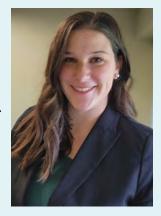


Dear Schoolcraft College Community,

At PPL, we've always been dedicated to sparking your passion for learning, both personally and professionally. As we embark on a new academic year, we're excited to share the new courses we've developed just for you.



This fall, our expanded

Lifelong Learning program offers 10 exciting new courses, including a unique Masquerade Murder Mystery Luncheon and several Michigan inspired topics. You can also explore conversational French or indulge in wines from the French region. Experience new hands-on cooking classes or learn to prepare delicious holiday inspired meals and cocktails (see pages 20-22).

Additionally, we're bringing back some popular favorites in our new Practical Skills section, including Electrical and Plumbing Repairs for Beginners and several new painting and drawing classes to inspire the artist in you!

We can't wait to welcome you this fall and help you discover something new!

Ashley Garringer, MS
Director, Personal & Professional Learning

### General Registration Begins Wednesday, July 23, 2025 at 8:00 a.m.

Aquatics Registration Begins
Tuesday, July 22, 2025 at 8:00 am
Most PPL classes/activities are NOT
scheduled on the following days:
Labor Day Weekend August 30 – September 1 2025
Thanksgiving Recess November 26-30, 2025



View Campus Map and Classroom Building Information

schoolcraft.edu/about/visit

#### **New Classes for Fall 2025**

Fitness & Health	
<ul> <li>Mat Pilates: Core Strength &amp; Flexibility</li> <li>Urban Modern Dance</li> <li>Life Decisions Through Fiction.</li> <li>Let's Be Weird: Defining Eccentricity.</li> </ul>	.6 .7
Hobbies & Leisure	
<ul> <li>Brioche Knitting Basics</li> <li>Exploring Color with Watercolors</li> <li>Introduction to Textile Painting &amp; Design</li> <li>Mastering Perspective &amp; Linear Drawing: <ul> <li>A Beginner's Guide to Classical Drawing</li> <li>Spanish Vocabulary II.</li> <li>French Conversational I</li> <li>Budget-Friendly Home Decorating: Simple Changes, Big Impact</li> </ul> </li> </ul>	14 15 17
Culinary & Beverages	
<ul> <li>Celebrating Maíz in Mexican Cuisine: Demo</li></ul>	20
<ul> <li>Kids in the Kitchen: Hands-On Adult &amp; Child Cooking Class - Mexican Recipes!</li> <li>The Art of Italian Eating: Demo</li> <li>Holiday Appetizers &amp; Side Dishes: Demo</li> <li>Single Origin Wine Series: Northern France</li> <li>Single Origin Wine Series: Southern France</li> <li>Wines From the French Rhone Region</li> </ul>	21 20 22 22
Lifelong Learning	
<ul> <li>Haunted Lighthouses of Michigan</li> <li>The Rise of Black Businesses in America</li> <li>Michigan Central Station</li> <li>Secret Michigan: Weird, Wonderful &amp; Obscure</li> <li>Lee Iacocca: Leadership &amp; Legacy</li> <li>Regions &amp; Provinces of Italy</li> <li>Fabulous Luxury Liners of the Great Lakes</li> <li>Detroit Institute of Arts Museum Tour &amp; Shuttle</li> <li>DIA Inside Out Tour: Schoolcraft College Campus</li> </ul>	24 24 25 24 25 25
Practical Skills	
<ul> <li>Electrical: Simple Repairs for Beginners</li> <li>Plumbing: Simple Repairs for Beginners</li> <li>Cleaning &amp; Storing Your Long Gun</li> </ul>	26
Career & Professional Development	
<ul> <li>Grant Writing: Creating a Well-Crafted Proposal</li></ul>	





Languages...... 17



#### **Contents**

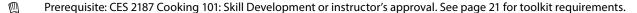
PERSONAL ENRICHMENT
FITNESS & HEALTH
Aerobics 4
Aquatics
Dance
Fencing 7
Pilates
Senior Fitness5
Tai Chi
Wellness
Yoga 8
YOUTH ENRICHMENT
Family Swim 13
Youth Aquatics12
HOBBIES & LEISURE
Ceramics
Drawing
English as a Second Language 19
Fiber Arts 14

Music	. 23
Painting	. 14
Photography	. 16
Personal Interest	. 23
CULINARY & BEVERAGES	
Beverages	. 22
Cooking Hands-On	. 21
Demonstration	. 20
LIEFLONGIFARNING	
LIFELONG LEARNING	2.4
Conversation & Coffee	
Conversation & Coffee	. 24
Conversation & Coffee	. 24
Conversation & Coffee  Dine & Discover  DIA Art Tours  Murder Mystery	. 24
Conversation & Coffee  Dine & Discover  DIA Art Tours  Murder Mystery  PRACTICAL SKILLS	. 24 . 25 . 24
Conversation & Coffee  Dine & Discover  DIA Art Tours  Murder Mystery	. 24 . 25 . 24
Conversation & Coffee  Dine & Discover  DIA Art Tours  Murder Mystery  PRACTICAL SKILLS	. 24 . 25 . 24

Firearm & Safety Training. 26 Financial Planning 26 Home Repair. 26 Test Prep. 28
CAREER & PROFESSIONAL
DEVELOPMENT
Business 29
Digital Sculpting
Event Planning29
Nonprofit/Grants 29
Real Estate29
Teacher Recertification
FEATURED INSTRUCTORS  Michelle Dushee' Williams, Art
REGISTRATION
Registration Dates and Information 33 Registration Form

#### **Class Icon Key**

- Purchase textbook and bring to first class—available at the College Bookstore. View textbook pricing and details at schoolcraftbooks.com.
- Purchase a USB Flash Drive and bring to first class— available at the College Bookstore.



Schoolcraft College Certificate of Photography class.



#### $Monday-Friday, 8 a.m.-5 p.m. \bullet 734-462-4448 \bullet ppl@schoolcraft.edu$

Schoolcraft College publishes this schedule for informational purposes only and its content shall not constitute a contract between the institution and prospective or enrolled students.

The information presented here reflects the current curricula, policies, and regulations of the College. However, these are subject to change at any time by action of the Board of Trustees or the administration.

A doctor's review of your health is advised before starting any exercise program.

The Schoolcraft College Personal & Professional Learning Schedule is published three times yearly. It is the policy of Schoolcraft College that no person shall, on the basis of race, religion, color, gender, age, marital status, disability, sexual orientation, and/or national origin, be subjected to discrimination during or be excluded from participating in or be denied the benefits of any program or activity or in employment.

# PERSONAL ENRICHMENT



#### FITNESS & HEALTH

#### **AEROBICS**

#### Zumba® Blast Dance Workout

Zumba® is a combination of easy-to-follow routines done to Latin and International music. This class features toning and hip hop movements resulting in an energizing, fat-burning cardio workout!

#### CES 9802 | \$95/Senior Cost \$47.50

12 weeks | Tues | Sep 9 | 5-6 pm | Sec. 948136 | PE140 | P. Zarinana - AHF

12 weeks | Wed | Sep 10 | 5-6 pm | Sec. 948124 | PE140 | P. Zarinana - AHF

12 weeks | Thurs | Sep 11 | 11 am-12 pm | Sec. 948122 | PE140 | P. Zarinana - AHF



#### Fit & Fun Cardio Drumming

Get your heart pumping with an effective cardio drumming class. Drum away stress and get fit along with a mat workout using hand weights and stretch bands. Drumming sticks and Fit Balls are provided and seated chair options and demonstrations are included in each class.

#### CES2 9135 | \$95/Senior Cost \$47.50

12 weeks | Tues | Sep 9 | 11 am-12 pm | Sec. 948131 | PE140 | E. Letourneou - AHF

#### WERQ® Dance. Fitness. Workout.

WERQ® redefines dance fitness! Build cardiovascular endurance and strengthen your heart dancing to today's hottest top 40 pop, rock and hip-hop music. Warm-up with a preview of the dance steps used in class and cool down with balance and yoga inspired poses.

#### CES 9930 | \$95/Senior Cost \$47.50

12 weeks | Wed | Sep 10 | 6-7 pm | Sec. 948111 | PE140 | J. Falasco/S. Maples

#### Circuit Training

Lose inches while strengthening all your major muscle groups. Combine strength training and cardio in the same workout while moving through timed stations to keep your heart rate up. Learn to safely use fitness equipment to maximize your results while taking control of your individual improvement.

#### CES 9365 | \$105/Senior Cost \$52.50

12 weeks | Sat | Sep 6 | 10:10-11:10 am | Sec. 948112 | PE120 | T. Maguran

#### Dynamic Fit Mix: A Variety Workout

Enjoy this fun and uplifting class working out with different types of fitness equipment and routines each time class meets, while toning your entire body top to bottom with cardiovascular benefits. A wide variety of equipment will be used, provided at class. Improve your strength/balance and flexibility with the rewards of total well-being. Work out at your own pace. See results!

#### CES2 9071 | \$135/Senior Cost \$67.50

12 weeks | Tues & Thur | Sep 9 | 8-9 am | Sec. 948125 | PE140 | Z. Prymak - AHF

#### Get Fit & Stay Fit: Low Impact Aerobics

Set your own pace in variations of low impact aerobics, strength training, and sculpting designed for moderate level exercisers. Incorporate stability balls, exertubes, dyna-bands, and hand weights into your fitness routine.

#### CES 9438 | \$145/Senior Cost \$72.50

12 weeks | Mon, Wed & Fri | Sep 8 | 9-10 am | Sec. 948108 | PE140 | K. Carzon - AHF

#### Total Body Strength & Tone

Reshape your upper and lower body using hand weights, body bars, fitballs and more. Finish each class with a 15-minute stretch and see the results!

#### CES2 9083 | \$85/Senior Cost \$42.50

10 weeks | Sat | Sep 6 | 9:30-10:30 am | Sec. 948128 | PE140 | L. Furlong - AHF

#### Best Body: Hybrid Interval Training

Burn fat and tone muscle in this hybrid interval training class that combines weights, cardio, and strength training. Feel and see the results after a brief warm-up, interval training, and a floor workout focusing on abs, glutes, and thighs.

#### CES 9993 | \$105/Senior Cost \$52.50

12 weeks | Mon | Sep 8 | 6-7 pm | Sec. 948133 | PE140 | Z. Prymak - AHF

#### **Strength Training & Conditioning**

Strengthen and tone the major muscle groups as you increase lean muscle mass. Enjoy a healthier body and a higher metabolic rate, as you firm, tone, and enhance the body's natural shape. Exercises are developed using a variety of exercise equipment.

#### CES 9432 | \$99/Senior Cost \$49.50

12 weeks | Sat | Sep 6 | 9-10 am | Sec. 948123 | PE120 | T. Maguran

#### CES 9433 | \$119/Senior Cost \$59.50

12 weeks | Tues & Thur | Sep 9 | 5:15-6:15 pm | Sec. 948113 | PE120 | T. Maguran

12 weeks | Tues & Thur | Sep 9 | 6:30-7:30 pm | Sec. 948121 | PE120 | T. Maguran

#### Sunrise, Stretch, Strength & Tone

Begin your day with an invigorating workout designed to improve your overall strength, balance, flexibility and posture. Using a variety of equipment, incorporate active stretching, low impact movements, targeting floor work and Pilates inspired exercises to leave you feeling energized. Alternative options for students with osteoporosis and osteopenia will be given.

#### CES 9954 | \$129/Senior Cost \$64.50

12 weeks | Mon & Wed | Sep 8 | 8-9 am | Sec. 948148 | VIRTUAL | G. Ripley

12 weeks | Mon & Wed | Sep 8 | 8-9 am | Sec. 948149 | PE210 | G. Ripley

#### **Senior Fitness**

#### Fit as a Fiddle

Workout while sitting comfortably in a chair at your own pace in this beginning to moderately-paced class. Improve your range of motion, strength, balance, flexibility, brain health and memory techniques.

#### CES 9815 | \$105/Senior Cost \$52.50

6 weeks | Mon & Wed | Sep 8 | 10-11 am | Sec. 948106 | PE140 | J. Dumbleton - AHF

6 weeks | Mon & Wed | Oct 27 | 10-11 am | Sec. 948109 | PE140 | J. Dumbleton - AHF

#### Strength Training for Seniors I

Strengthening the major muscle groups of the upper and lower body improves metabolism, increases bone mineral density, and can reduce arthritic discomfort for aging adults.

#### CES 9550 | \$105/Senior Cost \$52.50

6 weeks | Mon & Wed | Sep 8 | 1-2 pm | Sec. 948117 | PE140 | E. Letourneou - AHF

6 weeks | Mon & Wed | Oct 27 | 1-2 pm | Sec. 948118 | PE140 | E. Letourneou - AHF

#### **Strength Training for Seniors II**

As an active senior, you know the benefits of strength training. This low-impact cardio workout uses light hand weights, resistance bands, and small exercise balls to improve strength, flexibility and balance leaving you stronger and more energized.

#### CES2 9009 | \$95/Senior Cost \$47.50

12 weeks | Tues | Sep 9 | 1:30-2:30 pm | Sec. 948142 | PE140 | S. Brodsky - AHF

#### Zumba® Gold: A Beginner Dance Workout

Zumba Gold is designed for the true beginner and the active older adult. This party-like fitness dance class, done to a variety of music like merengue, salsa, and tango, is an effective calorie burning workout geared for all fitness levels.

#### CES 9858 | \$95/Senior Cost \$47.50

12 weeks | Fri | Sep 12 | 10-11 am | Sec. 948152 | PE140 | J. Dumbleton - AHF

#### Senior Basketball: Non-Instructional Activity

Seniors can enjoy the opportunity to play non-instructional indoor basketball. CESN 0009 | \$69

12 weeks | Tues & Thur | Sep 9 | 10 am-12 pm | Sec. 948115 | PE Main Gym

#### **Pilates**

#### Pilates: Full Body Strength & Conditioning

Expand your Pilates practice, while toning, lengthening, and stretching your body. Never feel bored with a total body workout ratio of upper body, supine core work, legs/side series, and prone back work. This class for all skill levels focuses on a total body Pilates practice utilizing different small pieces of equipment. Leave feeling rejuvenated and strong!

#### CES2 9067 | \$99/Senior Cost \$49.50

14 weeks | Mon | Sep 15 | 6-7 pm | Sec. 948104 | VIRTUAL | J. Malinowski

#### **NEW** Mat Pilates: Core Strength & Flexibility

STOTT PILATES focuses on core strength, flexibility, and alignment. Students will learn essential and intermediate exercises that applies core Pilates principles to improve posture and control. Ideal for dancers, athletes, and those seeking better fitness and alignment.

#### CES2 9185 | \$99/Senior Cost \$49.50

12 weeks | Thurs | Sep 18 | 3:30-4:30 pm | Sec. 948105 | PE140 | L. Wilson

#### **Pilates for Beginners**

A safe and effective mat Pilates workout offers a powerful conditioning program for the entire body. These exercises practiced correctly, promote functional strength of abdominal and back muscles, and help to develop pelvic floor strength and better posture.

#### CES 9557 | \$95/Senior Cost \$47.50

12 weeks | Mon | Sep 8 | 11 am-12 pm | Sec. 948103 | PE140 | J. Dumbleton - AHF

#### Barre Workout: Strength, Lengthen & Tone

Use a ballet bar to strengthen, lengthen, and tone your body by performing small isometric movements. It tones the whole body by burning fat fast, lifting the glutes and toning the thighs, abs, hips and arms.

#### CES 9904 | \$95/Senior Cost \$47.50

12 weeks | Wed | Sep 10 | 11 am-12 pm | Sec. 948102 | PE140 | Z. Prymak - AHF

#### Pi-Yo Strength Fusion

Combine the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga. Work at your own pace to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean, and incredibly defined.

#### CES 9932 | \$95/Senior Cost \$47.50

12 weeks | Wed | Sep 10 | 7-8 pm | Sec. 948130 | PE140 | L. Furlong - AHF

# IMPROVE YOUR HEALTH BY JOINING THE FITNESS CENTER!

PPL Students Receive a Discounted Membership: \$20/Month

- Cardio & Weight Equipment
- Personal Training
- Pickleball

- Open Swim
- Racquetball Courts
- Also offering Exercise Testing in the Movement Science Lab
  - · Body Composition Analysis
  - · Cardiovascular Capacity Testing
  - Muscular Strength Assessment





#### DANCE

#### Couples and singles welcome in all Dance classes!

#### Lunchtime Line Dance I

Learn the latest line dances at this special daytime class. Whether this is your lunch hour, or just a time to have some fun and exercise, the hour will fly by! Learn the Hustle, Cha-Cha's, Waltzes, the Charleston and more.

#### CES 9333 | \$105/Senior Cost \$52.50

12 weeks | Thurs | Sep 11 | 1:50-2:50 pm | Sec. 948002 | PE140 | J. Owen

#### Lunchtime Line Dance: One Plus

Expand your line dance skills and continue to dance to all varieties of music from oldies, country, top 40's and more.

#### CES 9686 | \$105/Senior Cost \$52.50

12 weeks | Thurs | Sep 11 | 12:30-1:30 pm | Sec. 948006 | PE140 | J. Owen

#### **Latin Dancing**

Each session you will learn two different hot Latin Dances, like Salsa, Bachata, Lindy, Rumba, Samba, Merengue, Jive, Cha-Cha, Cumbia, Bolero and more. This class is good for beginners and more advanced dancers and will cover the fundamentals and more advanced figures.

#### CES 9988 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 19 | 7-8 pm | Sec. 948014 | PE140 | E. Semenov

6 weeks | Fri | Oct 31 | 7-8 pm | Sec. 948015 | PE140 | E. Semenov

#### **Belly Dance Fitness**

Students spend one hour engaging in belly dance style movement with the goal of burning calories and having fun while listening to Middle Eastern/Fusion and other motivating musical selections. The focus is less on technique and more on consistent movement and calorie burning. Hip scarf and footwear optional.

#### CES2 9134 | \$79/Senior Cost \$39.50

6 weeks | Mon | Nov 3 | 12 pm-1 pm | Sec. 948026 | PE140 | A. Hallmark

#### Hula & Ori-Tahiti Dance

Spend each hour engaging in Hula/Ori Tahiti style movement, an artistic dance rooted in tradition. Learn about the meaning and history of the lyrics and hand motions while burning calories and building dance combinations.

#### CES2 9169 | \$79/Senior Cost \$39.50

6 weeks | Mon | Sep 15 | 12 pm-1 pm | Sec. 948004 | PE140 | A. Hallmark

#### **Ballroom Dancing**

Learn and practice two different graceful ballroom dances, a necessary social grace that fills a need in both the business world and on a personal level. Work on fundamental dance components, base timings/rhythms, key foot patterns and essential leading and following techniques. Good for beginners and more advanced dancers.

#### CES2 9039 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 19 | 8-9 pm | Sec. 948017 | PE140 | E. Semenov

6 weeks | Fri | Oct 31 | 8-9 pm | Sec. 948018 | PE140 | E. Semenov

#### Shuffle & Hustle: New & Classic Line Dances

Learn the line dances that have been popular for years plus new ones created by the instructor! Each class will focus on learning 1 or 2 line dances first without music, then gradually add music from the 80s to today to put it all together.

#### CES2 9132 | \$79/Senior Cost \$39.50

6 weeks | Thur | Nov 6 | 6-7 pm | Sec. 948030 | PE140 | J. Gordon

6 weeks | Sat | Nov 1 | 11-12pm | 948010 | PE140 | J. Gordon

#### Introduction to African Dance: History & Culture

Experience an introduction to Central African dance, exploring traditional Congolese movement and rhythm with a focus on polyrhythms. Learn about the historical and cultural significance of African dance while practicing techniques in group and solo settings. Drum accompaniment will be used to teach timing, rhythm, and call-and-response.

#### CES2 9179 | \$99/Senior Cost \$49.50

12 weeks | Mon | Sep 8 | 7-8 pm | Sec. 948005 | PE140 | L. Wilson

#### **NEW** Urban Modern Dance

Experience the combination of traditional Urban/African dance with modern techniques inspired by Alvin Ailey and Katherine Dunham. Explore cultural rhythm, expression, and movement, focusing on core strength, alignment, and emotion. Covering African dance basics, the Dunham Technique, and Ailey's style, the course culminates in a final performance-perfect for dancers seeking a connection to traditional and modern styles.

#### CES2 9184 | \$99/Senior Cost \$49.50

12 weeks | Thurs | Sep 18 | 2:30-3:30 pm | Sec. 948009 | PE210 | L. Wilson

#### The Art of Motown Style Ballroom Dancing

This popular style is a combination of social ballroom dance and the Cha-Cha dusted with a soulful "Dee-troit" urban flavor. Learn the basics and more advanced combinations that can be done to almost any type of music.

#### CES2 9093 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 19 | 6-7 pm | Sec. 948021 | PE140 | E. Semenov

#### Line Dance

If you love to dance and want to have fun while exercising your mind and body, this is for you! Each 6-week session learn and practice several different Country Line Dances. All skill levels are welcome.

#### CES2 9168 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 19 | 5-6 pm | Sec. 948001 | PE140 | E. Semenov

6 weeks | Fri | Oct 31 | 6-7 pm | Sec. 948003 | PE140 | E. Semenov

#### **Detroit Style Urban Line Dance**

This engaging class introduces students to popular Detroit urban line dances like "The Wobble", "Tamia's So Into You" and the" Cupid Shuffle." Each session covers a new dance, breaking down the moves step by step. By the end, students will have learned three dances and gained confidence to perform them at social events, while enjoying Detroit's vibrant dance culture.

#### CES2 9180 | \$79/Senior Cost \$39.50

6 weeks | Thurs | Sep 18 | 4-5 pm | Sec. 948007 | PE210 | D. Carswell

6 weeks | Thurs | Nov 6 | 4-5 pm | Sec. 948008 | PE210 | D. Carswell

#### Move & Groove: Full Body Dance Workout

Utilize basic motor skills for a high energy full body dance workout! Move and groove to the best music from the 80s to the best hits today. Join us as we work and move through fun dance moves that you can take with you anywhere.

#### CES2 9131 | \$79/Senior Cost \$39.50

6 weeks | Sat | Sep 13 | 11 am-12 pm | Sec. 948011 | PE210 | J. Gordon

6 weeks | Thurs | Sep 18 | 6-7 pm | Sec. 948013 | PE210 | J. Gordon



#### TAI CHI

#### Beginning Tai Chi

Tai Chi is a series of gentle turning and stretching exercises that aid in relaxation and stress reduction and improve flexibility, circulation, balance, muscle control and strength. This beginning course introduces the fundamentals of the 108 moves in the Taoist Tai Chi set.

#### CES 9906 | \$109/Senior Cost \$54.50

12 weeks | Tues | Sep 9 | 9:30-10:30 am | Sec. 948802 | PE140 | MI Tai Chi Association

12 weeks | Tues | Sep 9 | 7-8 pm | Sec. 948801 | PE140 | MI Tai Chi Association

#### **FENCING**

#### Fencing I

Fencing is one of only four sports that has been on every modern Olympic program since 1896. Gain a basic understanding of the sport of fencing - the art of sport of swordplay - in an enjoyable and relaxed atmosphere. Learn basic fencing positions, movements, and principles. Equipment is provided.

## Students age 11+ are welcome. CES 9180 | \$99/Senior Cost \$49.50

12 weeks | Fri | Sep 12 | 6:30-7:45 pm | Sec. 947901 | PE Main Gym | D. McLaren

#### Fencing II

Build your knowledge of the sport and improve your fencing technique. Learn new movement and strategies necessary for bout fencing. Equipment is provided. **Students age 11+ are welcome**. **Prerequisite:** CES 9180 Fencing I.

#### CES 9181 | \$99/Senior Cost \$49.50

12 weeks | Fri | Sep 12 | 8-9:15 pm | Sec. 947902 | PE Main Gym | D. McLaren

#### Fencing Club: Non-Instructional Activity

This unstructured activity period is for those who have taken Fencing I and Fencing II and would like an opportunity to practice their skills.

#### CESN 0004 | \$79

12 weeks | Fri | Sep 12 | 7-9 pm | Sec. 947903 | PE Main Gym

#### **WELLNESS**

#### Finding Wellness & Happiness in Your Everyday Lifestyle

Review and apply life skills that already exist within your everyday lifestyle, habits, and behaviors. Through a very broad and basic lens of psychology and useful wellness strategies, explore everyday difficulties and learn easily applicable remedies to increase life satisfaction and empowerment as a group. The topics will be real-world applicable and fun from an instructor who is a working psychotherapist. Use what you have inside, to tackle the complications of life!

#### CES2 0171 | (.4 CEU) | \$49/Senior Cost \$39.20

2 weeks | Thurs | Oct 2 | 5:30-7:30 pm | Sec. 947301 | LA430 | D. Jones

# Managing Your Stress: Effective Tools & Guided Relaxation

Through a guided practice of relaxation, utilize simple body-based tools to help shift the stress response and improve well-being. Learn to understand the body's stress response and the effectiveness and importance of practicing tools when not in a stressed state.

#### CES2 0182 | (.8 CEU) | \$65/Senior Cost \$52

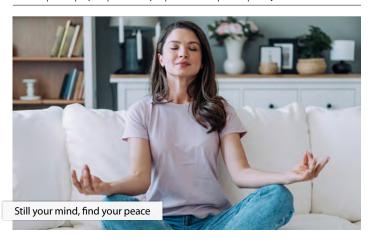
6 weeks | Tues | Sep 23 | 1-2:20 pm | Sec. 947303 | LA122 | C. Zarotney

#### Heartfulness Meditation for Stress Relief

Embark on a transformative 6-week workshop designed to improve mental health and self-care practices. This series provides practical tools for managing stress, cultivating positivity, a deeper sense of peace, connection and inner joy. Each week offers a combination of insights, hands-on activities, and guided meditations to empower participants to lead more balanced, fulfilling lives. Whether you're looking to improve your emotional resilience, develop positive habits, or realign with your body's rhythms, this course will provide you with life skills to improve your mental health. Students should bring a journal to class

#### CES2 0176 | (.6 CEU) | \$59/Senior Cost \$47.20

6 weeks | Thurs | Sep 25 | 5:30-6:30 pm | Sec. 947304 | LA160 | N. Rajeev



#### Self-Awareness: Getting Better All the Time

Review the understanding of what self-awareness is and how it relates to bettering oneself regarding lifestyle, habits, and behaviors. Through a very broad and basic lens of psychology and useful wellness strategies, we will explore the basic differences between thoughts, emotions, body reactions, and behaviors. What we don't know is how we present ourselves to others and the negative (and positive) patterns we fall into daily. The topics will be applicable and fun from an instructor who is a working psychotherapist.

#### CES2 0180 | (.3 CEU) | \$45/Senior Cost \$36

1 day | Thurs | Dec 4 | 5:30-8:30 pm | Sec. 947302 | LA430 | D. Jones

#### Connecting Your Life to the Movies

Through a very broad and basic lens of psychology, movies can serve as powerful tools to achieve personal growth and self-discovery. Through guided viewings and discussions, students will use wellness strategies to connect and dive into plots, characters, and themes from well-known movies to understand the support systems such as family, friends, and significant others. The topics will be real-world applicable and fun from an instructor who is a working psychotherapist and former filmmaker, actor, and writer for 20 years.

#### CES2 0181 | (.3 CEU) | \$45/Senior Cost \$36

1 day | Thurs | Sep 25 | 5:30-8:30 pm | Sec. 947305 | LA430 | D. Jones

#### **NEW** Life Decisions Through Fiction

It is easy to see ourselves in fictional characters. Novels, specifically, leave much to the imagination and help with escape by discovering solutions to everyday problems. In this class, we will review multiple characters and plots from novels (including children books) to discover ways to self-reflect and express our needs in the real world.

#### CES2 0187 | (.4 CEU) | \$49/Senior Cost \$39.20

2 weeks | Thurs | Oct 23 | 5:30-7:30 pm | Sec. 947306 | LA430 | D. Jones

#### **NEW** Let's Be Weird: Defining Eccentricity

Research suggests that being an unconventional, critical thinker can lessen shameful inhibitions and increase life satisfaction. In this class, think both inside and outside the box, reviewing conventional behaviors, working within our means, and trying something different. Learn about your individual limitations and strengths and how to navigate the current social climate. Apply new ways of thinking to increase life satisfaction.

#### CES2 0188 | (.4 CEU) | \$49/Senior Cost \$39.20

2 weeks | Thurs | Nov 13 | 5:30-7:30 pm | Sec. 947307 | LA430 | D. Jones

#### **YOGA**

#### Yoga for Easing Arthritis & Fibromyalgia Pain-Level I

Experience this gentle yoga workout designed for individuals who suffer from varying degrees of muscle and joint pain from arthritis or fibromyalgia.

#### Class meets on the main floor of the PE Building.

CES 9900 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 11 | 9:15-10:15 am | Sec. 948920 | PE140 | J. Dumbleton - AHF

# Yoga for Easing Arthritis & Fibromyalgia Pain-Level II

This advanced yet gentle workout is designed for individuals who suffer from varying degrees of muscle and joint pain. Poses focus on joint flexibility and breathing exercises for relaxation, resulting in the easing of pain associated with arthritis or fibromyalgia. Class meets upstairs in the PE Building.

#### CES2 9126 | \$125/Senior Cost \$62.50

12 weeks | Tues | Sep 9 | 10-11 am | Sec. 948933 | PE210 | K. Carzon - AHF

Always leave the course feeling like my body has been stretched, and is in a better spot than when I walked in! My favorite class of all that I have taken over the past 10 years!"

— Linda O., Yoga for Easing Arthritis Pain Student

#### Yoga for Better Bone Health & Balance

If you are looking for a yoga class that improves bone health, flexibility and balance then this yoga class is a must. Weight-bearing standing/seated yoga poses, with the use of light hand weights, can help build bone density, strength and coordination which encourages better posture and balance reducing the risk of falling.

#### CES2 9136 | \$125/Senior Cost \$62.50

12 weeks | Tues | Sep 9 | 9-10 am | Sec. 948934 | PE210 | K. Carzon - AHF

#### "Easy Does It" Hatha Yoga

Hatha Yoga is gentle, but effective for promoting flexibility, balance, strength, and wonderful posture. Great for beginners and moderate level exercisers. Yoga teaches breathing, stretching and relaxation.

#### CES 9542 | \$59

12 weeks | Tues | Sep 9 | 12:30-1 pm | Sec. 948921 | PE210 | S. Brodsky - AHF

#### CES 9543 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 11 | 1-2:20 pm | Sec. 948917 | PE210 | S. Nagy - AHF

#### Hatha Yoga II

Focus on relaxed breathing and traditional asanas (postures) which will be held for a period of time to ensure proper alignment to build strength and flexibility. Participants will explore various sequences to foster a deeper connection between breath, body and mind. See results and enjoy a state of peacefulness.

#### CES2 9177 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 8 | 7-8:20 pm | Sec. 948935 | PE210 | M. Hopson - AHF

#### Breath-Centered Gentle Yoga

Enjoy a breath-centered yoga practice to support overall health, restore energy, and reduce stress. This class includes a brief education on breath biomechanics and anatomy, breath and health, how and why breath and posture techniques support the energy system.

#### CES2 9159 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 8 | 4-5 pm | Sec. 948927 | PE210 | T. Maguran



#### Flowing Yoga I

In this beginning class you'll enjoy a moving sequence of Hatha Yoga poses for flexibility, strength and relaxation. You will learn the 12-part Sun Salutes in addition to several more yoga poses supported by yoga breathing. Leave with your body and mind refreshed and relaxed.

#### CES 9218 | \$125/Senior Cost \$62.50

12 weeks | Sat | Sep 6 | 9:30-10:50 am | Sec. 948931 | PE210 | K. Dreyer - AHF

12 weeks | Tues | Sep 9 | 5:30-6:50 pm | Sec. 948942 | PE210 | M. Hopson - AHF

12 weeks | Tues | Sep 9 | 7-8:15pm | Sec. 948936 | PE 210 | M. Hopson - AHF

#### Flowing Yoga II

Build on the stamina you developed in Flowing Yoga I. Review the 12 part Sun Salutes, and then learn the 16 part and 24 part Sun Salutes increasing your breath capacity, body flexibility and strength. Enjoy more challenging poses and a variety of yoga breathing exercises. **Prerequisite:** at least one year of Flowing Yoga I or at least one year of yoga training.

#### CES 9541 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 8 | 11 am-12:20 pm | Sec. 948916 | PE210 | Z. Pyrmak - AHF

12 weeks | Thurs | Sep 11 | 5:30-6:50 pm | Sec. 948912 | PE210 | K. Dreyer - AHF

#### Yin Yoga: Slow Paced with Longer Holds

Yin Yoga targets the connective tissue of the joints, ligaments and sinew to help increase flexibility and range of motion. Focus on strength and stretching with longer holds and fewer poses.

#### CES2 9065 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 11 | 9:30-10:50 am | Sec. 948928 | VIRTUAL | C. Vukonich

#### Healing Yoga & Self Massage

All skill levels are welcome in this class designed to help those experiencing body tension, headaches, migraines, and anxiety. Practice standing poses to improve breathing habits, flexibility and balance followed by seated mat postures supported by yoga props.

#### CES2 9164 | \$139/Senior Cost \$69.50

12 weeks | Mon | Sep 8 | 5:30-6:50 pm | Sec. 948932 | PE210 | M. Hopson - AHF

#### Vinyasa Yoga with Light Weights

In a gentle environment, learn how to use light weights to strengthen the upper body and core using 2-8 lb. weights or a non-weight bearing approach. Weights followed with an easy flow of yoga restorative poses and breathing will help improve flexibility and stability.

#### CES 9960 | \$125/Senior Cost \$62.50

12 weeks | Fri | Sep 12 | 9:30-10:50 am | Sec. 948915 | VIRTUAL | C. Vukonich

12 weeks | Fri | Sep 12 | 9:30-10:50 am | Sec. 948930 | PE210 | C. Vukonich

#### **Precision Yoga**

Precision Yoga is designed to help you achieve accurate alignment, preventing injuries and enhancing both inner and outer balance. This class focuses on fundamental yoga postures and breathing techniques that build strength and cultivate peace of mind. Using props such as yoga blocks, straps, bolsters, and foam rollers, you'll receive the support needed to perform each pose correctly.

#### CES 9785 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 10 | 11:10 am-12:40 pm | Sec. 948925 | PE210 | D. Siegel-DiVita

# Desk Break Yoga: Full Body Stretches to Fix Your Posture

Learn how to stretch key muscles in your body, to release tension, help increase your blood flow and enhance your productivity, while taking your necessary desk breaks. Instructor will demonstrate exercises to improve your posture, all while enjoying easy listening and upbeat music to enhance your day.

#### CES2 9153 | \$79/Senior Cost \$39.50

6 weeks | Mon & Fri | Sep 15 | 11:30 am-12 pm | Sec. 948929 | VIRTUAL | S. Faris



#### Power Fusion Yoga for Strength

Improve your upper body strength, power production, and flexibility. Power fusion yoga focuses on balance, upper and mid-body strength while targeting the core abdominal muscles using isometric movements. **Note:** This class is not recommended for beginners.

#### CES2 9178 | \$125/Senior Cost \$62.50

12 weeks | Tues | Sep 9 | 11 am-12 pm | Sec. 948938 | PE210 | J. Mason

#### Yoga to Renew & Restore

Yoga is about honoring your own body. Learn breathing techniques to help relax the mind and move into a slow flowing sequence to help energize the body. Restorative poses, also called active relaxation, will bring balance to your life and help you journey into a place of deep contentment, heal your body and calm your mind.

#### CES 9540 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 10 | 5:30-6:50 pm | Sec. 948944 | PE210 | K. Dreyer - AHF

#### Yoga & Stress Management

This gentle, flowing Hatha Yoga class will help you explore classic yoga poses, postures and breathing exercises, followed by a soothing meditation, leaving you feeling peaceful and relaxed.

#### CES2 9017 | \$125/Senior Cost \$62.50

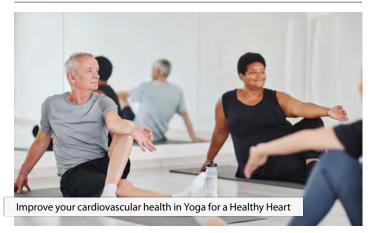
12 weeks | Wed | Sep 10 | 7-8:20 pm | Sec. 948937 | PE210 | S. Nagy - AHF

#### Yoga Better Back & Neck

Create the foundation for your well-being, peace and health by developing a stronger back and neck. Transform your body and mind with a sequence of classic standing poses, stretches and breathing techniques designed for students of all ability levels.

#### CES 9978 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 11 | 7-8:20 pm | Sec. 948908 | PE210 | K. Dreyer - AHF



#### Yoga for a Healthy Heart

Focus on improving your cardiovascular function and the reduction of blood pressure with this specialized yoga class. Using safe and effective techniques, performed with proper form and alignment, learn a flowing sequence of yoga poses, stretches, and synchronized breathing and movement, to relax your body, mind, and heart.

#### CES 9986 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 8 | 9:30-10:50 am | Sec. 948926 | PE210 | Z. Prymak - AHF

#### Light Weights with a Little Yoga

Begin your fitness adventure doing yoga stretches to warm your neck, shoulders, arms, back and legs. Learn to comfortably lift weights from sitting, standing, and lying positions feeling totally in control.

#### CES 9734 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 10 | 9:30-11 am | Sec. 948923 | PE210 | D. Siegel-DiVita

12 weeks | Fri | Sep 12 | 11:15 am-12:45 pm | Sec. 948922 | PE210 | D. Siegel-DiVita

#### **AQUATICS**

Classes end 5 minutes to the hour to allow for changing of class sessions. View a complete list of swim skills guidelines: schoolcraft.edu/ppl/aquatics



#### Basic Swim for the Water Shy Adult

Build confidence and swimming ability in the pool while working on basic skills like floating, kicking and swimming. Skills to be learned: tread water for 30 seconds, float on front with relaxed muscles; face in the water; blowing bubbles, float on back with relaxed muscles, proper freestyle flutter kick with floatation device, swim 12 yards (half of pool) freestyle with any kind of breathing, proper backstroke kick with floatation device, elementary backstroke with a floatation device, comfortably float or swim in deep end, retrieve an object from 4 and 1/2 feet deep. For the instructor to recommend a student move to the next level, these skills must be demonstrated. Bring goggles to class.

Basic Swim for the Water Shy Adult Skills to be learned:

- Tread water for 30 seconds
- Float on front with relaxed muscles and face in the water, blowing bubbles
- Float on back with relaxed muscles
- Proper freestyle & backstroke kick
- Swim 12 yards freestyle with any kind of breathing
- Elementary backstroke with a flotation device
- Retrieve object from 4 ½ ft deep
- · Comfortably float/swim in deep end

#### CES 9583 | \$125/Senior Cost \$62.50

with flotation device

12 weeks | Sat | Sep 6 | 8:30-9:30 am | Sec. 948746 | PE Pool | K. Calhoun

12 weeks | Mon | Sep 8 | 6-7 pm | Sec. 948745 | PE Pool | K. Calhoun

12 weeks | Tues | Sep 9 | 7-8 pm | Sec. 948728 | PE Pool | K. Calhoun

12 weeks | Wed | Sep 10 | 6-7 pm | Sec. 948744 | PE Pool | N. Travis

#### Beginning Adult Swim Stroke & Technique

Skills to be learned:

- Tread for one minute
- 25 yards with proper kick, arm rotations and breathing for each of the following strokes: freestyle, backstroke, and breaststroke
- 25 yards elementary backstroke, body undulations kick for 12 yards
- Introduction to diving off side of deep end, comfortable swimming in deep end without float.

**Prerequisite:** Basic Swim for the Water Shy Adult; or the ability to float; or some deep water familiarity.

#### CES 9408 | \$125/Senior Cost \$62.50

12 weeks | Sat | Sep 6 | 8:30-9:30 am | Sec. 948710 | PE Pool | N. Travis

12 weeks | Wed | Sep 10 | 6-7 pm | Sec. 948747 | PE Pool | R. Wiseman

12 weeks | Thurs | Sep 11 | 7-8 pm | Sec. 948749 | PE Pool | S. Miles

#### Intermediate Adult Swim Stroke & Technique

Skills to be learned:

- Tread water for 2 minutes
- Standing dive in deep end, retrieve an object from 5-7 ft.
- 50 yards freestyle with proper body position, rotation, kick and arm rotations for each of the following strokes:
- freestyle, backstroke, and breaststroke
- 25 yards butterfly with proper body undulations, correct arms and breathing every/other stroke
- Introduction to flip turns and open turns for appropriate strokes

Prerequisite: Beginning Adult Swim & Stroke Technique.

#### CES 9410 | \$125/Senior Cost \$62.50

12 weeks | Sat | Sep 6 | 8:30-9:30 am | Sec. 948734 | PE Pool | S. Allen

12 weeks | Mon | Sep 8 | 6-7 pm | Sec. 948716 | PE Pool | A. Brown

12 weeks | Wed | Sep 10 | 6-7 pm | Sec. 948712 | PE Pool | S. Allen

#### Advanced Adult Swim Stroke & Technique

Students with good swimming ability will work to improve their endurance and push their skills.

Skills to be learned:

- 100+ yards of all competitive strokes
- Perform proper turns during laps, using correct turn for each stroke
- Read a written swim practice
- Proper diving for starts and relays
- · Knowledge of swim drills

Prerequisite: Intermediate Swim Stroke & Technique.

CES 9658 | \$125/Senior Cost 62.50

12 weeks | Fri | Sep 12 | 5-6 pm | Sec. 948701 | PE Pool | N. Travis

#### Water Exercise for Easing Arthritis Pain

Experience this gentle therapeutic water workout, designed for individuals who suffer from varying degrees of muscle and joint pain.

#### CES 9919 | \$159/Senior Cost \$79.50

12 weeks | Mon & Wed | Sep 8 | 10-11 am | Sec. 948742 | PE Pool | K. Carzon - AHF

#### Water Exercise for Easing Arthritis Pain II

An active water exercise class, suitable for those suffering from arthritis, fibromyalgia, or similar ailments.

#### CES 9992 | \$109/Senior Cost \$54.50

12 weeks | Fri | Sep 12 | 10-11 am | Sec. 948709 | PE Pool | K. Carzon - AHF

#### Deep Water Aerobics I

CES 9343 | \$109/Senior Cost \$54.50

12 weeks | Sat | Sep 6 | 8:30-9:30 am | Sec. 948730 | PE Pool | K. Carzon - AHF

12 weeks | Mon | Sep 8 | 9-10 am | Sec. 948719 | PE Pool | R. Wiseman

12 weeks | Mon | Sep 8 | 4-5 pm | Sec. 948732 | PE Pool | N. Travis

12 weeks | Tues | Sep 9 | 7-8 am | Sec. 948707 | PE Pool | N. Bunner

12 weeks | Tues | Sep 9 | 3-4 pm | Sec. 948722 | PE Pool | R. Wiseman

12 weeks | Wed | Sep 10 | 6:30-7:30 pm | Sec. 948724 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 11 | 6-7 am | Sec. 948706 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 11 | 7-8 am | Sec. 948705 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 11 | 8-9 am | Sec. 948702 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 11 | 3-4 pm | Sec. 948723 | PE Pool | R. Wiseman 12 weeks | Fri | Sep 12 | 6-7 am | Sec. 948714 | PE Pool | R. Wiseman

12 weeks | Fri | Sep 12 | 1-2 pm | Sec. 948731 | PE Pool | R. Wiseman

#### Deep Water Aerobics II

Enjoy a challenging class format, which includes a thermal warm-up, stretching, aerobic walking, toning and final stretching. Discover increased cardiovascular fitness, muscle tone, flexibility and relaxation. **Prerequisite:** Deep Water Aerobics I.

#### CES 9456 | \$109/Senior Cost \$54.50

12 weeks | Tues | Sep 9 | 6-7 pm | Sec. 948720 | PE Pool | R. Wiseman

#### Swim Studio

Enjoy the use of the Schoolcraft pool to practice and hone your swimming skills. Whether you are a beginner or an advanced swimmer and are looking for pool time under the guidance of an experienced aquatics instructor to exercise, practice your swim strokes or just enjoy some time in the water, here's your opportunity.

#### CES 9903 | \$109/Senior Cost \$54.50

12 weeks | Mon | Sep 8 | 1-2 pm | Sec. 948753 | PE Pool | Staff

12 weeks | Mon | Sep 8 | 2-3 pm | Sec. 948727 | PE Pool | Staff

12 weeks | Mon | Sep 8 | 8-9 pm | Sec. 948752 | PE Pool | A. Brown

12 weeks | Wed | Sep 10 | 1-2 pm | Sec. 948754 | PE Pool | Staff

12 weeks | Wed | Sep 10 | 2-3 pm | Sec. 948755 | PE Pool | Staff

12 weeks | Thur | Sep 11 | 10-11 am | Sec. 948703 | PE Pool | M. Phillips

#### Hydro-toning

Enjoy aquatic exercise that gives you a whole-body workout. Begin with deep water running 25-30 minutes, then move to the shallow end and use resistance equipment for your legs.

#### CES 9493 | \$109/Senior Cost \$54.50

12 weeks | Tues | Sep 9 | 6-7 am | Sec. 948718 | PE Pool | N. Bunner

12 weeks | Tues | Sep 9 | 1-2 pm | Sec. 948743 | PE Pool | R. Wiseman

12 weeks | Wed | Sep 10 | 4-5 pm | Sec. 948740 | PE Pool | R. Wiseman

12 weeks | Thurs | Sep 11 | 1-2 pm | Sec. 948741 | PE Pool | R. Wiseman

12 weeks | Fri | Sep 12 | 3-4 pm | Sec. 948733 | PE Pool | R. Wiseman

#### Full Body Aqua Burn

Enjoy an instructor-led circuit based workout utilizing the natural resistance of water along with resistance tools to get a full body workout. Every class will start with a warm-up and end with a stretch. During the class you will experience 15 minutes of intense cardio followed by targeting each area of the body such as arms, legs and core to provide a full body workout.

#### CES2 9042 | \$109/Senior Cost \$54.50

12 weeks | Fri | Sep 12 | 6-7 pm | Sec. 948713 | PE Pool | S. Miles

#### **Aquafit Interval Training**

Work off unwanted pounds while improving your flexibility, range of motion, upper-body strength, and endurance. In shallow water using various class formats, tone your entire body using provided noodles, kickboards, fins and barbells.

#### CES 9709 | \$109/Senior Cost \$54.50

12 weeks | Mon | Sep 8 | 7-8 pm | Sec. 948751 | PE Pool | K. Carzon - AHF

#### Aqua Dance

Enjoy an instructor-led high energy workout utilizing the natural resistance of the water while moving to the beat. Every class will start with a warm-up and end with a stretch. During the class you will focus on 25 minutes of intense cardio burn using dance inspired moves and then move right into focusing on targeted areas of the body such as arms, legs and core to provide a full body workout. This class is located in the shallow end of the pool requiring no swim experience.

#### CES2 9043 | \$109/Senior Cost \$54.50

12 weeks | Fri | Sep 12 | 7-8 pm | Sec. 948715 | PE Pool | N. Travis

#### Swimnastics I

You don't need to be a swimmer to benefit from this class. Progressive exercises and rhythmic activities in the water are designed to improve flexibility, circulation, and relaxation. Basic swimming skills will be taught as needed.

#### CES 9138 | \$159/Senior Cost \$79.50

12 weeks | Tues & Thur | Sep 9 | 9-10 am | Sec. 948704 | PE Pool | N. Bunner

#### CES 9445 | \$109/Senior Cost \$54.50

12 weeks | Tues | Sep 9 | 2-3 pm | Sec. 948708 | PE Pool | R. Wiseman

12 weeks | Wed | Sep 10 | 9-10 am | Sec. 948726 | PE Pool | R. Wiseman

12 weeks | Thurs | Sep 11 | 2-3 pm | Sec. 948717 | PE Pool | R. Wiseman

#### **Swimnastics II**

Enjoy rhythmic, aerobic exercises improving your circulation, flexibility and endurance. You don't need to know how to swim to take this class.

#### CES 9865 | \$109/Senior Cost \$54.50

12 weeks | Tues | Sep 9 | 10-11 am | Sec. 948721 | PE Pool | N. Bunner



#### Paid Lap Swim - Intermediate Swimmer: Non-Instructional Activity

Enjoy the benefits of open lap swim and use of the deep well with limited enrollment. This opportunity will be limited to 18 students. For adults only. To attend, all participants must register for the entire session. Swimmer must be able to swim a continuous 200 freestyle and have basic knowledge of all 4 strokes.

#### CESN 0027 | \$95

12 weeks | Fri | Sep 12 | 7:30-8:30 am | Sec. 948725 | PE Pool

#### **GET NOTIFICATIONS**

Call 734-462-4448 or visit

schoolcraft.edu/aquaticsinterest to join our Aquatics mailing list to receive the most up-to-date information regarding lap swim times, newly added classes, updates and more.



#### **AQUATICS – YOUTH**

Classes end 5 minutes to the hour to allow for changing of class sessions. View a complete list of swim skills guidelines: schoolcraft.edu/ppl/aquatics



#### Private Swim Lessons - 6 Sessions for \$199

Private swim lessons are now available! To simplify the registration process, please visit **schoolcraft.edu/ppl** to view available days and times. Each session lasts 30 minutes and runs for a total of 6 weeks. Lessons are available online for registration beginning at 8:00 AM July 22. All Private Swim Lesson sections can be found online under **schoolcraft.edu/ppl/aquatics**.

## Level 1 Basic Swim for the Water Shy Youth: Ages 5+ Skills to be learned:

- Enter and exit the pool correctly
- Five relaxed bobs
- Blow bubbles into the water through the nose only, and through the nose and mouth simultaneously
- Float on the front and back having all muscles relaxed
- Float with head in the water, with correct mouth-nose and/or nasal exhalation
- Keep head up with synchronized movement of arms, hands and legs;
- Jump into shallow end from a sitting position or standing up
- Retrieve a ring from 1-2 feet with assistance
- Float and swim, with head up or down, in the deep water with a flotation device.

#### CES 9773 | \$155

12 weeks | Sat | Sep 6 | 10:30-11:30 am | Sec. 948521 | PE Pool | N. Travis

12 weeks | Tues | Sep 9 | 5-6 pm | Sec. 948502 | PE Pool | N. Travis

#### Level 2 Youth Swim Beginner: Ages 5+

Skills to be learned:

- Tread water for thirty seconds
- Ten relaxed bobs
- Do unassisted front and back arrow, no arm/leg movement
- Flip from a front float to a back float unassisted
- Proper freestyle flutter kick with flotation device
- Body undulation for ten yards with flotation device
- Swim ten yards freestyle (whole stroke) with any kind of breathing
- Proper backstroke kick with flotation device
- Elementary backstroke as a survival stroke with flotation device
- Retrieve a ring from 4½ feet with assistance
- Jump into the deep end with flotation device.

**Prerequisite:** Successful completion of all skills listed in Level 1 Basic Swim for the Water Shy Youth: Ages 5+.

#### CES 9704 | \$155

12 weeks | Sat | Sep 6 | 10:30-11:30 am | Sec. 948529 | PE Pool | R. Wiseman

12 weeks | Sat | Sep 6 | 12:30-1:30 pm | Sec. 948534 | PE Pool | N. Travis

12 weeks | Mon | Sep 8 | 5-6 pm | Sec. 948536 | PE Pool | A. Brown

12 weeks | Tues | Sep 9 | 5-6 pm | Sec. 948509 | PE Pool | Staff

12 weeks | Thurs | Sep 11 | 5-6 pm | Sec. 948513 | PE Pool | K. Calhoun

#### Level 3 Youth Swim Intermediate: Ages 5+

Skills to be learned:

- Tread water for one minute
- · Twenty relaxed bobs
- Do tight, hand over hand streamline on front and back, no kicking
- Retrieve a ring from 4½ feet unassisted
- One half lap (25 yards) freestyle and backstroke with proper flutter kick and arm rotation, and for the freestyle alternate breathing
- One half lap (25 yards) breaststroke with proper kick and arm movement, breathing every stroke with correct timing
- Jump into the deep end off the side or the diving board, swim back to the ladder and climb out
- Perform standing dive into the deep end off the side or the diving board.

**Prerequisite:** Successful completion of all skills listed in Level 2 Youth Swim Beginner: Ages 5+.

#### CES 9705 | \$155

12 weeks | Sat | Sep 6 | 10:30-11:30 am | Sec. 948528 | PE Pool | S. Allen

12 weeks | Sat | Sep 6 | 12:30-1:30 pm | Sec. 948516 | PE Pool | R. Wiseman

12 weeks | Mon | Sep 8 | 5-6 pm | Sec. 948537 | PE Pool | N. Travis

12 weeks | Tues | Sep 9 | 5-6 pm | Sec. 948503 | PE Pool | K. Calhoun

#### Level 4 Youth Swim Advanced: Ages 5+

Skills to be learned:

- Tread water for two minutes
- Retrieve a ring from 9-12 feet with feet first or a pike surface dive
- One lap (50 yards) freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One lap (50 yards) breaststroke with proper, arm movement and coordination, breathing every stroke
- One half lap (25 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
- One half lap elementary backstroke
   Jump off the diving board, swim back to the wall, and climb out without using the ladder
- Standing dive off the diving board.

**Prerequisite:** Successful completion of all skills listed in Level 3 Youth Swim Intermediate: Ages 5+.

#### CES 9706 | \$155

12 weeks | Sat | Sep 6 | 12:30-1:30 pm | Sec. 948527 | PE Pool | S. Allen

12 weeks | Mon | Sep 8 | 5-6 pm | Sec. 948504 | PE Pool | K. Calhoun

12 weeks | Thurs | Sep 11 | 5-6 pm | Sec. 948518 | PE Pool | S. Miles

#### Level 5 Competitive Edge Beginner: Ages 7+

Skills to be learned:

- Tread water for five minutes
- Retrieve a ring in 9-12 feet with pike surface dive
- One-and-a-half laps (75 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One-and-a-half laps (75 yards) using the breaststroke with proper kicks,
- arms and coordination, breathing every other stroke
- One lap (50 yards) using the butterfly with proper body undulation, correct arms and breathing every other stroke and one elementary backstroke lap (50 yards)
- Perform proper starts and flip-turns.

**Prerequisite:** Successful completion of all skills listed in Level 4 Youth Swim Advanced: Ages 5+.

#### CES 9584 | \$155

12 weeks | Sat | Sep 6 | 11:30 am-12:30 pm | Sec. 948519 | PE Pool | R. Wiseman

12 weeks | Wed | Sep 10 | 5-6 pm | Sec. 948517 | PE Pool | R. Wiseman

## Level 6 Competitive Edge Intermediate: Ages 7+ Skills to be learned:

- Two laps (100 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- Two laps (100 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
- One-and-a-half laps (75 yards)
  using the butterfly with proper
  body undulation, correct arms and
  breathing every other stroke
- One-and-a-half laps (75 yards) elementary backstroke
- Perform proper starts and flip-turns

**Prerequisite:** Successful completion of all skills listed in Level 5 Competitive Edge Beginner: Ages 7+.

#### CES 9656 | \$155

12 weeks | Sat | Sep 6 | 11:30 am-12:30 pm | Sec. 948523 | PE Pool | N. Travis

12 weeks | Wed | Sep 10 | 5-6 pm | Sec. 948520 | PE Pool | S. Allen

12 weeks | Fri | Sep 12 | 4-5 pm | Sec. 948507 | PE Pool | N. Travis

#### Level 7 Competitive Edge Advanced: Ages 7+

Skills to be learned:

- Four laps (200 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- Four laps (200 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
- Two laps (100 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
- Two laps (100 yards) elementary backstroke
- Perform proper starts and flip-turns

**Prerequisite:** Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+.

#### CES 9657 | \$155

12 weeks | Sat | Sep 6 | 9:30-10:30 am | Sec. 948510 | PE Pool | S. Allen

12 weeks | Sat | Sep 6 | 11:30 am-12:30 pm | Sec. 948526 | PE Pool | S. Allen

12 weeks | Wed | Sep 10 | 5-6 pm | Sec. 948524 | PE Pool | N. Travis

#### Swim Team Prep: Ages 12+

Develop skills to join a swim team by improving your stroke knowledge, speed and endurance. Complete swim tests, timed trials and gain feedback through critiques. Be prepared for swim team practice with this intensive training.

Prerequisite: Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+

#### CES2 9104 | \$155

12 weeks | Thurs | Sep 11 | 6-7 pm | Sec. 948539 | PE Pool | S. Miles

#### **Red Cross Lifeguard Certification**

The certification provides entry-level participants the knowledge and skills needed to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies injuries and sudden illnesses until EMS personnel take over. **Prerequisites:** Minimum age 15 years; swim 300 yards continuously; tread water for 2 minutes using only the legs; complete a timed event within 1 minute 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on the back to return to the starting point and exit the water without using steps or a ladder. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED valid for 2 years. In addition to class hours students will need to complete a home study of 4-6 hours.

#### CES2 9130 | \$225

12 weeks | Wed | Sep 10 | 4-6:30 pm | Sec. 948531 | PE Pool | N. Bunner

#### **Family Swim**

#### Parent & Tot Swim 1: Ages 6 Months - 3 Years

Skills to be learned with parent(s) assistance:

- Safely enter the pool
- Wait for cue to enter the pool
- Float on back with head on shoulder or in water
- Float on front
- Show interest in bubbles blown by parent
- Begin kicking on front
- Reach for toys on top of water as well as under the surface
- Practice climbing out of the side of the pool
- Learn the 1, 2, 3, go cue for going underwater

#### CES2 9105 | \$75

12 weeks | Sat | Sep 6 | 9:30-10 am | Sec. 948515 | PE Pool | N. Travis

12 weeks | Sat | Sep 6 | 10-10:30 am | Sec. 948525 | PE Pool | N. Travis

12 weeks | Tues | Sep 9 | 6-6:30 pm | Sec. 948541 | PE Pool | L. Mross

12 weeks | Tues | Sep 9 | 6:30-7 pm | Sec. 948530 | PE Pool | Staff

#### Parent & Preschool Swim: Ages 3 & 4

Skills to be learned:

- Student waits for parents cue to enter the pool each time
- Complete a safe entry with assistance
- Float on back, head in water and float on front with parents
- Blow bubbles or try to put whole face in water
- Try to blow bubbles through nose
- Kick on front, reach and pull water
- while kicking with a flotation device or held by parent
- Kick on back with flotation device or parent
- Reach for toys on top of water and under the surface
- Climb out on the side of the pool with some assistance
- Learn 1, 2, 3, go cue for jumping from side

#### CES 9327 | \$125

12 weeks | Sat | Sep 6 | 9:30-10:30 am | Sec. 948506 | PE Pool | K. Calhoun

12 weeks | Mon | Sep 8 | 6-7 pm | Sec. 948535 | PE Pool | N. Travis

12 weeks | Thurs | Sep 11 | 6-7 pm | Sec. 948505 | PE Pool | K. Calhoun

#### Parent & Child Swim: Ages 5+

Skills to be learned:

- Enter and exit the pool correctly without ladder
- Jump from side of the shallow end from sitting or standing
- 5 relaxed underwater bobs with bubbles
- Blow bubbles into the water through nose only
- Float on front and back relaxed
- Float with head in the water, keep head up and have synchronized
- arm movements out of the water and kick
- Without plugging nose, retrieve a ring from 1-2 ft.
- Proper flutter kick on front and back with assistance
- Intro to treading arms and leg movements and elementary backstroke with assistance
- Float and swim head up or down in deep water with assistance

#### CES 9363 | \$125

12 weeks | Tues | Sep 9 | 6-7 pm | Sec. 948538 | PE Pool | K. Calhoun

#### **GET NOTIFICATIONS**

Call 734-462-4448 or visit

schoolcraft.edu/aquaticsinterest to join our Aquatics mailing list to receive the most up-to-date information regarding lap swim times, newly added classes, updates and more.



#### **FIBER ARTS**

#### **Cable Knitting**

Acquire fundamental skills in cable knitting, a technique that involves rearranging stitches to craft textured motifs. Follow a step-by-step guide along with helpful tips for executing four groups of cable patterns. Delve into the intricacies of the most common and versatile cable styles and develop the ability to interpret cable charts. Bring one ball of medium weight yarn, US8 (5 mm) straight or circular needle.

#### CES 3858 | (.3 CEU) | \$35/Senior Cost \$28

1 day | Tues | Oct 7 | 6-9 pm | Sec. 942610 | LA330 | B. Nurnberger

#### Introduction to Crochet

Jump-start your crochet skills by learning the basic crochet stitches and their chart symbols. Learn how to work both flat and in the round, providing you with a good foundation for future projects. Complete a lace top with instructor assistance. **Bring:** 5mm Crochet hook, worsted weight yarn in a light color.

#### CES 3821 | (1.6 CEU) | \$99/Senior Cost \$79.20

8 weeks | Mon | Sep 29 | 6:30-8:30 pm | Sec. 942609 | LA330 | B. Nurnberger

# Schoolcraft Knitting & Crochet Studio: Projects of Your Choice

Knit together in a fun and relaxed atmosphere with the help of an instructor as needed. Bring your own patterns and yarn to class. Meet new knitting friends, share projects and learn new knitting techniques while working on projects of your choice. **Prerequisite:** Introduction to Knitting or Introduction to Crochet or equivalent experience.

CES 3843 | (2.0 CEU) | \$119/Senior Cost \$95.20

10 weeks | Wed | Sep 24 | 6:30-8:30 pm | Sec. 942607 | LA330 | B. Nurnberger

#### **Knit Crochet Foundations**

Explore essential information on yarn, needles, fibers, and tools in this must have class for knitting and crochet beginners. Discover the optimal choices for your projects. Uncover the valuable role that seemingly minor tools can play in elevating your experience. Bring any yarn or needles you have to class for feedback. **Prerequisite:** Introduction to Knitting or Crochet or previous experience.

CES 3857 | (.3 CEU) | \$35/Senior Cost \$28

1 day | Tues | Sep 23 | 6-9 pm | Sec. 942608 | LA330 | B. Nurnberger

#### **NEW** Brioche Knitting Basics

Master the basics of brioche knit and purl stitches, all while working with two vibrant colors. Whether you're knitting in the round or flat, we'll guide you through every step. Plus, you'll learn how to fix mistakes with confidence, and explore essential techniques like brioche increases and decreases. Join us to unlock the magic of brioche and elevate your knitting skills! **Bring:** 4 medium weight yarns in 2 colors, 50 grams each, US8(5mm) and a 16" circular needle.

CES 3879 | (1.6 CEU) | \$99/Senior Cost \$79.20

8 weeks | Thurs | Sep 25 | 6:30-8:30 pm | Sec. 942611 | LA300 | B. Nurnberger

#### **PAINTING**

#### **NEW Exploring Color with Watercolors**

Unlock the power of color! Learn the fundamentals of color theory, mixing, and layering techniques through hands-on exercises. Explore warm and cool palettes, create harmonious color schemes, and master the art of light, shadow, and depth. By the end of the course, you'll confidently express mood and emotion in your artwork. **Bring:** Watercolor paints (recommended: professional or student-grade set), watercolor paper (140 lb. cold press or hot press), brushes (round, flat, and detail brushes), palette for mixing colors, water container and paper towels, masking tape and masking fluid, pencil and eraser.

CES 3882 | (1.2 CEU) | \$165/Senior Cost \$132

6 weeks | Fri | Sep 19 | 6-8 pm | Sec. 942007 | F370 | M. Williams

#### **NEW Introduction to Textile Painting & Design**

Unleash your creativity with our textile painting and surface design course! Learn the fundamentals of fabric painting, color application, and design principles to create custom textiles. Through hands-on projects, you'll transform fabric into one-of-a-kind art pieces, perfect for fashion, home décor, or personal art. Join us and bring your unique designs to life! **Bring:** Natural fabrics (cotton, silk, linen), textile paints, fabric dyes, and ink, paintbrushes, sponge brushes, and rollers, stencils, stamps, and block printing tools, resist materials (wax, gutta, tape), sketchbook for design planning, masking tape, and textile medium.

CES 3881 | (1.2 CEU) | \$165/Senior Cost \$132

6 weeks | Wed | Sep 17 | 6-8 pm | Sec. 942612 | F470 | M. Williams

#### Paint Like Bob Ross

Join Ted Simpson, a certified Bob Ross instructor, as he leads you through the creation of a complete painting in a single session. Unleash your creativity and craft a masterpiece adorned with happy trees and fluffy clouds. Each class features a unique painting. Students age 12+ are welcome. This class will be held in the new Collaborative Learning Studio in the Vistatech Center, a perfect setting filled with natural light for creating your work of art. All supplies are included and no previous experience is required.

CES 3851 | (.3 CEU) | \$95/Senior Cost \$76

1 day | Sat | Sep 13 | 1-4 pm | Sec. 942004 | VT705 | T. Simpson

1 day | Sat | Dec 13 | 1-4 pm | Sec. 942006 | VT705 | T. Simpson

#### Acrylic Painting: Techniques, Colors & Styles

Experience the versatility of acrylic paint as you explore different techniques, styles and color mixing using this water-soluble medium. Create realistic and impressionistic paintings including a landscape, seascape, floral and still life. **Bring:** Acrylic paints: titanium white, black, cadmium yellow medium, ultramarine blue, Thalo blue, cadmium red light, alizarin crimson, burnt sienna. Canvases or canvas boards: 9x12" or 11x14". Brushes: Taklon nylon. One filbert and one round brush size 8 or 10. Palette: palette paper, 8" paper plate or plastic lid, Sta-wet palette. Extras: paper, pencil, apron, rags or paper towels.

CES 3058 | (3.3 CEU) | \$185/Senior Cost \$148

11 weeks | Mon | Sep 15 | 6-9 pm | Sec. 942002 | F470 | J. Woodard

#### Advanced Art Studio

Designed for experienced students, this class will allow participants to choose from any medium they would like. Fine tune your skills with guidance from an instructor. Start with a photographic look to your project then work on abstract art. Explore color theory and more.

CES 3876 | (2.4 CEU) | \$175/Senior Cost \$140

8 weeks | Fri | Sep 19 | 1-4 pm | Sec. 942005 | F470 | G. Karczewski

#### Oil Painting: Color Theory & Composition

Learn the versatility of Alla Prima oil painting, the technique of painting masters. Explore different subjects and styles, while learning color theory, perspective and composition. Emphasis is placed on developing your own creativity through personal instruction, supported with class presentations. Some drawing experience is helpful. **Bring:** basic oil color paint set (Artist Loft or Georgian are recommended), 12x16 canvas board or canvassette, odorless paint thinner, liner brushes (small, medium, and large) and Filbert/square brushes (small, medium, large) and ivory dish soap.

CES 3520 | (3.3 CEU) | \$185/Senior Cost \$148

11 weeks | Thurs | Sep 18 | 1-4 pm | Sec. 942001 | F470 | G. Karczewski

#### Portrait Drawing & Painting I

Creating a likeness is a rewarding artistic accomplishment that enhances the artist's ability in every endeavor. In the studio learn to create a likeness from the live model by accessing your creative right brain and training your eye to see. This relaxed approach is supported with class presentations and an emphasis on individual instruction. You may draw throughout the class or work in your chosen medium. **Bring:** paper, pencils and a kneaded eraser to the first class. Some drawing experience is helpful.

CES 3337 | (2.4 CEU) | \$175/Senior Cost \$140

8 weeks | Tues | Sep 16 | 1-4 pm | Sec. 942003 | F470 | G. Karczewski

#### **DRAWING**

#### **Drawing I: Basic Art Composition**

Unlock your artistic talent by developing fundamental drawing skills. Learn how to create beautiful drawings using graphite and charcoal. Begin to understand composition, see value in form, and handle materials with a greater confidence. A variety of methods will be demonstrated covering line and value scales, sighting, and measuring techniques. Bring a 14 x 17 inch drawing pad. Additional supplies will be discussed in class.

CES 3523 | (3.3 CEU) | \$169/Senior Cost \$135.20

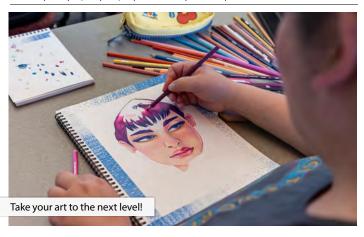
11 weeks | Mon | Sep 15 | 6-9 pm | Sec. 942104 | JC124 | D. Rogers

#### **Colored Pencil: Mixed Mediums**

Create a painting by using more than one medium. Discover how to blend and over-paint with water-soluble colored pencils. Explore techniques for highlighting with acrylic paint pens and mixing painting with pastel pencils, pastels, or pan pastels. **Prerequisite:** Prior understanding of color theory, using colored pencils. At ease with creating colored pencil paintings.

CES 3829 | (2.4 CEU) | \$145/Senior Cost \$116

8 weeks | Tues | Sep 23 | 4-7 pm | Sec. 942107 | VIRTUAL | M. Williams



#### Colored Pencil: Lifelike Botanicals

Enjoy the beauty of nature while enhancing your drawing skills. Learn how to draw realistic, lifelike varieties of botanicals such as flowers, vegetables, seeds, roots and bulbs. Explore drawing techniques that will take your botanical drawing from a quick sketch to a finished product. Feel the excitement and satisfaction of being able to capture beautiful botanicals on paper.

CES 3740 | (2.4 CEU) | \$145/Senior Cost \$116

8 weeks | Thurs | Sep 25 | 4-7 pm | Sec. 942106 | LA360 | M. Williams

# **NEW** Mastering Perspective & Linear Drawing: A Beginner's Guide to Classical Drawing

Unlock your artistic potential with Classical Drawing! This foundational course teaches one-point and two-point perspective to make your artwork more believable and dynamic. Focused on both constructive and imaginary drawing, you'll master skills like proportions, scaling, volumetric representation, and realistic backgrounds. Improve your spatial intelligence and observational drawing to take your creativity to the next level. **Required supplies:** Printer paper 8.5"x11" or A4, 4 binder clips, 1-2 HB or H pencils (sharp lines, minimal shading), drawing board with newsprint or a pad of newsprint, tape to attach the printer paper to the drawing surface (use artist tape if available), any 18" T-square (brand is not important, but 18" is necessary), 30/60 angle triangle and a 45-degree triangle (medium size, at least 10 inches on one side), circle and ellipse templates, a compass, and a three-ring binder with page protectors (optional).

CES 3880 | (3.6 CEU) | \$225/Senior Cost \$180

12 weeks | Wed | Sep 10 | 6-9 pm | Sec. 942108 | JC124 | F. Keebler

# DR. MICHELLE DUSHEE' WILLIAMS Drawing Instructor



Dr. Michelle Dushee' Williams is an accomplished textile artist, educator, and writer. She holds a Doctorate in Education from Grand Canyon University and began her artistic journey while earning her undergraduate degree in the arts.

Dr. Williams began her textile design career in 2007, debuting a full-line collection of scarves and sarongs before expanding into textile installation art. Her work has been showcased in prestigious exhibitions, including the Phoenix Art Museum and the Harvey B. Gantt Center for African-American Arts + Culture, and featured in publications such as Source Magazine and C&G Hour Magazine. She has also participated in major art and fashion events like Detroit Fashion Week.

Beyond exhibitions, Dr. Williams was selected for the Build a Nest/Makers United program, where she received mentorship from the owner of Hermès. Her textile designs have been acquired by leading fashion houses, further cementing her influence in the industry.

A passionate advocate for arts education, she develops S.T.E.A.M.-based programs and has authored five books on the arts. As a speaker and consultant, she empowers others to embrace creativity as a tool for learning and personal growth.

#### **Drawing Online**

6 weeks | (2.4 CEU) | \$135 | ed2go For online classes register at ed2go.com/schoolcraft

• Drawing for the Absolute Beginner

#### CERAMICS

#### Ceramics I: Learn to Work with Clay

Discover the art of ceramics, in a relaxed and creative environment. Be introduced to a variety of ways of working with clay including: pinching, coiling, soft and hard slab, and wheel-throwing. Learn ways to decorate your pieces and how to apply glazes that will give your creations artistic life. Bring a sense of adventure and a tool kit to the first class. The tool kit can be purchased from the Schoolcraft bookstore. This class is for first-time participants only.

CES 3518 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Mon | Sep 8 | 7-10 pm | Sec. 942201 | F410 | C. Laginess

#### Ceramics II: Hand-Building & Wheel Throwing Skills

Continue developing your hand-building and wheel throwing skills while creating functional, decorative or artistic pieces. Further explore the technique of decorating through the applications of underglazes and glazes to expand your mastery of the media. Prerequisite: Ceramics I or equivalent experience.

CES 3519 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Thurs | Sep 11 | 7-10 pm | Sec. 942202 | F410 | C. Laginess

#### Ceramics III: Glazes, Oxides & Raku

Expand the basic wheel-throwing and hand-building techniques you learned in Ceramics II. Enjoy using a variety of surface treatments including high-fire and low-fire glazes, slips, oxides, terra sig and Raku. Individual projects are encouraged, coupled with interactive group instruction. Raku facilities are available. Prerequisite: Ceramics II or equivalent knowledge.

CES 3525 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Tues | Sep 9 | 7-10 pm | Sec. 942203 | F410 | R. West

#### **Ceramics IV: Advanced Hand-Building**

#### Fall Semester Only!



Learn the secrets of advanced hand-building techniques through insightful demonstrations and individual projects. Through an in-depth understanding of complex three-dimensional ceramic structure, this unique ceramic art opportunity features a small interactive class environment for greater exploration of techniques and lab equipment. Areas explored include slab-built construction, press molds, image transfer methods and advanced Raku glazing and firing. Prerequisite: Ceramics III or equivalent ceramics experience.

CES 3553 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Fri | Sep 12 | 5:30-8:30 pm | Sec. 942205 | F410 | P. Goodell

#### Introduction to Wheel Throwing

Making pottery on the wheel consists of using hand-eye coordination, sensitivity to pressure and speed. Through demonstration and individual projects learn to use different hand positions, to shape and form raw clay into sturdy, useful vessels. Learn to choose and prepare clay, and trim, slip and carve the forms into finished pieces of art. Bring a tool kit to the first class. The tool kit can be purchased from the Schoolcraft bookstore.

CES 3642 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Sat | Sep 6 | 9 am-12 pm | Sec. 942204 | F410 | C. Laginess

#### Personalized Ceramics Studio

Take your advanced ceramic skills and grow your individual creative personality! Choose from instructor developed projects or come up with one of your own. Get demonstrations and guided help using your own problem solving skills to build your imaginative works of art. Prerequisite: Ceramics III or equivalent ceramics experience.

CES 3664 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Sat | Sep 6 | 1-4 pm | Sec. 942206 | F410 | P. Goodell

#### **PHOTOGRAPHY**

To earn the certificate, students complete six required classes and four electives capped with a no-cost portfolio analysis.

The six required classes are:

- DSLR Photography Techniques I
- DSLR Photography Techniques II
- Fundamentals of Lighting
- Photo Composition Learning to See Creatively
- **Develop Your Photography Business**
- Adobe Photoshop for DSLR Photographer I

**Electives** will vary and are noted with **Elective** in the course description.

Note: Students may take individual photography classes without pursuing the certificate. For all Photography classes, bring a DSLR or mirrorless camera to class. Additional equipment will be discussed at the first class meeting.

#### **DSLR Photography Techniques I**

Maximize your DSLR or mirrorless camera's potential taking your photos from amateur to professional. Learn the technical side of photography and your camera's full auto settings. Learn about exposure including shutter speeds, aperture and ISO. Apply your technical knowledge as you explore composition techniques and how depth of field creates 3-dimensional images. Gain an understanding of accessories and lenses. Post-processing and editing programs will be demonstrated. Tap into and develop your creativity during field trips, homework assignments and class critiques. **Required.** 

CES 3697 | (2.4 CEU) | \$325/Senior Cost \$260

6 weeks | Mon | Sep 8 | 6:30-10 pm | Sec. 942403 | JC128 | L. Cieplechowicz

& Sat | Sep 20 | 9 am-12 pm | Off Campus

#### **DSLR Photography Techniques II**

Continue to build on the foundation of DSLR Techniques I. Expand your use of advanced camera functions and lens selection. In addition to class lecture, there will be in-class shooting assignments, field trips and homework. Subjects will include macro, portraiture, framing, displaying and business principles for the photographer. Required.

CES 3710 | (2.7 CEU) | \$375/Senior Cost \$300

6 weeks | Mon | Oct 27 | 6:30-10 pm | Sec. 942405 | JC128 | L. Cieplechowicz

& Sat | Nov 8 | 9 am-1 pm | Off Campus

& Sat | Nov 15 | 4:30-8 pm | Off Campus

#### Photo Composition 1 - Learning to See Creatively

Discover good compositional form and visual design elements including color theory, visual hierarchy, perspective, and visual weight. This course will show you how to master the art of composition without relying on photo editors. A compelling photo composition will guide your viewer's eyes through the photographs and give relevance to the subject of your scene in relation to the rest of the image. Requirement: Bring five of your favorite images for the first night of class. **Required.** 

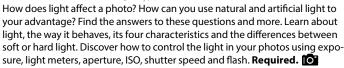
CES 3712 | (2.7 CEU) | \$375/Senior Cost \$300

6 weeks | Thurs | Sep 11 | 6:30-10 pm | Sec. 942415 | JC111 | J. Currie

& Sat | Sep 20 | 9 am-3:30 pm | Off Campus

#### **Fundamentals of Lighting**

#### Fall Semester Only!



CES 3717 | (1.2 CEU) | \$275/Senior Cost \$220

4 weeks | Thurs | Oct 30 | 6-9 pm | Sec. 942422 | JC111 | J. Sobczak

#### Wedding & Family Photography Essentials



Gain the essential skills and knowledge needed to thrive in the competitive field of wedding, newborn, senior, and family photography. This class is ideal for photographers, eager to turn their passion into a thriving business. With a focus on practical skills and real-world applications, gain the confidence and competence needed to navigate in this competitive business landscape. Elective.

CES 3859 | (1.6 CEU) | \$249/Senior Cost \$199.20

6 weeks | Mon | Sep 15 | 6:30-8:30 pm | Sec. 942406 | JC122 | J. Currie



#### Cell Phone Photography

Gain a better understanding of your cell phone and the creative opportunities it provides. Discuss the different camera options (modes) and controls for focus, exposure, flash, etc. Review creative editing tools available on your phone and additional ones you can add. Class is taught from an iPhone point of view but, android phone users have all the same tools and guidance will be provided. Requirement: a fully charged cell phone and basic understanding of its operation.

CES 3764 | (.4 CEU) | \$89/Senior Cost \$71.20

1 day | Sat | Oct 18 | 9 am-1 pm | Sec. 942425 | JC102 | J. Sobczak

#### Photographing Detroit as Fine Art

#### Fall Semester Only!



Discover how to use compositional techniques and camera controls to give images an artistic look. Combine architectural skills like photographing exteriors, interiors, and other architectural details of buildings with fine art photography skills, showing an object in a way that focuses on its imaginative or artistic side. Field trip dates to be determined. **Elective.** 

CES 3844 | (1.8 CEU) | \$275/Senior Cost \$220

6 weeks | Wed | Sep 10 | 6-9 pm | Sec. 942426 | JC111 | W. Gemmell

#### Portfolio Review

Complete the Schoolcraft Certificate of Photography with this free portfolio review. Prerequisites: successful completion of 6 required and 4 elective photography certificate classes. Required.

CES 3736 | (.3 CEU) | \$0

1 day | Wed | Dec 10 | 6-7 pm | Sec. 942414 | VIRTUAL | J. Sobczak

#### Photography Online

6 weeks | (2.4 CEU) | \$135 | ed2go For online classes register at ed2go.com/schoolcraft

- Secrets of Better Photography
- Photographing Nature with Your Digital Camera
- Mastering Your Digital SLR or Mirrorless Camera
- Photographing People with Your Digital Camera

#### LANGUAGES



#### **Spanish**

#### Spanish I Conversational

Spanish is spoken as a native language by approximately 332 million people worldwide. Learn Spanish for business, pleasure, work, or for leisure travel. Start with fundamental grammar and functional vocabulary enabling you to engage in basic conversations. Be introduced to Spanish culture, appreciating its distinctive value in our global society. Begin the journey and say, "Sí, hablo Español!" 🕮

CES 3053 | (2.4 CEU) | \$159/Senior Cost \$127.20

12 weeks | Thurs | Sep 18 | 6-8 pm | Sec. 946004 | LA460 | G. Hernandez

#### Spanish II Conversational

Once you have the basic building blocks of the Spanish language, continue to develop your Spanish speaking skills, while building your vocabulary. Practice idioms, verb forms, and speech patterns. Gain a deeper understanding and appreciation of Spanish historical and cultural events. Experience satisfaction as you acquire more knowledge of this Romance language.

CES 3591 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Wed | Sep 17 | 6-8 pm | Sec. 946018 | LA460 | G. Hernandez

#### Spanish III Conversational

"Entiendo español bien"! Immerse yourself further into the Spanish language. Learn about past tense, imperfect past tense, and future tense, reflexive and compound verbs. Practice demonstrative adjectives and pronouns, gaining a higher degree of language proficiency. Enjoy and explore the culture and customs of Spanish-speaking countries, while broadening your skills in the speaking, writing, and reading of Spanish.

CES 3434 | (2.4 CEU) | \$179/Senior Cost \$143.20

12 weeks | Mon | Sep 15 | 6-8 pm | Sec. 946030 | LA360 | G. Hernandez

#### **NEW Spanish Vocabulary II**

Build on your foundational Spanish vocabulary, focusing on intermediate-level words and phrases used in everyday scenarios. Enhance your ability to converse fluently, understand context-specific language, and improve your listening and speaking skills through interactive activities such as conversations, music, and podcasts. Prerequisite: Spanish Vocabulary I CES 3852, Spanish III Conversational CES 3434, or equivalent knowledge.

CES 3877 | (2.4 CEU) | \$179/Senior Cost \$143.20

12 weeks | Tues | Sep 16 | 6-8 pm | Sec. 946027 | LA360 | G. Hernandez

#### **Italian**

#### Introduction to Italian Vocabulary

Discover the basics of Italian as you begin to build your vocabulary. Learn basic conversational dialog for food, family, clothing, vacations and more. Explore the Italian culture further and increase your confidence in the Italian language. **Recommended:** Italian I Conversational CES 3063 or equivalent knowledge.

CES 3853 | (1.2 CEU) | \$95/Senior Cost \$76

6 weeks | Tues | Nov 4 | 6-8 pm | Sec. 946012 | LA270 | M. Corona

#### Mandarin Chinese

#### Free Try Me - Mandarin Chinese I Conversational

Want to see if Mandarin Chinese Conversational is the right class for you? Enjoy this free try me session where you will meet the instructor, explore the Mandarin Chinese language, learn about the class format, and see how to register.

CES 3848 | (.1 CEU) | \$0

1 day | Thurs | Sep 11 | 6-7 pm | Sec. 946028 | LA260 | K. Dalrymple
THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIRTUALLY.

#### Mandarin Chinese I Conversational

Learn Chinese for daily survival and simple conversations. Explore basic greetings, numbers, and survival phrases (one example: "Could you please speak more slowly?"). Discover how to order food and drinks at a restaurant and enjoy a short introduction to Chinese culture. All of this to be experienced in a pleasurable, lively, low-stress atmosphere! Come join the fun!

CES 3279 | (2.4 CEU) | \$159/Senior Cost \$127.20 🛄

12 weeks | Thurs | Sept 18 | 6-8pm | Sec. 946026 | LA260 | K. Dalrymple THIS CLASS IS HY-FLEX. ATTEND IN PERSON OR VIRTUALLY.

#### German

#### German I Conversational

Germany has a very complex past that impacts its people and its present. Share in the narrative through the German language. Learn basic grammar, along with the everyday social situations needed to communicate with German-speaking people. German culture and geography will be explored and celebrated. Seize the opportunity!

CES 3064 | (2.4 CEU) | \$159/Senior Cost \$127.20

12 weeks | Wed | Sep 17 | 6-8 pm | Sec. 946007 | LA260 | C. Gardner

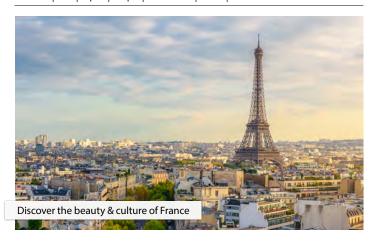
#### **French**

#### **NEW** French Conversational I

Bievenue, or Welcome! Whether you dream of traveling to France or simply have always wanted to learn the language, this is the class for you! Explore Francophone culture, expand your French linguistic skills, and get the foundation you need to communicate with confidence.

CES 3878 | (2.4 CEU) | \$159/Senior Cost \$127.20

12 weeks | Wed | Sep 17 | 6-8 pm | Sec. 946029 | LA300 | C. Cannon



#### Languages Online

6 weeks | (2.4 CEU) | \$135 | ed2go
For online classes register at ed2go.com/schoolcraft

- Speed Spanish
- Discover Sign Language
- Beginning Conversational French
- Conversational Japanese
- Instant Italian

# TAMIL LANGUAGE CLASSES

We've partnered with MTS Tamil Schools to offer Tamil language classes for youth ages 3+, all skill levels welcome.

Program meets Saturdays, September through June.

To learn more and register visit mitamilschools.org







#### **ENGLISH AS A SECOND LANGUAGE**

#### **ESL Placement Test and Registration:**

**Step 1:** Schedule a free placement test at <a href="schoolcraft.edu/">schoolcraft.edu/</a> testingcenter. Testing is available by appointment only. You will receive an email 1-2 days after scheduling your appointment with further instructions.

**Step 2:** After completing your placement test, visit the Registration Office to enroll and pay for your ESL classes in person. **No online registration is available.** 

**Note:** Your ESL test scores are valid for one calendar year.

Students must meet the prerequisites stated in each class description.

ESL Level	ESL Level	ESL Level	ESL Level	ESL Level
1	2	<u>3</u>	<u>4</u>	<u>5</u>
Test Score	<u>Test Score</u>	<u>Test Score</u>	<u>Test Score</u>	<u>Test Score</u>
35–52	53–74	75–90	91-109	110-119
<u>Classes</u> CES2 0160 CES2 0164 CES2 0167	Classes CES2 0170 CES2 0174 CES2 0177 CES2 0178 CES2 0179	<u>Classes</u> CES 7261 CES2 0178 CES2 0179	<u>Classes</u> CES 7262 CES2 0178 CES2 0152	<u>Classes</u> CES 7285 CES2 0178 CES2 0152

For full class descriptions and requirements, visit Schoolcraft.edu/ppl/classes-schedules

#### **ESL Reading & Vocabulary**

Focus on reading and vocabulary to build basic comprehension, efficiency, and fluency in the English language.

## ESL 1 - Reading & Vocabulary Wednesday start date.

CES2 0160 | (5.4 CEU) | \$199

14 weeks | Mon & Wed | Sep 3 | 9-11 am | Sec. 946901 | MC025 | L. Quan

#### ESL 2 - Reading & Vocabulary 🕮

CES2 0170 | (5.4 CEU) | \$199

14 weeks | Tues & Thurs | Sep 2 | 9-11 am | Sec. 946911 | MC020 | C. Lowell

#### **ESL Listening & Speaking**

Build listening and speaking skills in personal and social contexts.

#### ESL 1 - Listening & Speaking □

Wednesday start date.

CES2 0164 | (5.4 CEU) | \$199

14 weeks | Mon & Wed | Sep 3 | 2-4 pm | Sec. 946902 | MC020 | L. Quan

#### ESL 2 - Listening & Speaking

CES2 0174 | (5.4 CEU) | \$199

14 weeks | Tues & Thurs | Sep 2 | 2-4 pm | Sec. 946913 | MC020 | C. Fichtenberg

#### **ESL Grammar & Writing**

Focus on basic concepts of spoken and written English.

#### ESL 1 - Grammar & Writing 🕮

Wednesday start date.

CES2 0167 | (5.4 CEU) | \$199

14 weeks | Mon & Wed | Sep 3 | 11:15 am-1:15 pm | Sec. 946908 | MC020 | L. Bazzi

#### ESL 2 - Grammar & Writing

CES2 0177 | (5.4 CEU) | \$199

14 weeks | Tues & Thurs | Sep 2 | 11:15 am-1:15 pm | Sec. 946914 | MC025 | C. Fichtenberg

#### **ESL Multiple Skills**

Explore listening, reading, speaking and writing skills.

#### ESL 3 - Multiple Skills

CES 7261 | (7.2 CEU) | \$345/Senior Cost \$276

12 weeks | Mon & Wed | Sep 15 | 9:15 am-12:15 pm | Sec. 946907 | JC111 | K. Marshall

12 weeks | Mon & Wed | Sep 15 | 6-9 pm | Sec. 946904 | JC102 | S. Breitner-Frisch

#### ESL 4 - Multiple Skills 🕮

CES 7262 | (7.2 CEU) | \$345/Senior Cost \$276

12 weeks | Tues & Thur | Sep 16 | 9:15 am-12:15 pm | Sec. 946905 | JC111 | K. Marshall

#### **ESL Special Topics**

Take additional classes that focus on areas of special interest to students whose first language is not English.

#### American English Pronunciation

Students from a variety of language backgrounds will identify individual pronunciation needs, be instructed in the basics of American English pronunciation, and be guided from controlled practice into natural communication. **Prerequisite:** ESL Placement Test score of 53 or higher for Listening test area.

CES2 0179 | (4.0 CEU) | \$199

14 weeks | Tues | Sep 2 | 6-9:10 pm | Sec. 946909 | MC020 | E. Bowman

#### English for Business Purposes

Perfect for ESL students who are working or planning to work in American businesses. Learn how to speak and act professionally in the workplace. Topics include job interviews, meetings, writing messages, and giving presentations. **Prerequisite:** ESL Placement Test score of 53 or higher for all four test areas.

#### CES2 0178 | (4.0 CEU) | \$199

14 weeks | Thurs | Sep 4 | 6-9:10 pm | Sec. 946903 | MC020 | K. Marshall

#### Accent Modification

Join this interactive group class to develop critical listening skills and refine your speech. Focus on the sound system, stress patterns, and melodic intonation of English so you can speak with greater clarity and confidence.

**Prerequisite:** ESL Placement Test score of 91 or higher for both Language Use and Sentence Meaning, or a minimum grade of 2.0 in ESL 3 Multiple Skills, CES 7261.

#### CES2 0152 | (2.0 CEU) | \$199

10 weeks | Tues | Sep 16 | 6:30-8:30 pm | Sec. 946906 | JC111 | S. Calderone



#### **CULINARY & BEVERAGES**

#### **Demonstration**



All demonstration classes take place in the new, state-of-the-art Collaborative Learning Studio inside the Vistatech Center. Demo classes are perfect for those who want to sit back, learn from the chefs, and taste the food prepared.

#### Vegetarian Comfort Foods: Demo

Enjoy the cooler weather with delicious vegetarian comfort foods that can warm you up and provide the energy you need to avoid hibernation during the cooler months. Whether you are a vegetarian or seeking great tasting meat-free comfort food alternatives, learn the basics of vegetarian and vegan meals that are hearty and nutritionally complete.

CES 2715 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Nov 19 | 6-9 pm | Sec. 941008 | VT705 | J. Gabriel, CMC

# NEW Cooking with Chicken: Warm & Hearty Meals: Demo

Chicken is the perfect protein for delicious cool-weather comfort meals. Discover how to break down a whole chicken, roast it using a dry rub, make stock for soups, and even create delicious sauces for meals like chicken picatta and chicken parmesan. Take the mystery out of cooking chicken and turn it into an every-day staple in your kitchen!

CES 2758 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Oct 8 | 6-9 pm | Sec. 941024 | VT705 | C. Sokolowski



#### Autumn Soups: Demo

Get ready for cozy, fall evenings with a warm bowl of soup. Using a variety of fresh vegetables, like corn, squash, pumpkin, and more, you can enjoy a hearty cup of soup and put your end of season produce to good use! Enjoy tasting the flavors of the season, then take home the recipes to prepare these soups at home.

CES 2742 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Oct 1 | 6-9 pm | Sec. 941012 | VT705 | J. Gabriel, CMC

#### **NEW** Celebrating Maíz in Mexican Cuisine: Demo

Corn, "maíz," has been the cornerstone of Mexican cuisine since pre-Hispanic times. Explore the tradition and culinary versatility of this important grain as you see a variety of delicious Mexican dishes prepared that feature maíz. Watch, taste, and be inspired to bring these vibrant Mexican dishes to your own kitchen!

CES 2756 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Nov 13 | 6-9 pm | Sec. 941019 | VT705 | A. Perez



#### **NEW** Sweet & Savory Crêpe Creations: Demo

Discover how to make crêpes, thin pancakes, filled with delicious sweet and savory options. See how to prepare the classic crêpe Suzette, an indulgent chocolate crêpe, and a savory Greek crêpe with feta. Learn how to fold your crêpes, select flavorful fillings, and properly store them for freshness. Enjoy this fun dish that can be served as a meal or dessert!

CES 2757 | (.2 CEU) | \$115/Senior Cost \$92

1 day | Thurs | Oct 9 | 6-8 pm | Sec. 941027 | VT705 | G. Rapitis

#### **NEW** Holiday Appetizers & Side Dishes: Demo

Elevate your next gathering with these festive presentation ideas for the holidays! Learn to craft beautiful finger foods and both traditional and unique side dishes to accompany the main dish. Explore "garde manger" techniques to create decorative cold food displays. Leave with a new-found knowledge that will help you plan and execute the perfect holiday party.

CES 2759 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Dec 10 | 6-9 pm | Sec. 941025 | VT705 | C. Sokolowski

#### Start Cooking Mediterranean: Demo

A visual delight, exquisitely delicious, and good for you-it's no wonder that Mediterranean cuisine is so popular. Built around fresh, wholesome fruits, vegetables, grains and breads, legumes, seafood, nuts and seeds, and olive oil, these dishes inspired by Mediterranean countries, boast a wide array of options. From European pastas and wines to Middle Eastern yogurts and flatbreads, explore this rich style of cooking.

CES 2527 | (.3 CEU) | \$135/Senior Cost \$108

1 day | Wed | Nov 5 | 6-9 pm | Sec. 941016 | VT705 | J. Gabriel, CMC

#### The Art of Vegetable Preparation: Demo

Discover how to select fresh, in-season vegetables and herbs to maximize flavor and nutrition. See preparation techniques for a variety of vegetables that will bring out their unique flavors, including grilling, roasting, steaming and pan frying. Discuss organic choices and how to save money on produce. Begin including more vegetables into your everyday meal routine with these delicious and easy recipes!

CES 2175 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Nov 12 | 6-9 pm | Sec. 941026 | VT705 | C. Sokolowski

#### Cooking for Fitness - Fuel Your Body: Demo

Whether you are training for a marathon or starting a new fitness routine, eat to get results. Find out which foods to select in a pre- and post-workout meal and discover quick snack ideas. Learn about the desired ratios of carbs, proteins and fats for optimal energy! Prepare meals confidently as you work toward your fitness goal.

CES 2601 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Sep 25 | 6-9 pm | Sec. 941005 | VT705 | G. Rapitis

#### Vegetarian Greek Food: Demo

Since traditional Greek cooking is based on fresh seasonal vegetables, fruits, grains, legumes, herbs, spices, and olive oil - perfect for vegetarians - creating delicious and authentic Greek vegetarian meals is as easy as saying Opa! Learn about the origins of Greek cuisine, get the recipes, and sample the rich goodness of delicious vegetarian Greek fare.

CES 2594 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Nov 20 | 6-9 pm | Sec. 941045 | VT705 | G. Rapitis

#### Fish Cookery the Healthy Way: Demo

Fish is one of the healthiest food options available. Learn how to prepare salmon, cod, and tuna to maximize the health benefits without sacrificing flavor. You'll be able to confidently select quality fish, and understand how to properly season, marinate, and cook it to perfection.

CES 2734 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Dec 3 | 6-9 pm | Sec. 941015 | VT705 | J. Gabriel, CMC



#### **NEW** The Art of Italian Eating: Demo

In Italy, every meal is a celebration. Explore Italian culture while you learn to prepare select Italian courses, like antipasti, primo piatto, contorno, insulata, formaggie italiani, frutta. Does it sound like a foreign language? Don't worry. Your Italian instructor, Chef Bommarito, will cover them all sharing her authentic family recipes and inspiration from her travels in Italy. CES 2764 | (.2 CEU) | \$119/Senior Cost \$95.20

1 day | Thurs | Nov 6 | 6-8 pm | Sec. 941029 | VT705 | M. Bommarito

#### Hands-On Prerequisite

#### Cooking 101: Skill Development: Demo

In a relaxed environment, learn basic cooking terminology and techniques as you watch demonstrations and experience tastings of several main dishes, along with side dishes and vegetarian selections. Learn to properly use knives and hand tools, how to braise, roast, sauté, and stew, then review safe and sanitary methods for food preparation. This class or instructor's approval is a prerequisite for hands-on Culinary Arts classes, unless otherwise noted. A toolkit is not required for this class.

CES 2187 | (.6 CEU) | \$129/Senior Cost \$103.20

2 days | Wed | Sep 10 | 5-7 pm | Sec. 941006 | VT705 | J. Gabriel, CMC

& Thurs | Sep 11 | 5-9 pm

#### Cooking & Baking Hands-On



Want to cook alongside our chefs? Take a handson class! Prepare delicious food, receive constructive feedback from experienced chefs, then enjoy tasting what you and your class prepare!



Prerequisite for all cooking and baking hands-on classes: CES 2187 Cooking 101: Skill Development or instructor's approval.

Bring a tool kit with the following: paring knife, chef's knife, peeler, and measuring spoons. Wear a white chef jacket, dark pants and comfortable, closed-toe shoes in all cooking hands-on classes.

#### **NEW** Kids in the Kitchen: Hands-On Adult & Child Cooking Class - Mexican Recipes!

Enjoy an opportunity to bond with your child while indulging in delicious Mexican food! This hands-on class will encourage little chefs to explore the traditions, culture, and cuisine of Mexico as they learn to prepare an entrée, fresh salsa, and sweet dessert. Foster your child's love for cooking as you make memories together. Register in child's name. One child per adult. Must be 10 years of age or older. Prerequisite not required. Requirements: wear a white chef's jacket, dark pants and comfortable closed-toe shoes. Bring a tool kit with the following: a paring and chef's knife, peeler, measuring cups, and measuring

#### Register in child's name.

CES 2760 | (.2 CEU) | \$159

1 day | Sat | Oct 11 | 5-7 pm | Sec. 941020 | VT620 | A. Perez

#### Farm to Table Mexican Style: Hands-On 🚇



Discover the difference fresh ingredients can make to the taste and presentation of your Mexican dishes. Using local, seasonal ingredients and spices, prepare an appetizer, main dish, and dessert. Try new ingredients, taste new flavors, and discover the fun of cooking with all natural ingredients.

CES 2627 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Sep 19 | 6-9 pm | Sec. 941021 | VT620 | A. Perez

#### European Bread Making: Hands-On



Experience warm, home-baked bread firsthand while increasing your knowledge of European-style breads. Choose ingredients and acquaint yourself with mixing and baking techniques. Produce mouth-watering sourdough breads, French baquettes, croissants and more! Requirement: in addition to the standard toolkit bring a dough cutter, thermometer, and permanent marker.

CES 2082 | (1 CEU) | \$189/Senior Cost \$151.20

2 days | Fri | Dec 5 | 5-10 pm | Sec. 941011 | VT635 | L. Stanley

& Sat | Dec 6 | 9 am-2 pm

#### Holiday Desserts: Hands-On 🖺

Get into the holiday spirit creating these festive desserts! Make delicious desserts like tiramisu, cookies and more. Enjoy preparing and tasting these delectable desserts, then recreate them at home, just in time for the holidays. Requirement: in addition to the standard toolkit bring a heavy whisk, serrated bread knife, dry measuring cups, liquid measuring cup, and a high heat rubber spatula.

CES 2765 | (.2 CEU) | \$119/Senior Cost \$95.20

1 day | Tues | Nov 18 | 6-8 pm | Sec. 941030 | VT645 | M. Bommarito

#### Wine

Wine tasting and light refreshments provided. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

#### **NEW** Wines From the French Rhone Region

Explore the renowned wines of France's Rhone Valley. Learn about the region's geography and growers, grape varieties, and distinct flavor profiles of wines from this unique region. Enjoy tasting a variety of Rhone wines, intensifying your appreciation of this often unfamiliar area and its magnificent wines.

CES 2763 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Mon | Sep 22 | 7-9 pm | Sec. 941023 | W210 | L. Connery

#### **NEW** Single Origin Wine Series: Northern France

Journey through the notable wine regions of Northern France: Champagne, Alsace, and the Loire Valley. Discover and taste sparkling, white, and red wines as you learn about their unique growing regions, grape varieties, and winemaking. Uncover what gives these cool-climate wines their distinctive flavor profile.

CES 2761 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Tues | Sep 30 | 7-9 pm | Sec. 941018 | VT705 | K. Fifer, Sommelier

#### **NEW** Single Origin Wine Series: Southern France

The warm, sunny summers of southern France are an ideal climate for growing grapes, and one of the reasons southern France produces such high-quality wines. Explore this unique region and the bold red, crisp white, and elegant rosés that are found there.

CES 2762 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Tues | Oct 28 | 7-9 pm | Sec. 941022 | VT705 | K. Fifer, Sommelier

## The Unique Charms of Pinot Noir & Red Zinfandel – New Wines!

Enjoy an evening of fact, comparison and contrast as we celebrate these two popular red wines.

CES 2587 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Mon | Oct 13 | 7-9 pm | Sec. 941014 | W210 | L. Connery

#### Champagne & Sparkling Wines - New Wines!

Before you pop the cork, learn how to select the perfect champagne and sparkling wine for memorable meals, gift giving or romantic dining. Explore the varieties, history and growing regions with many opportunities to taste and enjoy along the way.

CES 2615 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Mon | Nov 10 | 7-9 pm | Sec. 941034 | W210 | L. Connery

#### Beer

#### Craft Beer Brewing Basics: Hands-On

Explore brewing techniques in this hands-on class, led by Schoolcraft's award-winning brewing & distilling program. Prepare craft beer style recipes using Liquid Malt Extract, Liquid Malt Extract with steeped grains, and a full mash and boil with an electric brewing system. Learn packaging techniques with bottles, cans, and kegs. Enjoy sampling your craft beer in The Craft Grille taproom on campus, as you compare and discuss how flavor is influenced by the ingredients and process. Take home bottles and cans of your finished product. This class is perfect for those who want a taste of what it's like to be in the craft beer industry. All supplies included in class cost. You must be at least 21 years old. Bring a valid driver's license or photo ID.

CES 2750 | (1.2 CEU) | \$335/Senior Cost \$268

6 weeks | Sat | Sep 27 | 10 am-12 pm | Sec. 941028 | VT705 | J. Groth, S. Oakley

#### Coffee

#### Coffee 101: Fundamentals of Coffee

Brew a better cup of coffee! Through tasting and discussion, learn about the numerous factors that influence the flavor of a brewed cup of coffee. Discover how to brew better at home with strategies for every budget. Walk into any coffee shop and order confidently.

CES 2603 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Sat | Nov 15 | 9 am-12 pm | Sec. 941009 | VT705 | N. Salter



#### Sake

#### Introduction to Sake: Japan's Traditional Rice Wine

What does sake taste like? Should you drink it hot or cold? Explore this Japanese beverage with Annette May, Certified Sake Professional (CSP), as you taste premium sake in a unique experience. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

CES 2633 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Mon | Nov 3 | 6-9 pm | Sec. 941017 | W210 | A. May, Certified Sake Professional

#### Cocktails

# Raising the Bar: Cocktails for the Holidays New Recipes!

Elevate your home-cocktail game just in time for holiday entertaining. Learn recipes, techniques, and history, as well as tips for preparing for guests. An ingredient list will be sent a week ahead, so you can pour along and taste from the comfort of your own home. If mixing along, have ingredients and supplies ready before class. Getting a group together is a fun way to experience this class! For logistical purposes, groups of two or more should register for the group section. As a bonus, groups can submit a special cocktail request 2-weeks prior to the class. Instructor will select one group cocktail to feature. The class meets virtually via Zoom. Students must be at least 21 years old to attend.

**NEW** Holiday Cocktails: Rum Old Fashioned, The Last Word, Barbadian Gin Punch, Paper Plane, Pisco Sour, Grasshopper, and Bonus Cocktail

#### CES 2697 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Fri | Nov 14 | 6-8 pm | Sec. 941007 | VIRTUAL | F. Bueltmann, Cicerone

This section is for single student registrations.

#### CES 2697 | (.2 CEU) | \$89 Senior Cost \$71.20

1 day | Fri | Nov 14 | 6-8 pm | Sec. 941010 | VIRTUAL | F. Bueltmann, Cicerone

This section is for groups of 2 or more attendees. One registration per group.

#### PERSONAL INTEREST

# **NEW** Budget-Friendly Home Decorating: Simple Changes, Big Impact

Join us for a live online course that teaches practical, stylish and affordable ways to refresh any space. Learn expert tips on decluttering, DIY projects, smart shopping and creative styling to transform your home without overspending. Perfect for renters, homeowners or design enthusiasts looking for budget-friendly inspiration!

CES 5253 | (.8 CEU) | \$99/Senior Cost \$79.20

4 weeks | Wed | Oct 1 | 6-8 pm | Sec. 947005 | VIRTUAL | O. Fathers

#### Birdwatching 101: Introduction to Birds & Birding

Gain the foundational knowledge and practical skills needed to start bird-watching and deepen your understanding of the fascinating world of birds. Whether you're a beginner or looking to enhance your birding skills, this class covers everything from bird biology to observation techniques. This is a perfect way to develop a deeper appreciation of birds and enhance your skills for observing and identifying local bird species. The first two classes will be held at Schoolcraft. The last class will be an offsite field trip. **Requirement:** students will need a pair of binoculars.

#### CES 3874 | (.6 CEU) | \$69/Senior Cost \$55.20

3 weeks | Mon | Sep 8 | 6-8 pm | Sec. 947007 | JC111 | D. Burlett & Sat | Sep 20 | 10 am-12 pm

#### Declutter & Organize Your Home

Do you find yourself wasting precious time looking for your keys or child's favorite toy in a cluttered room? Let Professional Organizer Cindy Greenleaf give you rules, tips, and tricks to organize your home. Don't worry about shocking her, Cindy has assisted on several episodes of "Hoarders".

CES 5247 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Sep 13 | 10 am-12 pm | Sec. 947006 | JC102 | C. Greenleaf



#### Creative Welding & Metal Sculpture

Welding is not only a practical skill, but also a creative one. Learn basic safety skills and knowledge of metal welding and fabrication, then apply those skills to Metal Inert Gas (MIG) and stick welding methods as well as other fabrication techniques. Use your new skills to create a metal art sculpture. For safety reasons, wear closed-toe shoes, a 100 percent cotton or natural fiber long sleeved shirt and long pants. Please, no synthetic clothing.

CES 3873 | .6 CEU | \$109/Senior Cost \$87.20

1 day | Sat | Nov 8 | 9 am-3 pm | Sec. 947002 | MEC410 | D. Stuart

#### First Time Home Buyers Workshop

Buying your first home is an exciting milestone but can be intimidating at the same time. Get on the right path and learn the home buying process step-by-step, with an experienced real estate agent and mortgage consultant, so it's less overwhelming and sets you up for success. With no obligation, understand your creditworthiness, programs that you help buy your first home, and different types of mortgages and lenders.

CES2 1767 | (.3 CEU) | \$49/Senior Cost \$39.20

1 day | Mon | Sep 22 | 6-9 pm | Sec. 947010 | JC111 | K. Schopieray/G. Goddard

#### **MUSIC**



## Jazz Lab Band - Improvisation 1 CES 3565 | (3.2 CEU) | \$119

15 weeks | Thurs | Aug 28 | 7-9:50 pm | Sec. 942507 | F310 | R. Selva

#### Jazz Band 1

CES 3567 | (3.2 CEU) | \$119

15 weeks | Mon | Aug 25 | 7-9:50 pm | Sec. 942508 | F310 | R. Selva

#### Schoolcraft Collegiate Chorale

CES 3646 | (4.5 CEU) | \$119

15 weeks | Tues | Aug 26 | 7-10 pm | Sec. 942505 | F310 | J. Drake

#### Wind Ensemble 1

CES 3580 | (3.2 CEU) | \$119

14 weeks | Wed | Aug 27 | 7-9:50 pm | Sec. 942515 | F310 | P. Michalsen

#### Music Online

6 weeks | (2.4 CEU) | \$135 | ed2go

For online classes register at <u>ed2go.com/schoolcraft</u>

• Music Made Easy

# LIFELONG LEARNING

# Ancora Imparo "Yet, I am learning." —Michelangelo

#### **Murder Mystery Luncheon**

# **NEW** Midnight at the Masquerade Ball: A Murder Mystery

be able to move from table to table to solve the mystery.

Attend the Billionaires' Club Annual Masquerade Ball, where a killer could be hiding under every feather façade. Get this soiree back on track by trading clues, gathering information, and solving the crime before the masked menace gets away! Full, buffet lunch provided with vegetarian and gluten free options. Dress for the occasion with gowns, suits, and venetian masks. Attendees must

#### CES 7600 | \$79/Senior Cost \$63.20

1 day | Wed | Oct 15 | 11:30 am-2:30 pm | Sec. 947410 | VT500 | Murder Mystery Co.



#### Dine & Discover

Full, buffet lunch provided with vegetarian and gluten free options. Proceeds support student scholarships.

#### **NEW Haunted Lighthouses of Michigan**

Did you know that the former keeper of the Seul Choix Point Lighthouse still keeps his watch, despite having been dead for over a hundred years? Explore Michigan lighthouses and their haunted tales, pulled right from history, with author Dianna Stampfler. These ghostly accounts will change the way you see Michigan's coast and have you sleeping with the light on!

#### CES 7593 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Oct 24 | 11:30 am-2 pm | Sec. 947401 | VT500 | D. Stampfler

#### **NEW** The Rise of Black Businesses in America

Explore untold stories of Black resilience and achievement with author and historian, Anthony Brogdon. From the arrival of the first enslaved Africans in 1619 to the rise of Motown Records, Brogdon will share stories of Black-owned businesses, the history of Black business districts, and will discuss how freed slaves built their enterprises. Learn about the challenges they faced and how their triumphs shaped America.

#### CES 7594 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Nov 21 | 11:30 am-2 pm | Sec. 947402 | VT500 | A. Brogdon

#### **NEW Michigan Central Station**

Opened on December 26, 1913, Michigan Central Station is one of Detroit's most beloved landmarks. Discover its rich history and incredible transformation with author and Detroit History Tour Director, Bailey Sisoy Moore. From the vision of railroad tycoon William Vanderbilt, to the rise as a sister station to New York City's Grand Central Terminal, hear stories of Michigan Central Station's grandeur, decline, and rebirth.

#### CES 7595 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Dec 19 | 11:30 am-2 pm | Sec. 947403 | VT500 | B. Sisoy Moore



#### Conversation & Coffee

Light refreshments will be served

#### **NEW** Secret Michigan: Weird, Wonderful & Obscure

Unveil hidden stories of the Great Lakes State, from a king who ruled in the U.S., to a ship that's a highway. Explore odd museums, sunken shipwrecks, and notable Michiganders, from rock legends to history-makers. Author and traveler Amy Piper will reveal Michigan's best-kept secrets!

#### CES 7596 | (.2 CEU) | \$20/Senior Cost \$16

1 day | Fri | Sep 5 | 1-3 pm | Sec. 947404 | W210 | A. Piper

#### **NEW Regions & Provinces of Italy**

Explore the Italian peninsula and the diverse landscapes and cultures of each region and their provinces. From the alpine and costal north to the volcanos and historic cities of the south, discover the unique aspects of each region, and the strong traditional roots that connect this beautiful country.

#### CES 7598 | (.2 CEU) | \$20/Senior Cost \$16

1 day | Fri | Nov 7 | 1-3 pm | Sec. 947406 | W210 | M. Corona



#### **NEW** Lee Iacocca: Leadership & Legacy

Explore the remarkable life of auto executive, Lee lacocca. From his early ground-breaking years at Ford, to his legendary rescue of Chrysler in the 1980s, author and historian Barry Levine will share how Lee lacocca redefined vehicle quality and became the face of the brand, creating a lasting impact on the auto industry.

#### CES 7597 | (.1 CEU) | \$19/Senior Cost \$15.20

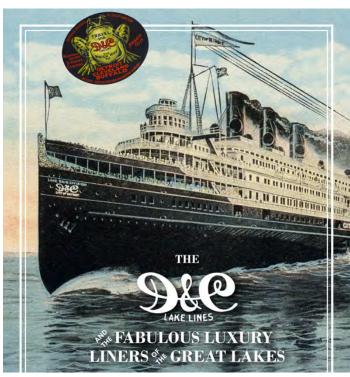
1 day | Fri | Oct 10 | 1-2 pm | Sec. 947405 | W210 | B. Levine

#### **NEW Fabulous Luxury Liners of the Great Lakes**

The Detroit waterfront was once home to fleets of luxury steamships, especially during the late 19th and mid-20th centuries. These ships were large, comfortable, and carried passengers all over the great lakes, giving people the opportunity to experience their region in a new way. Explore this fascinating world with author and architect Bruce Kopytek. Learn about the companies, crews, passengers, and ships, all of them marvels.

#### CES 7599 | (.2 CEU) | \$20/Senior Cost \$16

1 day | Fri | Nov 14 | 1-3 pm | Sec. 947407 | W210 | B. Kopytek



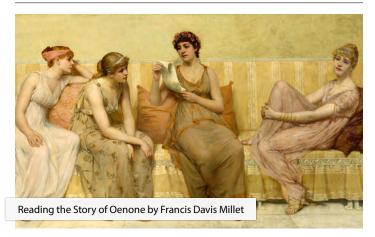
#### Art Tours with the DIA

#### **NEW** Detroit Institute of Arts Museum Tour With Shuttle

Join us for an on-site, guided tour of the Detroit Institute of Arts museum, where a docent will showcase highlights from the museum's renowned collection. After the guided tour, explore the museum at your leisure. Discover world-class art and culture in an engaging group setting with other lifelong learners. This experience includes round-trip DIA-operated shuttle transportation. No food or beverage permitted in the museum. Coupon for free DIACafe coffee and cookie provided. Participants must sign a release and waiver before boarding. Bus departs promptly at 12:15 PM from the south parking lot outside of the ESC lobby.

CES 3895 | (.1 CEU) | \$0

1 day | Fri | Oct 17 | 12 pm-4 pm | Sec. 947408 | ESC Lobby | C. McNamara



# **NEW** DIA Inside Out Tour: Schoolcraft College Campus

Have you marveled at the DIA artwork installed around our campus? Here's your chance to learn more about these works of art from a DIA docent! Join us on a walking tour around Schoolcraft College, where you'll stop and explore each art installation, discovering insight into each piece. Participants must be able to walk the 1-mile round trip through campus to each art installation. Tour begins promptly at 1:00 PM from the ESC lobby.

CES 3896 | (.1 CEU) | \$0

1 day | Wed | Sep 10 | 1-2:15 pm | Sec. 947409 | ESC Lobby | C. McNamara



# PRACTICAL SKILLS

#### FINANCIAL PLANNING

#### Navigating Financial Markets & Securities

Are you confused by the complex world of investing? Do you want to gain confidence with basic financial practices? Arm yourself with fundamental knowledge of investing in stocks, bonds, mutual funds and exchange traded funds (ETFs). Learn how to make sound decisions and avoid common mistakes. This class serves as a foundation for the Financial Planning classes.

CES2 1488 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Tues | Sep 16 | 6-8 pm | Sec. 940402 | LA160 | W. Connell

#### Diversify Your Investment Strategy with Mutual Funds

Do you know how mutual funds work? Increase your knowledge of this popular investment choice beyond the basics to include how mutual funds and exchange-traded funds (ETF) are used to manage risk, reach acceptable returns and how to structure and monitor a diversified portfolio. If you manage investments for someone else, this class is a must. **Prerequisite:** CES2 1488 Navigating Financial Markets & Securities or equivalent knowledge.

CES2 1490 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Tues | Oct 7 | 6-8 pm | Sec. 940403 | LA160 | W. Connell

#### **Building an Effective Stock Portfolio**

Stocks can be volatile, but they also have the potential to bring meaningful returns to your portfolio. How does a serious stock investor go about selecting a stock? Discover fundamental and technical stock analysis techniques and how to structure and monitor a portfolio of individual stocks. **Prerequisite:** CES2 1488 Navigating Financial Markets & Securities or equivalent knowledge.

CES2 1489 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Tues | Oct 28 | 6-8 pm | Sec. 940404 | LA160 | W. Connell

#### Crafting a Retirement Plan Introduction

Learn the most up-to-date retirement planning rules and strategies. Avoid unnecessary taxes and common retirement planning mistakes. Learn about Medicare options, social security claiming, and income strategies to optimize your retirement. Topics discussed: Medicare, Long Term Care, Social Security, IRA Rules, beneficiaries, and Estate Planning.

CES2 1492 | (.6 CEU) | \$79/Senior Cost \$63.20

3 weeks | Tues | Nov 18 | 6-8 pm | Sec. 940405 | LA160 | A. Atrasz

#### **HOME REPAIR**

#### **NEW Electrical: Simple Repairs for Beginners**

Secure the knowledge needed to safely do simple electrical home improvement projects. Learn how to change an electrical outlet and switch, install light fixtures and smoke detectors, and test circuits. Gain confidence in determining when a licensed electrician is required. Get expert advice and get your questions answered.

CES 5242 | (.4 CEU) | \$99/Senior Cost \$79.20

2 days | Tues & Thur | Sep 30 | 6:30-8:30 pm | Sec. 943001 | JC123 | P. Pace

#### **NEW Plumbing: Simple Repairs for Beginners**

Don't call a plumber for simple repairs you can do yourself. Learn how to diagnose and repair leaky sinks and toilets, how to unclog a drain, how to replace toilet parts and understand how water is distributed and regulated in your house. Get expert advice and get your questions answered.

CES 5241 | (.2 CEU) | \$59/Senior Cost \$47.20

1 day | Tues | Oct 7 | 6:30-8:30 pm | Sec. 943002 | JC123 | P. Pace

#### FIREARM & SAFETY TRAINING

#### **Firearm Training**

#### Introduction to Handgun & Pistol Handling

Learn the basics including: safety precautions, types of handguns, considerations for purchasing a handgun, legal considerations of owning handguns, handling and storing a handgun, fundamentals of shooting and shooting positions. Classroom instruction will be followed by range time with a low 2:1 student to instructor ratio. **Requirements:** The student must have a reliable, unloaded handgun of a caliber of .22 or above (but not larger than a .45 caliber). Firearm can be personal or borrowed from Schoolcraft College. All weapons will be inspected by staff prior to firing. **Bring 100 rounds of factory ammunition in a factory box to the class.** 

CES 0999 | (.3 CEU) | \$99/Senior Cost \$79.20

1 day | Tues | Sep 16 | 6-9 pm | Sec. 949902 | FTC130 | Staff



#### **Introduction to Firearms Training Simulator**

Whether you are a novice or an experienced shooter, enjoy utilizing a state-of-the-art firearms simulator. Learn from a cutting-edge system that offers a realistic and immersive experience that closely mirrors real-life scenarios, providing invaluable training in handling firearms safely and successfully. With advancements in technology, these simulators are an indispensable tool for enhancing marksmanship and decision-making skills under pressure. Class does not use range.

CES2 0016 | (.2 CEU) | \$79/Senior Cost \$63.20

1 day | Thurs | Sep 18 | 6-8 pm | Sec. 949907 | FTC130 | Staff

1 day | Wed | Oct 22 | 6-8 pm | Sec. 949910 | FTC130 | Staff

#### Introduction to Rifle Handling

Learn the basics for firing a carbine-type rifle including: safety precautions, different types of rifles (carbines), considerations for purchasing a rifle (carbine), handling a rifle, fundamentals of shooting and shooting positions. **Requirements:** The student must have a reliable, unloaded carbine type rifle of a caliber of .22 auto or above (but not larger than a .223 caliber). Firearm can be personal or borrowed from Schoolcraft College. All weapons will be inspected by staff prior to firing. **Bring 40 rounds of ammunition in a factory box to the class.** 

CES2 0051 | (.3 CEU) | \$99/Senior Cost \$79.20

1 day | Tues | Oct 7 | 6-9 pm | Sec. 949905 | FTC130 | Staff

#### **NEW Cleaning & Storing Your Long Gun**

Proper cleaning and storage of a long gun is essential for safety and will help retain the value of your firearms. Learn the proper process to clean, maintain and store your long gun. Bring an unloaded rifle not to exceed .50 caliber or an unloaded shotgun not to exceed 12 gauge, and your own cleaning kit. If the student does not have a long gun, a long gun and cleaning kit will be provided for the classroom. All firearms will be inspected by the instructor prior to cleaning. **Class does not use range.** 

**CES2 0185 | (.2 CEU) | \$49/Senior Cost \$39.20** 1 day | Wed | Dec 3 | 6-8 pm | Sec. 949918 | FTC270 | Staff

#### Cleaning & Storing Your Firearm

Proper cleaning and storage of a handgun are essential for safety and will help retain the value of your firearms. Learn the proper process to clean, maintain and store your handgun. Bring an unloaded handgun of .380 caliber or larger not to exceed .45 caliber and your own cleaning kit. If the student does not have a handgun, a handgun and cleaning kit will be provided for the classroom. All firearms will be inspected by the instructor prior to cleaning. **Class does not use range.** 

**CES2 0015 | (.2 CEU) | \$49/Senior Cost \$39.20** 1 day | Wed | Nov 12 | 6-8 pm | Sec. 949906 | FTC270 | Staff

#### **Concealed Pistol License Training**

#### Firearms Training for Concealed Pistol License

This class will fulfill the State of Michigan training requirements needed to apply for a Concealed Pistol License. **Requirements:** The student must have a reliable, unloaded handgun of a caliber of .380 auto or above, but not larger than .45 auto. Firearm can be personal or borrowed from Schoolcraft College. All weapons will be inspected by staff prior to firing. **Bring 100 rounds of factory ammunition for your handgun, in a factory box, to the class.** 

CES2 0014 | (.8 CEU) | \$159/Senior Cost \$127.20

1 day | Sun | Nov 2 | 8 am-4:30 pm | Sec. 949901 | FTC120 | Staff

#### Refresher for Carrying Concealed Pistols

This class is for the person who has a Concealed Pistol License (CPL) and wants to update their knowledge and shooting skills. Learn about legal updates including the laws governing use of a Taser which is now permissible to those who have a valid CPL permit. **Requirement:** The student must have a reliable, unloaded handgun of a caliber of .22 or above (but no larger than a .45 caliber). All weapons will be inspected on the range. **Bring 100 rounds of factory ammunition in a factory box to class. If using a pistol you will need one extra magazine.** All students must sign a waiver. Students must be 21 years of age or older and show their current Concealed Pistol License to the instructor.

CES 0864 | (.4 CEU) | \$99/Senior Cost \$79.20

1 day | Thurs | Oct 23 | 6-10 pm | Sec. 949915 | FTC110 | Staff

#### **Safety Training**

#### Self-Defense: Armed Assailant Training

Be ready to defend yourself against handgun threats you may encounter. In this hands-on class, recognize danger and learn to respond appropriately, including de-escalation, disarming an attacker, and how to find safety. These life saving techniques are taught by a law enforcement professional trained in defense tactics. Civilians as well as professionals will benefit from this comprehensive training. Wear athletic clothes and shoes, tie back long hair and bring a water bottle.

CES2 0113 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Mon | Sep 29 | 6-9 pm | Sec. 949919 | ATC115 | Staff

#### Self-Defense: Personal Safety Training for Women

In this hands-on, active defense class for women, learn to discern dangerous situations, avoid attack, and defend yourself when an attack cannot be avoided. These basic and easy to use techniques are highly effective and can be lifesaving for women. This training is taught by a law enforcement defense tactic instructor in a safe, comfortable and supportive training environment. Wear athletic clothes and shoes, tie back long hair and bring a water bottle.

CES2 0114 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Mon | Oct 27 | 6-9 pm | Sec. 949920 | ATC115 | Staff

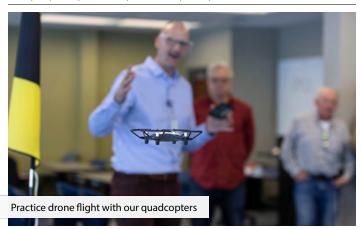
#### **Drones**

#### **Recreational Drone Fundamentals**

Learn to fly a drone and have fun safely! Review basic terminology, various types of drones, laws and regulations, and how to safely use and store your equipment. Learn where and when you can fly. Emphasis on pre-flight inspection and safety protocols. Class includes practice flying Schoolcraft College's **quadcopters**. **Requirement:** all students must sign a waiver. Students aged 16+ are welcome to register.

CES2 6351 | (.6 CEU) | \$139/Senior Cost \$111.20

1 day | Sat | Nov 1 | 9 am-4 pm | Sec. 940090 | JC122 | C. Meyer



#### **COMPUTERS & TECHNOLOGY**

#### **Amateur Radio Technician License Training**

Explore all aspects of amateur radio including: FCC regulations, radio waves, basic electricity, basic math, antennas, station operations practices, and station safety. Review all 435 questions from which 35 are randomly drawn for the FCC Amateur Radio license test. Students are required to take the test in person, on campus, during the last class meeting.

CES2 6366 | (1.6 CEU) | \$119/Senior Cost \$95.20

8 weeks | Thurs | Oct 2 | 7-9 pm | Sec. 940028 | JC102 | S. Deykes



#### Cybersecurity for Personal & Professional Protection

In today's increasingly interconnected world, cybersecurity is no longer just a concern for IT professionals or large corporations; it has become essential for everyone to understand and practice basic cybersecurity principles. With platforms for communication, banking, and online shopping, our personal information becomes increasingly vulnerable to cyberattacks. Understanding cybersecurity helps us protect personal interests.

CES2 6484 | (2.4 CEU) | \$229/Senior Cost \$183.20

6 weeks  $\mid$  Tues & Thur  $\mid$  Sept 30  $\mid$  6-8 pm  $\mid$  Sec. 940066  $\mid$  VIRTUAL  $\mid$  S. Devulapalli

#### COMMUNICATION/WRITING

#### Speak Up! Conquering the Fear of Public Speaking

Nerves and fear can take over when it's time to speak in public. Learn strategies on how to overcome fear and deliver effective speeches from Sean Baligian, longtime sports personality in Detroit with a background in radio, television and writing. Build confidence and express your ideas with clarity in a supportive, fun, and low-pressure environment. Overcome anxiety and improve vocal delivery while engaging audiences more effectively.

#### CES2 0173 | (1.2 CEU) | \$125/Senior Cost \$100

4 weeks | Thurs | Oct 2 | 6-9 pm | Sec. 946101 | LA400 | S. Baligian

# SEAN BALIGIAN Public Speaking Instructor



Sean Baligian is a longtime Detroit media personality, with over 30

years of experience across radio, television, newspapers, and web streaming. His broadcasting career began in Toledo, but he later returned home to Detroit to work in radio, which included WDFN "The Fan," ESPN Radio, and 760 WJR.

For 16 years, Sean did commentary for Fox 2 Detroit, covering Red Wings pre-game and post-game shows, the Lions pre-game show, and the Sunday Night Roundtable. He has written columns for the Detroit News, done play-by-play commentary for college football and all levels of hockey, including for the NHL's Carolina Hurricanes.

Sean currently provides hockey and football commentary for various Michigan Prep Schools, including commentary for their state championships. You can also catch Sean on the weekly web-stream, Woodward Sports Network, where he delivers news, insights, and analysis on all things sports.

During his time in media, Sean has developed what he calls, "the gift of gab," and brings his passion for connecting with others to his classroom environment. He is a graduate of Livonia Stevenson High School and attended Schoolcraft College. He and his wife reside in Northville with their two children.

#### Communication/Writing Online

## 6 weeks | (2.4 CEU) | \$135 | ed2go For online classes register at ed2go.com/schoolcraft

- Write Fiction Like a Pro
- Writing the Fantasy Novel
- Beginner's Guide to Getting Published
- Writing Young Adult Fiction
- Writing the Fantasy Novel
- Romance Writing
- Mystery Writing
- Writing for Children
- Introduction to Screenwriting
- The Keys to Effective Editing
- Beginning Writer's Workshop
- ...and more!

#### **Test Prep Online**

## 6 weeks | (2.4 CEU) | \$135 | ed2go For online classes register at <u>ed2go.com/schoolcraft</u>

- Prepare for the GED® Test
- TEAS Prep 1
- TEAS Prep 2
- Prepare for the GED Math Test
- CompTIA A+ Certification Prep 1: Hardware
- CompTIA A+ Certification Prep 2: Software
- CompTIA A+ Certification Prep 3: Network/ Security
- ...and more!

The course content was helpful, it provided structure for writing and helped me gain some clarity on organizing my own writing/writing process."

— Nicole S., Advanced Fiction Writing Student

# CAREER & PROFESSIONAL DEVELOPMENT



#### CAREER TRAINING

#### **Autodesk Alias**

# Digital Sculpting With Autodesk Alias: Level 1 Fall Semester Only!

Are you interested in exploring 3D industrial design? Autodesk Alias is the standard software for sculpting aesthetic surfaces in the automotive and product design industries. This course introduces you to Alias 3D digital surfacing software. You will learn basic surface modeling techniques and gain an understanding of the capabilities of Alias. Student's sculpting project will be 3D printed. Explore the doors this skill may open for you! **Requirement:** access to a 64-bit OS PC or Mac with high-speed Internet connection.

Prerequisite: strong computer proficiency. •<----

Note: This class will not be offered again until Fall 2027.

CES2 6241 | (2.4 CEU) | \$449

8 weeks | Tues | Sep 30 | 6-9 pm | Sec. 947572 | VIRTUAL | S. Lee

#### **View Autodesk Alias Information Video**

Watch a short video about our Digital Sculpting Program, led by instructor Soochan Lee. See what to expect from the program, employment opportunities, and more:



schoolcraft.edu/pplalias

#### NONPROFIT/GRANT

# **NEW** Grant Writing: Creating a Well-Crafted Proposal

Learn how to identify and secure funding from future funders to support your nonprofit's mission. Discover the key components of a grant proposal and nonprofit management including storytelling, budget development, and articulating your organization's impact. Gain practical skills in managing grant funds effectively while ensuring compliance with funder requirements and demonstrating outcomes to stakeholders.

CES2 1771 | (1.2 CEU) | \$249/Senior Cost \$199.20

4 weeks | Tues | Oct 7 | 6-9 pm | Sec. 946601 | LA260 | P. Wilson

#### SMALL BUSINESS/ENTREPRENEUR

#### **Event Planning**

#### The Business of Event Planning

Fall Semester Only!

Are you ready to put your event planning or decorating skills to work by starting your own business? Explore and define different business and legal structures, sales and marketing ideas, start-up costs, contracts and selling tools. Work with mission statements and business plans. Learn what it takes to launch and maintain an event planning business from the owners of a successful company. **Prerequisites:** CES2 1584 Introduction to Event Planning, CES2 1517 Wedding Planning: Creating the Memories of a Lifetime, CES2 1589 Special Event Design & Décor and CES2 1590 Event Planning Practical Experience or written permission of the instructor.

CES2 1620 | (1.4 CEU) | \$115/Senior Cost \$92

6 weeks | Mon | Sep 22 | 6:30-8:50 pm | Sec. 940735 | JC123 | C. Gregorich, J. Martinez

#### Event Invitations: Impress the Guest

Fall Semester Only!



Learn invitation essentials that a wedding or event planner must know while discovering the ins and outs of the invitation world. From wedding invitations to event menu cards, learn how to work with your client to gather the essential information and complete an order best suited for their occasion. Carlson Craft Invitations will be used for demonstration purposes. This class is not required for the Event Planning Certificate. **Prerequisites:** CES2 1584 Introduction to Event Planning and CES2 1517 Wedding Planning or equivalent knowledge.

CES2 1762 | (.8 CEU) | \$99/Senior Cost \$79.20

4 weeks | Mon | Nov 10 | 6:30-8:30 pm | Sec. 940736 | JC123 | C. Gregorich, J. Martinez

#### **REAL ESTATE**



#### **NEW** Real Estate Revealed: A Career Sneak Peek

Gain an insider's perspective on the real estate industry, learn about the daily responsibilities, and understand the essential skills needed for success. Discover the industry's inner workings with an experienced real estate agent.

CES2 1772 | (.2 CEU) | \$49/Senior Cost \$39.20

1 day | Tues | Sep 30 | 6-8 pm | Sec. 940301 | LA260 | K. Schopieray

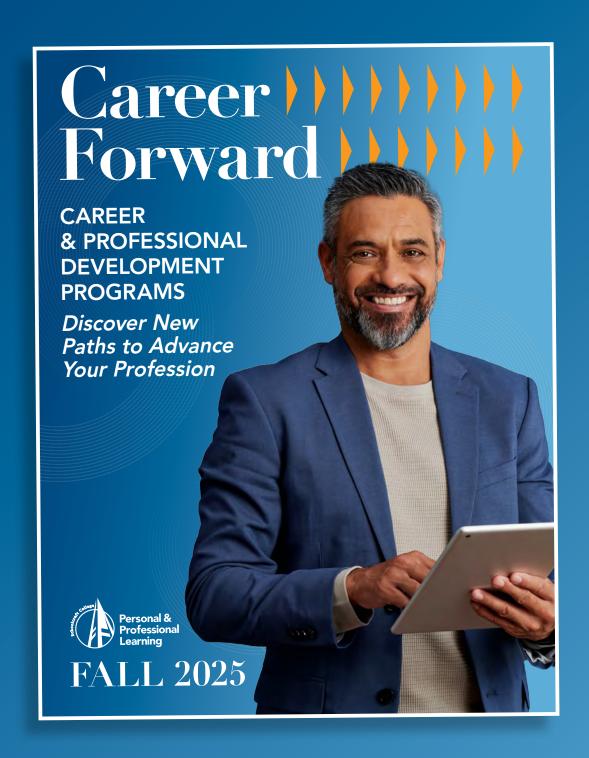
#### Business & Real Estate Online

6 weeks | (2.4 CEU) | \$135 | ed2go

For online classes register at ed2go.com/schoolcraft

- Start Your Own Online Business
- Start Your Own Consulting Practice
- Start Your Own Arts & Crafts Business
- Real Estate Investing

# **CAREER & PROFESSIONAL DEVELOPMENT**





View our full lineup of career and professional development classes at schoolcraft.edu/ppl-careerforward

#### Human Resources Professional - Online

The Human Resources Professional course prepares you for a career and professional certification in human resources (HR). This course explores the foundational aspects of HR, including human resource laws, hiring disciplines, and labor relations. You will learn industry-recognized practices that align with the Human Resource Certification Institute (HRCI) and the Society for Human Resource Management (SHRM). **To register for this course**,

visit careertraining.schoolcraft.edu.

150 Course Hours | \$2,159

9 Months | Open Enrollment | Self-Paced | ed2go

#### Medical Billing & Coding – Online

Whether you're just starting work or transitioning into a different field, there has never been a better time to enter a career in Medical Billing and Coding. This course will prepare you for success in this rewarding career as you learn about legal, ethical, and regulatory concepts central to this field, including HIPAA compliance, official coding guidelines, and third-party payer requirements. You will also be able to choose a voucher for the professional certification that best aligns with your interests and career goals. **To register for this course, visit careertraining.schoolcraft.edu.** 

370 Course Hours | \$3,295

12 Months | Open Enrollment | Self-Paced | ed2go

#### Certified Clinical Medical Assistant (CCMA) – Online

You will learn the professional traits and responsibilities to become a vital part of the healthcare team in a medical office, clinic, hospital, and other healthcare settings. You will also be prepared for the Certified Clinical Medical Assistant (CCMA) exam. **To register for this course**,

visit careertraining.schoolcraft.edu.

540 Course Hours | \$3,295

12 Months | Open Enrollment | Self-Paced | ed2go

#### Introduction to Excel – Online

Discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently. Learn the secrets behind writing powerful mathematical formulas. Explore the best ways to sort and analyze data, create custom charts and graphs, create 3-dimensional workbooks, build links between files, endow your worksheets with decision-making capabilities, and automate oft-repeated tasks with macros and buttons. **To register for this course, visit ed2go.com/schoolcraft.** 

24 Course Hours | \$135

6 Weeks | Open Enrollment | Instructor Moderated | ed2go

#### Introduction to QuickBooks Cloud - Online

Learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. Gain the advantage of computing in the cloud, so that your files will be available to you virtually anywhere. Subscription or additional software is not required to complete this course which includes free access to an online practice site. **To register for this course**,

visit ed2go.com/schoolcraft. 24 Course Hours | \$135

6 Weeks | Open Enrollment | Instructor Moderated | ed2go

#### Bookkeeping Certificate - Online

How do you manage the finances of a business? Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure and manage the financial health of your business. This program focuses on cash basis accounting. Certificate includes Understanding Debits & Credits CES2 1750, General Ledger & Month End Procedures CES2 1751 and Closing Procedures & Financial Statements CES2 1752.

CES2 1749 | (4.8 CEU) | \$495

12 weeks | Sept 2 - Nov 28 | Sec. 940618 | UGotClass

# Certificate in Accounting & Finance for Non-Financial Managers Series – Online

Make effective financial decisions as you learn accounting and finance processes used in most businesses. Discover the seven steps in the accounting cycle, how to maximize cash flow, and analyze business reports. Create a budget, set goals, and assess the performance of your business. Certificate includes Financial Analysis & Planning for Non-Financial Managers CES2 1644, Cash is King CES2 1645 and Accounting & Finance for Non-Financial Managers CES2 1646.

CES2 1643 | (4.8 CEU) | \$495

12 weeks | Sept 2 - Nov 28 | Sec. 940612 | UGotClass

#### Certificate in Graphic Design Software Essentials – Online

The Adobe software tools are the leading software for graphic design. Use Illustrator, InDesign, and Photoshop to create graphics, multi-page documents, and digital artwork. Certificate includes Adobe Illustrator CC Essentials CES2 6367, Adobe InDesign CC Essentials CES2 6368 and Adobe Photoshop CC Essentials CES2 6369.

CES2 6370 | (4.8 CEU) | \$545

12 weeks | Sept 2 – Nov 28 | Sec. 940083 | UGotClass

#### Microsoft Power Business Intelligence Certificate – Online

Gain insights into your data using business intelligence software. Power BI is a widely used business analytics service and report creation tool offered free by Microsoft. Create interactive reports, charts, maps, and other visuals to see your data in real time. This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. Certificate includes Introduction to Microsoft Power Business Intelligence CES2 1727, Intermediate Microsoft Power Business Intelligence CES2 1728, and Advanced Microsoft Power Business Intelligence CES2 1729.

CES2 1726 | (4.8 CEU) | \$495

12 weeks | Sept 2 – Nov 28 | Sec. 947583 | UGotClass

#### Web Design Certificate - Online

Discover the basics of web design using HTML and CSS as you plan and design effective web pages and applications. Learn about responsive design process, advanced layout and design features, and explore industry standard technologies and frameworks. Finish class with a functioning web application hosted on a web server that is both accessible and Search Engine Optimized. Certificate includes Introduction to Web Design CES2 6477, Intermediate Web Design CES2 6478 and Advanced Web Design CES2 6479.

CES2 6476 | (4.8 CEU) | \$595

12 weeks | Sept 2 - Nov 28 | Sec. 940008 | UGotClass

For 200+ online class offerings and information visit:

Schoolcraft.edu/ppl/online

#### TEACHER RECERTIFICATION ONLINE

#### ed2go

#### 6 weeks | (2.4 CEU) | \$145 | ed2go

Each class is approved for 24 State Continuing Education Clock Hours (SCECH) for educators. For course descriptions and system requirements visit schoolcraft.edu/ppl/teacher.

Survival Kit for Teachers - Online CES 0963 || Sec. 949681 | Aug 13

Leadership - Online

CES 0973 || Sec. 949659 | Sep 17 || Sec. 949687 | Nov 12

Handling Medical Emergencies - Online CES 4297 || Sec. 949604 | Sep 17 || Sec. 949645 | Nov 12

Spanish in the Classroom - Online CES 3627 || Sec. 949614 | Oct 15

Speed Spanish - Online CES 3810 || Sec. 949603 | Sep 17

Speed Spanish II - Online CES 3865 || Sec. 949621 | Nov 12

Discover Sign Language - Online CES 3811 || Sec. 949690 | Aug 13

Discover Sign Language II - Online CES 3812 || Sec. 949688 | Oct 15

Ready, Set, Read - Online CES 7316 || Sec. 949617 | Aug 13 || Sec. 949639 | Oct 15

Guided Reading: Strategies for the Differentiated Classroom - Online CES 7329 || Sec. 949631 | Sep. 17 || Sec. 949647 | Nov 12

Response to Intervention: Reading Strategies That Work - Online CES 7337 || Sec. 949651 | Aug 13 || Sec. 949655 | Oct 15

Guided Reading & Writing: Strategies for Maximum Student Achievement - Online CES 7374 | Sec. 949669 | Aug 13 | Sec. 949670 | Oct 15

Enhancing Language Development in Childhood - Online
CES 0898 || Sec. 949608 | Aug 13 || Sec. 949612 | Oct 15

Teaching Writing: Grades K-3 - Online

CES 7398 || Sec. 949616 | Nov 12

Grammar Refresher - Online CES 7583 || Sec. 949610 | Aug 13

Grammar Refresher 2 - Online CES 7586 || Sec. 949623 | Oct 15

Teaching Writing: Grades 4-6 - Online CES 7338 | Sec. 949618 | Sep 17

Teaching Math: Grades 4-6 - Online CES 0962 || Sec. 949676 | Sep 17

**Understanding Adolescents - Online** 

CES 0925 || Sec. 949628 | Sep 17 || Sec. 949657 | Nov 12

Teaching Preschool: A Year of Inspiring Lessons - Online CES 0974 || Sec. 949626 | Sep 17 || Sec. 949653 | Nov 12

The Creative Classroom - Online
CES 0908 || Sec. 949624 | Sep 17 || Sec. 949630 | Oct 15 || Sec. 949615 | Nov 12

Creating Classroom Centers - Online CES 0988 || Sec. 949634 | Aug 13 || Sec. 949662 | Oct 15

The Differentiated Instruction & Response to Intervention Connection - Online CES 0964 || Sec. 949661 | Oct 15

Teaching Students with Autism - Online CES 0932 || Sec. 949642 | Sep 17 || Sec. 949664 | Nov 12

Teaching Students with ADHD - Online CES 0978 || Sec. 949665 | Sep 17 || Sec. 949667 | Nov 12

Solving Classroom Discipline Problems - Online CES 0913 || Sec. 949602 | Sep 17 || Sec. 949613 | Nov 12

Solving Classroom Discipline Problems 2 - Online CES 0929 || Sec. 949643 | Sep 17 || Sec. 949644 | Nov 12

Homeschool with Success - Online CES2 0062 || Sec. 949607 | Nov 12

Integrating Technology in the Classroom - Online CES2 6153 || Sec. 949619 | Sep 17 || Sec. 949622 | Nov 12

Creating a Classroom Website - Online CES2 6137 || Sec. 949650 | Aug 13

Teaching Smarter with SMART Boards - Online CES2 6183 || Sec. 949654 | Oct 15

Introduction to Excel - Online
CES2 6487 || Sec. 949636 | Aug 13 || Sec. 949637 | Oct 15

Getting Started with Google Workspace - Online CES2 6488 || Sec. 949638 || Sep 17 || Sec. 949646 || Nov 12

For full Teacher Recertification Class Catalog, Visit

SCHOOLCRAFT.EDU/PPL/TEACHER

# REGISTRATION DATES AND INFORMATION

# Registration begins 8:00 a.m., Tuesday July 22 for Aquatics and Wednesday July 23 for General PPL



**REGISTER ONLINE** at schoolcraft.edu/ppl and select Register Now

Begins 8 a.m., Wednesday, July 23, 2025

Hours: Monday–Saturday, 2 am–11 pm; Sunday, 2 am–9 pm

# Online registration continues until the day before the first class meets.

With online registration you can search and register for classes; add, drop and pay for classes; and print your schedule. A credit card is required to use online registration. Please have your payment information at hand. The following forms of payment are accepted: Discover, Mastercard, Visa, or American Express.

#### **Your User ID and Password**

- Your User ID is the lower-case initial of your first name and your student ID number. Remember to include leading zeros for ID numbers; for example, c0123456 (initial is lower case).
- If you have taken a class with us and do not know your User ID, contact the office at 734-462-4448.

#### **Child Registration**

If you are signing your child up for classes, you
must enter your child's personal information when
registering. Please do not use your information in lieu
of your child's.

#### **Senior Adult Tuition**

In order to receive senior adult status, persons sixty
 (60) years of age or older must verify their age (using
 a birth certificate, driver's license, or other legal
 documents) with the Registration Center prior to the
 start of the class. No rate adjustments will be made
 after a class has started. Visit schoolcraft.edu/ppl/
 register for more information.

The Personal & Professional Learning (PPL) office is open Monday–Friday from 8 am until 5 pm. For assistance after hours, the Answer Center is available to help students with the following:

- Online Registration including password resets
- On-Campus Wireless Access
- General Campus Information



Mon – Thurs: 8 a.m. – 7 p.m. Friday: 8 a.m. – 6 p.m. Saturday: 9 a.m. – 2 p.m. Sunday: CLOSED



#### WALK-IN

Monday-Friday, 8 a.m.–5 p.m. No walk-in registration Saturdays or Sundays, or during the following holidays: Labor Day Weekend August 30 – September 1, 2025, Thanksgiving Recess November 26-30, 2025. Bring your completed registration form to the **McDowell Student Center, Livonia campus.** Class fees must be paid in full. The drop box in front of the McDowell Student Center is also available for your use.

#### **Dropping a Class and Refund Policy**

You can drop a class for a full refund up to the day before the first class meets through Ocelot Access or by written request.

The refund policy is:

- Through the day before the first class meets: 100% of class fees. Thereafter, no refund.
- No refund or transfers for motorcycle classes



#### MAIL-IN

# Schoolcraft College Registration: PPL 18600 Haggerty Rd. Livonia, MI 48152-2696

Processing of mail-in registrations begins at 8 a.m. on the first day of registration; registrations are manually entered in the order they were received. If you are registering for a class that fills quickly, mail-in registration is not recommended.

Your registration form and cash or check payment should be received at least one week before the class start date. Complete the registration form on page 34. A receipt and class confirmation will be mailed to you. If you do not receive your class confirmation within one week, please call 734-462-4448 to verify your enrollment. If you prefer to use a credit card, please call the Answer Center at 734-462-4426. Mail-in registration does not guarantee a spot in the class.

#### Most PPL classes will not meet on the following days:

Labor Day Weekend August 30 – September 1, 2025, Thanksgiving Recess November 26-30, 2025. *Exceptions are noted in the online class listing.* 

For additional policies, procedures and other important information please visit: schoolcraft.edu/ppl and select How to Register.

# REGISTRATION FORM

Registration forms received prior to July 23 are processed starting at 8:00 AM, as staff time allows.

Online is the fastest way to secure your spot. **NEW**: Aquatics registration opens at 8:00 AM, one day prior to all other PPL courses.

#### **Registration/Admission Form**

Please use one registration	n form per student. Duplicate this for	<ul><li>□ Native Hawaiian or Other Pacific Islands</li><li>□ White</li></ul>		
			☐ Male ☐ Female ☐	Non-binary
DATE OF BIRTH	STUDENT NUMBER (WILL BE A	SSIGNED TO FIRST-TIME STUDENTS)		
_AST NAME	FIRST NAME	MI/FORMER NAME		
NUMBER AND STREET		CITY	STATE	ZIP CODE
		PRIMARY PHONE	ALTERNATE PH	IONF

**Aquatics**: Aquatics registration opens **July 22 at 8:00AM**. Please complete a **separate registration form** for Aquatics classes for ease of registration. Forms received early will be processed July 22 starting at 8:00 AM as staff time allows. **Online is the fastest way to secure a seat**.

Section No.	CES, CES2, CESN NO.	Title of Class	Amount
			\$
			\$
			\$
			\$
			\$
			\$
			¢
		TOTAL:	\$



If registering for a Physical Fitness class, review waiver online at schoolcraft.edu/ppl. Your registration signifies agreement to the waiver terms.



If registering for a Motorcycle Safety class, provide your initials to signify you understand no refunds or transfers are available. Provide your initials here:

#### Mail to:

Schoolcraft College PPL Registration 18600 Haggerty Road Livonia, MI 48152-2696

- ☐ Enclosed is my Check/Money Order payable to Schoolcraft College. (If your check is returned because of insufficient funds, we may redeposit it electronically.)
  - ◆ If paying by credit card, register online at schoolcraft.edu/ocelotaccess or call the Answer Center Monday Friday, 8:00 a.m 5:00 p.m. at 734-462-4426 to register and pay by phone. \*Phone registration is not available for Motorcycle Safety classes.
  - If using third-party sponsorship to pay for PPL courses, please contact studentaccounts@schoolcraft.edu for assistance.
  - For name change requests, contact the Registration Office/Answer Center at 734-462-4426.

Revised February 3, 2025

Personal &

1. Are you Hispanic? ☐ Yes ☐ No

☐ Asian ☐ Black or African American

2. Please select all that apply:

American Indian or Alaska Native

**Professional** 

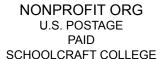




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   French Online
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- Sweet & Savory Crêpe Creations: Demo





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The Winter PPL schedule will be mailed early November; class listings online late October.

schoolcraft.edu/ppl

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See Page 29



