541 | VIRTUAL | S. Lee

#### **View Autodesk Alias Information Video**

Watch a short video about our Digital Sculpting Program, led by instructor Soochan Lee. See what to expect from the program, employment opportunities, and more: schoolcraft.edu/pplalias



#### SMALL BUSINESS/ENTREPRENEUR

#### **Event Planning**

#### **Introduction to Event Planning**

Whether you're orchestrating a social or business meeting, gala, conference, or any event with the goal of moving a group of people in a common direction, this class will teach you the ABCs of event planning. Explore working with vendors, budgets, scheduling, and the importance of planning and promotion. This course is designed for those who want to start a career in Event Planning. Successful completion required to earn Event Planning certificate.

#### CES2 1584 | (1.4 CEU) | \$145/Senior Cost \$116

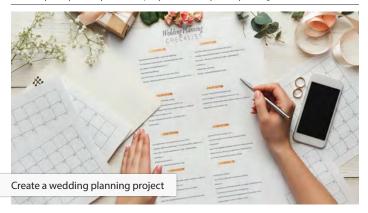
 $6\ weeks\ |\ Tues\ |\ Jan\ 27\ |\ 6:30-8:50\ pm\ |\ Sec.\ 910734\ |\ JC122\ |\ C.\ Gregorich,\ J.\ Martinez$ 

# Wedding Planning: Creating the Memories of a Lifetime

Looking for a new career or planning your own wedding? Learn the nuts and bolts! Get an overview of the wedding industry including: wedding etiquette, how to plan and organize the event, the importance of budgeting, venue and vendor selection, as well as event designs and themes. Create a wedding plan project putting your knowledge to work. Successful completion required to earn Event Planning certificate. **Recommendation:** CES2 1584 Introduction to Event Planning be taken first.

#### CES2 1517 | (1.4 CEU) | \$145/Senior Cost \$116

6 weeks | Tues | Mar 17 | 6:30-8:50 pm | Sec. 910735 | JC122 | C. Gregorich, J. Martinez



#### **REAL ESTATE**

#### Real Estate Revealed: A Career Sneak Peek

Gain an insider's perspective on the real estate industry, learn about the daily responsibilities, and understand the essential skills needed for success. Discover the industry's inner workings with an experienced real estate agent.

#### CES2 1772 | (.2 CEU) | \$49/Senior Cost \$39.20

1 day | Wed | Jan 21 | 6-8 pm | Sec. 910301 | JC123 | K. Schopieray

# **NEW** Real Estate Investing Made Simple: A Clear Path To Cash Flow

Are you thinking about jumping into real estate, but not sure where to start? We'll take the mystery out of real estate investing by showing you how to analyze a property, structure a deal, and create consistent cash flow -- even if you're starting with limited funds. We'll dive into house hacking, creative financing, joint ventures, and more! By the end you will walk away with a solid foundation and a plan to move forward with confidence. No real estate experience necessary. Textbook recommended.

#### CES2 1780 | (.9 CEU) | \$149/Senior Cost \$119.20

6 weeks | Tues | Jan 27 | 6-7:30 pm | Sec. 910302 | JC111 | P. Miller

#### **Business & Real Estate Online**

6 weeks | (2.4 CEU) | \$149 | ed2go

For online classes register at ed2go.com/schoolcraft

- Start Your Own Online Business
- Start Your Own Consulting Practice
- Start Your Own Arts & Crafts Business
  - Real Estate Investing

#### **DEMENTIA CARE Winter Semester Only!**

**Optional Certificate:** Students who complete all 5 dementia care series classes and 2 dementia care electives will receive a Certificate in Dementia Care. All classes are approved by the state of Michigan for continuing education contact hours for social workers and nurses.

#### **Dementia Care Series**

Learn fundamental care principles and practices to assist those living with dementia. This series is approved for 15 continuing education contact hours for nurses.

#### CES 4381 | (1.5 CEU) | \$254/Senior Cost \$203.20

3 weeks | Sat | Mar 21 | 8 am-12:30 pm | Sec. 914616 | JC122 | Alzheimer's Association

THIS SERIES IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

#### Fundamentals of Dementia Care

Get the information you need to understand the basics of dementia. Distinguish the common forms of dementia including Alzheimer's disease. Develop strategies to improve communication and understand the root cause of challenging behavior.

#### CES 4379 | (.5 CEU) | \$89/Senior Cost \$71.20

1 day | Sat | Mar 21 | 8 am-1 pm | Sec. 914611 | JC122 | Alzheimer's Association

THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

#### **Making Meaningful Connections**

Explore the social needs of people living with dementia. Learn tools and creative techniques for fostering meaningful interactions and connections at all stages of the illness.

#### CES 4304 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Mar 28 | 8-10 am | Sec. 914612 | JC122 | Alzheimer's Association

THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

#### Making the Most of Mealtime

Understand the importance of proper nutrition for persons living with dementia, while learning approaches for handling challenging mealtime situations. Gain person-centered skills that will help you encourage independence and make mealtime a more pleasant experience.

#### CES 4306 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Mar 28 | 10:30 am-12:30 pm | Sec. 914613 | JC122 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

#### Understanding Safe & Unsafe Wandering

Wandering is one of the greatest challenges faced by those who work with persons living with dementia. Discover important information regarding what role wandering plays in dementia care. Learn strategies to promote safe wandering and how to respond to wandering incidents using the REACT method.

#### CES 4307 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Apr 11 | 8-10 am | Sec. 914601 | JC122 | Alzheimer's Association

THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

# When the Diagnosis is FTD: Frontotemporal Dementia

Did you know that Alzheimer's disease is not the only form of dementia? Through research and clinical testing, Frontotemporal Dementia (FTD) has been identified as a degenerative brain disorder that creates undeniable personality changes and deteriorates language and motor skills along with cognitive functions. Learn more about the "other" dementia known as FTD and gain insight into the challenges families and affected individuals face daily.

#### CES 4323 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Apr 11 | 11:30 am-1:30 pm | Sec. 914602 | JC122 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

#### **Combating Caregiver Stress**

Increase your awareness of potential effects of stress on physical and mental health in order to preserve your well-being. Learn to recognize the signs of caregiver stress, reduce and manage this stress when it appears and prevent a decline in the quality of compassionate care.

#### CES 4321 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Apr 4 | 8-10 am | Sec. 914615 | BTC225 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM

#### Care at the End of Life

Gain insight into the final stage of life, how to prepare for it, how to recognize it, and how to provide support to those experiencing it and their caregivers. Learn how to apply person-centered strategies to minimize distress, maximize well-being, and ensure meaningful communication with the person, family, and care team.

#### CES 4311 | (.4 CEU) | \$75/Senior Cost \$60

1 day | Sat | Apr 4 | 10:30 am-2:30 pm | Sec. 914617 | BTC225 | Alzheimer's Association

THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIA ZOOM



#### Career Training Online

#### Human Resources Professional - Online

The Human Resources Professional course prepares you for a career and professional certification in human resources (HR). This course explores the foundational aspects of HR, including human resource laws, hiring disciplines, and labor relations. You will learn industry-recognized practices that align with the Human Resource Certification Institute (HRCI) and the Society for Human Resource Management (SHRM). **To register for this course**,

visit careertraining.schoolcraft.edu.

150 Course Hours | \$2,159

9 Months | Open Enrollment | Self-Paced | ed2go

#### Medical Billing & Coding - Online

Whether you're just starting work or transitioning into a different field, there has never been a better time to enter a career in Medical Billing and Coding. This course will prepare you for success in this rewarding career as you learn about legal, ethical, and regulatory concepts central to this field, including HIPAA compliance, official coding guidelines, and third-party payer requirements. You will also be able to choose a voucher for the professional certification that best aligns with your interests and career goals. **To register for this course, visit careertraining.schoolcraft.edu.** 

370 Course Hours | \$3,295

12 Months | Open Enrollment | Self-Paced | ed2go

#### Certified Clinical Medical Assistant (CCMA) - Online

You will learn the professional traits and responsibilities to become a vital part of the healthcare team in a medical office, clinic, hospital, and other healthcare settings. You will also be prepared for the Certified Clinical Medical Assistant (CCMA) exam. **To register for this course**,

visit careertraining.schoolcraft.edu.

540 Course Hours | \$3,295

12 Months | Open Enrollment | Self-Paced | ed2go

#### Introduction to Excel - Online

Discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently. Learn the secrets behind writing powerful mathematical formulas. Explore the best ways to sort and analyze data, create custom charts and graphs, create 3-dimensional workbooks, build links between files, endow your worksheets with decision-making capabilities, and automate oft-repeated tasks with macros and buttons. **To register for this course, visit ed2go.com/schoolcraft.** 

24 Course Hours | \$149

6 Weeks | Open Enrollment | Instructor Moderated | ed2go

#### Introduction to QuickBooks Cloud - Online

Learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. Gain the advantage of computing in the cloud, so that your files will be available to you virtually anywhere. Subscription or additional software is not required to complete this course which includes free access to an online practice site. **To register for this course**,

visit ed2go.com/schoolcraft.

24 Course Hours | \$149

6 Weeks | Open Enrollment | Instructor Moderated | ed2go

#### Certified Paralegal - Online

Gain the skills you need to enter the paralegal workforce. You will learn how to conduct legal research and legal interviews, how to perform legal analyses, and more. As you prepare for your paralegal career, you will also receive soft skills training to increase workplace effectiveness. The course concludes with a capstone project. **To register for this course, visit careertraining.schoolcraft.edu.** 

225 Course Hours | \$3,150

12 Months | Open Enrollment | Self-Paced | ed2go

#### Blueprint Reading Basics - Online

Learn about the drawing scale, how blueprint drawings are organized, and how information is referenced throughout a set of construction blueprint drawings. In this blueprint reading course, you will also review architectural and engineering blueprint drawings, as well as project specifications during this blueprint training. To register for this course, visit careertraining.schoolcraft.edu.

30 Course Hours | \$895

3 Months | Open Enrollment | Self-Paced | ed2go

#### Certified Electronic Health Records Specialist – Online

Learn the skills required to become a certified electronic health record specialist (CEHRS) through the National Healthcareers Association (NHA), including charting, HIPAA compliance, electronic health record management, and insurance and billing fundamentals like how the billing and coding process works and what information is needed to share with biller and coders within a medical practice. Your electronic health records training will prepare you to work on a health information management team, auditing records, compiling reports for patient tracking, and coordinating the systems that keep our healthcare facilities operating. **To register for this course, visit careertraining.schoolcraft.edu.** 

134 Course Hours | \$2,195

6 Months | Open Enrollment | Self-Paced | ed2go

# Nonprofit Manager + Professional Grant Writing - Online

Learn about the most important aspect of nonprofits—your mission and how to define that—which will help should you want to start a nonprofit. You will also study governance and leadership issues, looking at the laws that regulate nonprofits and codes of conduct. From there, you will be looking at how best to manage your volunteer program as you continue to learn how to run a nonprofit. You will learn how to handle nonprofit finances and, critically, how to create a budget. **To register for this course, visit careertraining.schoolcraft.edu.** 

190 Course Hours | \$4,075

12 Months | Open Enrollment | Self-Paced | ed2go

#### Lean Six Sigma Green Belt - Online

Learn Lean Six Sigma process improvement projects from start to finish. As a Lean Six Sigma Green Belt professional, you can deliver measurable, sustainable improvement by finding the root causes of problems and streamlining processes. **To register for this course, visit careertraining.schoolcraft.edu.** 

50 Course Hours | \$1,949

6 Months | Open Enrollment | Self-Paced | ed2go

#### SQL Certificate - Online

Learn one of the most in demand skills in occupations that require interaction with data and analyzing data, Structured Query Language (SQL). Through your knowledge of Structured Query Language, you will become more marketable in computer-related career fields that pertain to database administration. Learning SQL can also lead to a job that is specific to analyzing data such as a data analyst, a quality assurance analyst, or a business analyst. Certificate includes Introduction to SQL CES2 6491, Intermediate SQL CES2 6492 and Advanced SQL CES2 6493.

CES2 6490 | (4.8 CEU) | \$595

12 weeks | Feb 2 - May 1 | Sec. 910004 | UGotClass

#### Coding Certificate - Online

Learn one of the most in-demand skills in the workplace today. Coding has become a core skill that bolsters one's chances of becoming a higher value to organizations. The highest demand is for programming languages with broad applicability. All materials are included in the cost of the course. Certificate includes Introduction to Coding CES2 6495, HTML Fundamentals CES2 6496 and CSS Fundamentals CES2 6497.

CES2 6494 | (4.8 CEU) | \$595

12 weeks | Feb 2 – May 1 | Sec. 910008 | UGotClass

#### Mastering Public Speaking - Online

Discover how to talk confidently and persuasively to both large audiences and small groups. Plan and deliver your presentations skillfully and manage one of the most common public speaking barriers-fear. Learn the secrets to presenting a speech, handling questions and managing conflicts in meetings, and how to use both verbal and nonverbal communication effectively. **To register for this course, visit ed2go.com/schoolcraft.** 

24 Course Hours | \$149

6 Weeks | Open Enrollment | Instructor Moderated | ed2go

#### Bookkeeping Certificate - Online

How do you manage the finances of a business? Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure and manage the financial health of your business. This program focuses on cash basis accounting. Certificate includes Understanding Debits & Credits CES2 1750, General Ledger & Month End Procedures CES2 1751 and Closing Procedures & Financial Statements CES2 1752.

CES2 1749 | (4.8 CEU) | \$495

12 weeks | Feb 2 | Sec. 910646 | UGotClass

# Certificate in Accounting & Finance for Non-Financial Managers Series – Online

Make effective financial decisions as you learn accounting and finance processes used in most businesses. Discover the seven steps in the accounting cycle, how to maximize cash flow, and analyze business reports. Create a budget, set goals, and assess the performance of your business. Certificate includes Financial Analysis & Planning for Non-Financial Managers CES2 1644, Cash is King CES2 1645 and Accounting & Finance for Non-Financial Managers CES2 1646.

CES2 1643 | (4.8 CEU) | \$495

12 weeks | Feb 2 | Sec. 910644 | UGotClass

#### Certificate in Graphic Design Software Essentials – Online

The Adobe software tools are the leading software for graphic design. Use Illustrator, InDesign, and Photoshop to create graphics, multi-page documents, and digital artwork. Certificate includes Adobe Illustrator CC Essentials CES2 6367, Adobe InDesign CC Essentials CES2 6368 and Adobe Photoshop CC Essentials CES2 6369.

CES2 6370 | (4.8 CEU) | \$545

12 weeks | Feb 2 | Sec. 910042 | UGotClass

#### Microsoft Power Business Intelligence Certificate – Online

Gain insights into your data using business intelligence software. Power BI is a widely used business analytics service and report creation tool offered free by Microsoft. Create interactive reports, charts, maps, and other visuals to see your data in real time. This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. Certificate includes Introduction to Microsoft Power Business Intelligence CES2 1727, Intermediate Microsoft Power Business Intelligence CES2 1728, and Advanced Microsoft Power Business Intelligence CES2 1729.

CES2 1726 | (4.8 CEU) | \$495

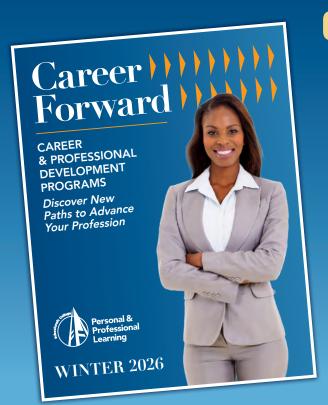
12 weeks | Feb 2 | Sec. 917567 | UGotClass

#### Web Design Certificate - Online

Discover the basics of web design using HTML and CSS as you plan and design effective web pages and applications. Learn about responsive design process, advanced layout and design features, and explore industry standard technologies and frameworks. Finish class with a functioning web application hosted on a web server that is both accessible and Search Engine Optimized. Certificate includes Introduction to Web Design CES2 6477, Intermediate Web Design CES2 6478 and Advanced Web Design CES2 6479.

CES2 6476 | (4.8 CEU) | \$595

12 weeks | Feb 2 | Sec. 910020 | UGotClass



# CAREER & PROFESSIONAL DEVELOPMENT

View our full lineup of career and professional development classes at schoolcraft.edu/ppl-careerforward



For 200+ online class offerings and information visit:

schoolcraft.edu/ppl/online

#### TEACHER RECERTIFICATION ONLINE

#### ed2go

#### 6 weeks | (2.4 CEU) | \$155 | ed2go

Each class is approved for 24 State Continuing Education Clock Hours (SCECH) for educators. For course descriptions and system requirements visit schoolcraft.edu/ppl/teacher.

Survival Kit for Teachers - Online CES 0963 || Sec. 919670 | Feb 11 || Sec. 919672 | Mar 18

Leadership - Online
CES 0973 || Sec. 919676 | Jan 14 || Sec. 919677 | Mar 18

Handling Medical Emergencies - Online CES 4297 || Sec. 919647 || Jan 14

Spanish in the Classroom - Online CES 3627 || Sec. 919646 | Feb 11

Speed Spanish - Online CES 3810 || Sec. 919618 | Jan 14 || Sec. 919668 | Feb 11

Discover Sign Language - Online CES 3811 || Sec. 919619 | Jan 14 || Sec. 919667 | Feb 11

Discover Sign Language II - Online CES 3812 || Sec. 919666 | Feb 11 || Sec. 919637 | Mar 18

Grammar Refresher - Online CES 7583 || Sec. 919605 | Jan 14 || Sec. 919607 | Feb 11

Teaching High School Students - Online CES2 0013 || Sec. 919620 | Mar 18

Understanding Adolescents - Online CES 0925 || Sec. 919611 | Jan 14 || Sec. 919617 | Feb 11

Teaching Preschool: A Year of Inspiring Lessons - Online CES 0974 || Sec. 919630 | Feb 11 || Sec. 919686 | Mar 18

The Creative Classroom - Online
CES 0908 || Sec. 919603 | Feb 11 || Sec. 919631 | Mar 18

The Differentiated Instruction & Response to Intervention Connection - Online CES 0964 || Sec. 919658 | Feb 11

Empowering Students with Disabilities - Online CES 0956 || Sec. 919627 | Jan 14 || Sec. 919634 | Feb 11

Teaching Students with Autism - Online CES 0932 || Sec. 919614 | Jan 14 || Sec. 919622 | Mar 18

Teaching Students with ADHD - Online CES 0978 || Sec. 919674 | Feb 11 || Sec. 919685 | Mar 18

Solving Classroom Discipline Problems - Online CES 0913 | Sec. 919613 | Jan 14 | Sec. 919628 | Mar 18

Solving Classroom Discipline Problems 2 - Online CES 0929 || Sec. 919601 | Feb 11 || Sec. 919652 | Mar 18

Do you only need 10 SCECHS or less? Check out these new, shorter courses!

#### **New Teacher Recertification Classes**

**NEW** AI for Students - **Online** CES2 6500 || Sec. 919642 | Jan 5 | (0.1 CEU) | \$55

**NEW** AI for Teachers - **Online** CES2 6501 || Sec. 919641 | Jan 5 | (0.1 CEU) | \$55

**NEW** Trauma Informed PreK-5 - Online CES2 0197 || Sec. 919661 | Feb 2 | (0.1 CEU) | \$55

**NEW** Trauma Informed 6-12 - Online CES2 0198 || Sec. 919660 | Feb 2 | (0.1 CEUS) | \$55

NEW Intro To Classroom Documentation - Online CES2 0201 || Sec. 919651 | Jan 5 | (0.6 CEU) | \$79

NEW Building Effective Writing Prompts for All Students - Online CES2 0199 || Sec. 919656 | Jan 5 | (0.8 CEU) | \$89

NEW Checking for Understanding in Elementary Math - Online CES2 0200 || Sec. 919655 | Feb 2 | (0.8 CEU) | \$89

NEW Strategies To Check for Understanding - Online CES2 0206 || Sec. 919644 | Jan 5 | (0.8 CEU) | \$89

NEW Measuring Growth in Writing Using Rubric - Online CES2 0203 || Sec. 919649 | Feb 2 | (0.8 CEU) | \$89

NEW Math Stations for Prek-2nd Grade - Online CES2 0204 || Sec. 919648 | Jan 5 | (1 CEU) | \$95

NEW Varied Assessment Methods for Gifted Students - Online CES2 0205 || Sec. 919645 | Feb 2 | (1 CEU) | \$95

NEW Literacy Stations for Prek-2nd Grade - Online CES2 0202 | Sec. 919650 | Feb 2 | (1 CEU) | \$95

For Full Teacher Recertification Class Catalog, Visit

SCHOOLCRAFT.EDU/PPL/TEACHER

# REGISTRATION DATES AND INFORMATION

# Registration begins 8:00 a.m., Tuesday November 11 for Aquatics and Wednesday November 12 for General PPL



**REGISTER ONLINE** at schoolcraft.edu/ppl and select Register Now

Begins 8 a.m., Wednesday, November 12, 2025

Hours: Monday–Saturday, 2 am–11 pm; Sunday, 2 am–9 pm

# Online registration is available until the class begins, unless noted otherwise.

With online registration you can search and register for classes; add, drop and pay for classes; and print your schedule. A credit card is required to use online registration. Please have your payment information at hand. The following forms of payment are accepted: Discover, Mastercard, Visa, or American Express.

#### **Your User ID and Password**

- Your User ID is the lower-case initial of your first name and your student ID number. Remember to include leading zeros for ID numbers; for example, c0123456 (initial is lower case).
- If you have taken a class with us and do not know your User ID, contact the office at 734-462-4448.

#### **Child Registration**

If you are signing your child up for classes, you
must enter your child's personal information when
registering. Please do not use your information in lieu
of your child's.

#### **Senior Adult Tuition**

In order to receive senior adult status, persons sixty
 (60) years of age or older must verify their age (using
 a birth certificate, driver's license, or other legal
 documents) with the Registration Center prior to the
 start of the class. No rate adjustments will be made
 after a class has started. Visit schoolcraft.edu/ppl/
 register for more information.

The Personal & Professional Learning (PPL) office is open Monday–Friday from 8 am until 5 pm. For assistance after hours, the Answer Center is available to help students with the following:

- Online Registration including password resets
- On-Campus Wireless Access
- General Campus Information



Mon – Thurs: 8 a.m. – 7 p.m. Friday: 8 a.m. – 6 p.m. Saturday: 9 a.m. – 2 p.m. Sunday: CLOSED



#### **WALK-IN**

Monday-Friday, 8 a.m.–5 p.m. No walk-in registration Saturdays or Sundays, or during the following holidays: MLK January 19, 2026, Mid-Term Break, March 9, 2026 – March 15, 2026, Easter Sunday, April 5, 2026. Bring your completed registration form to the **McDowell Student Center, Livonia campus.** Class fees must be paid in full. The drop box in front of the McDowell Student Center is also available for your use.

#### **Dropping a Class and Refund Policy**

You can drop a class for a full refund up to the day before the first class meets through Ocelot Access or by written request.

#### The refund policy is:

- Through the day before the first class meets: 100% of class fees. Thereafter, no refund.
- No refund or transfers for motorcycle classes



#### Schoolcraft College Registration: PPL 18600 Haggerty Rd. Livonia, MI 48152-2696

Processing of mail-in registrations begins at 8 a.m. on the first day of registration; registrations are manually entered in the order they were received. If you are registering for a class that fills quickly, mail-in registration is not recommended.

Your registration form and cash or check payment should be received at least one week before the class start date. Complete the registration form on page 34. A receipt and class confirmation will be mailed to you. If you do not receive your class confirmation within one week, please call 734-462-4448 to verify your enrollment. If you prefer to use a credit card, please call the Answer Center at 734-462-4426. **Mail-in registration does not guarantee a spot in the class.** 

#### Most PPL classes will not meet on the following days:

MLK January 19, 2026 Mid-Term Break, March 9, 2026 – March 15, 2026 Easter Sunday, April 5, 2026 Exceptions are noted in the online class listing.

For additional policies, procedures and other important information please visit: schoolcraft.edu/ppl/register

# REGISTRATION **FORM**

Registration forms received prior to November 12 are processed starting at 8:00 AM, as staff time allows.

Online is the fastest way to secure your spot. **NEW:** Aguatics registration opens at 8:00 AM, one day prior to all other PPL courses.

Registration/Admission Form					☐ Asian ☐ Black or African American ☐ Native Hawaijan or Other Pacific Islander		
Please use one regi	stration form pe	r student. Duplicate this form as need	ed.	☐ White	nawallali 01 Otile	Pacific Islander	
				■ Male	☐ Female ☐ N	on-binary	
DATE OF BIRTH STU		STUDENT NUMBER (WILL BE ASSIGNED TO FI	TUDENT NUMBER (WILL BE ASSIGNED TO FIRST-TIME STUDENTS)				
_AST NAME		FIRST NAME	MI/FORMER NAME				
NUMBER AND STREET			CITY		STATE	ZIP CODE	
EMAIL ADDRESS			PRIMARY PHONE		ALTERNATE PHONE		
Section No.	CES, CES2, CESN NO.	Title	of Class		Amo	unt	
					\$		
		_			\$		
		-			\$		
					\$		
					\$		
		_			\$		
				TOTAL	: \$		



If registering for a Motorcycle Safety class, provide your initials to signify you understand no refunds or transfers are available. Provide your initials here:

If registering for a Physical Fitness class, review waiver online at schoolcraft.edu/ppl. Your registration signifies agreement to the waiver terms.

#### Mail to:

Schoolcraft College **PPL Registration** 18600 Haggerty Road Livonia, MI 48152-2696

- ☐ Enclosed is my Check/Money Order payable to Schoolcraft College. (If your check is returned because of insufficient funds, we may redeposit it electronically.)
  - If paying by credit card, register online at schoolcraft.edu/ocelotaccess or call the Answer Center Monday – Friday, 8:00 a.m – 5:00 p.m. at 734-462-4426 to register and pay by phone. \*Phone registration is not available for Motorcycle Safety classes.

School of College

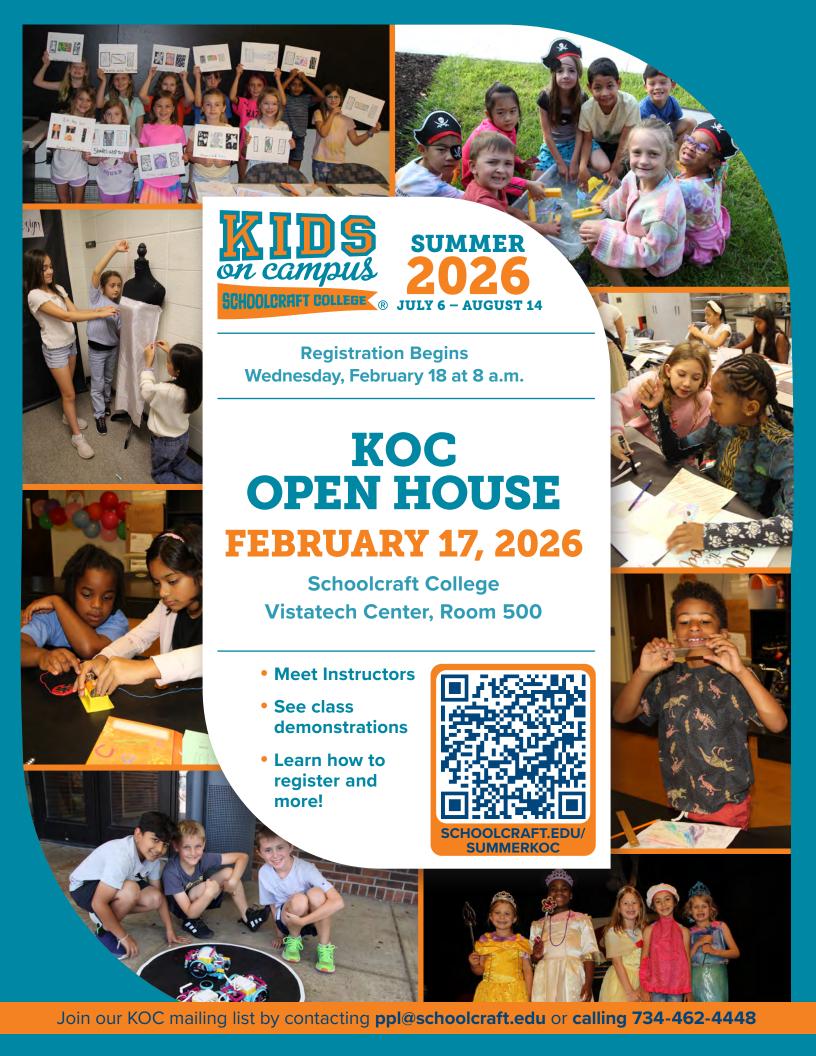
Personal &

1. Are you Hispanic? ☐ Yes ☐ No

2. Please select all that apply:

**Professional** 

- If using third-party sponsorship to pay for PPL courses, please contact studentaccounts@schoolcraft.edu for assistance.
- For name change requests, contact the Registration Office/Answer Center at 734-462-4426.







Personal & Professional Learning 18600 Haggerty Road Livonia, MI 48152-2696

#### **Board of Trustees**

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The Spring/Summer PPL schedule will be mailed early March; class listings online late February. schoolcraft.edu/ppl



# EXPLORE THE CULTURE OF GERMANY

- German Conversational II
- German Beer Styles & Tasting
- German Breads

Whether it's learning the language, sampling the beer, or making the traditional pretzels, we have a variety of classes to help you get a taste of Germany this winter.

See Pages 17, 20 & 22