FALL 2024 SCHEDULE



From Bean to Bliss: Master the Perfect Brew

COFFEE 101: BEANS, BREWS & **BARISTAS** Page 17

NEW PAINT LIKE BOB ROSS Page 14

NEW CIRCL Mobility™ Page 4 Register July 17 through December 11

A publication from the Personal & Professional Learning Department of Schoolcraft College. Enriching Minds. Transforming Lives. | schoolcraft.edu/ppl Dear Schoolcraft College Community,

With the onset of autumn comes the start of the academic year, and we are excited to continue engaging and serving our amazing community of learners. This fall we are expanding programming in the Collaborative Learning



Studio. If you haven't taken a class in this new space, which seats 58 and includes a high-definition multipanel screen system, consider enrolling in "Paint Like Bob Ross". Join Ted Simpson, a certified Bob Ross instructor, as he leads you through the creation of a painting in a single session, complete with happy trees and fluffy clouds.

PPL remains committed to offering short-term professional skill courses, which serve as an entry point to explore or launch a new career as well as to retool and advance. Topics of interest include cybersecurity protection, Google workspace, digital sculpting, information technology, and more. We invite you to explore the full list of opportunities at <u>schoolcraft.edu/ppl/career</u>

We look forward to seeing you in your favorite classes, trying out a new activity, or expanding your professional skills! On behalf of the entire team, thank you for your continued interest, input, and support.

Jodie Beckley, PhD

Director, Personal & Professional Learning

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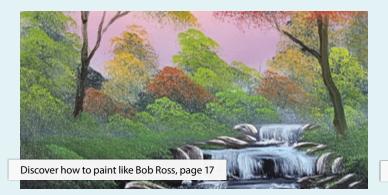
Monday-Friday, 8 a.m. – 5 p.m. • 734-462-4448 • ppl@schoolcraft.edu

Schoolcraft College publishes this schedule for informational purposes only and its content shall not constitute a contract between the institution and prospective or enrolled students.

The information presented here reflects the current curricula, policies, and regulations of the College. However, these are subject to change at any time by action of the Board of Trustees or the administration.

A doctor's review of your health is advised before starting any exercise program.

The Schoolcraft College Personal & Professional Learning Schedule is published three times yearly. It is the policy of Schoolcraft College that no person shall, on the basis of race, religion, color, gender, age, marital status, disability, sexual orientation, and/or national origin, be subjected to discrimination during or be excluded from participating in or be denied the benefits of any program or activity or in employment.



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Registration Begins

Wednesday, July 17, at 8:00 a.m.

Most PPL classes/activities are NOT scheduled on the following days: Labor Day Weekend, August 31 - September 2, and Thanksgiving Recess, November 27 - December 1 *Exceptions are noted in the online class listing.*



schoolcraft.edu/about/visit

Class Icon Key

- Purchase textbook and bring to first class—available at the College Bookstore. View textbook pricing and details at schoolcraftbooks.com.
- •---- Purchase a USB Flash Drive and bring to first class— available at the College Bookstore.
- Prerequisite: CES 2187 Cooking 101: Skill Development or instructor's approval. See page 17 for toolkit requirements.
- Schoolcraft College Certificate of Photography class.



PERSONAL ENRICHMENT

FITNESS & HEALTH

AEROBICS

Zumba®- Blast Dance Workout

Zumba[®] is a combination of easy-to-follow routines done to Latin and International music. This class features toning and hip-hop movements resulting in an energizing, fat-burning cardio workout! Zumba[®] is designed for all fitness levels, with no dance experience necessary.

CES 9802 | \$95/Senior Cost \$47.50

12 weeks | Tues | Sep 10 | 5-6 pm | Sec. 948136 | PE140 | P. Zarinana - AHF

12 weeks | Thurs | Sep 12 | 11 am-12 pm | Sec. 948122 | PE140 | P. Zarinana - AHF

Fit & Fun Cardio Drumming

Get your heart pumping with an effective cardio drumming class. Drum away stress and get fit along with a mat workout using hand weights and stretch bands. Drumming sticks and Fit Balls are provided and seated chair options and demonstrations are included in each class.

CES2 9135 | \$95/Senior Cost \$47.50

12 weeks | Tues | Sep 10 | 11 am-12 pm | Sec. 948131 | PE140 | E. Letourneou-AHF

WERQ[®] Dance. Fitness. Workout.

WERQ® redefines dance fitness! Build cardiovascular endurance and strengthen your heart dancing to today's hottest top 40 pop, rock and hip-hop music. No dance experience is necessary.

CES 9930 | \$95/Senior Cost \$47.50

12 weeks | Wed | Sep 11 | 5-6 pm | Sec. 948111 | PE140 | J. Falasco

Cardio Hip-Hop & Strength

Burn calories while having fun in this high intensity, follow-along hip-hop dance and endurance strength training class.

CES2 9091 | \$105/Senior Cost \$52.50

10 weeks | Thurs | Sep 12 | 7-8 pm | Sec. 948126 | PE140 | A. Hallmark

Move, Stretch & Dance

Utilizing fun and motivational music, this class will teach you how to properly exercise with dance techniques to increase cardiovascular health, stretch to increase flexibility, and build core strength. Seniors and those with limited mobility are welcome.

CES2 9096 | \$75/Senior Cost \$37.50

6 weeks | Thurs | Sep 19 | 9-10 am | Sec. 948132 | PE210 | E. Johnson

Chair Fitness: A Seated Aerobic Workout

This stand up and/or sit down workout will strengthen your arms, legs and torso and help build the core muscles that support good posture. This is a great class for seniors and those with limited mobility.

CES2 9097 | \$75/Senior Cost \$37.50

6 weeks | Thurs | Oct 31 | 9-10 am | Sec. 948155 | PE210 | E. Johnson



Circuit Training

Lose inches while strengthening all your major muscle groups. Combine strength training and cardio in the same workout while moving through timed stations to keep your heart rate up.

CES 9365 | \$105/Senior Cost \$52.50 12 weeks | Sat | Sep 7 | 10:10-11:10 am | Sec. 948112 | PE120 | S. Bauslaugh

Dynamic Fit Mix: A Variety Workout

Enjoy this fun and uplifting class working out with different types of fitness equipment and routines each time class meets, while toning your entire body top to bottom.

CES2 9071 | \$135/Senior Cost \$67.50

12 weeks | Tues & Thur | Sep 10 | 8-9 am | Sec. 948125 | PE140 | Z. Prymak-AHF



Burn calories using fitness center equipment in Circuit Training

Get Fit & Stay Fit: Low Impact Aerobics

Set your own pace in variations of low impact aerobics, strength training, and sculpting designed for moderate level exercisers.

CES 9438 | \$145/Senior Cost \$72.50

12 weeks | Mon, Wed & Fri | Sep 9 | 9-10 am | Sec. 948108 | PE140 | K. Carzon - AHF

Total Body Strength & Tone

Reshape your upper and lower body using hand weights, body bars, fitballs and more. Finish each class with a 15-minute stretch and see the results!

CES2 9083 | \$85/Senior Cost \$42.50 10 weeks | Sat | Sep 7 | 9:30-10:30 am | Sec. 948128 | PE140 | L. Furlong- AHF

Best Body: Hybrid Interval Training

Burn fat and tone muscle in this hybrid interval training class that combines weights, cardio, and strength training.

CES 9993 | \$105/Senior Cost \$52.50 12 weeks | Mon | Sep 9 | 6-7 pm | Sec. 948133 | PE140 | Z. Prymak - AHF

Strength Training & Conditioning

Strengthen and tone the major muscle groups as you increase lean muscle mass. Enjoy a healthier body and a higher metabolic rate, as you firm, tone, and enhance the body's natural shape. Exercises are developed using a variety of exercise equipment.

CES 9432 | \$99/Senior Cost \$49.50

12 weeks | Sat | Sep 7 | 9-10 am | Sec. 948123 | PE120 | S. Bauslaugh

NEW CIRCL Mobility[™]

Based on the science of functional movement, CIRCL Mobility[™] focuses on flexibility, breath work, and mobility exercises. Whether you're a fitness enthusiast, a busy parent, or a 9-5er, CIRCL Mobility[™] helps you release stress, restore your range of motion, and renew your ability to move better, longer.

CES2 9158 | \$105/Senior Cost \$52.50

12 weeks | Tues | Sep 10 | 6-7 pm | Sec. 948135 | PE140 | S. Garner

Strength Training & Conditioning

Strengthen and tone the major muscle groups as you increase lean muscle mass. Enjoy a healthier body and a higher metabolic rate, as you firm, tone, and enhance the body's natural shape. Exercises are developed using a variety of exercise equipment.

CES 9433 | \$119/Senior Cost \$59.50

12 weeks | Tues & Thur | Sep 10 | 5:15-6:15 pm | Sec. 948113 | PE120 | S. Bauslaugh

12 weeks | Tues & Thur | Sep 10 | 6:30-7:30 pm | Sec. 948121 | PE120 | S. Bauslaugh

Sunrise, Stretch, Strength & Tone

Begin your day with an invigorating workout designed to improve your overall strength, balance, flexibility and posture. Using a variety of equipment, incorporate active stretching, low impact movements, targeting floor work and Pilates inspired exercises to leave you feeling energized. Alternative options for students with osteoporosis and osteopenia will be given.

CES 9954 | \$129/Senior Cost \$64.50

12 weeks | Mon & Wed | Sep 9 | 8-9 am | Sec. 948149 | PE210 | G. Ripley

12 weeks | Mon & Wed | Sep 9 | 8-9 am | Sec. 948148 | VIRTUAL | G. Ripley

Senior Fitness

Zumba[®] Gold: A Beginner Dance Workout

This fitness dance class, done to a variety of music like meringue, salsa, and tango, is an effective calorie burning workout geared for all fitness levels.

CES 9858 | \$95/Senior Cost \$47.50

12 weeks | Fri | Sep 13 | 10-11 am | Sec. 948152 | PE140 | J. Dumbleton - AHF

Fit as a Fiddle

Workout while sitting comfortably in a chair at your own pace in this beginning to moderately-paced class. Improve your range of motion, strength, balance, flexibility, brain health and memory techniques.

CES 9815 | \$105/Senior Cost \$52.50

6 weeks | Mon & Wed | Sep 9 | 10-11 am | Sec. 948106 | PE140 | J. Dumbleton - AHF

6 weeks | Mon & Wed | Oct 21 | 10-11 am | Sec. 948109 | PE140 | J. Dumbleton-AHF

Strength Training for Seniors I

Strengthening the major muscle groups of the upper and lower body improves metabolism, increases bone mineral density, and can reduce arthritic discomfort for aging adults.

CES 9550 | \$105/Senior Cost \$52.50

6 weeks | Mon & Wed | Sep 9 | 1-2 pm | Sec. 948117 | PE140 | E. Letourneou - AHF

6 weeks | Mon & Wed | Oct 21 | 1-2 pm | Sec. 948118 | PE140 | E. Letourneou - AHF

Strength Training for Seniors II

This low-impact cardio workout uses light hand weights, resistance bands, and small exercise balls to improve strength, flexibility and balance leaving you stronger and more energized.

CES2 9009 | \$95/Senior Cost \$47.50

12 weeks | Tues | Sep 10 | 1:30-2:30 pm | Sec. 948142 | PE140 | S. Brodsky - AHF

Senior Basketball: Non-Instructional Activity

Seniors can enjoy the opportunity to play non-instructional indoor basketball. CESN 0009 | \$69

12 weeks | Tues & Thur | Sep 10 | 10 am-12 pm | Sec. 948115 | PE Main Gym

Pilates

Pilates: Full Body Strength & Conditioning

Expand your Pilates practice, while toning, lengthening, and stretching your body. Never feel bored with a total body workout ratio of upper body, supine core work, legs/side series, and prone back work. This class for all skill levels focuses on a total body Pilates practice utilizing different small pieces of equipment. Leave feeling rejuvenated and strong!

CES2 9067 | \$99/Senior Cost \$49.50

14 weeks | Mon | Sep 9 | 6-7 pm | Sec. 948104 | VIRTUAL | J. Malinowski

Pilates for Beginners

A safe and effective mat Pilates workout offers a powerful conditioning program for the entire body. These exercises practiced correctly, promote functional strength of abdominal and back muscles, and help to develop pelvic floor strength and better posture.

CES 9557 | \$95/Senior Cost \$47.50

12 weeks | Mon | Sep 6 | 11 am-12 pm | Sec. 948103 | PE140 | J. Dumbleton - AHF

Barre Workout: Strength, Lengthen & Tone

Use a ballet bar to strengthen, lengthen, and tone your body by performing small isometric movements. It tones the whole body by burning fat fast, lifting the glutes and toning the thighs, abs, hips and arms. No dance experience necessary.

CES 9904 | \$95/Senior Cost \$47.50

12 weeks | Wed | Sep 11 | 11 am-12 pm | Sec. 948102 | PE140 | Z. Prymak - AHFi



Strengthen your core in Pi-Yo Strength Fusion

Pi-Yo Strength Fusion

Combine the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga. Work at your own pace to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean, and incredibly defined.

CES 9932 | \$95/Senior Cost \$47.50

12 weeks | Wed | Sep 11 | 7-8 pm | Sec. 948130 | PE140 | L. Furlong - AHF

TAI CHI

Beginning Tai Chi

Tai Chi is a series of gentle turning and stretching exercises that aid in relaxation and stress reduction and improve flexibility, circulation, balance, muscle control and strength. This beginning course introduces the fundamentals of the 108 moves in the Taoist Tai Chi set.

CES 9906 | \$109/Senior Cost \$54.50

12 weeks | Tues | Sep 10 | 7:30-8:30 pm | Sec. 948801 | PE140 | MI Tai Chi Association

12 weeks | Tues | Sep 10 | 9:30-10:30 am | Sec. 948802 | PE140 | MI Tai Chi Association

FENCING

Fencing I

Fencing is one of only four sports that has been on every modern Olympic program since 1896. Gain a basic understanding of the sport of fencing the art of sport swordplay - in an enjoyable and relaxed atmosphere. Learn basic fencing positions, movements, and principles. Equipment is provided. Students age 11+ are welcome.

CES 9180 | \$99/Senior Cost \$49.50

12 weeks | Fri | Sep 13 | 6:30-7:50 pm | Sec. 947901 | PE Main Gym | D. McLaren

Fencing II

Build your knowledge of the sport and improve your fencing technique. Learn new movement and strategies necessary for bout fencing. Equipment is provided. Students age 11+ are welcome. Prerequisite: CES 9180 Fencing I.

CES 9181 | \$99/Senior Cost \$49.50

12 weeks | Fri | Sep 13 | 8:10-9:30 pm | Sec. 947902 | PE Main Gym | D. McLaren

Fencing Club: Non-Instructional Activity

This unstructured activity period is for those who have taken Fencing I and Fencing II and would like an opportunity to practice their skills.

CESN 0004 | \$79

12 weeks | Fri | Sep 13 | 7-9 pm | Sec. 947909 | PE Main Gym

DANCE

Couples and singles welcome in all Dance classes!

Lunchtime Line Dance I

Learn the latest line dances at this special daytime class like the Hustle, Cha-Cha's, Waltzes, the Charleston and more. This class is designed for those with little or no previous experience.

CES 9333 | \$105/Senior Cost \$52.50

12 weeks | Thurs | Sep 12 | 1:50-2:50 pm | Sec. 948002 | PE140 | J. Owen

Lunchtime Line Dance: One Plus

Expand your line dance skills and continue to dance to all varieties of music from oldies, country, top 40's and more.

CES 9686 | \$105/Senior Cost \$52.50

12 weeks | Thurs | Sep 12 | 12:30-1:30 pm | Sec. 948006 | PE140 | J. Owen

Dance Yourself Fit

Complete a workout to tone your muscles and dance your way to being fit while learning popular dances like Salsa, Cha-Cha, Rumba, Samba, Disco, Bachata, Shuffle, Hustle, Swing, Bolero and more. Dance with and without a partner, in a group, and in a line.

CES 9989 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 13 | 5-6 pm | Sec. 948008 | PE140 | E. Semenov

6 weeks | Fri | Nov 1 | 6-7 pm | Sec. 948009 | PE140 | E. Semenov

Belly Dance Fitness

Students spend one hour engaging in belly dance style movement with the goal of burning calories and having fun while listening to Middle Eastern/ Fusion and other motivating musical selections.

CES2 9134 | \$79/Senior Cost \$39.50

6 weeks | Wed | Sep 25 | 12 pm-1 pm | Sec. 948026 | PE140 | A. Hallmark

Move & Groove: Full Body Dance Workout

Utilize basic motor skills for a high energy full body dance workout! Move and groove to the best music from the 80s to the best hits today.

CES2 9131 | \$79/Senior Cost \$39.50

6 weeks | Wed | Sep 18 | 6-7 pm | Sec. 948032 | PE140 | J. Gordon

Latin Dancing New routines!

Each session you will learn two different hot Latin Dances, like Salsa, Bachata, Lindy, Rumba, Samba, Merengue, Jive, Cha-Cha-Cha, Cumbia, Bolero and more. This class is good for beginners and more advanced dancers and will cover the fundamentals and more advanced figures.

CES 9988 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 13 | 7-8 pm | Sec. 948014 | PE140 | E. Semenov

6 weeks | Fri | Nov 1 | 7-8 pm | Sec. 948015 | PE140 | E. Semenov

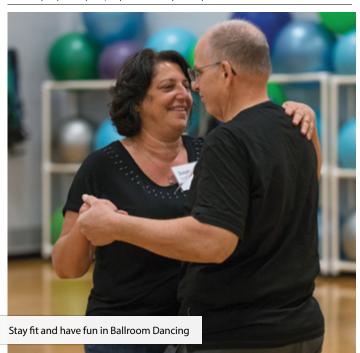
Ballroom Dancing New routines!

Learn and practice two different graceful Ballroom Dances, a necessary social grace that fills a need in both the business world and on a personal level. Work on fundamental dance components, base timings/rhythms, key foot patterns and essential leading and following techniques. Good for beginners and more advanced dancers.

CES2 9039 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 13 | 8-9 pm | Sec. 948017 | PE140 | E. Semenov

6 weeks | Fri | Nov 1 | 8-9 pm | Sec. 948018 | PE140 | E. Semenov



Shuffle & Hustle: New & Classic Line Dances

Learn the line dances that have been popular for years plus new ones created by the instructor! Each class will focus on learning a 1 or 2 line dances first without music, then gradually add music from the 80s to today to put it all together. All skill levels are welcome.

CES2 9132 | \$79/Senior Cost \$39.50

6 weeks | Wed | Oct 30 | 6-7 pm | Sec. 948030 | PE140 | J. Gordon

The Art of Motown Style Ballroom Dancing New routines!

This popular style is a combination of social ballroom dance and the cha-cha dusted with a soulful "Dee-troit" urban flavor. Learn the basics and more advanced combinations that can be done to almost any type of music. This class is good for beginners and more advanced dancers.

CES2 9093 | \$79/Senior Cost \$39.50

6 weeks | Fri | Sep 13 | 6-7 pm | Sec. 948021 | PE140 | E. Semenov

6

YOGA

Yoga for Easing Arthritis & Fibromvalgia Pain-Level I

Experience this gentle yoga workout designed for individuals who suffer from varying degrees of muscle and joint pain from arthritis or fibromyalgia. The majority of the workout is done in a chair and the standing poses will utilize a chair for support and balance.

CES 9900 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 12 | 9:15-10:15 am | Sec. 948920 | PE140 | J. Dumbleton - AHF

Yoga for Easing Arthritis &

Fibromyalgia Pain-Level II

This advanced yet gentle workout is designed for individuals who suffer from varying degrees of muscle and joint pain. Poses focus on joint flexibility and breathing exercises for relaxation, resulting in the easing of pain associated with arthritis or fibromyalgia.

CES2 9126 | \$125/Senior Cost \$62.50

12 weeks | Tues | Sep 10 | 10-11 am | Sec. 948933 | PE210 | K. Carzon-AHF

Yoga for Better Bone Health & Balance

If you are looking for a yoga class that improves bone health, flexibility and balance then this yoga class is a must. Weight-bearing standing/seated yoga poses, with the use of light hand weights, can help build bone density, strength and coordination.

CES2 9136 | \$125/Senior Cost \$62.50

12 weeks | Tues | Sep 10 | 9-10 am | Sec. 948934 | PE210 | K. Carzon-AHF

"Easy Does It" Hatha Yoga

Hatha Yoga is gentle, but effective for promoting flexibility, balance, strength, and wonderful posture. Great for beginners and moderate level exercisers. Yoga teaches breathing, stretching and relaxation.

CES 9542 | \$59/Senior Cost \$29.50

12 weeks | Tues | Sep 10 | 12:30-1 pm | Sec. 948921 | PE210 | S. Brodsky - AHF

CES 9543 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 12 | 1-2:20 pm | Sec. 948917 | PE210 | S. Nagy - AHF

Dynamic Flowing Yoga

Vinyasa flow yoga is designed to provide more of a workout by each pose flowing into the next. Combine still poses, dynamic movement, relaxation, and breathing exercises.

CES2 9137 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 9 | 1-2 pm | Sec. 948935 | VIRTUAL | J. Weishaar

Flowing Yoga I

In this beginning class you'll enjoy a moving sequence of Hatha Yoga poses for flexibility, strength and relaxation. You will learn the 12-part Sun Salutes in addition to several more yoga poses supported by yoga breathing.

CES 9218 | \$125/Senior Cost \$62.50

12 weeks | Sat | Sep 7 | 9:30-10:50 am | Sec. 948931 | PE210 | K. Dreyer-AHF

| 12 weeks Tues Sep 10 5:30-6:50 pm Sec. 948938 VIRTUAL J. Weishaar | |
|---|--|
| 12 weeks Tues Sep 10 5:30-6:50 pm Sec. 948942 PE210 M. Hopson-AHF | |

12 weeks | Tues | Sep 10 | 7-8:20 pm | Sec. 948919 | PE210 | M. Hopson - AHF

Flowing Yoga II

Build on the stamina you developed in Flowing Yoga I. Review the 12 part Sun Salutes, and then learn the 16 part and 24 part Sun Salutes increasing your breath capacity, body flexibility and strength. Enjoy more challenging poses and a variety of yoga breathing exercises.

CES 9541 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 9 | 11 am-12:20 pm | Sec. 948916 | PE210 | Z. Pyrmak-AHF

12 weeks | Thurs | Sep 12 | 5:30-6:50 pm | Sec. 948912 | PE210 | H. Grimm - AHF

NEW Breath-Centered Gentle Yoga

Enjoy a breath-centered yoga practice to support overall health, restore energy, and reduce stress. This class includes a brief education on breath biomechanics and anatomy, breath and health, how and why breath and posture techniques support the energy system.

CES2 9159 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 9 | 4-5 pm | Sec. 948927 | PE210 | J. Lenders

Yin Yoga: Slow Paced with Longer Holds

Yin Yoga targets the connective tissue of the joints, ligaments and sinew to help increase flexibility and range of motion. Focus on strength and stretching with longer holds and fewer poses. Bring a blanket and 2 yoga blocks to class.

CES2 9065 | \$125/Senior Cost \$62.50 12 weeks | Thurs | Sep 12 | 9:30-10:50 am | Sec. 948928 | VIRTUAL | C. Vukonich

Healing Yoga & Self Massage

All skill levels are welcome in this class designed to help those experiencing body tension, headaches, migraines, and anxiety. Begin with standing poses to improve breathing habits, flexibility and balance followed by seated mat postures supported by yoga props. End the session with soft sounds of tranguil music which includes a demonstration of relaxing neck, hand, and foot self-massage.

CES2 9164 | \$139/Senior Cost \$69.50

12 weeks | Mon | Sep 9 | 5:30-6:50 pm | Sec. 948932 | PE210 | H. Grimm - AHF

Vinyasa Yoga with Light Weights

In a gentle environment, learn how to use light weights to strengthen the upper body and core using 2-8 lb, weights or a non-weight bearing approach. Weights followed with an easy flow of yoga restorative poses and breathing will help improve flexibility and stability. Bring a sticky mat and a firm blanket.

CES 9960 | \$125/Senior Cost \$62.50 12 weeks | Fri | Sep 13 | 9:30-10:50 am | Sec. 948930 | PE210 | C. Vukonich

12 weeks | Fri | Sep 13 | 9:30-10:50 am | Sec. 948915 | VIRTUAL | C. Vukonich

Precision Yoga: The Ivengar Way

Precision Yoga practices precise alignment to avoid injury and maximize inner and outer balance. Learn basic yoga postures and breathing techniques to build strength and peace of mind following the methods of B.K.S. lyengar.

CES 9785 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 11 | 11:10 am-12:40 pm | Sec. 948925 | PE210 | D. Siegel-DiVita

NEW Desk Break Yoga: Full Body Stretches to Fix Your Posture

Learn how to stretch key muscles in your body, to release tension, help increase your blood flow and enhance your productivity, while taking your necessary desk breaks. Instructor will demonstrate exercises to improve your posture, all while enjoying easy listening and upbeat music to enhance your day.

CES2 9153 | \$79/Senior Cost \$39.50

6 weeks | Mon & Fri | Oct 7 | 11:30 am-12 pm | Sec. 948929 | VIRTUAL | S. Faris

Yoga to Renew & Restore

Relax the mind and move into a slow flowing sequence to help energize the body. Restorative poses, also called active relaxation, will bring balance to your life and help you journey into a place of deep contentment, heal your body and calm your mind.

CES 9540 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 11 | 5:30-6:50 pm | Sec. 948944 | PE210 | K. Dreyer - AHF

Yoga & Stress Management

This gentle, flowing Hatha Yoga class will help you explore classic yoga poses, postures and breathing exercises, followed by soothing, relaxing meditation, leaving you feeling peaceful and relaxed.

CES2 9017 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 11 | 7-8:20 pm | Sec. 948937 | PE210 | S. Nagy - AHF

Yoga Better Back & Neck

Create the foundation for your well-being, peace and health by developing a stronger back and neck. Transform your body and mind with a sequence of classic standing poses, stretches and breathing techniques designed for students of all ability levels.

CES 9978 | \$125/Senior Cost \$62.50

12 weeks | Thurs | Sep 12 | 7-8:20 pm | Sec. 948908 | PE210 | H. Grimm - AHF

Yoga for a Healthy Heart

Focus on improving your cardiovascular function and the reduction of blood pressure with this specialized yoga class. Using safe and effective techniques, performed with proper form and alignment, learn a flowing sequence of yoga poses, stretches, and synchronized breathing.

CES 9986 | \$125/Senior Cost \$62.50

12 weeks | Mon | Sep 9 | 9:30-10:50 am | Sec. 948926 | PE210 | Z. Prymak - AHF

Light Weights with a Little Yoga

Work with one to ten pound weights increasing your strength, stamina and bone density. Learn to comfortably lift weights from sitting, standing, and lying positions feeling totally in control.

CES 9734 | \$125/Senior Cost \$62.50

12 weeks | Wed | Sep 11 | 9:30-11 am | Sec. 948923 | PE210 | D. Siegel-DiVita

12 weeks | Fri | Sep 13 | 11:15 am-12:45 pm | Sec. 948922 | PE210 | D. Siegel-DiVita



Cultivate inner peace with a mindful yoga practice

AQUATICS

Classes end 5 minutes to the hour to allow for changing of class sessions. View a complete list of swim skills quidelines:



· Proper backstroke kick with flota-

· Elementary backstroke with a flota-

• Retrieve an object from 4 1/2 feet

· Comfortably float or swim in deep

tion device

tion device

deep

end

Basic Swim for the Water Shy Adult

Skills to be learned:

- Tread water for 30 seconds
- Float on front with relaxed muscles and face in the water, blowing bubbles
- Float on back with relaxed muscles
- · Proper freestyle flutter kick with flotation device
- Swim 12 yards freestyle with any kind of breathing

CES 9583 | \$109/Senior Cost \$54.50

12 weeks | Sat | Sep 7 | 8:30-9:30 am | Sec. 948746 | PE Pool | K. Calhoun

12 weeks | Mon | Sep 9 | 6-7 pm | Sec. 948745 | PE Pool | K. Calhoun

12 weeks | Tues | Sep 10 | 7-8 pm | Sec. 948711 | PE Pool | K. Calhoun

12 weeks | Wed | Sep 11 | 6-7 pm | Sec. 948744 | PE Pool | N. Travis

Beginning Adult Swim Stroke & Technique

Skills to be learned:

- Tread for one minute
- 25 yards freestyle with proper flutter kick, arm rotations and alternate breathing
- 25 yards backstroke with proper kick and arm rotation · 25 yards breaststroke with proper

kick and arm movement, breathing every stroke

- 25 yards elementary backstroke, body undulations kick for 12 yards
- Introduction to diving off side of deep end, comfortable swimming in deep end without float

Prerequisite: Basic Swim for the Water Shy Adult; or the ability to float; or some deep water familiarity.

CES 9408 | \$109/Senior Cost \$54.50

12 weeks | Sat | Sep 7 | 8:30-9:30 am | Sec. 948710 | PE Pool | N. Travis

12 weeks | Wed | Sep 11 | 6-7 pm | Sec. 948747 | PE Pool | R. Wiseman 12 weeks | Thurs | Sep 12 | 7-8 pm | Sec. 948749 | PE Pool | R. Wiseman

Intermediate Adult Swim Stroke & Technique

Skills to be learned:

- Tread water for 2 minutes · Standing dive in deep end, retrieve an object from 5-7 ft.
- 50 yards freestyle with proper body position, rotation, kick and arm rotations
- 50 yards backstroke with proper body position, rotation, kick and
- body undulations, correct arms and breathing every/other stroke Introduction to flip turns and open turns for appropriate strokes

50 yards breaststroke with proper

• 25 yards butterfly with proper

ing every stroke

kick, arms, coordination and breath-

Prerequisite: Beginning Adult Swim & Stroke Technique.

CES 9410 | \$109/Senior Cost \$54.50

12 weeks | Sat | Sep 7 | 8:30-9:30 am | Sec. 948734 | PE Pool | S. Allen

12 weeks | Mon | Sep 9 | 6-7 pm | Sec. 948716 | PE Pool | A. Brown

12 weeks | Wed | Sep 11 | 6-7 pm | Sec. 948712 | PE Pool | S. Allen

Advanced Adult Swim Stroke & Technique

Students with good swimming ability will work to improve their endurance and push their skills.

Skills to be learned:

arm rotations

- 100+ yards of all competitive strokes Read a written swim practice
- · Perform proper turns during laps,
- · Proper diving for starts and relays using correct turn for each stroke Knowledge of swim drills
- Prerequisite: Intermediate Swim Stroke & Technique.

CES 9658 | \$109/Senior Cost \$54.50

12 weeks | Fri | Sep 13 | 5-6 pm | Sec. 948701 | PE Pool | N. Travis

Water Exercise for Easing Arthritis Pain

Experience this gentle therapeutic water workout, designed for individuals who suffer from varying degrees of muscle and joint pain. Find relief from the soothing buoyancy of the water while exercising.

CES 9919 | \$145/Senior Cost \$72.50

12 weeks | Mon & Wed | Sep 9 | 10-11 am | Sec. 948742 | PE Pool | K. Carzon - AHF

Water Exercise for Easing Arthritis Pain II

An active water exercise class, suitable for those suffering from arthritis, fibromyalgia, or similar ailments. Class is directed at finding relief from the pain and stiffness of arthritis, while seeking to improve overall fitness and activity levels. Students are encouraged to work at their own pace. Water shoes recommended. Walk-in ladder and chair lift are available for entering the pool.

CES 9992 | \$85/Senior Cost \$42.50

12 weeks | Fri | Sep 13 | 10-11 am | Sec. 948709 | PE Pool | K. Carzon - AHF

schoolcraft.edu/ppl | 734-462-4448

Deep Water Aerobics I

Deep water aerobics is an enjoyable way to slim down and shape up! Spend forty-five minutes using the natural resistance of water to improve muscle tone, cardiovascular fitness and flexibility.

CES 9343 | \$85/Senior Cost \$42.50

12 weeks | Sat | Sep 7 | 8:30-9:30 am | Sec. 948730 | PE Pool | K. Carzon- AHF

12 weeks | Mon | Sep 9 | 9-10 am | Sec. 948719 | PE Pool | R. Wiseman

12 weeks | Mon | Sep 9 | 4-5 pm | Sec. 948732 | PE Pool | N. Bunner

12 weeks | Tues | Sep 10 | 7-8 am | Sec. 948707 | PE Pool | R. Wiseman

12 weeks | Tues | Sep 10 | 3-4 pm | Sec. 948722 | PE Pool | R. Wiseman

12 weeks | Tues | Sep 10 | 6-7 pm | Sec. 948728 | PE Pool | K. Carzon - AHF

12 weeks | Wed | Sep 11 | 6:30-7:30 pm | Sec. 948724 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 12 | 6-7 am | Sec. 948706 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 12 | 7-8 am | Sec. 948705 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 12 | 8-9 am | Sec. 948702 | PE Pool | N. Bunner

12 weeks | Thurs | Sep 12 | 3-4 pm | Sec. 948723 | PE Pool | R. Wiseman

12 weeks | Fri | Sep 13 | 6-7 am | Sec. 948714 | PE Pool | R. Wiseman

12 weeks | Fri | Sep 13 | 1-2 pm | Sec. 948731 | PE Pool | R. Wiseman

Swim Studio

Enjoy the use of the Schoolcraft pool to practice and hone your swimming skills. Whether you are a beginner or an advanced swimmer and are looking for pool time under the guidance of an experienced aquatics instructor to exercise, practice your swim strokes or just enjoy some time in the water, here's your opportunity.

CES 9903 | \$95/Senior Cost \$47.50

| 1 . |
|---|
| 12 weeks Wed Sep 11 2-3 pm Sec. 948755 PE Pool L. Mross |
| 12 weeks Wed Sep 11 1-2 pm Sec. 948754 PE Pool L. Mross |
| 12 weeks Mon Sep 9 8-9 pm Sec. 948752 PE Pool A. Brown |
| 12 weeks Mon Sep 9 2-3 pm Sec. 948727 PE Pool L. Mross |
| 12 weeks Mon Sep 9 1-2 pm Sec. 948753 PE Pool L. Mross |

Hydro-toning

Enjoy an aquatic workout that utilizes the natural resistance of water. Begin with deep water running for 25 minutes, then move to the shallow end and use resistance weights on your arms and legs.

CES 9493 | \$85/Senior Cost \$42.50

| 12 weeks fues sep 10 6-7 am sec. 9487 18 PE POOI R. wiseman | | | | |
|---|--|--|--|--|
| 12 weeks Tues Sep 10 1-2 pm Sec. 948743 PE Pool R. Wiseman | | | | |
| 12 weeks Wed Sep 11 4-5 pm Sec. 948740 PE Pool N. Bunner | | | | |
| 12 weeks Thurs Sep 12 1-2 pm Sec. 948741 PE Pool R. Wiseman | | | | |

12 weeks | Fri | Sep 13 | 3-4 pm | Sec. 948733 | PE Pool | R. Wiseman



Full Body Aqua Burn

Enjoy an instructor-led circuit-based workout utilizing the natural resistance of water along with resistance tools to get a full body workout. Every class will start with a warm-up and end with a stretch. During the class you will experience 15 minutes of intense cardio followed by targeting each area of the body such as arms, legs and core to provide a full body workout.

CES2 9042 | \$99/Senior Cost \$49.50

12 weeks | Fri | Sep 13 | 7-8 pm | Sec. 948713 | PE Pool | P. Woodruff

Aquafit Interval Training

Work off unwanted pounds while improving your flexibility, range of motion, upper-body strength, and endurance. In shallow water using various class formats, tone your entire body using provided noodles, kickboards, fins and barbells. All fitness levels welcome.

CES 9709 | \$85/Senior Cost \$42.50

12 weeks | Mon | Sep 9 | 7-8 pm | Sec. 948751 | PE Pool | K. Carzon-AHF

Aqua Dance

Enjoy an instructor-led high energy workout utilizing the natural resistance of the water while moving to the beat. Every class will start with a warm-up and end with a stretch. During the class you will focus on 25 minutes of intense cardio burn using dance inspired moves and then move right into focusing on targeted areas of the body such as arms, legs and core to provide a full body workout. This class is located in the shallow end of the pool requiring no swim experience.

CES2 9043 | \$99/Senior Cost \$49.50

12 weeks | Fri | Sep 13 | 6-7 pm | Sec. 948715 | PE Pool | P. Woodruff

Swimnastics I

You don't need to be a swimmer to benefit from this class. Progressive exercises and rhythmic activities in the water are designed to improve flexibility, circulation, and relaxation. Basic swimming skills will be taught as needed.

CES 9138 | \$145/Senior Cost \$72.50

12 weeks | Tues & Thur | Sep 12 | 9-10 am | Sec. 948704 | PE Pool | N. Bunner

CES 9445 | \$85/Senior Cost \$42.50

12 weeks | Tues | Sep 10 | 11 am-12 pm | Sec. 948703 | PE Pool | N. Bunner

12 weeks | Tues | Sep 10 | 2-3 pm | Sec. 948708 | PE Pool | R. Wiseman

12 weeks | Thurs | Sep 12 | 2-3 pm | Sec. 948717 | PE Pool | R. Wiseman

Swimnastics II

If you would like a more vigorous swimnastics program, Swimnastics II is for you! Enjoy rhythmic, aerobic exercises improving your circulation, flexibility and endurance. You don't need to know how to swim to take this class.

CES 9865 | \$85/Senior Cost \$42.50

12 weeks | Tues | Sep 10 | 10-11 am | Sec. 948721 | PE Pool | N. Bunner

Paid Lap Swim - Intermediate

Enjoy the benefits of open lap swim and use of the deep well with limited enrollment. This opportunity will be limited to 18 students. For adults only. To attend, all participants must register for the entire week session. Swimmer must be able to swim a continuous 200 freestyle and have basic knowledge of all 4 strokes.

CESN 0027 | \$85

12 weeks | Fri | Sep 13 | 7-8 am | Sec. 948725 | PE Pool

Paid Lap Swim - Advanced

Enjoy the benefits of open lap swim and use of the deep well with limited enrollment. This opportunity will be limited to 18 students. For adults only. To attend, all participants must register for the entire session. Swimmer must be able to demonstrate all 4 strokes and swim a minimum of 500 yards freestyle.

CESN 0028 | \$85

12 weeks | Wed | Sep 11 | 7-8 am | Sec. 948726 | PE Pool

AQUATICS – YOUTH

Classes end 5 minutes to the hour to allow for changing of class sessions. View a complete list of swim skills auidelines:



Level 1 Basic Swim for the Water Shy Youth: Ages 5+ Skills to be learned:

- Enter and exit the pool correctly
- Five relaxed bobs
- · Blow bubbles into the water through the nose only, and through the nose and mouth simultaneously Float on the front and back having
- Keep head up with synchronized movement of arms, hands and legs;
- · Jump into shallow end from a sitting
- position or standing up • Retrieve a ring from 1-2 feet with
 - assistance • Float and swim, with head up or
- all muscles relaxed Float with head in the water, with correct mouth-nose and/or nasal exhalation

down, in the deep water with a flotation device.

For the instructor to recommend a student move to Level 2, these skills must be demonstrated.

CES 9773 | \$149

12 weeks | Sat | Sep 7 | 10:30-11:30 am | Sec. 948521 | PE Pool | N. Travis

12 weeks | Tues | Sep 10 | 5-6 pm | Sec. 948502 | PE Pool | N. Travis

Level 2 Youth Swim Beginner: Ages 5+

Skills to be learned:

- Tread water for thirty seconds
- Ten relaxed bobs
- Do unassisted front and back arrow, no arm/leg movement
- Swim ten yards freestyle (whole
- Proper backstroke kick with flota-
- · Elementary backstroke as a survival
- unassisted Proper freestyle flutter kick with flotation device
- Retrieve a ring from 41/2 feet with assistance
- · Jump into the deep end with flotation device.

Prerequisite: Successful completion of all skills listed in Level 1 Basic Swim for the Water Shy Youth: Ages 5+.

CES 9704 | \$149

flotation device

12 weeks | Sat | Sep 7 | 10:30-11:30 am | Sec. 948529 | PE Pool | R. Wiseman

| 12 weeks | Sat | Sep 7 | 12:30-1:30 pm | Sec. 948534 | PF Pool | N. Travis |
|----------|-----|---------|---------------|-------------|---------|------------|
| | Jui | J JCP / | 12.50 1.50 pm | JCC. J+055+ | | 14. 110/15 |

- 12 weeks | Mon | Sep 9 | 5-6 pm | Sec. 948536 | PE Pool | A. Brown
- 12 weeks | Tues | Sep 10 | 5-6 pm | Sec. 948509 | PE Pool | L. Mross
- 12 weeks | Thurs | Sep 12 | 5-6 pm | Sec. 948513 | PE Pool | K. Calhoun



Level 3 Youth Swim Intermediate: Ages 5+

Skills to be learned:

- Tread water for one minute
- Twenty relaxed bobs
- · Do tight, hand-over hand streamline on front and back, no kicking
- Retrieve a ring from 4½ feet unassisted
- One half lap (25 yards) freestyle and backstroke with proper flutter kick and arm rotation, and for the freestyle alternate breathing
- One half lap (25 yards) breaststroke with proper kick and arm movement, breathing every stroke with correct timing
- Jump into the deep end off the side or the diving board, swim back to the ladder and climb out
- Perform standing dive into the deep end off the side or the diving board.

Prerequisite: Successful completion of all skills listed in Level 2 Youth Swim Beginner: Ages 5+.

CES 9705 | \$149

| 12 weeks Sat Sep 7 12:30-1:30 pm Sec. 948516 PE Pool R. Wiseman |
|---|
| 12 weeks Mon Sep 9 5-6 pm Sec. 948537 PE Pool N. Bunner |

12 weeks | Tues | Sep 10 | 5-6 pm | Sec. 948503 | PE Pool | K. Calhoun

Level 4 Youth Swim Advanced: Ages 5+ Skills to be learned:

- Tread water for two minutes
- Retrieve a ring from 9-12 feet with feet first or a pike surface dive
- One lap (50 yards) freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One lap (50 yards) breaststroke with proper, arm movement and coordination, breathing every stroke
- One half lap (25 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
- One half lap elementary backstroke
- Jump off the diving board, swim back to the wall, and climb out without using the ladder
- Standing dive off the diving board.

Prerequisite: Successful completion of all skills listed in Level 3 Youth Swim Intermediate: Ages 5+.

CES 9706 | \$149

12 weeks | Sat | Sep 7 | 12:30-1:30 pm | Sec. 948527 | PE Pool | S. Allen

12 weeks | Mon | Sep 9 | 5-6 pm | Sec. 948504 | PE Pool | K. Calhoun

12 weeks | Thurs | Sep 12 | 5-6 pm | Sec. 948518 | PE Pool | P. Woodruff

Level 5 Competitive Edge Beginner: Ages 7+ Skills to be learned:

• Tread water for five minutes

- Retrieve a ring in 9-12 feet with pike surface dive
- One-and-a-half laps (75 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One-and-a-half laps (75 yards) using the breaststroke with proper kicks,
- arms and coordination, breathing every other stroke
- One lap (50 yards) using the butterfly with proper body undulation, correct arms and breathing every other stroke and one elementary backstroke lap (50 yards)
- Perform proper starts and flip-turns.

Prerequisite: Successful completion of all skills listed in Level 4 Youth Swim Advanced: Ages 5+.

CES 9584 | \$149

12 weeks | Sat | Sep 7 | 11:30 am-12:30 pm | Sec. 948519 | PE Pool | R. Wiseman

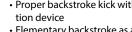
12 weeks | Wed | Sep 11 | 5-6 pm | Sec. 948517 | PE Pool | R. Wiseman

schoolcraft.edu/ppl | 734-462-4448

YOUTH ENRICHMENT • Flip from a front float to a back float Body undulation for ten yards with

- stroke with flotation device

stroke) with any kind of breathing



Level 6 Competitive Edge Intermediate: Ages 7+

Skills to be learned:

- Two laps (100 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- Two laps (100 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
- One-and-a-half laps (75 yards) using the butterfly with proper body undulation, correct arms and breathing every other stroke
- One-and-a-half laps (75 yards) elementary backstroke
- Perform proper starts and flip-turns Prerequisite: Successful completion of all skills listed in Level 5 Competitive

Edge Beginner: Ages 7+.

CES 9656 | \$149

12 weeks | Sat | Sep 7 | 11:30 am-12:30 pm | Sec. 948523 | PE Pool | N. Travis

12 weeks | Wed | Sep 11 | 5-6 pm | Sec. 948520 | PE Pool | S. Allen

12 weeks | Fri | Sep 13 | 4-5 pm | Sec. 948507 | PE Pool | N. Travis

Level 7 Competitive Edge Advanced: Ages 7+ Skills to be learned:

- · Four laps (200 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- Two laps (100 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
- Two laps (100 yards) elementary backstroke
- Four laps (200 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
- Perform proper starts and flip-turns

Prerequisite: Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+.

CES 9657 | \$149

12 weeks | Sat | Sep 7 | 9:30-10:30 am | Sec. 948510 | PE Pool | S. Allen

12 weeks | Sat | Sep 7 | 11:30 am-12:30 pm | Sec. 948526 | PE Pool | S. Allen

12 weeks | Wed | Sep 11 | 5-6 pm | Sec. 948524 | PE Pool | N. Travis

Swim Team Prep: Ages 12+

Develop skills to join a swim team by improving your stroke knowledge, speed and endurance. Complete swim tests, timed trials and gain feedback through critiques. Be prepared for swim team practice with this intensive training. Prerequisite: Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+.

CES2 9104 | \$149

12 weeks | Thurs | Sep 12 | 6-7 pm | Sec. 948539 | PE Pool | P. Woodruff

Family Swim

Parent & Tot Swim 1: Ages 6 Months - 3 Years

- Skills to be learned with parent(s) assistance: Safely enter the pool
 - Begin kicking on front
- Wait for cue to enter the pool Reach for toys on top of water as · Float on back with head on shoulder
 - well as under the surface · Practice climbing out of the side of the pool
- Float on front Sow interest in bubbles blown by Learn the 1, 2, 3, go cue for going underwater

parent CES2 9105 | \$69

or in water

| • | | | |
|------------------------|------------|-------------|-------------------|
| 12 weeks Sat Sep 7 | 9:30-10 am | Sec. 948515 | PE Pool N. Travis |

| 12 weeks | Sat Sen 7 | 10-10:30 am | Sec. 948525 | PF Pool | N. Travis |
|----------|-------------|-------------|-------------|---------|--------------|
| | Jul Jup / | 10 10.50 um | JCC. J40525 | | 114. 114.415 |

12 weeks | Tues | Sep 10 | 6-6:30 pm | Sec. 948541 | PE Pool | L. Mross

12 weeks | Tues | Sep 10 | 6:30-7 pm | Sec. 948530 | PE Pool | L. Mross

Parent & Preschool Swim: Ages 3 & 4

Skills to be learned:

- Student waits for parents cue to enter the pool each time
- Complete a safe entry with assistance
- Float on back, head in water and
- float on front with parents · Blow bubbles or try to put whole face in water
- Try to blow bubbles through nose
- Kick on front, reach and pull water
- CES 9327 | \$115

12 weeks | Sat | Sep 7 | 9:30-10:30 am | Sec. 948506 | PE Pool | K. Calhoun

12 weeks | Mon | Sep 9 | 6-7 pm | Sec. 948535 | PE Pool | N. Bunner 12 weeks | Thurs | Sep 12 | 6-7 pm | Sec. 948505 | PE Pool | K. Calhoun

Parent & Child Swim: Ages 5+

- · Enter and exit the pool correctly without ladder
- Jump from side of the shallow end from sitting or standing
- bubbles

Skills to be learned:

- through nose only
- Float on front and back relaxed
- Float with head in the water, keep head up and have synchronized

CES 9363 | \$115

12 weeks | Tues | Sep 10 | 6-7 pm | Sec. 948538 | PE Pool | K. Calhoun

Additional aquatics classes will be added as instructors become available. Call 734-462-4448 or visit schoolcraft.edu/aquaticsinterest to add yourself to the aquatics priority notification list.





Boost your child's confidence in the water



· Without plugging nose, retrieve a ring from 1-2 ft.

while kicking with a flotation device

Kick on back with flotation device

• Reach for toys on top of water and

Climb out on the side of the pool

• Learn 1, 2, 3, go cue for jumping

or held by parent

under the surface

with some assistance

or parent

from side

- Proper flutter kick on front and back with assistance
- Intro to treading arms and leg movements and elementary backstroke with assistance
- Float and swim head up or down in deep water with assistance

5 relaxed underwater bobs with

- Blow bubbles into the water

- YOUTH ENRICHMENT

YOUTH ENRICHMENT

Roblox Rockstars Game Design: Grades 5-8

Construct and program an eSport game using Roblox Studio and the Lua Programming Language. Explore the virtual game back end, develop arenas and features, know the toolbox kit and build a capture the flag and personal arena for competition. Learn game design, computer programming, critical thinking, collaboration and communication skills. No game design or programming experience required. Bring a bag lunch to class.

CES2 6482 | \$75

1 day | Sat | Sep 14 | 9 am-3 pm | Sec. 949703 | JC103 | Accelerate Kid

Spark Your Creativity - An Introduction to Welding Techniques & Tools: Grades 9-12

Welding is not only a practical skill, but also a creative one. Learn basic safety skills and knowledge of metal welding and fabrication, then apply those skills to Metal Inert Gas (MIG) and stick welding methods as well as other fabrication techniques. Use your new skills to create a metal art sculpture. Bring a bag lunch to class.

CES 3850 | \$109

1 day | Sat | Sep 21 | 9 am-3 pm | Sec. 949704 | MEC130 | D. Stuart



Robots - Build, Program & Battle Basics: Grades 3 & 4

Build and program Lego EV3/SPIKE Prime robot kits. Use motors and color sensors for challenges. Program a robot to follow a line, work through a short maze and prepare battle bots for an exciting finish! Bring a bag lunch and snacks to class.

CES 8561 | \$75

1 day | Sat | Sep 14 | 9 am-3 pm | Sec. 949705 | HS610 | V. Batko

Robots - Build, Program & Battle Basics: Grades 5 & 6

Build and program Lego EV3/SPIKE Prime robot kits. Use motors and color sensors for challenges. Program a robot to follow a line, work through a short maze and prepare battle bots for an exciting finish! Bring a bag lunch and snacks to class.

CES 8562 | \$75

1 day | Sat | Sep 21 | 9 am-3 pm | Sec. 949706 | HS610 | V. Batko

FIBER ARTS

NEW Cable Knitting

Acquire fundamental skills in cable knitting, a technique that involves rearranging stitches to craft textured motifs. Follow a step-by-step guide along with helpful tips for executing four groups of cable patterns. Delve into the intricacies of the most common and versatile cable styles and develop the ability to interpret cable charts. Bring one ball of medium weight yarn, US8 (5 mm) straight or circular needle.

CES 3858 | (.3 CEU) | \$35/Senior Cost \$28

1 day | Tues | Oct 15 | 6-9 pm | Sec. 942610 | LA330 | B. Nurnberger

NEW Two Color Brioche Knitting Basics

Embark on an exploration of the fundamentals of brioche knitting with this introductory class. Delve into comprehensive coverage that equips you with the essential knowledge to begin your journey. Witness the growth of your skills from the foundational stages as you engage in hands-on practice with a sample swatch. Bring two colors of medium weight yarn, US8 (5 mm) needle, 24" + circular needle.

CES 3856 | (.3 CEU) | \$35/Senior Cost \$28

1 day | Tues | Nov 5 | 6-9 pm | Sec. 942605 | LA330 | B. Nurnberger

Introduction to Knitting: The Basics

Jump-start your knitting skills by learning the basics. Learn how to create a knit and purl stitch and to cast on and off. Begin by making a scarf with the potential to create additional projects with instructor assistance. **Require-ments:** bring: #4 worsted weight yarn 100g / 3.5oz; (wool blend preferred but not required); Dark colored yarns are not recommended for beginners. Needle: US 8 (5mm) straight needle or 24" or longer circular needle.

CES 3784 | (1.6 CEU) | \$99/Senior Cost \$79.20

8 weeks | Thurs | Sep 19 | 6:30-8:30 pm | Sec. 942606 | LA330 | B. Nurnberger

Introduction to Crochet

Jump-start your crochet skills by learning the basic crochet stitches and their chart symbols. Learn how to work both flat and in the round, providing you with a good foundation for future projects. Complete a lace top with instructor assistance. **Bring**: 5mm Crochet hook, worsted weight yarn in a light color.

CES 3821 | (1.6 CEU) | \$99/Senior Cost \$79.20 8 weeks | Mon | Sep 16 | 6:30-8:30 pm | Sec. 942609 | LA330 | B. Nurnberger

Schoolcraft Knitting & Crochet Studio: Projects of Your Choice

Knit together in a fun and relaxed atmosphere with the help of an instructor as needed. Bring your own patterns and yarn to class. Meet new knitting friends, share projects and learn new knitting techniques while working on projects of your choice. **Prerequisite:** Introduction to Knitting or Introduction to Crochet or equivalent experience.

CES 3843 | (2.0 CEU) | \$109/Senior Cost \$87.20

10 weeks | Wed | Sep 18 | 6:30-8:30 pm | Sec. 942607 | LA330 | B. Nurnberger

NEW Knit Crochet Foundations

Explore essential information on yarn, needles, fibers, and tools in this must have class for knitting and crochet beginners. Discover the optimal choices for your projects. Uncover the valuable role that seemingly minor tools can play in elevating your experience. Bring any yarn or needles you have to class for feedback. **Prerequisite:** Introduction to Knitting or Crochet or previous experience.

CES 3857 | (.3 CEU) | \$35/Senior Cost \$28

1 day | Tues | Sep 24 | 6-9 pm | Sec. 942608 | LA330 | B. Nurnberger

CERAMICS

Ceramics I: Learn to Work with Clay The tool kit can be purchased from the Schoolcraft bookstore. CES 3518 | (3.3 CEU) | \$259/Senior Cost \$207.20 11 weeks | Mon | Sep 9 | 7-10 pm | Sec. 942201 | F410 | C. Laginess

Ceramics II: Hand-Building Skills

CES 3519 | (3.3 CEU) | \$259/Senior Cost \$207.20 11 weeks | Thurs | Sep 12 | 7-10 pm | Sec. 942202 | F410 | C. Laginess

Ceramics III: Glazes, Oxides & Raku

CES 3525 | (3.3 CEU) | \$259/Senior Cost \$207.20 11 weeks | Tues | Sep 10 | 7-10 pm | Sec. 942203 | F410 | R. West

Ceramics IV: Advanced Hand - Building Fall Semester Only!

CES 3553 | (3.3 CEU) | \$259/Senior Cost \$207.20 11 weeks | Fri | Sep 13 | 5:30-8:30 pm | Sec. 942205 | F410 | P. Goodell



Introduction to Wheel Throwing CES 3642 | (3.3 CEU) | \$259/Senior Cost \$207.20 11 weeks | Sat | Sep 7 | 9 am-12 pm | Sec. 942204 | F410 | C. Laginess

Personalized Ceramics Studio

Take your advanced ceramic skills and grow your individual creative personality! Choose from instructor developed projects or come up with one of your own. Get demonstrations and guided help using your own problem-solving skills to build your imaginative works of art. Prerequisite: Ceramics III or equivalent ceramics experience.

CES 3664 | (3.3 CEU) | \$259/Senior Cost \$207.20

11 weeks | Sat | Sep 7 | 1-4 pm | Sec. 942206 | F410 | P. Goodell

DRAWING

Drawing I: Basic Art Composition

Unlock your artistic talent by developing fundamental drawing skills. Learn how to create beautiful drawings using graphite and charcoal. Begin to understand composition, see value in form, and handle materials with a greater confidence. A variety of methods will be demonstrated covering line and value scales, sighting, and measuring techniques. Bring a 14 x 17 inch drawing pad. Additional supplies will be discussed in class.

CES 3523 | (3.3 CEU) | \$169/Senior Cost \$135.20

11 weeks | Mon | Sep 16 | 6-9 pm | Sec. 942104 | JC102 | D. Rogers

It was fun, educational. I continued to build on previous skills with Mr. Roger's encouragement and guidance. I have recommended this class to my artistic friends."

Kathleen C., Colored Pencil Student

Colored Pencil: Lifelike Botanicals

Enjoy the beauty of nature while enhancing your drawing skills. Learn how to draw realistic, lifelike varieties of botanicals such as flowers, vegetables, seeds, roots and bulbs. Explore drawing techniques that will take your botanical drawing from a quick sketch to a finished product. Feel the excitement and satisfaction of being able to capture beautiful botanicals on paper.

CES 3740 | (2.4 CEU) | \$145/Senior Cost \$116

8 weeks | Thurs | Sep 12 | 1-4 pm | Sec. 942106 | LA270 | L. James

8 weeks | Tues | Sep 17 | 1-4 pm | Sec. 942111 | VIRTUAL | L. James



Draw lifelike flowers in Colored Pencil Botanicals

Drawing Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Drawing for the Absolute Beginner - Online

Gain a solid foundation of the basics of drawing including paper type, drawing styles, techniques, and basic principles of perspective, layout, and design. Become the artist you've always dreamed you could be!

CES 3688 || Sec. 942102 | Sep 11 || Sec. 942105 | Nov 13

PAINTING

Acrylic Painting: Techniques, Colors & Styles

Experience the versatility of acrylic paint as you explore different techniques, styles and color mixing using this water-soluble medium. Create realistic and impressionistic paintings including a landscape, seascape, floral and still life. Bring: Acrylic paints: titanium white, black, cadmium yellow medium, ultramarine blue, Thalo blue, cadmium red light, alizarin crimson, burnt sienna. Canvases or canvas boards: 9x12" or 11x14". Brushes: Taklon nylon. One filbert and one round brush size 8 or 10. Palette: palette paper, 8" paper plate or plastic lid, Sta-wet palette. Extras: paper, pencil, apron, rags or paper towels.

CES 3058 | (3.3 CEU) | \$185/Senior Cost \$148

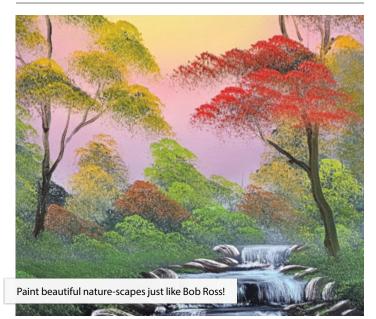
11 weeks | Tues | Sep 10 | 6-9 pm | Sec. 942002 | F470 | J. Woodard

NEW Paint Like Bob Ross

Join Ted Simpson, a certified Bob Ross instructor, as he leads you through the creation of a complete painting in a single session. Unleash your creativity and craft a masterpiece adorned with happy trees and fluffy clouds. Each class features a unique painting. Students age 12+ are welcome. This class will be held in the new Collaborative Learning Studio in the Vistatech Center, a perfect setting filled with natural light for creating your work of art. All supplies are included and no previous experience is required.

CES 3851 | (.3 CEU) | \$89/Senior Cost \$71.20

1 day | Sat | Oct 5 | 1-4 pm | Sec. 942004 | VT705 | T. Simpson



Oil Painting: Color Theory & Composition

Learn the versatility of Alla Prima oil painting, the technique of painting masters. Explore different subjects and styles, while learning color theory, perspective and composition. Emphasis is placed on developing your own creativity through personal instruction, supported with class presentations. Some drawing experience is helpful. Bring the following materials to the first session: basic oil color paint set (Artist Loft or Georgan are recommended), 12x16 canvas board or canvassette, odorless paint thinner, liner brushes (small, medium, and large) and Filbert/square brushes (small, medium, large) and ivory dish soap.

CES 3520 | (3.3 CEU) | \$175/Senior Cost \$140

11 weeks | Thurs | Sep 12 | 1-4 pm | Sec. 942001 | F470 | G. Karczewski

Creative Design Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Introduction to Interior Design - Online

Are you a creative person with an eye for design? Learn how to transform plain living spaces into beautiful and functional rooms.

CES 3679 || Sec. 942301 | Aug 14 || Sec. 942302 | Oct 16

LANGUAGES

Italian

NEW Introduction to Italian Vocabulary

Discover the basics of Italian as you begin to build your vocabulary. Learn basic conversational dialog for food, family, clothing, vacations and more. Recommended: Italian I, CES 3063 or equivalent experience.

CES 3853 | (1.2 CEU) | \$95/Senior Cost \$76

6 weeks | Tues | Nov 5 | 6-8 pm | Sec. 946012 | LA300 | M. Corona

Spanish

Spanish I Conversational

Discover how to speak Spanish for business, pleasure, work, or for leisure travel. Be introduced to Spanish culture, as you begin your language journey and say, "Si, hablo Espanol!" 🛄

CES 3053 | (2.4 CEU) | \$159/Senior Cost \$127.20

12 weeks | Wed | Sep 18 | 6-8 pm | Sec. 946004 | LA460 | G. Hernandez

Spanish II Conversational

Build your vocabulary by practicing idioms, verb forms, and speech patterns. Gain a deeper understanding and appreciation of Spanish historical and cultural events.

CES 3591 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Tues | Sep 17 | 6-8 pm | Sec. 946018 | LA360 | G. Hernandez

NEW Spanish Vocabulary

Practice Spanish oral expressions, communication, and language-listening skills. Prerequisite: Spanish II Conversational CES 3591 or equivalent knowledge. 🛶

CES 3852 | (2.4 CEU) | \$169/Senior Cost \$135.20

12 weeks | Mon | Sep 16 | 6-8 pm | Sec. 946003 | LA360 | G. Hernandez

Mandarin Chinese

Mandarin Chinese I Conversational

Learn Chinese for daily survival and simple conversations. Explore basic greetings, numbers, and phrases. Discover how to order food and drinks at a restaurant and enjoy a short introduction to Chinese culture.

CES 3279 | (2.4 CEU) | \$159/Senior Cost \$127.20

12 weeks | Thurs | Sep 12 | 6-8 pm | Sec. 946026 | LA260 | K. Dalrymple THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

German

German I Conversational

Learn basic grammar, along with the everyday social situations needed to communicate with German-speaking people. German culture and geography will be explored and celebrated. \square

CES 3064 | (2.4 CEU) | \$159/Senior Cost \$127.20 12 weeks | Wed | Sep 18 | 6-8 pm | Sec. 946007 | LA415 | C. Gardner

Languages Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Speed Spanish - Online CES 3459 || Sec. 946001 | Aug 14 || Sec. 946011 | Oct 16

Speed Spanish 2 - Online CES 3532 || Sec. 946010 | Sep 11 || Sec. 946014 | Nov 13

Discover Sign Language - Online

CES 3793 || Sec. 946013 | Aug 14 || Sec. 946024 | Oct 16

PHOTOGRAPHY

To earn the certificate, students complete six required classes and four electives capped with a no-cost portfolio analysis.

The six required classes are:

- DSLR Photography Techniques I
- DSLR Photography Techniques II
- Fundamentals of Lighting
- Photo Composition Learning to See Creatively
- Develop Your Photography Business
- Adobe Photoshop for DSLR Photographer I

Electives will vary and are noted with **Elective** in the course description.

Note: Students may take individual photography classes without pursuing the certificate. For all Photography classes, bring a DSLR or mirrorless camera to class. Additional equipment will be discussed at the first class meeting.

DSLR Photography Techniques I

Learn the technical side of photography and your camera's full auto settings. Learn about exposure including shutter speeds, aperture and ISO. Apply your technical knowledge as you explore composition techniques and how depth of field creates 3-dimensional images. Gain an understanding of accessories and lenses. **Required.**

CES 3697 | (2.4 CEU) | \$325/Senior Cost \$260

6 weeks | Tues | Sep 17 | 6:30-10 pm | Sec. 942403 | JC111 | L. Cieplechowicz & Sat | Sep 28 | 9 am-12 pm

DSLR Photography Techniques II

Expand your use of advanced camera functions and lens selection. In addition to class lecture, there will be in-class shooting assignments, field trips and homework. Subjects will include macro, portraiture, framing, displaying and business principles for the photographer. **Required.**

CES 3710 | (2.7 CEU) | \$375/Senior Cost \$300

6 weeks | Tues | Nov 5 | 6:30-10 pm | Sec. 942405 | JC111 | L. Cieplechowicz & Sat | Nov 9 | 9 am-1 pm

Photo Composition I - Learning to See Creatively

Discover good compositional form and visual design elements including color theory, visual hierarchy, perspective, and visual weight. This course will show you how to master the art of composition without relying on photo editors. **Requirement:** five of your favorite images for the first night of class.

Required. 🔯

CES 3712 | (2.7 CEU) | \$375/Senior Cost \$300

6 weeks | Thurs | Sep 12 | 6:30-10 pm | Sec. 942415 | JC102 | J. Currie & Sat | Sep 21 | 9 am-1 pm & Sat | Nov 16 | 4:30-8 pm

Fundamentals of Lighting Fall Semester Only!

How does light affect a photo? How can you use natural and artificial light to your advantage? Find the answers to these questions and more. Learn about light, the way it behaves, its four characteristics and the differences between soft or hard light. Discover how to control the light in your photos using exposure, light meters, aperture, ISO, shutter speed and flash. **Required.**

CES 3717 | (1.2 CEU) | \$275/Senior Cost \$220

4 weeks | Thurs | Sep 5 | 6-9 pm | Sec. 942422 | JC111 | J. Sobczak

NEW Wedding & Family Photography Essentials

Gain the essential skills and knowledge needed to thrive in the competitive field of wedding, newborn, senior, and family photography. This class is ideal for photographers, eager to turn their passion into a thriving business. With a focus on practical skills and real-world applications, gain the confidence and competence needed to navigate in this competitive business landscape. **Elective.**

CES 3859 | (1.6 CEU) | \$249/Senior Cost \$199.20

6 weeks | Mon | Sep 16 | 6:30-8:30 pm | Sec. 942406 | JC124 | J. Currie

JAMES CURRIE Photographer

James Currie brings over 15 years of expertise as a wedding photographer and business owner, initially thriving in the competitive Chicago wedding scene.

His camera has taken him professionally to over 30 U.S. cities and 3 European countries, capturing diverse moments and inspiring landscapes.



Aside from winning several leading industry awards, James has been featured in People Magazine, Cosmopolitan and The Knot. Beyond weddings, he's successfully ventured into commercial, portrait, family, and senior photography. With a professional background in marketing, public relations, and graphic design, he emphasizes a creative, practical and hands-on approach to learning.

Travel Photography

Preserve your memories for a lifetime by learning how to take professional level photographs of the people, places, events and objects you see while traveling. **Requirement:** bring a DSLR or mirrorless camera to class. **Elective.**

CES 3826 | (1.8 CEU) | \$275/Senior Cost \$220

6 weeks | Tues | Sep 10 | 6-9 pm | Sec. 942410 | JC102 | W. Gemmell

Cell Phone Photography

Gain a better understanding of your cell phone and the creative opportunities it provides. Discuss the different camera options (modes) and controls for focus, exposure, flash, etc. Review creative editing tools available on your phone and additional ones you can add. Class is taught from an iPhone point of view but, android phone users have all the same tools and guidance will be provided. **Requirement:** a fully charged cell phone and basic understanding of its operation.

CES 3764 | (.4 CEU) | \$89/Senior Cost \$71.20

1 week | Sat | Sep 21 | 9 am-1 pm | Sec. 942425 | JC127 | J. Sobczak

Photographing Detroit as Fine Art *Fall Semester Only!*

Discover how to use compositional techniques and camera controls to give images an artistic look. Combine architectural skills like photographing exteriors, interiors, and other architectural details of buildings with fine art photography skills, showing an object in a way that focuses on its imaginative or artistic side. Field trip dates to be determined. A wide-angle lens is strongly recommended for this course. **Elective**

CES 3844 | (1.8 CEU) | \$275/Senior Cost \$220

6 weeks | Mon | Sep 16 | 6-9 pm | Sec. 942426 | JC128 | W. Gemmell

Portfolio Review

Complete the Schoolcraft Certificate of Photography with this free portfolio review. This class is required to complete the Schoolcraft Certificate of Photography. **Prerequisites:** successful completion of 6 required and 4 elective photography certificate classes.

CES 3736 | (.3 CEU) | \$0

1 day | Wed | Dec 4 | 6-7 pm | Sec. 942414 | VIRTUAL | J. Sobczak

CULINARY & BEVERAGES

Demonstration

Demonstration classes are perfect for those who want to sit back, learn from the chefs, and taste the results!

Mexican Comfort Foods: Demo - New Recipes!

Enjoy delicious and warm Mexican comfort foods! Learn to prepare a warm, savory soup, main entrée, delicious chocolate coffee cake, and a hot, Mexican chocolate drink. These warm recipes are perfect for cool fall days!

CES 2698 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Sep 27 | 6-9 pm | Sec. 941024 | VT705 | A. Perez

NEW Autumn Soups: Demo

Get ready for cozy, fall evenings with a warm bowl of soup. Using a variety of fresh vegetables, like corn, squash, pumpkin, and more, you can enjoy a hearty cup of soup and put your end of season produce to good use!

CES 2742 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Wed | Oct 9 | 6-9 pm | Sec. 941012 | VT705 | J. Gabriel, CMC

NEW Holiday Cookie Decorating

with Royal Icing: Demo

Decorated holiday cookies are a wonderful gift for those you love and can enhance any cookie tray. See how to prepare the dough, make royal icing, and watch a variety of decorating techniques, including piped royal icing, sanding sugars, and more.

CES 2741 | (.2 CEU) | \$119/Senior Cost \$95.20

1 day | Thurs | Dec 5 | 6-8 pm | Sec. 941025 | VT705 | M. Bommarito

Charcuterie Boards for Holiday Entertaining: Demo

Craft a dazzling charcuterie board for your next holiday event! Learn how arrange cheeses, crackers, and fruits, and pair them with peppers, jam, crostini, and various cuts of meats.

CES 2712 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Nov 21 | 6-9 pm | Sec. 941022 | VT705 | M. Bommarito

NEW Fit & Flavorful Cooking for Wellness: Demo

Explore delicious low-fat meals that both nourish and provide energy. Discover the perfect homemade dressings and marinades, the right ways to cook fresh vegetables to enhance flavor, and ways to enjoy lean proteins.

CES 2743 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Oct 11 | 6-9 pm | Sec. 941043 | VT705 | C. Sokolowski

Eclectic Tea & Sweets: Demo

Explore tea for wellness as you watch various types prepared, including a South African vanilla rooibos, matcha green tea oat milk latte, and more. Pair your tea with fresh baked scones and shortbread, all demonstrated in class.

CES 2710 | (.3 CEU) | \$119/Senior Cost \$95.20

1 day | Tues | Sep 24 | 6-9 pm | Sec. 941023 | VT705 | M. Bommarito

Vegetarian Greek Food: Demo

Learn the origins of Greek cuisine based in fresh, seasonal vegetables, fruits, grains, legumes, and olive oil. Get the recipes and sample the rich goodness of delicious vegetarian Greek fare.

CES 2594 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Nov 15 | 6-9 pm | Sec. 941045 | VT705 | G. Rapitis

Cooking for Fitness - Fuel Your Body: Demo

Whether you are training for a marathon or starting a new fitness routine, learn which foods to select in a pre- and post-workout meal and discover quick snack ideas. Learn about the desired ratios of carbs, proteins and fats for optimal energy!

CES 2601 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Sep 20 | 6-9 pm | Sec. 941005 | VT705 | G. Rapitis

Start Cooking Mediterranean: Demo

Built around fresh, wholesome fruits, vegetables, grains, legumes, seafood, nuts, seeds, and olive oil, these dishes inspired by Mediterranean countries boast a wide array of options. From European pastas to Middle Eastern yogurts and flatbreads, explore this rich style of cooking.

CES 2527 | (.3 CEU) | \$135/Senior Cost \$108

1 day | Wed | Nov 20 | 6-9 pm | Sec. 941016 | VT705 | J. Gabriel, CMC



Hands-On Prerequisite

Cooking 101: Skill Development: Demo

In a relaxed environment, learn to properly use knives, how to braise, roast, sauté, and stew, then review safe methods for preparation. Experience tastings of main dishes, side dishes and vegetarian selections. This class or instructor's approval is a prerequisite for hands-on culinary classes, unless otherwise noted. **A toolkit is not required for this class.**

CES 2187 | (.6 CEU) | \$129/Senior Cost \$103.20

2 days | Tues | Sep 10 | 5-7 pm | Sec. 941006 | VT705 | J. Gabriel, CMC

& Wed | Sep 11 | 5-9 pm

Cooking & Baking Hands-On



Bring a tool kit with the following: paring knife, chef's knife, peeler, and measuring spoons. Wear a white chef jacket, dark pants and comfortable, closedtoe shoes in all cooking hands-on classes.

Want to cook alongside our chefs? Take a hands-on class! Prepare delicious food and receive constructive feedback from experienced chefs.

NEW Advanced Artisan Breads Workshop: Hands-On

Discover how to prepare a variety of breads, including French baguettes, savory flat breads, multigrain loaves, and more. Get insider tips from a master chef, all in a class with a low student-to-instructor ratio. Take your breadmaking to the next level!

CES 2740 | (1.5 CEU) | \$399/Senior Cost \$319.20

3 days | Fri | Dec 6 | 5-10 pm | Sec. 941010 | VT635 | J. Gabriel, CMC

& Sat & Sun | Dec 7-8 | 8 am-1 pm

Authentic Mexican Cuisine: Hands On

New Holiday Recipes!

Seasonal flavors inspire these authentic Mexican holiday recipes! Prepare a formal dinner menu with three courses and a Mexican cinnamon-chocolate dessert. See and taste the distinct flavors of Mexican cuisine.

CES 2491 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Fri | Nov 8 | 6-9 pm | Sec. 941020 | VT620 | A. Perez

Handmade Ravioli: Hands-On

Make the perfect pasta dough, a variety of mouthwatering fillings, and then complete your pasta dish with delicious sauces. Dessert ravioli included! **Requirement:** in addition to the standard tool kit bring a heavy whisk, serrated knife, dry measuring cups, liquid measuring cup, high heat rubber spatula, rolling pin, and a circular pizza cutter.

CES 2636 | (.4 CEU) | \$139/Senior Cost \$111.20

1 day | Thurs | Oct 17 | 6-10 pm | Sec. 941011 | VT645 | M. Bommarito

Holiday Desserts: Hands-On

Get into the holiday spirit creating these festive desserts! Enjoy making cobblers, cookies and more. Then recreate them at home, just in time for the holidays. **Requirement:** in addition to the standard toolkit bring a dough cutter, heavy whisk, serrated bread knife, dry measuring cups, liquid measuring cup, and a high heat rubber spatula.

CES 2693 | (.3 CEU) | \$129/Senior Cost \$103.20

1 day | Thurs | Dec 12 | 6-9 pm | Sec. 941018 | VT645 | M. Bommarito

Wine

Wine tasting and light refreshments provided.

Wine 101: Styles, Terminology & Tasting

Gain an understanding of wine terminology, wine styles and characteristics, the elements of wine tasting, and how to read a wine label. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

CES 2542 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Mon | Sep 23 | 7-9 pm | Sec. 941008 | W210B | L. Connery

NEW Single Origin Wine Series: Northern Italy

Discover the array of grape varietals that contribute to Italy's esteemed wine culture. Participants must be at least 21 years old. Bring a driver's license or photo ID.

CES 2745 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Tues | Oct 8 | 7-9 pm | Sec. 941021 | VT705 | K. Fifer, Sommelier

NEW Single Origin Wine Series: Southern Italy

From Abruzzo to Sicily, we will examine regional characteristics and traditional wines of Southern Italian wine regions. Participants must be at least 21 years old. Bring a valid driver's license or photo ID.

CES 2744 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Tues | Nov 12 | 7-9 pm | Sec. 941019 | VT705 | K. Fifer, Sommelier

The Unique Charms of Pinot Noir & Red Zinfandel

Pinot Noir and Red Zinfandel are both red wines, yet very different. Enjoy an evening of fact, comparison and contrast of these two popular red wines. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

CES 2587 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Mon | Oct 21 | 7-9 pm | Sec. 941014 | W210B | L. Connery

Champagne & Sparkling Wines

Learn how to select the perfect champagne and sparkling wine for memorable meals, gift giving or romantic dining. You must be at least 21 years old to attend. Bring a driver's license or Michigan ID.

CES 2615 | (.4 CEU) | \$95/Senior Cost \$76

2 weeks | Mon | Nov 11 | 7-9 pm | Sec. 941034 | W210B | L. Connery

Sake

Introduction to Sake: Japan's Traditional Rice Wine

Explore this Japanese beverage with Annette May, Certified Sake Professional (CSP), as you taste premium sake in a unique experience. Learn how sake is brewed, how to navigate a sake menu, and read a sake label. You must be at least 21 years old. Bring a driver's license or Michigan ID.

CES 2633 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Mon | Oct 14 | 6-9 pm | Sec. 941017 | W210B | A. May, Certified Sake Professional

Cocktails

Raising the Bar: Cocktails for the Holidays

Elevate your home-cocktail game just in time for holiday entertaining. Learn recipes, techniques, history and tips for preparing for guests. An ingredient list will be sent. If mixing along, have ingredients and supplies ready before class. The class meets virtually via Zoom. Students must be at least 21 years old to attend.

CES 2697 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Thurs | Nov 14 | 6-8 pm | Sec. 941007 | VITUAL | F. Bueltmann, Cicerone **Cocktails include:**Bacon Old Fashioned, Aviation, French 75, New Richmond Sparkling Punch, Monte Carlo, Ramos Gin Fizz, and Brandy Alexander.

NOAH SALTER Coffee 101 Instructor



Noah Salter is an educator by profession. In 2016, he turned his hobby into a business with the

help of his friend and now business partner, Bill. They both shared a passion for coffee and wanted to share their love of the drink with others. After buying a small coffee roaster, some books about coffee roasting, and coffee beans, they jumped right into roasting. Through online education and trial and error, they learned enough to begin selling coffee at the Plymouth Farmers Market as Gooseneck Coffee Co.

Since that time, their business has blossomed, allowing them to roast coffee for several shops in the Metro Detroit area. They are now on their third production roaster and have a small roastery in Plymouth. They continue to sell their beans and drinks at the farmers market on Saturdays during the market season.

As a Canton High School Teacher for over 17 years, education continues to be a passion of Noah's. Teaching PPL's Coffee 101 at Schoolcraft College has allowed him to share his passion for teaching, as well as his knowledge of coffee. Noah describes coffee as both a very simple and very complex drink.

Outside the classroom and his business, Noah lives in Plymouth and loves spending time with his family. He also plays the drums, a little guitar, and enjoys hosting a book club with close friends.

Coffee

Coffee 101: Beans, Brews & Baristas

Brew a better cup of coffee! Through tasting and discussion, learn about the numerous factors that influence the flavor of a brewed cup of coffee. Discover how to brew better at home with strategies for every budget. Walk into any coffee shop and order confidently.

CES 2603 | (.3 CEU) | \$59/Senior Cost \$47.20

1 day | Sat | Nov 16 | 9 am-12 pm | Sec. 941015 | VT705 | N. Salter

PERSONAL INTEREST

NEW Home Staging: Transforming

Your Home for Impact

Understand the essentials of successful home staging. Dive into the art and science of creating compelling first impressions in the competitive real estate market or for your own personal enjoyment. Learn depersonalization techniques and cost-effective staging solutions to enhance a property's potential or to refresh your living space.

CES 5250 | (1.8 CEU) | \$149/Senior Cost \$119.20

6 weeks | Wed | Sep 11 | 6:30-9:30 pm | Sec. 947004 | JC102 | O. Fathers

Personal Interest Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Genealogy Basics-Online

Learn how to dig deeper into your family's past and develop a strategy to accomplish your objectives, evaluate the results, and share that information with others. Understand the genealogy research process and how to interpret the information found. Be guided through the search process for family names using several subscription-based websites, which you can access while you're enrolled in the class.

CES 0823 || Sec. 947001 | Sep 11 || Sec. 947002 | Nov 13

Start Your Own Edible Garden-Online

Grow delicious, nutritious fruits and vegetables in your own backyard! Explore climate considerations, learn how to read a zone hardiness map, find out how to spot a micro-climate in your yard, understand fertilizers, and make compost. Give your garden a healthy start and keep it growing strong all season.

CES 8548 || Sec. 947003 | Oct 16

MUSIC

Jazz Lab Band - Improvisation 1 CES 3565 | (3.2 CEU) | \$80

15 weeks | Thurs | Aug 29 | 7-9:50 pm | Sec. 942507 | F310 | R. Selva

Jazz Band 1

CES 3567 | (3.2 CEU) | \$60 15 weeks | Mon | Aug 26 | 7-9:50 pm | Sec. 942508 | F310 | R. Selva

Schoolcraft Collegiate Chorale

CES 3646 | (4.5 CEU) | \$60 15 weeks | Tues | Aug 27 | 7-10 pm | Sec. 942505 | F310 | J. Drake

Wind Ensemble 1

CES 3580 | (3.2 CEU) | \$60 14 weeks | Wed | Aug 28 | 7-9:50 pm | Sec. 942515 | F310 | P. Michalsen

Music Online

18

6 weeks | (2.4 CEU) | \$135 | ed2go

Music Made Easy - Online

Discover what makes music work! Gain a complete understanding of rhythm, melody, harmony, and recognize pitches on the musical staff and keyboard. Explore the keyboard in full detail, examine early music theorists, and learn to build intervals, major scales, and chords. By the time you complete this course you'll be able to read, write, and even play simple pieces of music!

CES 3790 || Sec. 942510 | Aug 14 || Sec. 942511 | Oct 16

COMPUTERS & TECHNOLOGY

Computer Basics

Computer Technology for Everyday Use

This relaxed and friendly, hands-on class teaches basic computer terms, functions, and computer tips and tricks. Become at ease navigating and using Windows 10 operating system while reviewing internet searching and email etiquette. Learn to print, share and save files. Review various Office 365 applications, working with Word to complete simple Word project(s). Your patient instructor will also discuss how to purchase a computer. Daily handouts are included.

CES2 6458 | (1.5 CEU) | \$194/Senior Cost \$155.20

3 weeks | Mon & Wed | Sep 25 | 5:30-8 pm | Sec. 940037 | JC112 | N. Makulski

Microsoft Word for Personal Use

Get started on the basics of Microsoft Word through demonstration and hands-on practice. Navigate creating a document, utilize tools, format, and edit text. Insert visual objects, apply formatting options and use features such as cut, copy, paste, and preview. Gain the skills to write your next document, letter, or report with ease.

CES2 6475 | (1.2 CEU) | \$94/Senior Cost \$75.20

3 weeks | Mon & Wed | Oct 14 | 5:30-7:30 pm | Sec. 940047 | JC112 | N. Makulski



NEW Cybersecurity for Personal & Professional Protection

In today's increasingly interconnected world, cybersecurity is no longer just a concern for IT professionals or large corporations; it has become essential for everyone to understand and practice basic cybersecurity principles. With platforms for communication, banking, and online shopping, our personal information becomes increasingly vulnerable to cyberattacks. Understanding cybersecurity helps us protect personal interests.

CES2 6484 | (2.4 CEU) | \$229/Senior Cost \$183.20

6 weeks | Tues & Thur | Oct 1 | 6-8 pm | Sec. 940066 | VIRTUAL | S. Devulapalli

Amateur Radio

Amateur Radio Technician License Training

Explore all aspects of amateur radio including: FCC regulations, radio waves, basic electricity, basic math, antennas, station operations practices, and station safety. Review all 435 questions from which 35 are randomly drawn for the FCC Amateur Radio license test. Students are required to take the test in person, on campus, during the last class meeting.

CES2 6366 | (1.6 CEU) | \$119/Senior Cost \$95.20

8 weeks | Thurs | Sep 26 | 7-9 pm | Sec. 940028 | JC123 | S. Deykes

LIFELONG LEARNING

NEW An Afternoon with Detroit Lions Legend Lomas Brown

Renowned for his prowess on the gridiron, Brown's career spans over a decade of triumphs, challenges, and invaluable lessons learned. In this exclusive interview, get insight into Brown's remarkable journey, from his early days as a standout collegiate athlete to his career in the NFL. Discover the grit, determination, and leadership that propelled Brown to become a cornerstone of the Detroit Lions and a respected figure across the league.

CES 7574 | (.1 CEU) | \$24/Senior Cost \$19.20

1 day | Tues | Sep 10 | 1-2 pm | Sec. 947407 | VT550 | L. Brown, S. Baligian



Enjoy an interview with Lion's legend Lomas Brown!

Dine & Discover

Doors open at 11:15am. Full, buffet lunch is included, with vegetarian and gluten free options. All proceeds support student scholarships

NEW Detroit Style Pizza: A Doughtown History

With its airy crust, cheesy corners and distinctive red sauce on top, Detroit Style pizza is enjoyed worldwide. How did this Motor City delicacy become an international sensation? Author Karen Dybis will share the pizza's humble origin story. Learn what has led Detroit to rank with New York, Chicago and New Haven as the best pizza towns. A house-made, Detroit-style pizza lunch will be served at this event.

CES 7568 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Sep 13 | 11:30 am-2 pm | Sec. 947401 | VT500 | K. Dybis

NEW Nature's Brush: A Bob Ross

Style Painting Showcase

In the spirit of beloved painter Bob Ross, join artist Ted Simpson on an artistic journey. Watch as Ted creates a stunning masterpiece right before your eyes, demonstrating techniques and brushstrokes that bring nature to life. You will find yourself both relaxed and inspired. One lucky student will bring home the finished piece to enjoy!

CES 7569 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Nov 1 | 11:30 am-2 pm | Sec. 947402 | VT500 | T. Simpson

NEW 20th Century Retailing in Downtown Detroit

Yet, I am learning

At its peak in the 1950s, Downtown Detroit's Woodward Avenue boasted over four million square feet of retail, making it one of America's preferred retail destinations. Take a closer look at home grown icons like Hudson's, Sam's, Woolworth's and more. See why generations made the trek downtown for holiday windows, family luncheons, and other events. Enjoy a Q&A session and opportunity for personal remembrances!

CES 7572 | (.1 CEU) | \$49/Senior Cost \$39.20

1 day | Fri | Dec 6 | 11:30 am-2 pm | Sec. 947403 | VT500 | M. Hauser

Conversation & Coffee

Light refreshments will be served.

NEW Visionary Companions: Leader Dogs in the Blindness Community

Explore the important role Leader Dogs play in the blindness community. A representative from Leader Dogs for the Blind will discuss the challenges faced by blind individuals and how Leader Dogs can empower those affected by visual impairment. Learn about the lifecycle of a Leader Dog, from training to placement, and the rigorous standards upheld to ensure each dog serves as a reliable companion and guide.

CES 7570 | (.2 CEU) | \$20/Senior Cost \$16

1 day | Fri | Sep 27 | 1-3 pm | Sec. 947404 | W210 | L. Hoskins

NEW John DeLorean: Triumph & Tragedy

John DeLorean was a successful engineer and business executive who quickly climbed the corporate ladder at GM. He's seen as the father of the Pontiac GTO and was part of many other successful vehicle programs. However, he tried and failed to create a great sports car, costing his investors millions. Join us as local author Barry Levine presents the unbelievable highs and lows of John DeLorean's career.

CES 7571 | (.1 CEU) | \$19/Senior Cost \$15.20 1 day | Fri | Oct 11 | 1-2 pm | Sec. 947405 | W210 | B. Levine

NEW The Artistry of Stained Glass

Step into the enchanting world of stained glass with craftsman Kevin Ellwood. Explore how stained glass is created, from glass cutting and leading to soldering and finishing. From Tiffany shades to historic church windows, you'll see what's involved in their restoration. Whether you're a seasoned artisan or simply an admirer of beauty, you will enjoy this look into the mesmerizing world of stained glass.

CES 7573 | (.2 CEU) | \$20/Senior Cost \$16

1 day | Fri | Nov 8 | 1-3 pm | Sec. 947406 | W210 | K. Ellwood

Film Screening

NEW Detroit, The City of Hot Rods & Muscle Cars

Muscle cars didn't just change Detroit automotive culture; they reimagined it. Explore the roots of Detroit's muscle car and its enduring influence today. Director Keith Famie delves into the stories of original enthusiasts, the evolution of performance vehicles, and the diverse community that keeps the passion alive. This documentary is a celebration of how the Motor City has shaped world culture. Director Keith Famie will provide a Q&A session at the film's conclusion.

CES 7567 | (.2 CEU) | \$19/Senior Cost \$15.20 1 day | Fri | Aug 9 | 1-3 pm | Sec. 937402 | VT500 | K. Famie

Ancora Imparo

CAREER & PROFESSIONAL DEVELOPMENT



TEACHER RECERTIFICATION ONLINE

Autism & Communication for

Teachers, Family & Caregivers

Equip yourself with the tools needed to better assist, teach, and support those on the autism spectrum. With the guidance of your instructor, who is autistic herself, discuss the neurodivergent approaches to communication, relationships, listening and boundaries. Examine strategies for building and maintaining relationships with neurodivergent individuals. Discover concepts that are not innate to autistic people. This class is approved for 4 State Continuing Education Clock Hours (SCECH) for teachers.

CES2 0165 | (.4 CEU)\$45/Senior Cost \$36

2 weeks | Wed | Oct 2 | 6-8 pm | Sec. 949609 | VIRTUAL | K. Oswald

UGotClass

Certificate in Online Teaching Series - Online

Learn the design and development process for creating an online class. Gain skills to foster online interaction and manage your classroom. Implement a tenstep model of making your online classroom a reality. You can do it all with this series of three classes! Certificate includes Designing Online Instruction CES2 0024, Fostering Online Discussion CES2 0025 and Advanced Teaching Online CES2 0026.

CES2 0023 | (4.8 CEU) | \$495 12 weeks | Sep 3-Nov 29 | Sec. 949629 | UGotClass

Advanced Teaching Online - Online CES2 0026 | (1.6 CEU) | \$195 4 weeks | Sep 3-Sep 28 | Sec. 949659 | UGotClass

Designing Online Instruction - Online CES2 0024 | (1.6 CEU) | \$195

4 weeks | Oct 7-Nov 1 | Sec. 949687 | VIRTUAL | UGotClass

Fostering Online Discussion - Online CES2 0025 | (1.6 CEU) | \$195 4 weeks | Nov 4-Nov 29 | Sec. 949688 | VIRTUAL | UGotClass

ed2go

6 weeks | (2.4 CEU) | \$145 | ed2go

Each class is approved for 24 State Continuing Education Clock Hours (SCECH) for educators. For course descriptions and system requirements visit schoolcraft.edu/ppl/teacher.

Survival Kit for Teachers - Online CES 0963 || Sec. 949681 | Oct 16

Handling Medical Emergencies - Online CES 4297 || Sec. 949604 | Sep 11 || Sec. 949645 | Oct 16

Spanish in the Classroom - Online CES 3627 || Sec. 949614 | Sep 11

Speed Spanish - Online

CES 3810 || Sec. 949603 | Nov 13

Discover Sign Language - Online CES 3811 || Sec. 949690 | Aug 14 Content Literacy Grades 6-12 - Online CES 7423 || Sec. 949610 | Aug 14

Ready, Set, Read - Online CES 7316 || Sec. 949617 | Sep 11 || Sec. 949639 | Nov 13

Guided Reading: Strategies for the Differentiated Classroom - Online CES 7329 || Sec. 949631 | Aug 14 || Sec. 949647 | Oct 16

Response to Intervention: Reading Strategies That Work - Online CES 7337 || Sec. 949651 | Sep 11 || Sec. 949655 | Nov 13

Guided Reading & Writing: Strategies for Maximum Student Achievement - Online CES 7374|| Sec. 949669 | Sep 11 || Sec. 949670 | Nov 13

Enhancing Language Development in Childhood - Online CES 0898 || Sec. 949608 | Aug 14 || Sec. 949612 | Oct 16

Teaching Writing: Grades K-3 - Online CES 7398 || Sec. 949616 | Aug 14 || Sec. 949640 | Oct 16

Teaching Writing: Grades 4-6 - Online CES 7338||Sec. 949618 | Aug 14

Teaching Math: Grades 4-6 - Online CES 0962 || Sec. 949676 | Aug 14

Teaching High School Students - Online CES2 0013 || Sec. 949620 | Aug 14 || Sec. 949679 | Oct 16

Understanding Adolescents - Online CES 0925 || Sec. 949628 | Sep 11 || Sec. 949657 | Nov 13

Teaching Preschool: A Year of Inspiring Lessons - Online CES 0974 || Sec. 949626 | Aug 14 || Sec. 949653 | Oct 16

The Creative Classroom - Online CES 0908 || Sec. 949624 | Sep 11 || Sec. 949630 | Nov 13

Creating the Inclusive Classroom - Online CES 0930 || Sec. 949611 | Oct 16

Teaching Students with Learning Disabilities - Online CES 0928 || Sec. 949632 | Aug 14 || Sec. 949641 | Oct 16

Empowering Students with Disabilities - Online CES 0956 || Sec. 949633 | Sep 11 || Sec. 949606 | Nov 13

Teaching Students with Autism - Online CES 0932 || Sec. 949642 | Aug 14 || Sec. 949664 | Oct 16

Teaching Students with ADHD - Online CES 0978 || Sec. 949665 | Sep 11 || Sec. 949667 | Nov 13

DEMENTIA CARE

Optional Certificate: Students who complete all 5 dementia care series classes and 2 dementia care electives will receive a Certificate in Dementia Care. All classes are approved by the state of Michigan for continuing education contact hours for social workers and nurses.

Dementia Care Series

Learn fundamental care principles and practices to assist those living with dementia. This series is approved for 15 continuing education contact hours for nurses.

CES 4381 | (1.5 CEU) | \$254/Senior Cost \$203.2

3 weeks | Sat | Oct 12, 19, Nov 2 | 8 am-1 pm | Sec. 944601 | JC122 | Alzheimer's Association THIS SERIES IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Fundamentals of Dementia Care

Get the information you need to understand the basics of dementia. Distinguish the common forms of dementia including Alzheimer's disease.

CES 4379 | (.5 CEU) | \$89/Senior Cost \$71.20

1 day | Sat | Oct 12 | 8 am-1 pm | Sec. 944608 | JC122 |Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Making Meaningful Connections

Explore the social needs of people living with dementia. Learn tools and creative techniques for fostering meaningful interactions and connections at all stages of the illness.

CES 4304 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Oct 19 | 8-10 am | Sec. 944602 | JC122 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Making the Most of Mealtime

Understand the importance of proper nutrition for persons living with dementia, while learning approaches for handling challenging mealtime situations.

CES 4306 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Oct 19 | 10:30 am-12:30 pm | Sec. 944604 | JC122 } Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Care at the End of Life

Gain insight into the final stage of life, how to prepare for it, how to recognize it, and how to provide support to those experiencing it and their caregivers. Learn how to apply person-centered strategies to minimize distress, maximize well-being, and ensure meaningful communication with the person, family, and care team.

CES 4311 | (.4 CEU) | \$75/Senior Cost \$60

1 day | Sat | Nov 2 | 8 am-12 pm | Sec. 944606 | BTC225 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Combating Caregiver Stress

Learn to recognize the signs of caregiver stress, reduce and manage this stress when it appears and prevent a decline in the quality of compassionate care.

CES 4321 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Nov 2 | 12:30-2:30 pm | Sec. 944603 | BTC225 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Free Virtual Dementia Care Information Session

Visit schoolcraft.edu/ppl/news-events for information.

Dementia Care Electives

Understanding Safe & Unsafe Wandering

Discover important information regarding what role wandering plays in dementia care. Learn strategies to promote safe wandering and how to respond to wandering incidents using the REACT method.

CES 4307 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Oct 26 | 8-10 am | Sec. 944605 | JC122 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

When the Diagnosis is FTD:

Frontotemporal Dementia

Learn more about the "other" dementia known as FTD and gain insight into the challenges families and affected individuals face daily.

CES 4323 | (.2 CEU) | \$45/Senior Cost \$36

1 day | Sat | Oct 26 | 10:30 am-12:30 pm | Sec. 944609 | JC122 | Alzheimer's Association THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Autodesk Alias

Digital Sculpting with Autodesk Alias: Level 3 Fall Semester Only!

Take your Autodesk Alias skills to the next level. You will learn how to surface over 3D Scan data. Learn direct manipulation of surfaces and other specific techniques to achieve smooth results in difficult areas. Understand working with manufacturing and packaging requirements. Explore visualization techniques in both Alias and VRED. Student's sculpting project will be 3D printed. **Requirement:** access to a 64-bit OS PC or Mac with high-speed internet connection. **Prerequisite:** CES2 6241 Digital Sculpting with Autodesk Alias and CES2 6274 Digital Sculpting with Autodesk Alias: Level 2.+

CES2 6285 | (3.0 CEU) | \$449

8 weeks | Tues | Sep 10 | 6-9 pm Sec. 947572 | VIRTUAL | S. Lee

View Autodesk Alias Information Video

Watch a short video about our Digital Sculpting Program, led by instructor Soochan Lee. See what to expect from the program, employment opportunities, and more: schoolcraft.edu/pplalias



Drones

Recreational Drone Fundamentals

Learn to fly a drone and have fun safely! Review basic terminology, various types of drones, laws and regulations, and how to safely use and store your equipment. Learn where and when you can fly. Emphasis on pre-flight inspection and safety protocols. Class includes practice flying Schoolcraft College's quadcopters. **Requirement:** all students must sign a waiver.

CES2 6351 | (.6 CEU) | \$139/Senior Cost \$111.20

1 day | Sat | Nov 9 | 9 am-4 pm | Sec. 940090 | JC122 | C. Meyer

View Drone Information Video

Watch a short video about our Recreational Drone class, led by instructor Chris Meyer. See if this class is right for you! schoolcraft.edu/ppl/remote-pilot



Project Management

Project Management Professional Exam Preparation

Are you preparing for the PMP exam, or looking for a solid foundation in project management principles and practices? Gain essential knowledge on how to approach the people, process, and business aspects of projects, and deliver value for your stakeholders. Topics include domains and tasks from the PMP Examination Content Outline, such as building a team, managing communications, and benefits realization. Classroom discussion and exercises are focused on topics from PMBOK Guides 6 and 7, and the Agile Practice Guide. Practice exam questions are included.

CES2 1756 | (3.6 CEU) | \$995

10 weeks | Tues | Sep 24 | 6-9:40 pm | Sec. 947521 | BTC370 | E. van der Meulen, PMP

Free Project Management Information Session

Visit schoolcraft.edu/ppl/news-events for information.



ALL DESCRIPTION OF

NONPROFIT/GRANT FUNDING ONLINE

6 weeks | (2.4 CEU) | \$135 | ed2go

A to Z Grant Writing - Online CES2 1230 || Sec. 941104 | Sep 11 || Sec. 941105 | Nov 13

Get Grants! - Online

Learn how to develop successful, grant-fundable proposals from instructors who have raised millions in grant funds! Understand the differences and similarities between federal and foundation grant writing.

CES2 1640 || Sec. 941103 | Oct 16

Writing Effective Grant Proposals: **Content Focused - Online**

Preparing successful grant proposals to receive funding from corporations or foundations requires careful research, meticulous preparation and graceful writing

CES2 1452 || Sec. 941107 | Aug 14

Marketing Your Nonprofit - Online CES2 1594 || Sec. 941109 | Sep 11

SMALL BUSINESS/ENTREPRENEUR

Event Planning

The Business of Event Planning

Fall Semester Only! 🖊

Are you ready to put your event planning or decorating skills to work by starting your own business? Explore and define different business and legal structures, sales and marketing ideas, start-up costs, contracts and selling tools. Work with mission statements and business plans. Learn what it takes to launch and maintain an event planning business from the owners of a successful company. Prerequisites: CES2 1584 Introduction to Event Planning, CES2 1517 Wedding Planning: Creating the Memories of a Lifetime, CES2 1589 Special Event Design & Décor and CES2 1590 Event Planning Practical Experience or written permission of the instructor.

CES2 1620 | (1.4 CEU) | \$115/Senior Cost \$92

6 weeks | Mon | Sep 19 | 6:30-8:50 pm | Sec. 940735 | JC122 | C. Gregorich, J. Martinez

Event Invitations: Impress the Guest

Fall Semester Only! 🅊

Learn invitation essentials that a wedding or event planner must know while discovering the ins and outs of the invitation world. From wedding invitations to event menu cards, learn how to work with your client to gather the essential information and complete an order best suited for their occasion. Carlson Craft Invitations will be used for demonstration purposes. This class is not required for the Event Planning Certificate. Prerequisites: CES2 1584 Introduction to Event Planning and CES2 1517 Wedding Planning or equivalent knowledge.

CES2 1762 | (.8 CEU) | \$99/Senior Cost \$79.20 4 weeks | Mon | Nov 4 | 6:30-8:30 pm | Sec. 940736 | JC122 | C. Gregorich, J. Martinez

Business Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Start Your Own Online Business - Online

Learn to create, launch, and build a profitable online business from the convenience of your home with little upfront investment.

CES2 1658 || Sec. 940706 | Aug 14 || Sec. 940719 | Oct 16

Start Your Own Arts & Crafts Business - Online

Start your own arts and crafts business with help from a professional artist. Create your own unique business identity and set a marketing plan that fits your personality. Whether you are selling through craft shows, in galleries, online, or even in your own retail store, this class will set you up for success.

CES2 1553 || Sec. 940737 | Nov 13

NEW Small Business Marketing on a Shoestring - Online

Learn how to use the same marketing tricks the big companies employ without making a big dent in your wallet. The small business marketing strategies you'll learn will fit into any budget-and some are even free! You'll master cost-effective strategies, including strategic partnerships, local marketing, search engine optimization, social networking, email marketing, lead generation, and niche marketing

CES2 1763 || Sec. 940734 | Oct 16

ACCOUNTING

Certificate in Accounting & Finance for Non-Financial Managers Series - Online

Make effective financial decisions as you learn accounting and finance processes used in most businesses. Discover the seven steps in the accounting cycle, how to maximize cash flow, and analyze business reports. Create a budget, set goals, and assess the performance of your business. Certificate includes Financial Analysis & Planning for Non-Financial Managers CES2 1644, Cash is King CES2 1645 and Accounting & Finance for Non-Financial Managers CES2 1646.

CES2 1643 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 940612 | UGotClass

Bookkeeping Certificate - Online

How do you manage the finances of a business? Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure and manage the financial health of your business. This program focuses on cash basis accounting. Certificate includes Understanding Debits & Credits CES2 1750, General Ledger & Month End Procedures CES2 1751 and Closing Procedures & Financial Statements CES2 1752.

CES2 1749 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 940618 | UGotClass

Accounting Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Accounting Fundamentals 1 - Online

Gain practical bookkeeping and common accounting knowledge for running a small business, to enhance your career, or for a better understanding of your personal finances.

CES2 1537 || Sec. 940602 | Aug 14 || Sec. 940605 | Oct 16

Accounting Fundamentals 2 - Online CES2 1540 || Sec. 940609 | Sep 11

Introduction to QuickBooks - Online

Designed for the small to midsized business owner who wants easy-to-use desktop software to set up accounts, handle invoicing, track payables and inventory, and generate reports. Class is not compatible with Macintosh computers.

CES 6725 || Sec. 940603 | Aug 14 || Sec. 940608 | Oct 16

Introduction to QuickBooks Cloud - Online

Learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. Gain the advantage of computing in the cloud, so that your files will be available to you virtually anywhere. Subscription or additional software is not required to complete this course which includes free access to an online practice site.

CES2 6310 || Sec. 940604 | Sep 11 || Sec. 940606 | Nov 13

NEW Personal Finance - Online

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

CES2 1764 || Sec. 940607 | Aug 14 || Sec. 940610 | Oct 16

NEW Keys to Successful Money Management - Online

Let a certified financial planner show you how most wealthy people build their fortunes. This course will introduce you to a broad array of investment choices, help you discover the best ways to accumulate cash and property, and demonstrate how to best protect your investment.

CES2 1765 || Sec. 940611 | Sep 11

FINANCIAL PLANNING

Financial Markets & Securities: An Introduction

Are you confused by the complex world of investing? Do you want to gain confidence with basic financial practices? Arm yourself with fundamental knowledge of investing in stocks, bonds, mutual funds and exchange traded funds (ETFs). Learn how to make sound decisions and avoid common mistakes. This class serves as a foundation for all classes in the Financial Planning Series.

CES2 1488 | (.6 CEU) | \$69/Senior Cost \$55.20

3 weeks | Tues | Sep 10 | 6:30-8:30 pm | Sec. 940402 | LA160 | W. Connell

Mutual Fund Investing

Do you know how mutual funds work? Increase your knowledge of this very popular investment choice way beyond the basics to include how mutual funds and exchange-traded funds (ETF) are used to manage risk, reach acceptable returns and how to structure and monitor a diversified portfolio. If you manage investments for someone else, this class is a must. **Prerequisite:** CES2 1488 Financial Markets & Securities: An Introduction or equivalent knowledge.

CES2 1490 | (.6 CEU) | \$69/Senior Cost \$55.20

3 weeks | Tues | Oct 1 | 6:30-8:30 pm | Sec. 940403 | LA160 | W. Connell

CUL<mark>EX</mark> 2024

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Structuring a Stock Portfolio

Stocks can be volatile, but they also have the potential to bring meaningful returns to your portfolio. So how does a serious investor go about selecting a stock? Discover fundamental and technical stock analysis techniques and how to structure and monitor a portfolio of individual stocks. **Prerequisite:** CES2 1488 Financial Markets & Securities: An Introduction or equivalent knowledge.

CES2 1489 | (.6 CEU) | \$69/Senior Cost \$55.20

3 weeks | Tues | Oct 22 | 6:30-8:30 pm | Sec. 940404 | LA160 | W. Connell

Retirement Success Introduction

Learn the most up-to-date retirement planning rules and strategies. Avoid unnecessary taxes and common retirement planning mistakes. Learn about Medicare options, social security claiming, and income strategies to optimize your retirement. Topics discussed: Medicare, Long Term Care, Social Security, IRA Rules, beneficiaries, and Estate Planning.

CES2 1492 | (.6 CEU) | \$69/Senior Cost \$55.20

3 weeks | Tues | Nov 12 | 6:30-8:30 pm | Sec. 940405 | LA160 | A. Atrasz

Real Estate Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Real Estate Investing - Online

Have you ever heard the old saying, "Buy low, sell high?" This course provides straight talk about real estate that will help you understand the opportunities available to investors right now.

CES2 1619 || Sec. 940301 | Aug 14

Leadership Online

6 weeks | (2.4 CEU) | \$145 | ed2go

Leadership - Online

Leadership skills can help gain the respect and admiration of others, while also allowing you to enjoy success in your career and more control over your destiny. Contrary to popular belief, leadership skills can be learned and developed. Even if you don't hold a leadership position, this course will teach you how to use the principles of great leaders to achieve success in almost every aspect of your daily life.

CES2 0093 || Sec. 947505 | Sep 11

Mastering Public Speaking - Online

Discover how to talk confidently and persuasively to both large audiences and small groups. Plan and deliver your presentations skillfully and manage one of the most common public speaking barriers-fear. Learn the secrets to presenting a speech, handling questions and managing conflicts in meetings, and how to use both verbal and nonverbal communication effectively.

CES2 0094 || Sec. 947506 | Aug 14

Supervisory & Leadership Certificate - Online

Ensuring the efficiency of your team is your most important responsibility as a supervisor. Learn effective delegation, performance management, roles, responsibilities, and how to improve oversight of your most valuable resource, your employees.

CES2 1653 | (3.2 CEU) | \$395

8 weeks | Sep 3-Nov 1 | Sec. 947587 | UGotClass

Leadership Development Certificate - Online

Find out what it takes to become an effective leader. Discover your leadership style, discuss task completion, build relationships, and handle changes in the workplace. Learn the secrets and strategies effective leaders exhibit to influence others. After completing this certificate you will have a toolbox of skills needed to move your leadership development into high gear. Certificate includes Leadership Principles CES2 0100, Developing Your Professional Career CES2 0101, and Developing Your Leadership Skills CES2 0102.

CES2 0999 | (4.8 CEU) | \$395

12 weeks | Sep 3-Nov 29 | Sec. 947532 | UGotClass

4 weeks | Leadership Principles | CES2 0100 | Sep 3-Sep 28 | \$145 4 weeks | Developing Your Leadership Skills | CES2 0102 | Oct 7-Nov 1 | \$145 4 weeks | Developing Your Professional Career | CES2 0101 | Nov 4-Nov 29 | \$145

Business Writing Online

Certificate in Business Writing - Online

Discover the keys to successful writing for the workplace. Whether you are writing a report, proposal, memo, or press release, successful business writing can enhance your message and career. Help your business or organization stand out with your new skills in business writing. Certificate includes Business Writing CES2 1723, Writing News & Press Releases CES2 1724, and Effective Copywriting CES2 1725.

CES2 1722 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 947573 | UGotClass 4 weeks | Business Writing | CES2 1723 | Sep 3-Sep 28 | \$195 4 weeks | Effective Copywriting | CES2 1725 | Oct 7-Nov 1 | \$195 4 weeks | Writing News & Press Releases | CES2 1724 | Nov 4-Nov 29 | \$195

Digital Marketing Online

Social Media for Business Certificate - Online

Use social networks to develop a two-way communication and marketing strategy for your organization. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover how to communicate with and serve your customers. Certificate includes Introduction to Social Media CES2 1740, Integrating Social Media in Your Organization CES2 1741, and Marketing Using Social Media CES2 1742.

CES2 1739 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 947588 | UGotClass

4 weeks | Introduction to Social Media | CES2 1740 | Sep 3-Sep 28 | \$195

4 weeks | Marketing Using Social Media | CES2 1742 | Oct 7-Nov 1 | \$195

4 weeks | Integrating Social Media in Your Organization | CES2 1741 | Nov 4-Nov 29 | \$195

Certificate in Digital Marketing Series - Online

Are you ready to launch or improve your eMarketing? Learn to improve email promotion, analyze site traffic, employ search engine optimization, and initiate online advertising. eMarketing is relevant for any business or industry today. Get the skills needed for your successful eMarketing campaign. Certificate includes Boosting Your Website Traffic CES2 1626, Improving Email Promotions CES2 1627 and Online Advertising CES2 1628.

CES2 1625 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 947536 | UGotClass

4 weeks | Improving Email Promotions | CES2 1627 | Sep 3-Sep 28 | \$195 4 weeks | Boosting Your Website Traffic | CES2 1626 | Oct 7-Nov 1 | \$145

4 weeks | Online Advertising | CES2 1628 | Nov 4-Nov 29 | \$195

Workplace Communication Online

Certificate in Workplace

Communication Series - Online

Good communication is critical to your career advancement and overall success. Explore comprehensive and intensive skills and strategies for conflict management, collaboration, and personality factors. Certificate includes Conflict Management CES2 6459, Collaborative Management CES2 1667 and Using Personality Profiles for Better Work CES2 1680.

CES2 6460 | (4.8 CEU) | \$595

12 weeks | Sep 3-Nov 29 | Sec. 947522 | UGotClass

4 weeks | Conflict Management | CES2 6459 | Sep 3-Sep 28 | \$245

4 weeks | Collaborative Management CES2 1667 | Oct 7-Nov 1 | \$295

4 weeks | Using Personality Profiles for Better Work Performance | CES2 1680 | Nov 4-Nov 29 | \$295

Certificate in Customer Service Series - Online

Gaining, serving, and retaining customers is key to successful businesses. Improve your skills, increase your productivity, and advance your career. Certificate includes Keys to Customer Service CES2 1686 and Extraordinary Customer Service CES2 1687.

CES2 1685 | (3.2 CEU) | \$245

8 weeks | Sep 3-Nov 1 | Sec. 947562 | UGotClass 4 weeks | Keys to Customer Service | CES2 1686 | Sep 3-Sep 28 | \$145 4 weeks | Extraordinary Customer Service | CES2 1687 | Oct 7-Nov 1 | \$145

Data Science Online

Certificate in Data Analysis Series - Online

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills. Certificate includes Introduction to Data Analysis CES2 1636, Intermediate Data Analysis CES2 1637 and Advanced Data Analysis CES2 1638.

CES2 1635 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 947529 | UGotClass

4 weeks | Introduction to Data Analysis | CES2 1636 | Sep 3-Sep 28 | \$195

4 weeks | Intermediate Data Analysis | CES2 1637 | Oct 7-Nov 1 | \$195

4 weeks | Advanced Data Analysis | CES2 1638 | Nov 4-Nov 29 | \$195

Online Career Training Programs

These open-entry classes provide skills for high-wage, highdemand careers. With help from Michigan Reconnect funds, you could be eligible to receive tuition assistance for these classes and many others! For information visit **michigan.gov/reconnect.**

Digital Marketing Strategist

Discover best practices for using today's most effective marketing tools, like paid advertising, email, and SEO, to drive traffic and increase conversions. Leverage your talent to plan and implement successful digital marketing campaigns.

Human Resources Manager

Whether you're looking to enter the field of human resources, start your own business, or even pursue an MBA, the Human Resources Manager series will provide you with essential knowledge you need to manage and lead others effectively. Master the skills you need to take the PHR (Professional in Human Resources) certification exam.

See more at careertraining.schoolcraft.edu

Certificate - Online

Gain insights into your data using business intelligence software. Power BI is a widely used business analytics service and report creation tool offered free by Microsoft. Create interactive reports, charts, maps, and other visuals to see your data in real time. This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. Certificate includes Introduction to Microsoft Power Business Intelligence CES2 1727, Intermediate Microsoft Power Business Intelligence CES2 1728, and Advanced Microsoft Power Business Intelligence CES2 1729.

CES2 1726 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 947583 | UGotClass

4 weeks | Introduction To Microsoft Power B | CES2 1727 | Sep 3-Sep 28 | \$195 4 weeks | Intermediate Microsoft Power B | CES2 1728 | Oct 7-Nov 1 | \$195 4 weeks | Advanced Microsoft Power B | CES2 1729 | Nov 4-Nov 29 | \$195

Statistics for Decision Making Certificate - Online

Improve your decision making success by gathering statistics. Through effectively designed surveys, help your organization improve business and workplace effectiveness. Discover the features of action research and how it can be applied to solve problems. Partner with your key stakeholders to collect data, analyze data, and make better decisions. Certificate includes Statistics for Using Surveys CES2 1758, Evaluation Research CES2 1759 and Action Research CES2 1760.

CES2 1757 | (4.8 CEU) | \$495

12 weeks | Sep 3-Nov 29 | Sec. 947511 | UGotClass 4 weeks | Statistics for Using Surveys | CES2 1758 | Sep 3-Sep 28 | \$195 4 weeks | Evaluation Research | CES2 1759 | Oct 7-Nov 1 | \$195 4 weeks | Action Research | CES2 1760 | Nov 4-Nov 29 | \$195

Career Training Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Marketing Your Business on the Internet - Online CES2 1648 || Sec. 947518 | Sep 11

Using Social Media in Business - Online CES2 1649 || Sec. 947545 | Nov 13

Fundamentals of Supervision & Management - Online CES2 1617 || Sec. 947508 | Aug 14 || Sec. 947517 | Oct 16

Microsoft Project/Office 365 - Online CES2 6199 || Sec. 947533 | Sep 11

Introduction to Business Analysis - Online CES2 1717 || Sec. 947501 | Aug 14

Become a Veterinary Assistant - Online CES 8426 || Sec. 947514 | Aug 14

Become a Veterinary Assistant 2: Canine Reproduction - Online CES 8490 || Sec. 947503 | Oct 16

Become a Veterinary Assistant 3: Practical Skills - Online CES 8493 || Sec. 947510 | Nov 13

Administrative Assistant Fundamentals - Online CES2 1441 || Sec. 947502 | Sep 11 || Sec. 947504 | Nov 13

COMPUTERS & TECHNOLOGY

Computers & Technology Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Computer Skills for the Workplace - Online CES2 6250 || Sec. 940048 | Aug 14 || Sec. 940062 | Oct 16

NEW Getting Started with Google

Workspace - Online CES2 6483 || Sec. 940052 | Aug 14 || Sec. 940053 | Oct 16

Introduction to PC Troubleshooting - Online CES 6724 || Sec. 940003 | Sep 11 || Sec. 940019 | Nov 13

Introduction to Excel - Online CES 6958 || Sec. 940004 | Aug 14 || Sec. 940006 | Oct 16

Intermediate Microsoft Excel - Online

Take your Excel skills to the next level! Master charts, PivotTables, Slicers, Sparklines, VLOOKUP and other advanced features. Discover how this powerful MS Office program can boost your productivity.

CES2 6331 || Sec. 940014 | Sep 11 || Sec. 940024 | Nov 13

Microsoft Excel Pivot Tables - Online CES2 6336 || Sec. 940001 | Aug 14 || Sec. 940027 | Oct 16

Programming Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Introduction to Programming - Online CES2 6198 || Sec. 940007 | Aug 14

Introduction to Java Programming - Online CES 6762 || Sec. 940032 | Aug 14 || Sec. 940044 | Oct 16

Introduction to Python 3 Programming - Online CES2 6327 || Sec. 940038 | Aug 14 || Sec. 940063 | Oct 16

Introduction to C# Programming - Online CES2 6328 || Sec. 940043 | Sep 11 || Sec. 940067 | Nov 13

Introduction to CSS3 and HTML5 - Online CES2 6238 || Sec. 940050 | Oct 16

Introduction to SQL - Online CES2 6240 || Sec. 940049 | Sep 11 || Sec. 940060 | Nov 13 Intermediate SQL - Online CES2 6251 || Sec. 940005 | Oct 16

Creating Mobile Apps with HTML5 - Online CES2 6229 || Sec. 940021 | Sep 11 || Sec. 940094 | Nov 13

Introduction to C++ Programming - Online

CES2 6121 || Sec. 940071 | Sep 11 || Sec. 940042 | Nov 13

Web Design Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Creating WordPress Websites - Online

Discover how to easily create blogs and websites with WordPress, the world's most popular Web publisher.

CES2 6315 || Sec. 940035 | Sep 11 || Sec. 940091 | Nov 13

Intermediate WordPress Websites - Online CES2 6354 || Sec. 940096 | Oct 16

Creating Web Pages - Online

Create and post your own website on the Internet using HTML. Discover lowcost marketing techniques and search engine strategies.

CES 6720 || Sec. 940009 | Aug 14 || Sec. 940025 | Oct 16

Web Design Certificate - Online

Discover the basics of web design using HTML and CSS as you plan and design effective web pages and applications. Learn about responsive design process, advanced layout and design features, and explore industry standard technologies and frameworks. Finish class with a functioning web application hosted on a web server that is both accessible and Search Engine Optimized. Certificate includes Introduction to Web Design CES2 6477, Intermediate Web Design CES2 6478 and Advanced Web Design CES2 6479.

CES2 6476 | (4.8 CEU) | \$595

12 weeks | Sep 3-Nov 29 | Sec. 940008 | UGotClass

4 weeks | Introduction to Web Design | CES2 6477 | Sep 3-Sep 28 | \$245

4 weeks | Intermediate Web Design | CES2 6478 | Oct 7-Nov 1 | \$245 4 weeks | Advanced Web Design | CES2 6479 | Nov 4-Nov 29 | \$245

Graphic Design Online

Certificate in Graphic Design Software Essentials - Online

The Adobe software tools are the leading software for graphic design. Use Illustrator, InDesign, and Photoshop to create graphics, multi-page documents, and digital artwork. Certificate includes Adobe Illustrator CC Essentials CES2 6367, Adobe InDesign CC Essentials CES2 6368 and Adobe Photoshop CC Essentials CES2 6369.

CES2 6370 | (4.8 CEU) | \$545

12 weeks | Sep 3-Nov 29 | Sec. 940083 | UGotClass

4 weeks | Adobe Illustrator CC Essentials | CES2 6367 | Sep 3-Sep 28 | \$225 4 weeks | Adobe Photoshop CC Essentials | CES2 6369 | Oct 7-Nov 1 | \$225 4 weeks | Adobe InDesign CC Essentials | CES2 6368 | Nov 4-Nov 29 | \$225

SPECIAL INTERESTS

ENGLISH AS A SECOND LANGUAGE

ESL Placement Test and Registration:

Step 1: Schedule a free placement test at <u>schoolcraft.edu/</u> <u>testingcenter</u>. Testing is available by appointment only. You will receive an email 1-2 days after scheduling your appointment with further instructions.

Step 2: After completing your placement test, visit the Registration Office to enroll and pay for your ESL classes in person. **No online registration is available.**

Note: Your ESL test scores are valid for one calendar year.

| Students must meet the prerequisites stated in each class description. | | | | |
|--|-------------------------------------|------------------------|------------------------|------------------------|
| ESL Level | ESL Level | ESL Level | ESL Level | <u>ESL Level</u> |
| | 2 | <u>3</u> | <u>4</u> | <u>5</u> |
| Test Score | <u>Test Score</u> | <u>Test Score</u> | <u>Test Score</u> | <u>Test Score</u> |
| 35–52 | 53–74 | 75–90 | 91-109 | 110-119 |
| <u>Classes</u> | <u>Classes</u> | <u>Classes</u> | <u>Classes</u> | <u>Classes</u> |
| CES2 0160 | CES2 0170 | CES 7261 | CES 7262 | CES 7285 |
| CES2 0164 | CES2 0174 | CES 7407 | CES 7408 | CES 7461 |
| CES2 0167 | CES2 0177 | CES 7459 | CES 7460 | CES 7435 |
| CL32 0107 | CES2 0177 CES2 0178 CES2 0179 | CES2 0178 CES2 0179 | CES2 0178 CES2 0152 | CES2 0178 CES2 0152 |

For full class descriptions and requirements, visit <u>Schoolcraft.edu/ppl/classes-schedules</u> and select English as a Second Language.

ESL Reading & Vocabulary

Focus on reading and vocabulary to build basic comprehension, efficiency, and fluency in the English language.

Level 1 - Reading & Vocabulary

Wednesday start date. **CES2 0160 | (5.4 CEU) | \$199** 14 weeks | Mon & Wed | Sep 4 | 9-11 am | Sec. 946901 | MC025 | L. Quan

ESL Listening & Speaking

Build listening and speaking skills in personal and social contexts.

Level 1 - Listening & Speaking

Wednesday start date. **CES2 0164 | (5.4 CEU) | \$199** 14 weeks | Mon & Wed | Sep 4 | 2-4 pm | Sec. 946902 | MC020 | L. Quan

Level 2 – Listening & Speaking \, 🖽

CES2 0174 | (5.4 CEU) | \$199 14 Weeks | Tues & Thurs | Sep 3 | 2-4 pm | Sec. 946913 | MC020 | C. Fichtenberg

ESL Grammar & Writing

Focus on basic concepts of spoken and written English.

Level 1 – Grammar & Writing Wednesday start date. CES2 0167 (5.4 CEU) | \$199 14 weeks | Mon & Wed | Sep 4 | 11:15 am- 1:15 pm | Sec. 946908 | MC 020 | L. Bazzi

Level 2 – Grammar & Writing 🛄 CES2 0177 (5.4 CEU) | \$199

14 weeks | Tues & Thurs | Sep 3 | 11:15 am-1:15 pm | Sec. 946914 | MC 020 | C. Fichtenberg

ESL Multiple Skills

Explore listening, reading, speaking and writing skills. Concerned you may miss a class? Video recordings are available on request.

ESL 3 - Multiple Skills

CES 7261 | (7.2 CEU) | \$345/Senior Cost \$276 13 weeks | Tues & Thur | Sep 10 | 6-9 pm | Sec. 946904 | JC122 | E. Rande

ESL 4 - Multiple Skills

CES 7262 | (7.2 CEU) | \$345/Senior Cost \$276

13 weeks | Mon & Wed | Sep 9 | 6-9 pm | Sec. 946907 | LA475 | E. Rande

13 weeks | Mon & Wed | Sep 9 | 9:15 am-12:15 pm | Sec. 946905 | JC111 | E. Rande

ESL 5 - Multiple Skills

CES 7285 | (7.2 CEU) | \$345/Senior Cost \$276

13 weeks | Tues & Thur | Sep 10 | 9:15 am-12:15 pm | Sec. 946903 | JC102 | E. Rande

ESL Special Topics

Take additional classes that focus on areas of special interest to students whose first language is not English.

Accent Modification

Join an interactive group to work on critical listening skills and speech modification. **Prerequisite:** ESL Placement Test score of 91 or higher for both Language Use and Sentence Meaning, or a minimum grade of 2.0 in ESL 3 Multiple Skills, CES 7261.

CES2 0152 | (2.0 CEU) | \$199

9 weeks | Thurs | Sep 19 | 1-3:10 pm | Sec. 946906 | JC102 | S. Calderone



Test Prep Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Prepare for the GED[®] Math Test - Online CES 7510 || Sec. 946202 | Sep 11 || Sec. 946206 | Nov 13

SAT/ACT Prep Course - Part 1 - Online CES2 0103 || Sec. 946212 | Aug 14 || Sec. 946213 | Sep 11

SAT/ACT Prep Course - Part 2 - Online CES2 0104 || Sec. 946204 | Oct 16 | Sec. 946205 | Nov 13

Communication/Writing Online

6 weeks | (2.4 CEU) | \$135 | ed2go

Grammar Refresher - Online CES 7359 || Sec. 946106 | Sep 11 || Sec. 946121 | Nov 13

Writeriffic! - Online CES 7194 || Sec. 946101 | Aug 14

Introduction to Journaling - Online CES 7376 || Sec. 946120 | Nov 13

Write Your Life Story - Online CES 7377 || Sec. 946104 | Aug 14 || Sec. 946129 | Oct 16

Write Fiction Like a Pro - Online CES 7385 || Sec. 946102 | Aug 14 || Sec. 946105 | Oct 16

Advanced Fiction Writing - Online CES 7433 || Sec. 946119 | Nov 13

Romance Writing - Online

CES 7403 || Sec. 946126 | Nov 13

Writing the Fantasy Novel - Online CES 7432 || Sec. 946141 | Sep 11

Writing for Children - Online CES 7304 || Sec. 946140 | Oct 16

Writing Young Adult Fiction - Online CES 7452 || Sec. 946125 | Oct 16

Mystery Writing - Online CES 7356 || Sec. 946144 | Aug 14

Introduction to Screenwriting - Online CES 7451 || Sec. 946108 | Aug 14

The Keys to Effective Editing - Online CES 7217 || Sec. 946131 | Sep 11

Beginner's Guide to Getting Published - Online CES 7387 || Sec. 946113 | Sep 11

FIREARM & SAFETY TRAINING

Firearm Training

Introduction to Handgun & Pistol Handling

Learn the basics including: safety precautions, types of handguns, considerations for purchasing a handgun, legal considerations of owning handguns, handling and storing a handgun, fundamentals of shooting and shooting positions. **Requirement:** The student must have a reliable, unloaded handgun of a caliber of .22 or above (but not larger than a .45 caliber). Bring 100 rounds of factory ammunition in a factory box to the class.

CES 0999 | (.3 CEU) | \$85/Senior Cost \$68 1 day | Thurs | Sep 26 | 6-9 pm | Sec. 949902 | FTC110 | Staff

Introduction to Firearms Training Simulator

Whether you are a novice or are an experienced shooter, enjoy utilizing a stateof-the-art firearms simulator. Class does not use range.

CES2 0016 | (.2 CEU) | \$75/Senior Cost \$60 1 day | Wed | Oct 9 | 6-8 pm | Sec. 949910 | FTC140 | Staff

1 day | Wed | Oct 16 | 6-8 pm | Sec. 949907 | FTC140 | Staff

Cleaning & Storing Your Firearm

Learn the proper process to clean, maintain and store your handgun. Class does not use range.

CES2 0015 | (.2 CEU) | \$39/Senior Cost \$31.20

1 day | Wed | Oct 2 | 6-8 pm | Sec. 949906 | FTC270 | Staff

Concealed Pistol License Training

Firearms Training for Concealed Pistol License

This class will fulfill the State of Michigan training requirements needed to apply for a Concealed Pistol License. **Bring the required amount (100 rounds)** of factory ammunition in a factory box to the class.

CES2 0014 | (.8 CEU) | \$159/Senior Cost \$127.20 1 day | Sun | Nov 3 | 8 am-4 pm | Sec. 949901 | FTC110 | Staff

Refresher for Carrying Concealed Pistols

This class is for the person who has a Concealed Pistol License (CPL) and wants to update their knowledge and shooting skills. **Bring required amount (100 rounds) of factory ammunition in a factory box to the class.**

CES 0864 | (.4 CEU) | \$95/Senior Cost \$76 1 day | Thurs | Sep 19 | 6-10 pm | Sec. 949915 | FTC110 | Staff

Introduction to Rifle Handling

Learn the basics for firing a carbine-type rifle including: safety precautions, different types of rifles (carbines), considerations for purchasing a rifle (carbine), handling a rifle, fundamentals of shooting and shooting positions. **Bring** required amount (40 rounds) of factory ammunition in a factory box to the class.

CES2 0051 | (.3 CEU) | \$85/Senior Cost \$68

1 day | Mon | Oct 21 | 6-9 pm | Sec. 949905 | FTC110 | Staff

Safety Training

Self-Defense

This self-defense training for men and women will include striking, ground fighting, and defending/countering attacks. Students will learn to understand threat indicators, avoid confrontation and de-escalation tactics. Learn new techniques each class as well as build off the skills of the previous week. Course will be hands on and physical in nature. These life saving techniques are taught by a law enforcement professional trained in defense tactics. Wear workout attire to class.

CES2 0126 | (1.8 CEU) | \$239/Senior Cost \$191.20 6 weeks | Mon | Sep 9 | 6-9 pm | Sec. 949917 | ATC115 | Staff

REGISTRATION DATES AND INFORMATION

Registration begins 8:00 a.m., Wednesday, July 17, 2024



REGISTER ONLINE at schoolcraft.edu/ppl and select Register Now

Begins 8 a.m., Wednesday, July 17, 2024

Hours: Monday–Saturday, 2 am–11 pm; Sunday, 2 am–9 pm

Online registration continues until the day before the first class meets.

With online registration you can search and register for classes; add, drop and pay for classes; and print your schedule. A credit card is required to use online registration. Please have your payment information at hand. The following forms of payment are accepted: Discover, Mastercard, Visa, or American Express.

Your User ID and Password

- Your User ID is the lower-case initial of your first name and your student ID number. Remember to include leading zeros for ID numbers; for example, c0123456 (initial is lower case).
- If you have taken a class with us and do not know your User ID, contact the office at 734-462-4448.

Child Registration

 If you are signing your child up for classes, you must enter your child's personal information when registering. Please do not use your information in lieu of your child's.

Senior Adult Tuition

 In order to receive senior adult status, persons sixty (60) years of age or older must verify their age (using a birth certificate, driver's license, or other legal documents) with the Registration Center prior to the start of the class. No rate adjustments will be made after a class has started. Visit schoolcraft.edu/ppl/ register for more information.

The Personal & Professional Learning (PPL) office is open Monday– Friday from 8 am until 5 pm. For assistance after hours, the Answer Center is available to help students with the following:

- Online Registration including password resets
- On-Campus Wireless Access
- General Campus Information



Mon – Thurs: 8 a.m. – 7 p.m. Friday: 8 a.m. – 6 p.m. Saturday: 9 a.m. – 2 p.m. Sunday: CLOSED



Monday-Friday, 8 a.m.–5 p.m. No walk-in registration Saturdays or Sundays, or during the following holidays: Labor Day Weekend, August 31 - September 2, and Thanksgiving Recess, November 27 - December 1. Bring your completed registration form to the **McDowell Student Center, Livonia campus.** Class fees must be paid in full. The drop box in front of the McDowell Student Center is also available for your use.

Dropping a Class and Refund Policy

You can drop a class for a full refund up to the day before the first class meets through Ocelot Access or by written request.

The refund policy is:

- Through the day before the first class meets: 100% of class fees. Thereafter, no refund.
- No refund or transfers for motorcycle classes



Schoolcraft College Registration: PPL 18600 Haggerty Rd. Livonia, MI 48152-2696

Processing of mail-in registrations begins at 8 a.m. on the first day of registration; registrations are manually entered in the order they were received. If you are registering for a class that fills quickly, mail-in registration is not recommended.

Your registration form and cash or check payment should be received at least one week before the class start date. Complete the registration form on page 30. A receipt and class confirmation will be mailed to you. If you do not receive your class confirmation within one week, please call 734-462-4448 to verify your enrollment. If you prefer to use a credit card, please call the Answer Center at 734-462-4426.

Most PPL classes will not meet on the following days:

Thanksgiving Recess, November 27, 28, 29, 30, and December 1. *Exceptions are noted in the online class listing*.

For additional policies, procedures and other important information please visit: schoolcraft.edu/ppl and select How to Register.

REGISTRATION
DOCUMERegistration forms received prior to July 17 are processed in
the order received, starting at 8:00 AM, as staff time allows.
Online is the fastest way to secure your spot.Registration/Admission Form

Please use one registration form per student. Duplicate this form as needed. **This form will be used to update your contact information**. For name change requests, contact the Registration Office/Answer Center at 734-462-4426.



Are you Hispanic? Yes No
 Please select all that apply:

 American Indian or Alaska Native
 Asian Black or African American
 Native Hawaiian or Other Pacific Islander
 White

□ Male □ Female □ Non-binary

| MI/FORMER NAME | | |
|--|---|--|
| CITY | STATE | ZIP CODE |
| PRIMARY PHONE | ALTERNATE PHO | NE |
| Title of Class | Amo | ount |
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| | \$ | |
| | TOTAL: \$ | |
| eview waiver online at schoolcraft.edu/ppl. reement to the waiver terms. | | |
| lass, provide your initials to signify you ailable. Provide your initials here: | | |
| | PRIMARY PHONE Title of Class eview waiver online at schoolcraft.edu/ppl. reement to the waiver terms. | CITY STATE PRIMARY PHONE ALTERNATE PHO Title of Class Amo \$ \$ \$ <t< td=""></t<> |

□ Enclosed is my Check/Money Order payable to Schoolcraft College. (If your check is returned because of insufficient funds, we may redeposit it electronically.)

If paying by credit card, register online at schoolcraft.edu/ocelotaccess or call the Answer Center Monday–Friday, 8a.m.– 5 p.m. at 734-462-4426 to register and pay by phone.

| Mail to: | Company-paid tuition: | For office use only: |
|------------------------|--|----------------------|
| Schoolcraft College | Please send a copy of your purchase order when you register. | |
| PPL Registration | Co. Name | |
| 18600 Haggerty Road | Co. Address | |
| Livonia, MI 48152-2696 | Billing Contact Person | |
| | PO# | |

FALL PHOTOGRAPHY CLASSES!

Tell your story through visual imagery.

Whether you're a professional wanting to perfect your craft or a beginner ready to explore a new hobby, we have a photography class for you!



Photography Detroit # Fall Semester Only

NEW: Wedding & Family Photography Essentials

Travel Photography

PHOTOGRAPHY CERTIFICATE CORE CLASSES:

- DSLR Photography Techniques 1
- DSLR Photography Techniques 2
- Fundamentals of Lighting

- Adobe Photoshop for DSLR Photographers 1
- Photo Composition Cultivating Creative Vision
- Developing Your Photography Business

See **page 15** for all photography classes and photography certificate information.



Personal & Professional Learning 18600 Haggerty Road Livonia, MI 48152-2696

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The Winter PPL Schedule will be mailed early November; class listings online late October.

schoolcraft.edu/ppl



Savor world-class meals and award winning beer American Harvest Restaurant

The Craft Grille Main Street Café



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