FALL 2023 SCHEDULE
REGISTER JULY 19 THROUGH DECEMBER 13

Find a peaceful place to focus on your health and fitness this fall!

NEW
Dynamic Flow Yoga
Page 5

NEW
Authentic German Breads
Page 17
Autumn brings excitement for new beginnings and pathways to achieve personal growth and improve our quality of life. At Schoolcraft College, we strive to provide high-quality educational experiences for you to pursue a hobby, personal interest, or training to learn new knowledge, skills, and abilities that align with high-demand career opportunities. As you read through the PPL Fall schedule of diverse course offerings, you will find a wide array of classes—something for everyone!

It’s never too early to begin planning for the holidays. Create new memories with family and friends after attending Charcuterie Boards for Holiday Entertaining and Cocktails for the Holidays. If you prefer to take a trip down memory lane, be sure to attend Hudson’s at the Holidays, a Lifelong Learning lecture that is always a community favorite. In addition to our professional development courses, you can increase your skills in high-wage, high-demand careers through our online career training programs. See page 25 for more information.

We look forward to seeing you in your favorite classes, trying out a new activity, or expanding your professional skills this fall!

Jodie Beckley, PhD
Director, Personal & Professional Learning

New Classes for Fall 2023

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Schoolcraft College publishes this schedule for informational purposes only and its content shall not constitute a contract between the institution and prospective or enrolled students. The information presented here reflects the current curricula, policies, and regulations of the College. However, these are subject to change at any time by action of the Board of Trustees or the administration. A doctor’s review of your health is advised before starting any exercise program.

The Schoolcraft College Personal & Professional Learning Schedule is published three times yearly. It is the policy of Schoolcraft College that no person shall, on the basis of race, religion, color, gender, age, marital status, disability, sexual orientation, and/or national origin, be subjected to discrimination during or be excluded from participating in or be denied the benefits of any program or activity or in employment.
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Registration Begins
Wednesday, July 19, at 8:00 a.m.

Most PPL classes/activities are NOT
scheduled on the following days:
- Thanksgiving Recess, November 22, 23, 24, 25, 26.

Exceptions are noted in the online class listing.

Class Icon Key

_purchase_textbook_icon_ Purchase textbook and bring to first class—available at the College Bookstore. View textbook pricing and details at schoolcraftbooks.com.
_purchase_usb_icon_ Purchase a USB Flash Drive and bring to first class—available at the College Bookstore.
_prerequisite_icon_ Prerequisite: CES 2187 Cooking 101: Skill Development or instructor’s approval. See page 16 for toolkit requirements.
_prerequisite_icon_ Prerequisite: CES 2380 Pastry 101: Skill Development or instructor’s approval. See page 16 for toolkit requirements.
_photo_icon_ Schoolcraft College Certificate of Photography class.
## PERSONAL ENRICHMENT

### FITNESS & HEALTH

#### AEROBICS

<table>
<thead>
<tr>
<th>Class Name</th>
<th>Code</th>
<th>Cost</th>
<th>Duration</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zumba®- A “Blast” Fitness Class</td>
<td>CES 9802</td>
<td>$89/Senior Cost $49.50</td>
<td>12 weeks</td>
<td>Tues</td>
<td>Sep 12</td>
<td>5-6 pm</td>
<td>Sec. 948136</td>
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<tr>
<td>Dynamic Fit Mix</td>
<td>CES 9071</td>
<td>$129/Senior Cost $64.50</td>
<td>12 weeks</td>
<td>Tues &amp; Thur</td>
<td>Sep 12</td>
<td>8-9 am</td>
<td>Sec. 948125</td>
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<tr>
<td>CES 9071</td>
<td>$129</td>
<td>Senior Cost $64.50</td>
<td>12 weeks</td>
<td>Tues &amp; Thur</td>
<td>Sep 12</td>
<td>8-9 am</td>
<td>Sec. 948125</td>
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<tr>
<td>Get Fit &amp; Stay Fit</td>
<td>CES 9438</td>
<td>$139/Senior Cost $69.50</td>
<td>12 weeks</td>
<td>Mon, Wed &amp; Fri</td>
<td>Sep 11</td>
<td>9-10 am</td>
<td>Sec. 948108</td>
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<tr>
<td>Total Body Strength &amp; Tone</td>
<td>CES 9083</td>
<td>$139/Senior Cost $69.50</td>
<td>12 weeks</td>
<td>Tues &amp; Thur</td>
<td>Sep 12</td>
<td>5:15-6:15 pm</td>
<td>Sec. 948113</td>
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<tr>
<td>Strength Training &amp; Muscle Conditioning</td>
<td>CES 9091</td>
<td>$99/Senior Cost $49.50</td>
<td>10 weeks</td>
<td>Thurs</td>
<td>Sep 14</td>
<td>7-8 pm</td>
<td>Sec. 948126</td>
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<tr>
<td>STRONG Nation®: A High-Intensity Workout</td>
<td>CES 9993</td>
<td>$99/Senior Cost $49.50</td>
<td>12 weeks</td>
<td>Mon</td>
<td>Sep 11</td>
<td>6-7 pm</td>
<td>Sec. 948133</td>
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<tr>
<td>WERQ® Dance. Fitness. Workout.</td>
<td>CES 9930</td>
<td>$89/Senior Cost $44.50</td>
<td>12 weeks</td>
<td>Tues</td>
<td>Sep 12</td>
<td>6-7 pm</td>
<td>Sec. 948131</td>
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<tr>
<td>Cardio Hip-Hop &amp; Strength</td>
<td>CES 9091</td>
<td>$99/Senior Cost $49.50</td>
<td>10 weeks</td>
<td>Thurs</td>
<td>Sep 14</td>
<td>7-8 pm</td>
<td>Sec. 948126</td>
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<tr>
<td>Move, Stretch &amp; Dance</td>
<td>CES 9096</td>
<td>$75/Senior Cost $37.50</td>
<td>6 weeks</td>
<td>Thurs</td>
<td>Sep 14</td>
<td>9-10 am</td>
<td>Sec. 948132</td>
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<tr>
<td>Chair Fitness</td>
<td>CES 9097</td>
<td>$75/Senior Cost $37.50</td>
<td>6 weeks</td>
<td>Thurs</td>
<td>Nov 2</td>
<td>9-10 am</td>
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<td>Circuit Training</td>
<td>CES 9365</td>
<td>$99/Senior Cost $49.50</td>
<td>12 weeks</td>
<td>Sat</td>
<td>Sep 9</td>
<td>10:10-11:10 am</td>
<td>Sec. 948112</td>
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<td>Sunrise, Stretch, Strength &amp; Tone</td>
<td>CES 9934</td>
<td>$125/Senior Cost $62.50</td>
<td>12 weeks</td>
<td>Mon &amp; Wed</td>
<td>Sep 11</td>
<td>8-9 am</td>
<td>Sec. 948148</td>
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<tr>
<td>Sunlight, Stretch, Strength &amp; Tone</td>
<td>CES 9954</td>
<td>$89/Senior Cost $44.50</td>
<td>12 weeks</td>
<td>Tues &amp; Thur</td>
<td>Sep 12</td>
<td>8-9 am</td>
<td>Sec. 948112</td>
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<tr>
<td>Chair Fitness</td>
<td>CES 9097</td>
<td>$75/Senior Cost $37.50</td>
<td>6 weeks</td>
<td>Thurs</td>
<td>Nov 2</td>
<td>9-10 am</td>
<td>Sec. 948135</td>
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<tr>
<td>THIS SECTION MEETS UPSTAIRS IN THE PE BUILDING.</td>
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- **Dynamic Fit Mix**: Enjoy this fun and uplifting class working out with different types of fitness equipment and routines each time class meets.
- **Get Fit & Stay Fit**: Reshape your upper and lower body using hand weights, body bars, Fit Balls and more.
- **Total Body Strength & Tone**: Burn fat and tone muscle in this hybrid interval training class that combines weights, cardio, and strength training.
- **Best Body: Hybrid Interval Training**: Strengthen and tone the major muscle groups as you increase lean muscle mass. Exercises are developed using a variety of machines.
- **Sunrise, Stretch, Strength & Tone**: Using a variety of equipment, incorporate active stretching, low impact movements, targeting floor work and Pilates inspired exercises to leave you feeling energized. Alternative options for students with osteoporosis and osteopenia will be given.
Senior Fitness

Senior Basketball: Non-Instructional Activity
Seniors can enjoy the opportunity to play non-instructional indoor basketball.
CESN 0009 | $65
12 weeks | Tues & Thur | Sep 12 | 10 am-12 pm | Sec. 948115 | PE Main Gym

Strength Training for Seniors
CES 9550 | $99/Senior Cost $49.50
6 weeks | Mon & Wed | Sep 11 | 1-2 pm | Sec. 948117 | PE140 | M. Berlin-AHF
6 weeks | Mon & Wed | Oct 23 | 1-2 pm | Sec. 948118 | PE140 | M. Berlin-AHF

Strength Training for Seniors II
CES2 9009 | $89/Senior Cost $44.50
12 weeks | Tues | Sep 12 | 1:30-2:30 pm | Sec. 948152 | PE140 | S. Brodsky–AHF

Zumba® Gold
CES 9858 | $89/Senior Cost $44.50
12 weeks | Fri | Sep 15 | 10-11 am | Sec. 948152 | PE140 | J. Dumbleton–AHF

Fit as a Fiddle
CES 9815 | Senior Cost $99/$49.50
6 weeks | Mon & Wed | Sep 11 | 10-11 am | Sec. 948106 | PE140 | J. Dumbleton–AHF
6 weeks | Mon & Wed | Oct 23 | 10-11 am | Sec. 948109 | PE140 | J. Dumbleton-AHF

Pilates

Barre Workout: Changing the Look of Fitness
CES 9904 | $89/Senior Cost $44.50
12 weeks | Wed | Sep 13 | 11 am-12 pm | Sec. 948102 | PE140 | Z. Prymak-AHF

Pi-Yo Strength Fusion
Combine the muscle-sculpting, core- firming benefits of Pilates with the strength and flexibility advantages of yoga.
CES 9932 | $89/Senior Cost $44.50
12 weeks | Wed | Sep 13 | 7-8 pm | Sec. 948130 | PE140 | L. Furlong–AHF

Pilates–Virtual
Promote functional strength of abdominal and back muscles and help to develop pelvic floor strength and better posture.
CES2 9067 | $95/Senior Cost $47.50
14 weeks | Mon | Sep 11 | 6-7 pm | Sec. 948104 | VIRTUAL | J. Malinowski

Pilates I
A safe and effective mat Pilates workout offers a powerful conditioning program for the entire body.
CES 9557 | $89/Senior Cost $44.50
12 weeks | Mon | Sep 11 | 11 am-12 pm | Sec. 948103 | PE140 | J. Dumbleton–AHF

Yoga

Yoga for Easing Arthritis & Fibromyalgia Pain-Level I
Experience this gentle yoga workout designed for individuals who suffer from varying degrees of muscle and joint pain from arthritis or fibromyalgia.
CES 9900 | $115/Senior Cost $57.50
12 weeks | Thurs | Sep 14 | 9:15-10:15 am | Sec. 948920 | PE140 | J. Dumbleton – AHF
THIS SECTION MEETS ON THE MAIN FLOOR OF THE PE BUILDING.

Yoga for Easing Arthritis & Fibromyalgia Pain-Level II
This advanced yet gentle workout is designed for individuals who suffer from varying degrees of muscle and joint pain. The majority of the workout is done in a chair.
CES2 9126 | $119/Senior Cost $59.50
12 weeks | Tues | Sep 12 | 10-11 am | Sec. 948933 | PE210 | K. Carzon-AHF
THIS SECTION MEETS UPSTAIRS IN THE PE BUILDING.

“Easy Does It” Hatha Yoga
Hatha Yoga is gentle, but effective for promoting flexibility, balance, strength, and wonderful posture.
CES 9542 | $55/Senior Cost $27.50
12 weeks | Tues | Sep 12 | 12:30-1 pm | Sec. 948921 | PE210 | S. Brodsky–AHF
CES 9543 | $119/Senior Cost $59.50
12 weeks | Thurs | Sep 14 | 2:30 pm | Sec. 948917 | PE210 | S. Nagy–AHF

NEW Yoga for Better Bone Health & Balance
Improve bone health, flexibility and balance with weight-bearing standing/ seated yoga poses. With the use of light hand weights, build bone density, strength and coordination which encourages better posture and balance reducing the risk of falling.
CES2 9136 | $115/Senior Cost $57.50
12 weeks | Tues | Sep 12 | 9-10 am | Sec. 948934 | PE210 | K. Carzon-AHF

NEW Dynamic Flow Yoga-Virtual
Vinyasa flow yoga is designed to provide more of a workout by each pose flowing into the next. Combine still poses, dynamic movement, relaxation, and breathing exercises.
CES2 9137 | $119/Senior Cost $59.50
12 weeks | Mon | Sep 11 | 1-2 pm | Sec. 948935 | VIRTUAL | J. Weishaar

Flowing Yoga I
In this beginning class you’ll enjoy a moving sequence of Hatha Yoga poses for flexibility, strength and relaxation. You will learn the 12-part Sun Salutes in addition to several more yoga poses supported by yoga breathing.
CES 9218 | $119/Senior Cost $59.50
12 weeks | Sat | Sep 9 | 9:30-10:50 am | Sec. 948931 | PE210 | K. Dreyer-AHF
12 weeks | Mon | Sep 11 | 7:30-8:30 pm | Sec. 948918 | PE210 | J. Lenders
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

12 weeks | Mon | Sep 11 | 7:30-8:30 pm | Sec. 948924 | VIRTUAL | J. Lenders
12 weeks | Tues | Sep 12 | 5:30-6:50 pm | Sec. 948942 | PE210 | M. Hopson-AHF
12 weeks | Mon | Sep 11 | 5:30-6:50 pm | Sec. 948938 | PE210 | J. Lenders
12 weeks | Thurs | Sep 14 | 9:30-10:50 am | Sec. 948928 | VIRTUAL | C. Vukonich

Flowing Yoga II
Build on the stamina you developed in Flowing Yoga I. Enjoy more challenging poses and a variety of yoga breathing exercises.
CES 9541 | $119/Senior Cost $59.50
12 weeks | Mon | Sep 11 | 11 am-12:20 pm | Sec. 948916 | PE210 | Z. Prymak-AHF
12 weeks | Thurs | Sep 14 | 5:30-6:50 pm | Sec. 948912 | PE210 | H. Grimm–AHF

Yin Yoga Fusion
Yin Yoga targets the connective tissue of the joints, ligaments and sinew to help increase flexibility and range of motion. Focus on strength and stretching with longer holds and fewer poses.
CES2 9065 | $119/Senior Cost $59.50
12 weeks | Thurs | Sep 14 | 9:30-10:50 am | Sec. 948928 | VIRTUAL | C. Vukonich

Fitness & Health

Senior Basketball: Non-Instructional Activity
Seniors can enjoy the opportunity to play non-instructional indoor basketball.
CESN 0009 | $65
12 weeks | Tues & Thur | Sep 12 | 10 am-12 pm | Sec. 948115 | PE Main Gym

Strength Training for Seniors
CES 9550 | $99/Senior Cost $49.50
6 weeks | Mon & Wed | Sep 11 | 1-2 pm | Sec. 948117 | PE140 | M. Berlin-AHF
6 weeks | Mon & Wed | Oct 23 | 1-2 pm | Sec. 948118 | PE140 | M. Berlin-AHF

Strength Training for Seniors II
CES2 9009 | $89/Senior Cost $44.50
12 weeks | Tues | Sep 12 | 1:30-2:30 pm | Sec. 948152 | PE140 | S. Brodsky–AHF

Zumba® Gold
CES 9858 | $89/Senior Cost $44.50
12 weeks | Fri | Sep 15 | 10-11 am | Sec. 948152 | PE140 | J. Dumbleton–AHF

Fit as a Fiddle
CES 9815 | Senior Cost $99/$49.50
6 weeks | Mon & Wed | Sep 11 | 10-11 am | Sec. 948106 | PE140 | J. Dumbleton-AHF
6 weeks | Mon & Wed | Oct 23 | 10-11 am | Sec. 948109 | PE140 | J. Dumbleton-AHF

Pilates

Barre Workout: Changing the Look of Fitness
CES 9904 | $89/Senior Cost $44.50
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Pi-Yo Strength Fusion
Combine the muscle-sculpting, core- firming benefits of Pilates with the strength and flexibility advantages of yoga.
CES 9932 | $89/Senior Cost $44.50
12 weeks | Wed | Sep 13 | 7-8 pm | Sec. 948130 | PE140 | L. Furlong–AHF

Pilates–Virtual
Promote functional strength of abdominal and back muscles and help to develop pelvic floor strength and better posture.
CES2 9067 | $95/Senior Cost $47.50
14 weeks | Mon | Sep 11 | 6-7 pm | Sec. 948104 | VIRTUAL | J. Malinowski

Pilates I
A safe and effective mat Pilates workout offers a powerful conditioning program for the entire body.
CES 9557 | $89/Senior Cost $44.50
12 weeks | Mon | Sep 11 | 11 am-12 pm | Sec. 948103 | PE140 | J. Dumbleton–AHF
NEW Vinyasa Style of Hatha Yoga: An Introduction
No matter what your yoga skill level, you’ll feel at home in this small, intimate Vinyasa yoga class. Learn the Ujjiayi breathing technique, which dictates the movement and the length of time held in the postures (asanas).
CES 9824 | $119/Senior Cost $59.50
12 weeks | Sat | Sep 16 | 8-9:20 am | Sec. 948910 | PE210 | J. Delabbio-Abbott

Vinyasa Yoga with Light Weights
In a gentle environment, learn how to use light weights to strengthen the upper body and core using 2-8 lb. weights or a non-weight bearing approach.
CES 9960 | $119/Senior Cost $59.50
12 weeks | Fri | Sep 15 | 9:30-10:50 am | Sec. 948915 | VIRTUAL | C. Vukonich
12 weeks | Fri | Sep 15 | 9:30-10:50 am | Sec. 948930 | PE210 | C. Vukonich

Precision Yoga I: The Iyengar Way
Practice precise alignment to avoid injury and maximize inner and outer balance. Learn basic yoga postures and breathing techniques to build strength and peace of mind following the methods of B.K.S. iyengar.
CES 9785 | $129/Senior Cost $64.50
12 weeks | Wed | Sep 13 | 11:10 am-12:40 pm | Sec. 948925 | PE210 | D. Siegel-DiVita

Beginning Thai Yoga
Improve your circulation, flexibility and balance with the use of props, sitting postures, and mat-based practices in this gentle and easy-to-follow stretching yoga class.
CES 9141 | $119/Senior Cost $59.50
12 weeks | Mon | Sep 11 | 5:30-6:50 pm | Sec. 948932 | PE210 | H. Grimm–AHF

Yoga to Renew & Restore
Yoga is about honoring your own body. Learn breathing techniques to help relax the mind and move into a slow flowing sequence to help energize the body.
CES 9540 | $119/Senior Cost $59.50
12 weeks | Wed | Sep 13 | 5:30-6:50 pm | Sec. 948944 | PE210 | K. Dreyer-AHF

Yoga & Stress Management
This gentle, flowing Hatha Yoga class will help you explore classic yoga poses, postures and breathing exercises, followed by soothing, relaxing meditation, leaving you feeling peaceful and relaxed.
CES 9017 | $125/Senior Cost $62.50
12 weeks | Wed | Sep 13 | 7-8:20 pm | Sec. 948937 | PE210 | S. Nagy–AHF

Yoga Better Back & Neck
Transform your body and mind with a sequence of classic standing poses, stretches and breathing techniques designed for students of all ability levels.
CES 9978 | $119/Senior Cost $59.50
12 weeks | Thurs | Sep 14 | 7-8:20 pm | Sec. 948908 | PE210 | H. Grimm–AHF

Yoga for a Healthy Heart
Using safe and effective techniques, performed with proper form and alignment, learn a flowing sequence of yoga poses, stretches, and synchronized breathing and movement, to relax your body, mind, and heart.
CES 9986 | $125/Senior Cost $62.50
12 weeks | Mon | Sep 11 | 9:30-10:50 am | Sec. 948926 | PE210 | Z. Prymak–AHF

Light Weights with a Little Yoga
CES 9734 | $119/Senior Cost $59.50
12 weeks | Mon | Sep 11 | 12:40-2:10 pm | Sec. 948929 | PE210 | D. Siegel-DiVita
12 weeks | Wed | Sep 13 | 9:30-11: am | Sec. 948923 | PE210 | D. Siegel-DiVita
12 weeks | Fri | Sep 15 | 11 am-12:30 pm | Sec. 948922 | PE210 | D. Siegel-DiVita

DANCE

Couples and singles welcome in all Dance classes!

Latin Dancing New routines!
Learn the most popular hot Latin Dances like Salsa, Bachata, Samba, Merengue and more. Dance selection determined at first lesson.
CES 9988 | $75/Senior Cost $37.50
6 weeks | Fri | Sep 22 | 7-8 pm | Sec. 948014 | PE140 | E. Semenov
6 weeks | Fri | Nov 3 | 7-8 pm | Sec. 948015 | PE140 | E. Semenov

Lunchtime Line Dance 1
Learn the latest line dances at this special daytime class like the Hustle, Cha-Cha, Waltzes, the Charleston and more.
CES 9333 | $99/Senior Cost $49.50
12 weeks | Thurs | Sep 14 | 1:50-2:50 pm | Sec. 948002 | PE140 | J. Owen

Lunchtime Line Dance: One Plus
Expand your line dance skills and continue to dance to all varieties of music from oldies, country, top 40’s and more.
CES 9686 | $99/Senior Cost $49.50
12 weeks | Thurs | Sep 14 | 12:30-1:30 pm | Sec. 948006 | PE140 | J. Owen

Dance Yourself Fit
Complete a workout to tone your muscles and dance your way to being fit while learning popular dances like Salsa, Cha-Cha, Merengue, Disco, Bachata, Shuffle, Rumba, Swing, Tango and more.
CES 9989 | $75/Senior Cost $37.50
6 weeks | Fri | Sep 22 | 6-7 pm | Sec. 948008 | PE140 | E. Semenov
6 weeks | Fri | Nov 3 | 6-7 pm | Sec. 948009 | PE140 | E. Semenov

JÀ’LAIAIYAH GORDON
Dance Instructor

Ja’Laaiyah Gordon is pursuing her life through her passion and purpose: dance! A dancer for over 20 years, Ja’Laaiyah is also a graduate of Oakland University where she earned her bachelor’s degree in marketing with a minor in dance. She studied ballet, modern, tap, jazz, hip-hop and liturgical dance and has taught these dance styles to dancers in multiple studios across metro Detroit.
Ja’Laaiyah had the privilege of studying under instructors of the world-renowned Alvin Alley American Dance Theater, was part of famed actress and choreographer Debbie Allen’s Detroit Dance Intensive, and has danced for Complexions Detroit Dance Intensive. Every experience, class, workshop, and intensive has made Ja’Laaiyah the dancer and the person she is today.
Ja’Laaiyah began teaching for Schoolcraft College in January of 2023 and loves the Ocelot community! She believes dance can be an important form of self-care and hopes all who come to her classes will have a smile on their face!
Hustle & East Coast Swing **New routines!**
Learn basic footwork, and more advanced moves and build your confidence dancing to different styles and tempos of music.
**CES 9002 | $75/Senior Cost $37.50**
- 6 weeks | Sat | Sep 23 | 8-9 pm | Sec. 948013 | PE140 | E. Semenov

Belly Dance Fitness **New 6-Week Format!**
Students spend one hour engaging in belly dance style movement with the goal of burning calories and having fun while listening to Middle Eastern/Fusion and other motivating musical selections.
**CES 9134 | $75/Senior Cost $37.50**
- 6 weeks | Wed | Sep 13 | 12 pm-1 pm | Sec. 948026 | PE140 | A. Hallmark
- 6 weeks | Wed | Nov 1 | 12 pm-1 pm | Sec. 948027 | PE140 | A. Hallmark

Salsa & Bachata **New routines!**
Our 6-week salsa course, good for beginners and more advanced dancers, will transform you into the dancer you have always wanted to be!
**CES 9095 | $75/Senior Cost $37.50**
- 6 weeks | Sat | Nov 4 | 7-8 pm | Sec. 948022 | PE140 | E. Semenov

Jazz Tap **New 6-Week Format!**
Master the basic tap steps and dance routines while listening to jazz music. Practice how to use the tap shoe with clearly defined jazz rhythms while learning tap techniques and combinations. Shoes should NOT be purchased until after the first class meets.
**CES 9133 | $75/Senior Cost $37.50**
- 6 weeks | Tues | Sep 12 | 2:30-3:30 pm | Sec. 948028 | PE140 | E. Johnson
- 6 weeks | Tues | Nov 7 | 2:30-3:30 pm | Sec. 948029 | PE140 | E. Johnson

Move & Groove **New 6-Week Format!**
Utilize basic motor skills for a high energy full body dance workout! Move and groove to the best music from the 80s to the best hits of today.
**CES 9131 | $75/Senior Cost $37.50**
- 6 weeks | Wed | Sep 9 | 11 am-12 pm | Sec. 948033 | PE210 | J. Gordon

Ballroom Dancing **New routines!**
Learn the graceful Ballroom dances while practicing the fundamental components: base timings/rhythms, key foot patterns and essential leading and following techniques. Dance selection determined at first lesson.
**CES 9039 | $75/Senior Cost $37.50**
- 6 weeks | Fri | Sep 22 | 8-9 pm | Sec. 948017 | PE140 | E. Semenov
- 6 weeks | Fri | Nov 3 | 8-9 pm | Sec. 948018 | PE140 | E. Semenov

Nightclub Two-Step **New routines!**
Nightclub two-step is one of the most popular forms of contemporary social partner dance. Perfect for nightclub, party or wedding dancing.
**CES 9086 | $75/Senior Cost $37.50**
- 6 weeks | Sat | Nov 4 | 8-9 pm | Sec. 948023 | PE140 | E. Semenov

Shuffle & Hustle **New 6-Week Format!**
Your feet will tell you exactly where to go! This dance class is all about muscle memory, where your body remembers the moves for you. Move to the beat of the best artists for a fun shuffle using the whole body from head to toe.
**CES 9132 | $75/Senior Cost $37.50**
- 6 weeks | Sat | Oct 28 | 11 am-12 pm | Sec. 948031 | PE210 | J. Gordon
- 6 weeks | Wed | Nov 1 | 6-7 pm | Sec. 948030 | PE140 | J. Gordon

Mambo **New routines!**
Expand your repertoire of Latin ballroom dances by learning the Mambo, a fun and spicy dance that originated in Cuba.
**CES 9140 | $75/Senior Cost $37.50**
- 6 weeks | Sat | Sep 23 | 6-7 pm | Sec. 948025 | PE140 | E. Semenov

**The Art of Motown Style Ballroom Dancing **New routines!**
This popular style of ballroom dance is a combination of social ballroom dance and the cha-cha dusted with a soulful “dee-troit” urban flavor. No previous dance experience needed.
**CES 9093 | $75/Senior Cost $37.50**
- 6 weeks | Sat | Sep 23 | 7-8 pm | Sec. 948021 | PE140 | E. Semenov
- 6 weeks | Sat | Nov 4 | 6-7 pm | Sec. 948024 | PE140 | E. Semenov

**TAI CHI**

**Beginning Tai Chi**
Tai Chi is a series of gentle turning and stretching exercises that aid in relaxation and stress reduction and improve flexibility, circulation, balance, muscle control and strength. This beginning course introduces the fundamentals of the 108 moves in the Taoist Tai Chi set.
**CES 9906 | $105/Senior Cost $52.50**
- 12 weeks | Tues | Sep 12 | 7:30-8:30 pm | Sec. 948801 | PE140 | MI Tai Chi Association

**FENCING**

**Fencing Club: Non-Instructional Activity**
This unstructured activity period is for those who have taken Fencing I and Fencing II and would like an opportunity to practice their skills.
**CESN 0004 | $75**
- 12 weeks | Fri | Sep 15 | 7-9 pm | Sec. 947909 | PE Main Gym

**Fencing I**
Gain a basic understanding of the sport of fencing—the art of sport sword-play—in an enjoyable and relaxed atmosphere. Learn basic fencing positions, movements, and principles. Equipment is provided. You must be 11 years of age or older to register.
**CES 9180 | $95/Senior Cost $47.50**
- 12 weeks | Fri | Sep 15 | 6:30-7:50 pm | Sec. 947901 | PE Main Gym | D. McLaren

**Fencing II**
Build your knowledge of the sport and improve your fencing technique. Learn new movement and strategies necessary for bout fencing. Equipment is provided. You must be 11 years of age or older to register. **Prerequisite:** CES 9180 Fencing I.
**CES 9181 | $95/Senior Cost $47.50**
- 12 weeks | Fri | Sep 15 | 8:10-9:30 pm | Sec. 947902 | PE Main Gym | D. McLaren

**WELLNESS**

**Self-Hypnosis for Attention & Relaxation**
Whether you’ve wanted to conquer a fear that’s been holding you back, or you’re looking to try an alternative form of relaxation, self-hypnosis could benefit you. The class includes a brief history of hypnosis and its practical applications in everyday life. Learn how to use self-hypnosis as a tool for solving problems in a practiced and logical yet relaxed atmosphere.
**CES 9116 | 1.6 CEU | $49/Senior Cost $39.20**
- 3 weeks | Tues | Sep 12 | 6-8 pm | Sec. 947308 | JC122 | C. Welsing
AQUATICS

Classes end 5 minutes to the hour to allow for changing of class sessions. Scan to view a complete list of swim skills guidelines.

Basic Swim for the Water Shy Adult
Skills to be learned:
- Tread water for 30 seconds
- Float on front with relaxed muscles and face in the water, blowing bubbles
- Float on back with relaxed muscles
- Proper freestyle flutter kick with flotation device
- Swim 12 yards freestyle with any kind of breathing

CES 9583 | $105/Senior Cost $52.50
12 weeks | Sat | Sep 9 | 8:30-9:30 am | Sec. 948746 | PE Pool | K. Calhoun
12 weeks | Mon & Wed | Sep 12 | 6-7 pm | Sec. 948719 | PE Pool | R. Wiseman
12 weeks | Wed | Sep 13 | 6-7 pm | Sec. 948744 | PE Pool | P. Poirier

Beginning Adult Swim Stroke & Technique
Skills to be learned:
- Tread for one minute
- 25 yards freestyle with proper flutter kick, arm rotations and alternate breathing
- 25 yards backstroke with proper kick and arm rotation
- 25 yards breaststroke with proper

Prerequisite: Basic Swim for the Water Shy Adult; or the ability to float; or some deep water familiarity.

CES 9408 | $105/Senior Cost $52.50
12 weeks | Wed | Sep 13 | 6-7 pm | Sec. 948747 | PE Pool | R. Wiseman
12 weeks | Thurs | Sep 14 | 7-8 pm | Sec. 948749 | PE Pool | R. Wiseman

Intermediate Adult Swim Stroke & Technique
Skills to be learned:
- Tread water for 2 minutes
- Standing dive in deep end, retrieve an object from 5-7 ft.
- 50 yards freestyle with proper body position, rotation, kick and arm rotations
- 50 yards backstroke with proper body position, rotation, kick and arm rotations

Prerequisite: Beginning Adult Swim & Stroke Technique.

CES 9410 | $105/Senior Cost $52.50
12 weeks | Sat | Sep 9 | 8:30-9:30 am | Sec. 948734 | PE Pool | S. Allen

Advanced Adult Swim Stroke & Technique
Students with good swimming ability will work to improve their endurance and push their skills.
Skills to be learned:
- 100+ yards of all competitive strokes
- Read a written swim practice
- Perform proper turns during laps, using correct turn for each stroke
- Proper diving for starts and relays
- Knowledge of swim drills

Prerequisite: Intermediate Swim Stroke & Technique.

CES 9658 | $105/Senior Cost $52.50
12 weeks | Fri | Sep 15 | 5-6 pm | Sec. 948701 | PE Pool | F. Rombou

Water Exercise for Easing Arthritis Pain
Experience this gentle therapeutic water workout, designed for individuals who suffer from varying degrees of muscle and joint pain. Find relief from the soothing buoyancy of the water while exercising.

CES 9919 | $135/Senior Cost $67.50
12 weeks | Mon & Wed | Sep 11 | 10-11 am | Sec. 948742 | PE Pool | K. Carzon- AHF

Water Exercise for Easing Arthritis Pain II
An active water exercise class, suitable for those suffering from arthritis, fibromyalgia, or similar ailments. Class is directed at finding relief from the pain and stiffness of arthritis, while seeking to improve overall fitness and activity levels.

CES 9992 | $79/Senior Cost $39.50
12 weeks | Fri | Sep 15 | 10-11 am | Sec. 948709 | PE Pool | K. Carzon- AHF

Deep Water Aerobics I
Deep water aerobics is an enjoyable way to slim down and shape up! Spend forty-five minutes using the natural resistance of water to improve muscle tone, cardiovascular fitness and flexibility.

CES 9343 | $79/Senior Cost $39.50
12 weeks | Sat | Sep 9 | 8:30-9:30 am | Sec. 948730 | PE Pool | K. Carzon- AHF

Water Exercise for Easing Arthritis Pain
Experience this gentle therapeutic water workout, designed for individuals who suffer from varying degrees of muscle and joint pain. Find relief from the soothing buoyancy of the water while exercising.

CES 9919 | $135/Senior Cost $67.50
12 weeks | Mon & Wed | Sep 11 | 10-11 am | Sec. 948742 | PE Pool | K. Carzon- AHF

Deep Water Aerobics I
Deep water aerobics is an enjoyable way to slim down and shape up! Spend forty-five minutes using the natural resistance of water to improve muscle tone, cardiovascular fitness and flexibility.

CES 9343 | $79/Senior Cost $39.50
12 weeks | Sat | Sep 9 | 8:30-9:30 am | Sec. 948730 | PE Pool | K. Carzon- AHF

Additional aquatics classes will be added as instructors become available. Call 734-462-4448 or visit schoolcraft.edu/aquaticinterest to add yourself to the aquatics mailing list.
Swim Studio
Enjoy the use of the Schoolcraft pool to practice and hone your swimming skills. Whether you are a beginner or an advanced swimmer, under the guidance of an experienced aquatics instructor to exercise, practice your swim strokes or just enjoy some time in the water.

CES 9903 | $89/Senior Cost $44.50
12 weeks | Mon | Sep 11 | 2-3 pm | Sec. 948727 | PE Pool | L. Mross
12 weeks | Mon | Sep 11 | 8-9 pm | Sec. 948752 | PE Pool | K. Calhoun
12 weeks | Mon | Sep 11 | 1-2 pm | Sec. 948753 | PE Pool | L. Mross
12 weeks | Wed | Sep 13 | 1-2 pm | Sec. 948754 | PE Pool | L. Mross
12 weeks | Wed | Sep 13 | 2-3 pm | Sec. 948755 | PE Pool | L. Mross

Hydro-toning
Enjoy an aquatic workout that utilizes the natural resistance of water. Begin with deep water running for 25 minutes, then move to the shallow end and use resistance weights on your arms and legs.

CES 9493 | $79/Senior Cost $39.50
12 weeks | Tues | Sep 12 | 1-2 pm | Sec. 948743 | PE Pool | N. Wagner
12 weeks | Wed | Sep 13 | 4-5 pm | Sec. 948740 | PE Pool | R. Wiseman
12 weeks | Thurs | Sep 14 | 1-2 pm | Sec. 948741 | PE Pool | N. Wagner

Full Body Aqua Burn
Enjoy an instructor-led circuit based workout utilizing the natural resistance of water along with resistance tools to get a full body workout.

12 weeks | Fri | Sep 15 | 7-8 pm | Sec. 948713 | PE Pool | F. Rombou

Aquafit Interval Training
In shallow water using various class formats, tone your entire body using provided noodles, kickboards, fins and barbells. All fitness levels welcome.

CES 9709 | $79/Senior Cost $39.50
12 weeks | Mon | Sep 11 | 7-8 pm | Sec. 948751 | PE Pool | K. Carzon- AHF

Aqua Dance
Enjoy an instructor-led high energy workout utilizing the natural resistance of the water while moving to the beat.

CES 9043 | $95/Senior Cost $47.50
12 weeks | Fri | Sep 15 | 6-7 pm | Sec. 948715 | PE Pool | F. Rombou

Swimnastics I
You don’t need to be a swimmer to benefit from this class. Progressive exercises and rhythmic activities in the water are designed to improve flexibility, circulation, and relaxation. Basic swimming skills will be taught as needed.

CES 9138 | $135/Senior Cost $67.50
12 weeks | Tues & Thur | Sep 12 | 9-10 am | Sec. 948704 | PE Pool | N. Wagner

12 weeks | Tues | Sep 12 | 11 am-12 pm | Sec. 948703 | PE Pool | N. Wagner
12 weeks | Tues | Sep 12 | 2-3 pm | Sec. 948708 | PE Pool | N. Wagner
12 weeks | Thurs | Sep 14 | 11 am-12 pm | Sec. 948705 | PE Pool | N. Wagner
12 weeks | Fri | Sep 15 | 9-10 am | Sec. 948702 | PE Pool | R. Wiseman

Swimnastics II
Enjoy rhythmic, aerobic exercises improving your circulation, flexibility and endurance. You don’t need to know how to swim to take this class.

CES 9160 | $135/Senior Cost $67.50
12 weeks | Tues & Thur | Sep 12 | 10-11 am | Sec. 948750 | PE Pool | N. Wagner

Paid Lap Swim Intermediate
Enjoy the benefits of open lap swim and use of the deep well with limited enrollment. Swimmer must be able to swim a continuous 200 freestyle and have basic knowledge of all 4 strokes.

CESN 0027 | $75
12 weeks | Fri | Sep 15 | 7-8 am | Sec. 948725 | PE Pool

Paid Lap Swim Advanced
Enjoy the benefits of open lap swim and use of the deep well with limited enrollment. Swimmer must be able to demonstrate all 4 strokes and swim a minimum of 500 yards freestyle.

CESN 0028 | $75
12 weeks | Wed | Sep 13 | 7-8 am | Sec. 948726 | PE Pool
YOUTH ENRICHMENT

Move to the Music: Ages 3-5
Accelerate your child’s gross motor skills with this fun movement class! Dancing to the rhythm and beat will keep your child engaged as they interact with others and move to the music. Learn about the instructor on page 6.
CES 9144 | $85
12 weeks | Sat | Sep 9 | 12-1 pm | Sec. 949701 | PE140 | J. Gordon

AQUATICS – YOUTH

Classes end 5 minutes to the hour to allow for changing of class sessions. Scan to view a complete list of swim skills guidelines.

Level 1 Basic Swim for the Water Shy Youth: Ages 5+
Skills to be learned:
- Tread water for thirty seconds
- Ten relaxed bobs
- Do unassisted front and back arrow, no arm/leg movement
- Flip from a front float to a back float unassisted
- Proper freestyle flutter kick with flotation device
- Body undulation for ten yards with flotation device
Prerequisite: Successful completion of all skills listed in Level 1 Basic Swim for the Water Shy Youth: Ages 5+.
CES 9773 | $125
12 weeks | Sat | Sep 9 | 10:30-11:30 am | Sec. 948521 | PE Pool | R. Wiseman

Level 2 Youth Swim Beginner: Ages 5+
Skills to be learned:
- Swim ten yards freestyle (whole stroke) with any kind of breathing
- Proper backstroke kick with flotation device
- Elementary backstroke as a survival stroke with flotation device
- Retrieve a ring from 4½ feet unassisted
- Jump into the deep end with flotation device
Prerequisite: Successful completion of all skills listed in Level 1 Basic Swim for the Water Shy Youth: Ages 5+.
CES 9704 | $125
12 weeks | Sat | Sep 9 | 10:30-11:30 am | Sec. 948529 | PE Pool | R. Wiseman

Level 3 Youth Swim Advanced: Ages 5+
Skills to be learned:
- Tread water for one minute
- Twenty relaxed bobs
- Do tight, hand-over-hand streamline on front and back, no kicking
- Retrieve a ring from 4½ feet unassisted
- One half lap (25 yards) backstroke with proper body position, body rotation, proper kick and arm rotation, and for the freestyle alternate breathing
Prerequisite: Successful completion of all skills listed in Level 2 Youth Swim Beginner: Ages 5+.
CES 9705 | $125
12 weeks | Sat | Sep 9 | 12:30-1:30 pm | Sec. 948528 | PE Pool | J. Gordon

Level 4 Youth Swim Advanced: Ages 5+
Skills to be learned:
- Tread water for two minutes
- Retrieve a ring from 9-12 feet with feet first or a pike surface dive
- One lap (50 yards) freestyle and backstroke with proper body position, body rotation, proper kick and arm rotation
- One lap (50 yards) backstroke with proper, arm movement and coordination, breathing every stroke
Prerequisite: Successful completion of all skills listed in Level 3 Youth Swim Intermediate: Ages 5+.
CES 9706 | $125
12 weeks | Mon | Sep 11 | 5-6 pm | Sec. 948518 | PE Pool | R. Wiseman

Level 5 Competitive Edge Beginner: Ages 7+
Skills to be learned:
- Tread water for five minutes
- Retrieve a ring in 9-12 feet with a pike surface dive
- One-and-a-half laps (75 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
- One-and-a-half laps (75 yards) using the breaststroke with proper kick, arms and coordination, breathing every other stroke
Prerequisite: Successful completion of all skills listed in Level 4 Youth Swim Advanced: Ages 5+.
CES 9504 | $125
12 weeks | Wed | Sep 13 | 5-6 pm | Sec. 948503 | PE Pool | R. Wiseman

Additional aquatics classes will be added as instructors become available. Call 734-462-4448 or visit schoolcraft.edu/aquaticsticket to add yourself to the aquatics mailing list.
Level 6 Competitive Edge Intermediate: Ages 7+

Skills to be learned:
• Two laps (100 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
• Two laps (100 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
• One-and-a-half laps (75 yards) using the butterfly with proper body undulation, correct arms and breathing every other stroke
• One-and-a-half laps (75 yards) elementary backstroke
• Perform proper starts and flip-turns

Prerequisite: Successful completion of all skills listed in Level 5 Competitive Edge Beginner: Ages 7+.

CES 9656 | $125
12 weeks | Sat | Sep 9 | 11:30 am-12:30 pm | Sec. 948523 | PE Pool | K. Calhoun
12 weeks | Wed | Sep 13 | 5-6 pm | Sec. 948520 | PE Pool | S. Allen
12 weeks | Fri | Sep 15 | 4-5 pm | Sec. 948507 | PE Pool | F. Rombou

Level 7 Competitive Edge Advanced: Ages 7+

Skills to be learned:
• Four laps (200 yards) using the freestyle and backstroke with proper body position, body rotation, correct kick and arm rotation
• Four laps (200 yards) breaststroke with proper kick, arms, and coordination, breathing every stroke
• Two laps (100 yards) butterfly stroke with proper body undulation, correct arms and breathing every other stroke
• Two laps (100 yards) elementary backstroke
• Perform proper starts and flip-turns

Prerequisite: Successful completion of all skills listed in Level 6 Competitive Edge Intermediate: Ages 7+.

CES 9657 | $125
12 weeks | Sat | Sep 9 | 9:30-10:30 am | Sec. 948510 | PE Pool | S. Allen
12 weeks | Wed | Sep 13 | 11:30 am-12:30 pm | Sec. 948526 | PE Pool | S. Allen
12 weeks | Fri | Sep 15 | 4-5 pm | Sec. 948507 | PE Pool | F. Rombou

Family Swim

Parent & Tot Swim 1: Ages 6-18 Months

Skills to be learned with parent(s) assistance:
• Safely enter the pool
• Wait for cue to enter the pool
• Float on back with head on shoulder or in water
• Float on front
• Show interest in bubbles blown by parent

Ces 9105 | $65
12 weeks | Fri | Sep 15 | 10:30-11 am | Sec. 948525 | PE Pool | R. Wiseman

Parent & Tot Swim 2: Ages 18 Months–3 Years

Skills to be learned:
• Begin kicking on front
• Kick for cues on top of the water as well as under the surface
• Practice climbing out on the side of the pool
• Learn the 1, 2, 3, go cue for going underwater

Ces 9107 | $65
12 weeks | Fri | Sep 15 | 11-11:30 am | Sec. 948530 | PE Pool | R. Wiseman

Parent & Preschool Swim: Ages 3 & 4

Skills to be learned:
• Student waits for parents cue to enter pool each time
• Complete a safe entry with assistance
• Float on back, head in water and float on front with parents
• Blow bubbles or try to put whole face in water
• Try to blow bubbles through nose
• Kick on front, reach and pull water

Ces 9327 | $109
12 weeks | Sat | Sep 9 | 9:30-10:30 am | Sec. 948506 | PE Pool | K. Calhoun
12 weeks | Thurs | Sep 14 | 6-7 pm | Sec. 948505 | PE Pool | K. Calhoun

Parent & Child Swim: Ages 5+

Skills to be learned:
• Begin exiting the pool correctly without ladder
• Jump from side of the shallow end from sitting or standing
• 5 relaxed underwater bubbles
• Blow bubbles into the water through nose only
• Float on front and back relaxed
• Float with head in the water, keep head up and have synchronized arm movements out of the water
• Kick on front with parents
• Reach for toys on top of the water as well as under the surface
• Practice climbing out on the side of the pool with assistance
• Learn the 1, 2, 3, go cue for going underwater
• Arm movements out of the water
• Without plugging nose, retrieve a ring from 1-2 ft.
• Proper flutter kick on front and back with assistance
• Intro to treading arms and leg movements and elementary backstroke with assistance
• Float and swim head up or down in deep water with assistance

Ces 9363 | $109
12 weeks | Tues | Sep 12 | 6-7 pm | Sec. 948538 | PE Pool | K. Calhoun

Water Shy Swim for Students with Special Needs: Ages 5+

Students will learn:
• Basic skills of water safety
• Getting comfortable with the water
• Entering and exiting the pool
• Underwater breathing

Note: students must be able to enter and exit the pool unassisted.

Ces 9109 | $99
12 weeks | Sun | Sep 10 | 10:10-10:40 am | Sec. 948536 | PE Pool | P. Poirier
12 weeks | Sun | Sep 10 | 10:45-11:15 am | Sec. 948537 | PE Pool | P. Poirier

Parent & Child Swim: Ages 5+

Skills to be learned:
• Enter and exit the pool correctly without ladder
• Jump from side of the shallow end from sitting or standing
• 6 relaxed underwater bubbles
• Blow bubbles into the water through nose only
• Float on front and back relaxed
• Float with head in the water, keep head up and have synchronized arm movements out of the water
• Kick on front with parents
• Reach for toys on top of the water as well as under the surface
• Practice climbing out on the side of the pool
• Learn the 1, 2, 3, go cue for going underwater

Ces 9363 | $109
12 weeks | Tues | Sep 12 | 6-7 pm | Sec. 948538 | PE Pool | K. Calhoun

Water Shy Swim for Students with Special Needs: Ages 5+

Students will learn:
• Basic skills of water safety
• Getting comfortable with the water
• Entering and exiting the pool
• Underwater breathing

Note: students must be able to enter and exit the pool unassisted.

Ces 9109 | $99
12 weeks | Sun | Sep 10 | 10:10-10:40 am | Sec. 948536 | PE Pool | P. Poirier
12 weeks | Sun | Sep 10 | 10:45-11:15 am | Sec. 948537 | PE Pool | P. Poirier

Family Swim

Parent & Tot Swim 1: Ages 6-18 Months

Skills to be learned with parent(s) assistance:
• Safely enter the pool
• Wait for cue to enter the pool
• Float on back with head on shoulder or in water
• Float on front
• Show interest in bubbles blown by parent

Ces 9105 | $65
12 weeks | Fri | Sep 15 | 10:30-11 am | Sec. 948525 | PE Pool | R. Wiseman

Parent & Tot Swim 2: Ages 18 Months–3 Years

Skills to be learned:
• Begin kicking on front
• Kick for cues on top of the water as well as under the surface
• Practice climbing out on the side of the pool
• Learn the 1, 2, 3, go cue for going underwater

Ces 9107 | $65
12 weeks | Fri | Sep 15 | 11-11:30 am | Sec. 948530 | PE Pool | R. Wiseman

Parent & Preschool Swim: Ages 3 & 4

Skills to be learned:
• Student waits for parents cue to enter pool each time
• Complete a safe entry with assistance
• Float on back, head in water and float on front with parents
• Blow bubbles or try to put whole face in water
• Try to blow bubbles through nose
• Kick on front, reach and pull water

Ces 9327 | $109
12 weeks | Sat | Sep 9 | 9:30-10:30 am | Sec. 948506 | PE Pool | K. Calhoun
12 weeks | Thurs | Sep 14 | 6-7 pm | Sec. 948505 | PE Pool | K. Calhoun

Parent & Child Swim: Ages 5+

Skills to be learned:
• Enter and exit the pool correctly without ladder
• Jump from side of the shallow end from sitting or standing
• 5 relaxed underwater bubbles
• Blow bubbles into the water through nose only
• Float on front and back relaxed
• Float with head in the water, keep head up and have synchronized arm movements out of the water
• Kick on front with parents
• Reach for toys on top of the water as well as under the surface
• Practice climbing out on the side of the pool
• Learn the 1, 2, 3, go cue for going underwater

Ces 9363 | $109
12 weeks | Tues | Sep 12 | 6-7 pm | Sec. 948538 | PE Pool | K. Calhoun

Water Shy Swim for Students with Special Needs: Ages 5+

Students will learn:
• Basic skills of water safety
• Getting comfortable with the water
• Entering and exiting the pool
• Underwater breathing

Note: students must be able to enter and exit the pool unassisted.

Ces 9109 | $99
12 weeks | Sun | Sep 10 | 10:10-10:40 am | Sec. 948536 | PE Pool | P. Poirier
12 weeks | Sun | Sep 10 | 10:45-11:15 am | Sec. 948537 | PE Pool | P. Poirier
CERAMICS

Ceramics I: Learn to Work with Clay
Discover the art of ceramics, in a relaxed and creative environment. Be introduced to a variety of ways of working with clay including: pinching, coiling, soft and hard slab, and wheel-throwing.

CES 3518 | (3.3 CEU) | $259/Senior Cost $207.20
11 weeks | Mon | Sep 11 | 7-10 pm | Sec. 942201 | F410 | C. Laginess

Ceramics II: Hand-Building Skills
Continue developing your hand-building and wheel-throwing skills while creating functional as well as sculptural pieces. Learn to mix clay and glazes. Further explore the techniques and processes of applying glazes and slips to expand your mastery of the media. **Prerequisite:** Ceramics I or equivalent experience.

CES 3519 | (3.3 CEU) | $259/Senior Cost $207.20
11 weeks | Thurs | Sep 14 | 7-10 pm | Sec. 942202 | F410 | C. Laginess

Ceramics III: Glazes, Oxides & Raku
Expand the basic wheel-throwing and hand-building techniques you learned in Ceramics II. Enjoy using a variety of surface treatments including high-fire and low-fire glazes, slips, oxides, terra sig and Raku. Individual projects are encouraged, coupled with interactive group instruction. Raku facilities are available. **Prerequisite:** Ceramics II or equivalent knowledge.

CES 3525 | (3.3 CEU) | $259/Senior Cost $207.20
11 weeks | Tues | Sep 12 | 7-10 pm | Sec. 942203 | F410 | R. West

Ceramics IV: Advanced Hand-Building 🍁
_**Fall Semester Only!**_
Learn advanced hand-building techniques through demonstrations and individual projects. This unique ceramic art opportunity features a small interactive class environment for greater exploration of techniques and lab equipment. Areas explored include slab-built construction, press molds, image transfer methods and advanced Raku glazing and firing. **Prerequisite:** Ceramics III or equivalent ceramics experience.

CES 3533 | (3.3 CEU) | $259/Senior Cost $207.20
11 weeks | Fri | Sep 15 | 5:30-8:30 pm | Sec. 942205 | F410 | P. Goodell

Introduction to Wheel Throwing
Making pottery on the wheel consists of using hand-eye coordination, sensitivity to pressure and speed. Through demonstration and individual projects learn to use different hand positions, to shape and form raw clay into sturdy, useful vessels. Learn to choose and prepare clay, and trim, slip and carve the forms into finished pieces of art.

CES 3642 | (3.3 CEU) | $259/Senior Cost $207.20
11 weeks | Sat | Sep 9 | 9 am-12 pm | Sec. 942204 | F410 | C. Laginess

Personalized Ceramics Studio
Take your advanced ceramic skills and grow your individual creative personality! Choose from instructor developed projects or come up with one of your own. Get demonstrations and guided help using your own problem solving skills to build your imaginative works of art. **Prerequisite:** Ceramics III or equivalent ceramics experience.

CES 3664 | (3.3 CEU) | $259/Senior Cost $207.20
11 weeks | Sat | Sep 9 | 1-4 pm | Sec. 942206 | F410 | P. Goodell

FIBER ARTS

Introduction to Crochet
Jump-start your crochet skills by learning the basic crochet stitches and their chart symbols. Learn how to work both flat and in the round, providing you with a good foundation for future projects. Complete a lace top with instructor assistance. Bring: 8mm Crochet hook, worsted weight yarn in a light color.

CES 3821 | (1.6 CEU) | $99/Senior Cost $79.20
8 weeks | Mon | Sep 25 | 6:30-8:30 pm | Sec. 942609 | LA140 | B. Nurnberger

Introduction to Knitting: The Basics
Jump-start your knitting skills by learning the basics. Learn how to create a knit and purl stitch and to cast on and off. Begin by making a scarf with the potential to create additional projects with instructor assistance. **Requirements:** bring: #4 worsted weight yarn 100g / 3.5oz; (wool blend preferred but not required); Dark colored yarns are not recommended for beginners. Needle: US 8 (5mm) straight needle or 24” or longer circular needle.

CES 3784 | (1.6 CEU) | $99/Senior Cost $79.20
8 weeks | Thurs | Sep 28 | 6:30-8:30 pm | Sec. 942606 | LA330 | B. Nurnberger

Knitting: Making a Block Throw
Create 12-10”x10” squares using a different knitting pattern for each. Patterns include knit cables, bobbles, lace and many other techniques. When complete, learn to seam the blocks together to create a beautiful throw. Supplies: worsted weight yarn and US 8 (5mm) 24” or straight needles. You can pick the color you like for each square. **Prerequisite:** Introduction to Knitting or previous knitting experience.

CES 3813 | (2.6 CEU) | $159/Senior Cost $127.20
13 weeks | Tues | Sep 12 | 6:30-8:30 pm | Sec. 942610 | LA330 | B. Nurnberger

Schoolcraft Knitting & Crochet Studio: Projects of Your Choice
Knit together in a fun and relaxed atmosphere with the help of an instructor as needed. Bring your own patterns and yarn to class. Meet new knitting friends, share projects and learn new knitting techniques while working on projects of your choice. **Prerequisite:** Introduction to Knitting or Introduction to Crochet or equivalent experience.

CES 3843 | (2.0 CEU) | $109/Senior Cost $87.20
10 weeks | Wed | Sep 13 | 6:30-8:30 pm | Sec. 942607 | LA330 | B. Nurnberger
### DRAWING

#### Drawing I: Basic Art Composition
Unlock your artistic talent by developing fundamental drawing skills. Learn how to create beautiful drawings using graphite and charcoal. Begin to understand composition, see value in form, and handle materials with a greater confidence.

**CES 3523 | (3.3 CEU) | $169/Senior Cost $135.20**

11 weeks | Mon | Sep 11 | 6-9 pm | Sec. 942104 | LA110 | D. Rogers

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#### Colored Pencil with Primary Colors
Learn how to create any color using primary colors, black and white. That’s only 5 colored pencils. Master the art of color blending. Bring your primary color pencils, paper, eraser, ruler, pencil sharpener, and a pad of drawing paper.

**CES 3769 | (2.4 CEU) | $139/Senior Cost $111.20**

8 weeks | Thurs | Sep 28 | 1-4 pm | Sec. 942106 | VIRTUAL | L. James

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#### Colored Pencil: Lifelike Botanicals
Enjoy the beauty of nature while enhancing your drawing skills. Learn how to draw realistic, lifelike varieties of botanicals such as flowers, vegetables, seeds, roots and bulbs. Explore drawing techniques that will take your botanical drawing from a quick sketch to a finished product. Feel the excitement and satisfaction of being able to capture beautiful botanicals on paper.

**CES 3740 | (2.4 CEU) | $139/Senior Cost $111.20**

8 weeks | Tues | Sep 26 | 1-4 pm | Sec. 942111 | VIRTUAL | L. James

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#### Drawing Online

**6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go**

##### Drawing for the Absolute Beginner—Online
Gain a solid foundation of the basics of drawing and become the artist you’ve always dreamed you could be!

**CES 3688 | Aug 16 | Sec. 942102 | Oct 18**

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### PAINTING

#### Acrylic Painting: Techniques, Colors & Styles
Experience the versatility of acrylic paint as you explore different techniques, styles and color mixing using this water-soluble medium. Create realistic and impressionistic paintings including a landscape, seascape, floral and still life.

**CES 3058 | (3.3 CEU) | $179/Senior Cost $143.20**

11 weeks | Thurs | Sep 14 | 6-9 pm | Sec. 942002 | F470 | J. Woodard

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#### Watercolor Painting—Virtual
**CES 3794 | (2.4 CEU) | $125/Senior Cost $100**

8 weeks | Mon | Sep 25 | 6-9 pm | Sec. 942003 | VIRTUAL | G. Beauvais

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#### Watercolor: Unique Techniques
Go beyond the basics of watercolor painting by incorporating unique techniques, supplies and tools into your works of art. **Prerequisite:** Introduction to Watercolor or previous watercolor experience.

**CES 3807 | (2.4 CEU) | $125/Senior Cost $100**

8 weeks | Tues | Sep 26 | 6-9 pm | Sec. 942005 | VIRTUAL | G. Beauvais

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#### Oil Painting: Color Theory & Composition
Learn the versatility of Alla Prima oil painting, the technique of painting masters. Explore different subjects and styles, while learning color theory, perspective and composition.

**CES 3520 | (3.3 CEU) | $169/Senior Cost $135.20**

11 weeks | Thurs | Sep 14 | 1-4 pm | Sec. 942001 | F470 | G. Karczewski

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#### Portrait Drawing & Painting I
The studio class focuses on rendering a portrait ‘likeness’ from the live model by accessing your creative right brain and training your eye to see. Individual instruction is emphasized and supported with class presentations.

**CES 3521 | (3.3 CEU) | $249/Senior Cost $199.20**

11 weeks | Mon | Sep 11 | 6:30-9:30 pm | Sec. 942004 | F470 | G. Karczewski

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### HOBBIES & LEISURE

#### Creative Design Online

**6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go**

##### Introduction to Interior Design—Online
Are you a creative person with an eye for design? Learn how to transform plain living spaces into beautiful and functional rooms.

**CES 3679 | Sec. 942301 | Sep 13 | Sec. 942302 | Nov 15**

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**More Classes Online!**
View full list of online classes at schoolcraft.edu/ppl/online
PHOTOGRAPHY

Optional Certificate: Students who complete six required classes, four electives, and a no-cost portfolio analysis will receive a Photography Certificate.

The six required classes are:
- DSLR Photography Techniques I
- DSLR Photography Techniques II
- Fundamentals of Lighting
- Photo Composition – Learning to See Creatively
- Develop Your Photography Business
- Adobe Photoshop for DSLR Photographer I

Electives will vary and are noted with Elective in the course description.

Note: For all Photography classes, bring a DSLR or mirrorless camera to class. Additional equipment will be discussed at the first class meeting.

DSLR Photography Techniques I
Learn the technical side of photography and your camera's full auto settings. Learn about exposure including shutter speeds, aperture and ISO. Apply your technical knowledge as you explore composition techniques and how depth of field creates 3-dimensional images. Understand of accessories and lenses. Post-processing and editing programs will be demonstrated. Develop your creativity during field trips, assignments and class critiques. Required. CES 3697 | (2.4 CEU) | $319/Senior Cost $255.20
6 weeks | Mon & Wed | Sep 20 | 6-9 pm | Sec. 942418 | JC127 | J. Campbell

Note: for focus, exposure, flash, etc. Review creative editing tools available on your phone and additional ones you can add. Class is taught from an iPhone point of view but, android phone users have all the same tools and guidance will be provided. Required: a fully charged cell phone and basic understanding of its operation.

Cell Phone Photography
Gain a better understanding of your cell phone and the creative opportunities it provides. Discuss the different camera options (modes) and controls for focus, exposure, flash, etc. Review creative editing tools available on your phone and additional ones you can add. Class is taught from an iPhone point of view but, android phone users have all the same tools and guidance will be provided. Required: a fully charged cell phone and basic understanding of its operation.

Commercial Photography–An Introduction
Learn about four of the more common commercial photography specialties: food, product, automotive and editorial photography. Learn through lecture as well as actual hands on experience. At least two of the classes will take place on location. Elective.

Portfolio Review
Complete the Schoolcraft Certificate of Photography with this free portfolio review. Prerequisites: successful completion of 6 required and 4 elective photography certificate classes. Required.

More Classes Online!
View full list of online classes at schoolcraft.edu/ppl/online

Adobe Lightroom Classic
Photographers, learn to manage your images with Adobe Lightroom. Experiment with editing tools and learn to create incredible images with this fast, intuitive management and editing program. Showcase your work in print, slideshows, books or through photo sharing. Requirement: strong computer and camera competency. Bring an empty minimum 6GB flash drive in order to work with class files. Elective.

Travel Photography
Preserve your memories for a lifetime by learning how to take professional level photographs of the people, places, events and objects you see while traveling. Requirement: bring a DSLR or mirrorless camera and a tripod to class. Elective.

Portraiture
Learn about exposure including shutter speeds, aperture and ISO. Apply your technical knowledge as you explore composition techniques and how depth of field creates 3-dimensional images. Understand of accessories and lenses. Post-processing and editing programs will be demonstrated. Develop your creativity during field trips, assignments and class critiques. Required. CES 3697 DSLR Photography Techniques 1. Required.

Elective.

Fundamentals of Lighting
How does light affect a photo? How can you use natural and artificial light to your advantage? Find the answers to these questions and more. Learn about light, the way it behaves, its four characteristics and the differences between soft or hard light. Discover how to control the light in your photos using expo.

Photo Composition – Learning to See Creatively
Have you ever wondered why some photographs work and some don't? Learn the basic secrets of better photography–

Elective.

Commercial Photography–An Introduction
Discover how to use compositional techniques and camera controls to give images an artistic look. Combine architectural skills like photographing exteriors, interiors, and other architectural details of buildings with fine art photography skills, showing an object in a way that focuses on its imaginative or artistic side. Field trip dates to be determined. Elective.

Portfolio Review
Complete the Schoolcraft Certificate of Photography with this free portfolio review. Prerequisites: successful completion of 6 required and 4 elective photography certificate classes. Required.

Photoshop for DSLR Photographers I
Photographers, learn to increase the impact of your photos by enhancing detail and technical quality in this hands-on class. Bring out the best in your digital images. Note: this class is specifically for photographers. Bring photos on a flash drive or camera with proper cable for transfer to classroom computer. Prerequisites: strong computer skills, competency with your DSLR or mirrorless camera, and some photography experience. Adobe Photoshop is not required on your home computer, but recommended. Required. CES 6337 | (2.4 CEU) | $359/Senior Cost $287.20
4 weeks | Mon & Wed | Oct 23 | 6-9 pm | Sec. 942418 | JC127 | J. Campbell

Elective.

Portfolio Review
Complete the Schoolcraft Certificate of Photography with this free portfolio review. Prerequisites: successful completion of 6 required and 4 elective photography certificate classes. Required.

Elective.

Photography Online
6 weeks | (2.4 CEU) | $135/Senior Cost $108 ed2go

Secrets of Better Photography–Online
Discover tips and tricks to help you take better photographs. Learn the basic technology that all cameras use, and receive helpful information on exposure and lighting.

CES 3530 || Sec. 942404 | Aug 16 || Sec. 942408 | Oct 18
TIMOTHY GRIFFIN
Photography Instructor

Timothy Griffin is a photographer and instructor with a passion for helping people experience photography as a creative outlet. He has been taking pictures since he was 12 years old, when his father let him use a 126 Brownie box camera. Over the years, Timothy has always taken pictures everywhere he went.

While studying business and computer technologies at Macomb Community College and Wayne State University, Timothy discovered digital photography, which led to the excitement of exploring this new method of photography. He said, “I think I understand how past photographers must have felt when they were given their first roll of film instead of a stack of film plates.”

Timothy’s mission as a photographer is to use his skills and abilities to capture subjects in a setting and manner that show the person in a natural state. He enjoys teaching both adults and kids, passing on his passion of using creativity and technical knowledge to take great photographs.

Timothy spends most of his free time photographing many of the amazing sites in our area. He is a passionate photographer who is always looking for new ways to learn and is a strong advocate for education. He believes that everyone deserves the opportunity to succeed.

LANGUAGES

Spanish

Spanish I Conversational
Learn Spanish for business, pleasure, work, or for leisure travel. Start with fundamental grammar and functional vocabulary enabling you to engage in basic conversations. $$CES 3033 | (2.4 CEU) |$159/Senior Cost $127.20
12 weeks | Mon | Sep 18 | 6-8 pm | Sec. 946004 | LA360 | G. Hernandez

Spanish II Conversational
Once you have the basic building blocks of the Spanish language, continue to develop your Spanish speaking skills, while building your vocabulary. Practice idioms, verb forms, and speech patterns. Gain a deeper understanding and appreciation of Spanish historical and cultural events. $$CES 3591 | (2.4 CEU) |$169/Senior Cost $135.20
12 weeks | Tues | Sep 12 | 6-8 pm | Sec. 946018 | LA230 | G. Hernandez

Spanish III Conversational
Learn about past tense, imperfect past tense, and future tense, reflexive and compound verbs. Practice demonstrative adjectives and pronouns, gaining a higher degree of language proficiency. Enjoy and explore the culture and customs of Spanish-speaking countries. $$CES 3434 | (2.4 CEU) |$179/Senior Cost $143.20
12 weeks | Wed | Sep 13 | 6-8 pm | Sec. 946023 | LA300 | G. Hernandez

French

French I Speaking & Reading
Immerse yourself in the French language as you prepare for possible traveling, shopping, hotel, dining and other social situations. Learn the basics of French grammar for speaking and reading. Discover the rich heritage of French culture. $$CES 3833 | (1.6 CEU) |$145/Senior Cost $116
8 weeks | Mon | Sep 11 | 6-8 pm | Sec. 946012 | VIRTUAL | French Lit LLC

French II Speaking & Reading
Deepen your knowledge of the French language while broadening your appreciation of the culture. Expand your working French vocabulary and enhance your communication competency. Seize the opportunity to become influenced by, and understand French works of art, French cuisine and cultural events. $$CES 3040 | (1.6 CEU) |$155/Senior Cost $124
8 weeks | Mon | Sep 11 | 6-8 pm | Sec. 946003 | VIRTUAL | French Lit LLC

Mandarin Chinese

Mandarin Chinese I Conversational
Learn Chinese for daily survival and simple conversations. Explore basic greetings, numbers, and survival phrases (one example: “Could you please speak more slowly?”). Discover how to order food and drinks at a restaurant and enjoy a short introduction to Chinese culture. All of this to be experienced in a pleasurable, lively, low-stress atmosphere! Come join the fun! $$CES 3279 | (2.4 CEU) |$159/Senior Cost $127.20
12 weeks | Tues | Sep 12 | 6-8 pm | Sec. 946026 | LA260 | K. Dalrymple
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

German

German I Conversational
Germany has a complex past that impacts its people and its present. Share in the narrative through the German language. Learn basic grammar in everyday social situations to communicate with German-speaking people. German culture and geography will be explored and celebrated. $$CES 3064 | (2.4 CEU) |$159/Senior Cost $127.20
12 weeks | Wed | Sep 13 | 6-8 pm | Sec. 946007 | LA415 | C. Gardner

Languages Online

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go
Discover Sign Language–Online
Sign basic phrases and complete sentences as you learn the signs for colors, numbers, locations, family, and the activities you like to do. $$CES 3793 | Sec. 946013 | Sep 13 | Sec. 946024 | Nov 15

Speed Spanish–Online
Learn six easy recipes for gluing Spanish words together to form sentences. Go into any Spanish speaking situation and converse in Spanish. $$CES 3459 | Sec. 946001 | Aug 16 | Sec. 946011 | Oct 18

Speed Spanish 2–Online
Learn even more recipes for gluing Spanish together that you can put to immediate use. Prerequisite: CES 3459 Speed Spanish Online Course. $$CES 3532 | Sec. 946010 | Sep 13 | Sec. 946014 | Nov 15

Speed Spanish 3–Online
Accelerate your ability to speak, understand, and read Spanish by taking the final installment in our unique three-part Speed Spanish learning series. Prerequisite: CES 3532 Speed Spanish 2–Online Course. $$CES 3571 | Sec. 946002 | Nov 15
NEW Charcuterie Boards for Holiday Entertaining: Demo
Craft a dazzling charcuterie board for your next holiday event! Learn how to arrange an array of cheeses, crackers, and fruits, and pair them with prepared grilled peppers, caramelized balsamic purple onions, habanero apricot jam, crostini, and various cuts of meats, including cracked black pepper teres major tenderloin. After this class, you'll be bringing the culinary arts to your next event!
CES 2712 | (.3 CEU) | $125/Senior Cost $100
1 day | Thurs | Nov 2 | 6-9 pm | Sec. 941022 | VT645 | M. Bommarito

NEW Cooking with Mole: Mexico's Rich, Flavorful Sauce: Demo
Mole is a thick sauce made with smoky dried chilies, whole spices, dried fruits, and Mexican chocolate. Considered a unique feature of Mexico's culinary heritage, enjoy tasting this unique sauce as you learn how to serve it, along with an appetizer and side dish.
CES 2351 | (.3 CEU) | $115/Senior Cost $92
1 day | Fri | Nov 10 | 6-9 pm | Sec. 941020 | VT645 | A. Perez

NEW Eclectic Afternoon Tea & Sweets: Demo
Explore the wellness aspects of tea as you watch various types prepared, including a South African vanilla rooibos, matcha green tea oat milk latte, and a turmeric ginger golden milk elixir. Pair your tea with fresh baked traditional pecan scones and a rich cocoa shortbread, all demonstrated in class. This fun and relaxing afternoon will get you ready to create a tea routine of your own!
CES 2710 | (.3 CEU) | $109/Senior Cost $87.20
1 day | Sat | Dec 2 | 2-5 pm | Sec. 941023 | VT645 | M. Bommarito

Vegetarian Greek Food: Demo
Create delicious and authentic Greek vegetarian meals using fresh seasonal vegetables, fruits, grains, legumes, herbs, spices, and olive oil. Learn about the origins of Greek cuisine, get the recipes, and sample the rich goodness of vegetarian Greek fare.
CES 2594 | (.3 CEU) | $115/Senior Cost $92
1 day | Fri | Nov 3 | 6-9 pm | Sec. 941045 | VT645 | G. Rapitis

Cooking for Fitness—Fuel Your Body: Demo
Whether you are training for a marathon or starting a new fitness routine, eat to get results. Find out which foods to select in a pre- and post-workout meal and discover quick snack ideas. Learn about the desired ratios of carbs, proteins and fats for optimal energy! Prepare meals confidently as you work toward your fitness goal.
CES 2601 | (.3 CEU) | $115/Senior Cost $92
1 day | Fri | Sep 29 | 6-9 pm | Sec. 941005 | VT645 | G. Rapitis

NEW Let's Host a Brunch: Demo
Combine the elements of a delicious breakfast and a nourishing lunch to create an upscale brunch the next time you entertain. A decadent brioche French toast, filled with mascarpone cheese, and topped with fruit compote, will be paired with an Italian inspired eggs benedict. Finish with a pineapple mimosa mocktail. This unique menu will be a welcome change from the usual fare. Make it special with brunch!
CES 2711 | (.3 CEU) | $115/Senior Cost $92
1 day | Sat | Oct 21 | 10 am-1 pm | Sec. 941043 | VT645 | M. Bommarito

NEW Nutrient Rich Juices & Smoothies: Demo
Recharge, renew, and detoxify your body with an array of tasty juices and smoothies. Explore smoothie making techniques and discover how they can boost your immune system, increase well-being, and help you feel better all around. Add these unique and rejuvenating recipes to your weekly rotation!
CES 2561 | (.3 CEU) | $115/Senior Cost $92
1 day | Thurs | Sep 28 | 6-9 pm | Sec. 941026 | VT645 | M. Bommarito

Start Cooking Mediterranean: Demo
Built around fresh, wholesome fruits, vegetables, grains and breads, legumes, seafood, nuts and seeds, and olive oil, Mediterranean dishes boast a wide array of options. From European pastas and wines to Middle Eastern yogurts and flatbreads, explore this rich style of cooking.
CES 2527 | (.3 CEU) | $135/Senior Cost $108
1 day | Wed | Oct 11 | 6-9 pm | Sec. 941016 | VT705 | J. Gabriel, CMC

The Art of Seasoning & Flavoring: Demo
Seasonings should complement each other without overwhelming. See a variety of dishes prepared with cooking techniques that will bring out the best flavor of your dishes. Here is your opportunity to learn one of the most critical skills in cooking—the art of seasoning.
CES 2233 | (.3 CEU) | $135/Senior Cost $108
1 day | Wed | Oct 25 | 6-9 pm | Sec. 941039 | VT705 | J. Gabriel, CMC

Hands-On Prerequisites
Cooking 101: Skill Development
Learn basic cooking terms, techniques, and safety methods in a relaxed environment. This class or instructor's approval is a prerequisite for hands-on Culinary Arts classes, unless otherwise noted. A toolkit is not required for this class.
CES 2187 | (.6 CEU) | $129/Senior Cost $103.20
2 days | Tues | Sep 19 | 5-7 pm | Sec. 941006 | VT705 | J. Gabriel, CMC & Wed | Sep 20 | 5-9 pm

Cooking Hands-On
Prerequisite for all cooking hands-on classes: CES 2187 Cooking 101: Skill Development or instructor’s approval.
Bring a tool kit with the following: paring knife, chef’s knife, peeler, and measuring spoons. Wear a white chef jacket, dark pants and comfortable, closed-toe shoes in all cooking hands-on classes.

Contemporary Mexican Cuisine: Hands-On New Recipes!
Combine traditional Mexican cooking with the modern, cosmopolitan cuisine found in Mexico City today. These tasty dishes can be prepared by anyone!
CES 2621 | (.3 CEU) | $125/Senior Cost $100
1 day | Sat | Oct 14 | 5-8 pm | Sec. 941019 | VT620 | A. Perez

Handmade Ravioli: Hands-on
Create the perfect pasta dough, a variety of mouthwatering fillings, then complete your pasta dish with delicious sauces, like pomodoro or sweet fennel cream. Even a dessert ravioli will be included! Once you know the basics the varieties are endless!
CES 2636 | (.4 CEU) | $135/Senior Cost $108
1 day | Thurs | Dec 7 | 6-10 pm | Sec. 941011 | VT645 | M. Bommarito
NEW Authentic German Breads: Hands-On
In Germany, bread is not just food, it's a part of the culture. With over 300 varieties, Germany produces more breads than any other country. Learn how to bake traditional holiday stollen, sour dough, rye, authentic pretzels and more. Use traditional flavors and textures that are true to Germany.

Prerequisite for all hands-on baking classes: CES 2380 Pastry 101: Skill Development or instructor’s approval.

Bring a toolkit with the following: a paring and chef’s knife; peeler; measuring spoons; dough cutter and thermometer. Wear a white chef’s jacket, dark pants and comfortable, closed-toe shoes in all baking/pastry hands-on classes.

Cocktails
Raising the Bar: Cocktails for the Holidays
Elevate your home-cocktail game just in time for holiday entertaining. Learn recipes, techniques, history, as well as tips for preparing for guests. An ingredient list will be sent a week ahead, so you can pour along and taste from the comfort of your own home. The class meets virtually via Zoom. Students must be at least 21 years old to attend.

Introduction to Sake: Japan's Traditional Rice Wine
What does sake taste like? Should you drink it hot or cold? Explore this Japanese beverage with Annette May, Certified Sake Professional (CSP), as you taste premium sake in a unique experience. Learn how sake is brewed, how to navigate a sake menu, and read a sake label. You must be at least 21 years old to attend. Bring a driver’s license or Michigan ID.

Coffee 101: Beans, Brews & Baristas
Through tasting and discussion, discover the numerous factors that influence the flavor of a brew. Learn how to brew better at home with strategies for every budget. Gain an understanding of important terminology and order confidently next time you walk into a coffee shop!

Blind Wine Tasting Basics New Wines!
Are you fascinated by the ability of the Master Sommelier to taste a wine and know exactly what it is? Although this skill takes years to hone, you can learn the basics of blind tasting alongside a Certified Sommelier. We’ll break it down so that you can take that next step toward tasting like a professional. You must be at least 21 years old to attend. Bring a driver’s license or Michigan ID.

Introduction to Food & Wine Pairings New Wines!
One of the big challenges for new and seasoned wine drinkers alike, is finding that perfect wine to go with dinner. Are you going to Thanksgiving dinner, and you want to take a great wine to add that extra magic to your favorite holiday? Discover basic paring guidelines to help you make educated choices when purchasing wine for any occasion. You must be at least 21 years old to attend. Bring a driver’s license or Michigan ID.

Wine 101: Styles, Terminology & Tasting
Gain an understanding of wine terminology, wine styles and characteristics, the elements of wine tasting, and how to read a wine label. Discover how to buy, serve and preserve wine. Raise your glass to becoming a true wine aficionado. You must be at least 21 years old to attend. Bring a driver’s license or Michigan ID.

Introduction to Food & Wine Pairings
Discover basic paring guidelines to help you make educated choices when purchasing wine for any occasion. You must be at least 21 years old to attend. Bring a driver’s license or Michigan ID.

Culinary & Beverages
**PERSONAL INTEREST**

**Film Appreciation: Noir Cinema**
Plan four entertaining evenings out that feature four classic noir films! Each semester watch, review, analyze and discuss four different noir films that feature the melancholy, evil, guilt and paranoia that noir films are known for. Gain an understanding of the techniques used in the films, along with the writing, actors and the history of the films status. Closed captioning will be used.

**CES 3707** | (1.2 CEU) | $59/Senior Cost $47.20
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4 weeks | Thurs | Sep 14 | 7-10 pm | Sec. 947004 | VIRTUAL | M. Seizew
**Films:** Kiss Me Deadly, Rififi, The Asphalt Jungle, The Killers

**Films:** Key Largo, Out of the Past, The Lady from Shanghai, The Big Clock

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**PERSONAL INTEREST Online**

**6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go**

**Genealogy Basics—Online**
Learn how to dig deeper into your family’s past and develop a strategy to accomplish your objectives, evaluate the results, and share that information with others.

**CES 0823 | Sec. 947001 | Sep 13 | Sec. 947002 | Nov 15**

**MUSIC**

**Jazz Lab Band—Improvisation 1**

**CES 3565 | (3.2 CEU) | $80**
15 weeks | Thurs | Sep 7 | 7-9:50 pm | Sec. 942507 | F310 | R. Selva

**Jazz Band 1**

**CES 3567 | (3.2 CEU) | $60**
15 weeks | Mon | Sep 11 | 7-9:50 pm | Sec. 942508 | F310 | R. Selva

**Schoolcraft Collegiate Chorale**

**CES 3546 | (4.5 CEU) | $60**
15 weeks | Tues | Sep 12 | 7-10 pm | Sec. 942505 | F310 | J. Drake

**Wind Ensemble 1**

**CES 3580 | (3.2 CEU) | $60**
14 weeks | Wed | Sep 13 | 7-9:50 pm | Sec. 942515 | F310 | P. Michalsen

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**Music Online**

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go

**Music Made Easy—Online**
Learn to build intervals, major scales, and chords. By the time you complete this course you’ll be able to read, write, and even play simple pieces of music!

**CES 3790 | Sec. 942510 | Aug 16 | Sec. 942511 | Nov 15**

**COMPUTERS & TECHNOLOGY**

**Computer Basics**

Computer Basics for Beginners
This relaxed and friendly, hands-on class teaches basic computer terms, functions, and computer tips and tricks. Become at ease navigating and using Windows 10 operating system while reviewing internet searching and email etiquette. Learn to print, share and save files. Review various Office 365 applications, working with Word to complete simple Word project(s). Your patient instructor will also discuss how to purchase a computer. Daily handouts are included.

**CES 0458 | (1.5 CEU) | $194/Senior Cost $155.20**
3 weeks | Mon & Wed | Sep 11 | 5:30-8 pm | Sec. 940037 | JC 112 | N. Makulski

**Microsoft Word for Personal Use**
Get started on the basics of Microsoft Word through demonstration and hands-on practice. Navigate creating a document, utilize tools, format and edit text. Insert visual objects, apply formatting options and use features such as cut, copy, paste, and preview. Gain the skills to write your next document, letter or report with ease.

**CES 0475 | (1.2 CEU) | $94/Senior Cost $75.20**
3 weeks | Mon & Wed | Oct 2 | 5:30-7:30 pm | Sec. 940047 | JC112 | N. Makulski

**Amateur Radio**

**Amateur Radio Technician License Training**
Explore all aspects of amateur radio including: FCC regulations, radio waves, basic electricity, basic math, antennas, station operations practices, and station safety. Review all 435 questions from which 35 are randomly drawn for the FCC Amateur Radio license test. Students are required to take the test in person, on campus, during the last class meeting.

**CES 0636 | (1.6 CEU) | $119/Senior Cost $95.20**
8 weeks | Thurs | Sep 28 | 7-9 pm | Sec. 940028 | JC123 | S. Deykes
Dine & Discover
Doors open at 11:15am. Full, buffet lunch served including vegetarian and gluten free options.

NEW An Investigation of the Edmund Fitzgerald
A song turned the sinking of the Edmund Fitzgerald into a legend, but how much of it is true? Author and researcher, Ric Mixter, will share interviews with the men who built and sailed the ship, a profile of the coast guard investigations, and an account of his own dive to the wreck, over 550 feet down. Discover what might have happened to the ship and its crew during the November 10th storm.

CES 7552 | (.1 CEU) | $49/Senior Cost $39.20
1 day | Fri | Oct 13 | 11:30 am-2 pm | Sec. 947401 | VT500 | R. Mixter

NEW Detroit Art Deco
Detroit has a reputation for being an industrial city dominated by autos, not art. Yet the metro area hosts an amazing variety of Art Deco buildings. Explore these art deco treasures, some hidden on backstreets and others dominating the streetscape. All have fascinating tales to tell—if you know where to look.

CES 7554 | (.2 CEU) | $50/Senior Cost $38
1 day | Fri | Sep 29 | 1-3 pm | Sec. 947403 | W210 | G. Kowalski

NEW Eloise: The Wayne County Poorhouse & Farm
Before the advent of modern social welfare, counties in Michigan maintained poorhouses or poor farms to help refugees, the poor, and elderly. Explore the early history of these facilities and discover the stories of those that resided at what became Eloise Psychiatric Hospital. Learn about its transition to serving individuals with chronic illnesses and what eventually led to its shutdown.

CES 7553 | (.2 CEU) | $50/Senior Cost $38
1 day | Fri | Oct 20 | 1-3 pm | Sec. 947404 | W210 | A. Oster

NEW Detroit Catholic Church History & Architecture
You don’t have to go to Europe to see examples of grand, ecclesiastical architecture. It abounds right here in the many churches of Detroit and southeastern Michigan. Join retired Detroit Free Press Journalist and Author, Patricia Montemurri, as she shares a slideshow about the area’s Catholic history and its architectural landmarks, including Detroit’s oldest church in continuous use, SS. Peter & Paul Jesuit Church.

CES 7555 | (.2 CEU) | $50/Senior Cost $38
1 day | Fri | Oct 27 | 1-3 pm | Sec. 947405 | W210 | P. Montemurri

NEW Willow Run: 80 Years & Still Going Strong
Discover the over 80-year history of the Willow Run complex, including Ford’s B-24 bomber plant, Kaiser Frazer, General Motors auto and transmission manufacturing, passenger and air cargo aviation, military research, and more. As operations changed over the years, Willow Run personnel always persevered through the challenges that came their way.

CES 7556 | (.1 CEU) | $18/Senior Cost $14.40
1 day | Fri | Nov 17 | 1-2 pm | Sec. 947406 | VT705 | B. Levine


J. L. Hudson’s at the Holidays
Magical, animated windows; a 9-story tree of lights; 12th floor auditorium spectacles; home of the real Santa. Author Michael Hauser returns to share holiday memories of J. L. Hudson’s that will come alive during this presentation, including all new video clips. Attendees will be treated to a large display of Hudson’s artifacts, including signage, photos, and various ephemera. Reminisce about Detroit’s home-grown retailer at the holidays.

CES 7481 | (.1 CEU) | $49/Senior Cost $39.20
1 day | Fri | Dec 1 | 11:30 am-2 pm | Sec. 947402 | VT500 | M. Hauser

J. L. Hudson’s at the Holidays
CAREER & PROFESSIONAL DEVELOPMENT

TEACHER RECERTIFICATION ONLINE

LERN

NEW Culturally Responsive Pedagogy in the Diverse Classroom—Online

Learning is significantly affected by factors such as stress, anxiety, self-image, and cultural and societal expectations. The diversity of lived experience does influence how students learn. Examine the factors that create unique challenges in the classroom for students of color and explore ways in which teachers can minimize those challenges and support school success for all students.

CES2 0150 | (1.6 CEU) | $145
4 weeks | Sep 5-Sep 29 | Sec. 949660 | LERN

ed2go

6 weeks | (2.4 CEU) | $145/Senior Cost $116 | ed2go

Solving Classroom Discipline Problems—Online
CES 0913 | Sec. 949602 | Sep 13 | Sec. 949613 | Oct 18 | Sec. 949615 | Nov 15

Solving Classroom Discipline Problems 2—Online
CES 0929 | Sec. 949643 | Oct 18 | Sec. 949644 | Nov 15

The Creative Classroom—Online
CES 0908 | Sec. 949624 | Sep 13 | Sec. 949630 | Nov 15

Creating Classroom Centers—Online
CES 0988 | Sec. 949634 | Aug 16 | Sec. 949662 | Oct 18

Creating the Inclusive Classroom—Online
CES 0930 | Sec. 949611 | Sep 13

Survival Kit for Teachers—Online
CES 0963 | Sec. 949681 | Sep 13

Handling Medical Emergencies—Online
CES 4297 | Sec. 949604 | Sep 13 | Sec. 949645 | Nov 15

Spanish in the Classroom—Online
CES 3627 | Sec. 949614 | Sep 13

Discover Sign Language—Online
CES 3811 | Sec. 949690 | Aug 16

Ready, Set, Read—Online
CES 7316 | Sec. 949639 | Aug 16 | Sec. 949617 | Oct 18

Guided Reading: Strategies for the Differentiated Classroom—Online
CES 7329 | Sec. 949631 | Sep 13 | Sec. 949647 | Nov 15

Response to Intervention: Reading Strategies That Work—Online
CES 7337 | Sec. 949651 | Aug 16 | Sec. 949655 | Oct 18

Guided Reading & Writing: Strategies for Maximum Student Achievement—Online
CES 7374 | Sec. 949669 | Aug 16 | Sec. 949670 | Nov 15

Enhancing Language Development in Childhood—Online
CES 0898 | Sec. 949612 | Aug 16 | Sec. 949608 | Oct 18

Teaching Writing: Grades K-3—Online
CES 7398 | Sec. 949616 | Sep 13 | Sec. 949640 | Oct 18

Teaching Math: Grades 4-6—Online
CES 0962 | Sec. 949676 | Aug 16

Teaching High School Students—Online
CES2 0013 | Sec. 949620 | Sep 13 | Sec. 949679 | Nov 15

Understanding Adolescents—Online
CES 0925 | Sec. 949628 | Sep 13 | Sec. 949657 | Nov 15

Add new techniques to your teaching toolbox.

Teaching Preschool: A Year of Inspiring Lessons—Online
CES 0974 | Sec. 949626 | Aug 16 | Sec. 949653 | Nov 15

Differentiated Instruction in the Classroom—Online
CES 0920 | Sec. 949605 | Aug 16 | Sec. 949627 | Oct 18

The Differentiated Instruction & Response to Intervention Connection—Online
CES 0964 | Sec. 949661 | Oct 18

Teaching Students with Learning Disabilities—Online
CES 0928 | Sec. 949632 | Aug 16 | Sec. 949641 | Oct 18

Empowering Students with Disabilities—Online
CES 0956 | Sec. 949633 | Sep 13

Teaching Students with Autism—Online
CES 0932 | Sec. 949642 | Aug 16 | Sec. 949664 | Oct 18

Teaching Students with ADHD—Online
CES 0978 | Sec. 949665 | Oct 18 | Sec. 949667 | Nov 15

Homeschool with Success—Online
CES 0062 | Sec. 949607 | Oct 18

Integrating Technology in the Classroom—Online
CES2 6153 | Sec. 949622 | Aug 16 | Sec. 949619 | Nov 15

Creating a Classroom Website—Online
CES2 6137 | Sec. 949650 | Sep 13
**Project Management Certificate**

**Project Management Professional Exam Preparation**
Are you preparing for the PMP® exam, or looking for a solid foundation in project management principles and practices? Gain essential knowledge on how to approach the people, process, and business aspects of projects, and deliver value for your stakeholders. Topics include domains and tasks from the PMP® Examination Content Outline, such as building a team, managing communications, and benefits realization. Classroom discussion and exercises are focused on topics from PMBOK Guides 6 and 7, and the Agile Practice Guide. Practice exam questions are included.

**CES2 1756 | (3.6 CEU) | $995**
10 weeks | Tues | Sep 26 | 6-9:40 pm | Sec. 947521 | LA270 | E. van der Meulen, PMP

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**Nonprofit/Grant Funding**

**Ethics & the Nonprofit**
Learn how to establish a code of ethics within a nonprofit organization. Discuss ethical management, how to create an ethical workplace, and the value of diversity in a nonprofit organization.

**CES2 1706 | (1.6 CEU) | $99/Senior Cost $79.20**
2 days | Mon & Wed | Oct 2 | 6-9 pm | Sec. 941110 | VIRTUAL | O. Caldwell

**Communication & Marketing for Nonprofits**
Create your brand, develop a marketing and communications plan to connect you to potential donors and volunteers, and learn how to use social media as a viable communication tool.

**CES2 1704 | (1.6 CEU) | $99/Senior Cost $79.20**
2 days | Mon & Wed | Oct 9 | 6-9 pm | Sec. 941111 | VIRTUAL | O. Caldwell

**Leadership & Governance in Nonprofit Organizations**
Learn to build a winning team, collaborate with your Board of Directors, and deal with human resource issues unique to nonprofit organizations. Then, formulate a style of leadership to help your organization succeed.

**CES2 1702 | (1.6 CEU) | $99/Senior Cost $79.20**
2 days | Mon & Wed | Oct 16 | 6-9 pm | Sec. 941114 | VIRTUAL | O. Caldwell

**Financial Management for Nonprofits**
What documentation is needed to start a nonprofit organization? How do you complete an application to become a 501c3? What are the checks and balances of running a nonprofit properly and transparently? Get the answers to your questions and learn how to establish the class with the documentation needed to become a 501c3 organization.

**CES2 1701 | (1.6 CEU) | $99/Senior Cost $79.20**
2 days | Mon & Wed | Oct 23 | 6-9 pm | Sec. 941115 | VIRTUAL | O. Caldwell

**Grant Research & Writing**
Learn how to determine which corporations, foundations, or governmental agencies fund your cause. Discover the components of a grant proposal and how to tell your organization’s story. Learn how to manage the grant once your organization is awarded.

**CES2 1703 | (1.2 CEU) | $159/Senior Cost $127.20**
2 weeks | Mon & Wed | Oct 30 | 6-9 pm | Sec. 941113 | VIRTUAL | O. Caldwell

**Volunteer Recruitment, Management & Retention**
It’s great when people want to volunteer, but how do you find those who are dedicated and have the requisite skills? Create an outline for a volunteer manual that includes: how to assess skills and maximize volunteer participation, scheduling tips, how to show appreciation, and how to “fire” a volunteer.

**CES2 1704 | (1.3 CEU) | $49/Senior Cost $39.20**
1 day | Mon | Nov 13 | 6-9 pm | Sec. 941112 | VIRTUAL | O. Caldwell

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**Nonprofit Management Information Session**
Monday, September 11, 2023, 6 pm, Liberal Arts Building (LA), room 160. Visit schoolcraft.edu/ppl/news-events for information.
DEMENTIA CARE

Optional Certificate: Students who complete all 5 dementia care series classes and 2 dementia care electives will receive a Certificate in Dementia Care. All classes are approved by the state of Michigan for continuing education contact hours for social workers and nurses.

Dementia Care Electives

Dementia & Family Impact
What is the impact of a dementia diagnosis on the whole family? How do roles change? Learn to identify reasons for conflict and discuss coping strategies to alleviate potential stress within the family. Elective.
CES 4366 | (.2 CEU) | $45/Senior Cost $36
1 day | Sat | Oct 28 | 8-10 am | Sec. 944609 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Care at the End of Life
Gain insight into the final stage of life, how to prepare for it, how to recognize it, and how to provide support to those experiencing it and their caregivers. Learn how to apply person-centered strategies to minimize distress, maximize well-being, and ensure meaningful communication with the person, family, and care team. Elective.
CES 4377 | (.3 CEU) | $65/Senior Cost $52
1 day | Sat | Oct 28 | 10:30 am-1:30 pm | Sec. 944606 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Fundamentals of Dementia Care
Get the information you need to understand the basics of dementia. Distinguish the common forms of dementia including Alzheimer’s disease. Develop strategies to improve communication and understand the root cause of challenging behavior. The class will conclude with a question and answer opportunity with a person living with dementia and/or his/her care partner. Required.
CES 4379 | (.5 CEU) | $89/Senior Cost $71.20
1 day | Sat | Oct 7 | 8 am-1 pm | Sec. 944608 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Making Meaningful Connections
Explore the social needs of people living with dementia. Learn tools and creative techniques for fostering meaningful interactions and connections at all stages of the illness. Required.
CES 4304 | (.2 CEU) | $45/Senior Cost $36
1 day | Sat | Oct 14 | 8-10 am | Sec. 944602 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Making the Most of Mealtime
Understand the importance of proper nutrition for persons living with dementia, while learning approaches for handling challenging mealtime situations. Gain person-centered skills that will help you encourage independence and make mealtime a more pleasant experience. Required.
CES 4306 | (.2 CEU) | $45/Senior Cost $36
1 day | Sat | Oct 14 | 10:30 am-12:30 pm | Sec. 944604 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Understanding Safe & Unsafe Wandering
Wandering is one of the greatest challenges faced by those who work with persons living with dementia. Discover important information regarding what role wandering plays in dementia care. Learn strategies to promote safe wandering and how to respond to wandering incidents using the REACT method. Required.
CES 4307 | (.2 CEU) | $45/Senior Cost $36
1 day | Sat | Oct 21 | 8-10 am | Sec. 944605 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Combating Caregiver Stress
Increase your awareness of potential effects of stress on physical and mental health in order to preserve your well-being. Learn to recognize the signs of caregiver stress, reduce and manage this stress when it appears and prevent a decline in the quality of compassionate care. Required.
CES 4321 | (.2 CEU) | $45/Senior Cost $36
1 day | Sat | Oct 21 | 10:30 am-12:30 pm | Sec. 944603 | JC122 | Alzheimer’s Association
THIS CLASS IS HY-FLEX. ATTEND IN-PERSON OR ONLINE.

Leadership Online

Supervisory & Leadership Certificate—Online
Ensuring the efficiency of your team is your most important responsibility as a supervisor. Learn effective delegation, performance management, roles, responsibilities, and how to improve oversight of your most valuable resource, your employees.
CES2 1653 | (3.2 CEU) | $395
8 weeks | Sep 5-Oct 27 | Sec. 947587 | LERN

Discover new tools to use when caring for those with Dementia
Event Planning

Optional Certificate: Students who complete all 4 Event planning classes in the winter and spring/summer semesters will receive a Certificate in Event Planning. Required classes for certificate are:
- Introduction to Event Planning
- Wedding Planning
- Design & Decor
- Practical Experience

The Business of Event Planning 🌟
Fall Semester Only!
Are you ready to put your event planning or decorating skills to work by starting your own business? Explore and define different business and legal structures, sales and marketing ideas, start-up costs, contracts and selling tools. Work with mission statements and business plans. Learn what it takes to launch and maintain an event planning business from the owners of a successful company. Prerequisites: CES2 1584 Introduction to Event Planning, CES2 1517 Wedding Planning: Creating the Memories of a Lifetime, CES2 1589 Special Event Design & Décor and CES2 1590 Event Planning Practical Experience or written permission of the instructor.

CES2 1620 | (1.4 CEU) | $115/Senior Cost $92
6 weeks | Mon | Sep 11 | 6:30-8:50 pm | Sec. 940735 | JC122 | C. Gregorich, J. Martinez

Event Invitations: Impress the Guest 🌟
Fall Semester Only!
Learn invitation essentials that a wedding or event planner must know while discovering the ins and outs of the invitation world. From wedding invitations to event menu cards, learn how to work with your client to gather the essential information and complete an order best suited for their occasion. Carlson Craft Invitations will be used for demonstration purposes. This class is not required for the Event Planning Certificate. Prerequisites: CES2 1584 Introduction to Event Planning and CES2 1517 Wedding Planning or equivalent knowledge.

CES2 1762 | (.8 CEU) | $99/Senior Cost $79.20
4 weeks | Mon | Nov 6 | 6:30-8:30 pm | Sec. 940736 | JC122 | C. Gregorich, J. Martinez

Schoolcraft College®
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**ACCOUNTING**

**Bookkeeping Certificate–Online**
How do you manage the finances of a business? Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure, and manage, the financial health of your business. This program focuses on cash basis accounting. Certificate includes Understanding Debts & Credits CES2 1750, General Ledger & Month End Procedures CES2 1751 and Closing Procedures & Financial Statements CES2 1752.

CES2 1749 | (4.8 CEU) | $495
12 weeks | Sep 5-Dec 1 | Sec. 940618 | LERN

**Certificate in Accounting & Finance for Non-Financial Managers–Online**
Make effective financial decisions as you learn accounting and finance processes used in most businesses. Discover the seven steps in the accounting cycle, how to maximize cash flow, and analyze business reports. Create a budget, set goals, and assess the performance of your business. Certificate includes Financial Analysis & Planning for Non-Financial Managers CES2 1644, Cash is King CES2 1645 and Accounting & Finance for Non-Financial Managers CES2 1646.

CES2 1643 | (4.8 CEU) | $495
12 weeks | Sep 5-Dec 1 | Sec. 940612 | LERN

**Accounting Online**

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go

**Accounting Fundamentals 1–Online**
Gain practical bookkeeping and common accounting knowledge for running a small business, to enhance your career, or for a better understanding of your personal finances.

CES2 1537 | Sec. 940602 | Aug 16 | Sec. 940605 | Oct 18

**Accounting Fundamentals 2–Online**

CES2 1540 | Sec. 940609 | Sep 13 | Sec. 940616 | Nov 15

**Introduction to QuickBooks Cloud–Online**

Learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. Subscription or additional software is not required to complete this course which includes free access to an online practice site.

CES2 6310 | Sec. 940604 | Sep 13 | Sec. 940606 | Nov 15

**Introduction to QuickBooks–Online**

Set up accounts, handle invoicing, track payables and inventory, and generate reports. Class is not compatible with Macintosh computers. Requirements: QuickBooks Desktop Pro or Desktop Premier software.

CES 6725 | Sec. 940603 | Aug 16 | Sec. 940608 | Oct 18

**Real Estate Online**

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go

**Real Estate Investing–Online**

Have you ever heard the old saying, “Buy low, sell high?” This course provides straight talk about real estate that will help you understand the opportunities available to investors right now.

CES2 1619 | Sec. 940301 | Aug 16 | Sec. 940303 | Oct 18

**FINANCIAL PLANNING**

**Financial Markets & Securities: An Introduction**
Are you confused by the complex world of investing? Do you want to gain confidence with basic financial practices? Arm yourself with fundamental knowledge of investing in stocks, bonds, mutual funds and exchange traded funds (ETFs). Learn how to make sound decisions and avoid common mistakes.

CES2 1488 | (6.6 CEU) | $69/Senior Cost $55.20
3 weeks | Tues | Sep 12 | 6:30-8:30 pm | Sec. 940402 | LA100 | W. Connell

**Mutual Fund Investing**
Do you know how mutual funds work? Increase your knowledge of this very popular investment choice way beyond the basics to include how mutual funds and exchange-traded funds (ETF) are used to manage risk, reach acceptable returns and how to structure and monitor a diversified portfolio. If you manage investments for someone else, this class is a must. Prerequisite: CES2 1488 Financial Markets & Securities: An Introduction or equivalent knowledge.

CES2 1490 | (6.6 CEU) | $69/Senior Cost $55.20
3 weeks | Tues | Oct 3 | 6:30-8:30 pm | Sec. 940403 | LA100 | W. Connell

**Structuring a Stock Portfolio**

Stocks can be volatile, but they also have the potential to bring meaningful returns to your portfolio. So how does a serious investor go about selecting a stock? Discover fundamental and technical stock analysis techniques and how to structure and monitor a portfolio of individual stocks. Prerequisite: CES2 1488 Financial Markets & Securities: An Introduction or equivalent knowledge.

CES2 1489 | (6.6 CEU) | $69/Senior Cost $55.20
3 weeks | Tues | Oct 24 | 6:30-8:30 pm | Sec. 940404 | LA100 | W. Connell

**Retirement Success**
Learn the most up-to-date retirement planning rules and strategies. Avoid unnecessary taxes and common retirement planning mistakes. Learn about Medicare options, social security claiming, and income strategies to optimize your retirement. Topics discussed: Medicare, Long Term Care, Social Security, IRA Rules, beneficiaries, and Estate Planning.

CES2 1492 | (6.6 CEU) | $69/Senior Cost $55.20
3 weeks | Tues | Nov 21 | 6:30-8:30 pm | Sec. 940405 | LA100 | A. Atrasz

**Digital Marketing Online**

**Social Media for Business Certificate–Online**
Use social networks to develop a two-way communication and marketing strategy for your organization. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover how to communicate with and serve your customers. Certificate includes Introduction to Social Media CES2 1740, Integrating Social Media in Your Organization CES2 1741 and Marketing Using Social Media CES2 1742.

CES2 1739 | (4.8 CEU) | $495
12 weeks | Sep 5-Dec 1 | Sec. 947588 | LERN

**Certificate in Digital Marketing–Online**

Are you ready to launch or improve your eMarketing? Learn to improve email promotion, analyze site traffic, employ search engine optimization, and initiate online advertising. E-Marketing is relevant for any business or industry today. Get the skills needed for your successful e-marketing campaign. Certificate includes Boosting Your Website Traffic CES2 1626, Improving Email Promotions CES2 1627 and Online Advertising CES2 1628.

CES2 1625 | (4.8 CEU) | $495
12 weeks | Sep 5-Oct 27 | Sec. 947559 | LERN

**Game Design Online**

**Certificate in Basic Game Design–Online**
Use games as a tool beyond entertainment. Discover design elements and development processes to both video and analog games, with focus on games outside of entertainment. Learn to flesh out a game idea, work with game developers, and begin your journey of making games. Certificate includes Introduction to Game Design CES2 6468 and Intermediate Game Design CES2 6469.

CES2 6467 | (3.2 CEU) | $395
8 weeks | Sep 5-Oct 27 | Sec. 947559 | LERN
Online Career Training Programs

These open-entry classes provide skills for high-wage, high-demand careers. With help from Michigan Reconnect funds, you could be eligible to receive tuition assistance for these classes and many others! For information visit michigan.gov/reconnect.

**CompTIA A+ with ITIL 4 Foundation**
Acquire the essential skills to start a career in information technology. CompTIA™ A+ Certification is internationally recognized, giving you a competitive advantage no matter what country you’re working in and what hardware you’re working with.

**Certified Business Data Analytics (CBDA) Prep Course**
Prepare to learn in-demand data analysis skills and stay on top of industry trends in this immersive online course. You will also obtain the information needed to prepare for and take the CBDA exam.

View all career training classes at careertraining.schoolcraft.edu
COMPUTERS & TECHNOLOGY

Foundations of Artificial Intelligence
Gain a broad understanding of the basic requirements, applications, and careers associated with Artificial Intelligence (AI). Explore the history of AI and the role that relational databases, statistics, and Python play in AI development. AI programming language, basics of relational databases and algorithms, and tools used with digital visualization will be taught as fundamental requirements for those seeking to increase their skills. One hour per week will be spent in virtual, instructor-led training and eight hours per week will be assigned to online readings and exercises. Basic math knowledge and familiarity with Microsoft Office is required.

CES2 6463 | 4.5 CEU | $499
5 weeks | Thurs | Oct 26 | 7-8 pm | Sec. 940066 | VIRTUAL | Skill-Up Online, Inc.

Computers & Technology Online

Introduction to Programming–Online
CES2 6198 | Sec. 940007 | Sep 13 | Sec. 940042 | Nov 15

Introduction to Python 3 Programming–Online
CES2 6327 | Sec. 940038 | Sep 13 | Sec. 940063 | Nov 15

Introduction to Java Programming–Online
CES 6762 | Sec. 940032 | Aug 16 | Sec. 940044 | Oct 18

Introduction to C# Programming–Online
CES2 6328 | Sec. 940043 | Oct 18

Introduction to SQL–Online
CES2 6240 | Sec. 940049 | Aug 16 | Sec. 940060 | Sep 13

Intermediate SQL–Online
CES2 6251 | Sec. 940005 | Oct 18

Introduction to CSS3 and HTML5–Online
CES2 6238 | Sec. 940050 | Aug 16 | Sec. 940053 | Oct 18

Creating Mobile Apps with HTML5–Online
CES2 6229 | Sec. 940021 | Aug 16 | Sec. 940094 | Oct 18

Programming Online

6 weeks | 2.4 CEU | $135/Senior Cost $108 | ed2go

Web Design Online

6 weeks | 2.4 CEU | $135/Senior Cost $108 | ed2go

Creating WordPress Websites–Online
CES2 6315 | Sec. 940035 | Aug 16 | Sec. 940091 | Oct 18

Intermediate WordPress Websites–Online
CES2 6354 | Sec. 940096 | Nov 15

Creating Web Pages–Online
CES 6720 | Sec. 940009 | Sep 13 | Sec. 940025 | Nov 15

NEW Web Design Certificate–Online
Discover the basics of web design using HTML and CSS as you plan and design effective web pages and applications. Learn about responsive design process, advanced layout and design features, and explore industry standard technologies and frameworks. Finish class with a functioning web application hosted on a web server that is both accessible and Search Engine Optimized. Certificate includes Introduction to Web Design CES2 6477, Intermediate Web Design CES2 6478 and Advanced Web Design CES2 6479.

CES2 6476 | 4.8 CEU | $595
12 weeks | Sep 5-Dec 1 | Sec. 940008 | LERN

Graphic Design Online

Certificate in Graphic Design Software Essentials–Online
Adobe software tools are the leading software for graphic design. Use Illustrator, InDesign, and Photoshop to create graphics, multi-page documents, and digital artwork. Certificate includes Adobe Illustrator CC Essentials CES2 6367, Adobe InDesign CC Essentials CES2 6368 and Adobe Photoshop CC Essentials CES2 6369.

CES2 6370 | 4.8 CEU | $545
12 weeks | Sep 5-Dec 1 | Sec. 940083 | LERN

More Classes Online!
View full list of online classes at schoolcraft.edu/ppl/online
**ENGLISH AS A SECOND LANGUAGE**

**ESL Placement Test and Registration:**

Testing: To get the best class placement to match your abilities, we strongly recommend testing. In-person placement testing is free and available by appointment. For more information on taking the ESL placement test visit schoolcraft.edu/testingcenter.

Registration: Once you know what course you want, follow the registration procedures detailed on Page 29 of this printed schedule.

Students must meet the prerequisites stated in each class description.

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For full class descriptions and requirements, visit schoolcraft.edu/ppl and select English as a Second Language.

**ESL Reading & Vocabulary**

Focus on reading and vocabulary to build basic comprehension, efficiency, and fluency in the English language.

**Level 1—Reading & Vocabulary**

Wednesday start date.
CES2 0160 | (5.4 CEU) | $199
15 weeks | Mon & Wed | Sep 6 | 9-11 am | Sec. 946901 | MC025 | L. Bazzi

**Level 2—Reading & Vocabulary**

CES2 0170 | (5.4 CEU) | $199
14 weeks | Tues & Thurs | Sep 5 | 9-11 am | Sec. 946911 | MC020 | C. Lowell

**ESL Listening & Speaking**

Build listening and speaking skills in personal and social contexts.

**Level 1—Listening & Speaking**

Wednesday start date.
CES2 0164 | (5.4 CEU) | $199
15 weeks | Mon | Sep 6 | 2-4 pm | Sec. 946902 | MC020 | L. Quan

**Level 2—Listening & Speaking**

CES2 0174 | (5.4 CEU) | $199
14 weeks | Tues & Thur | Sep 5 | 2-4 pm | Sec. 946913 | MC020 | C. Fichtenberg

**ESL Grammar & Writing**

Focus on basic concepts of spoken and written English.

**ESL 1—Grammar & Writing**

Wednesday start date.
CES2 0167 | (5.4 CEU) | $199
15 weeks | Mon & Wed | Sep 6 | 11:15 am-1:15 pm | Sec. 946908 | MC020 | L. Quan

**ESL 2—Grammar & Writing**

CES2 0177 | (5.4 CEU) | $199
14 weeks | Tues & Thur | Sep 5 | 11:15 am-1:15 pm | Sec. 946914 | MC025 | C. Fichtenberg

**ESL Multiple Skills**

Explore listening, reading, speaking and writing skills.

**ESL 3—Multiple Skills**

CES 7261 | (7.2 CEU) | $345/Senior Cost $276
13 weeks | Tues & Thur | Sep 12 | 9:15 am-12:15 pm | Sec. 946904 | JC102 | J. Won

**ESL 4—Multiple Skills**

CES 7262 | (7.2 CEU) | $345/Senior Cost $276
13 weeks | Tues & Thur | Sep 12 | 9:15 am-12:15 pm | Sec. 946905 | JC111 | E. Rande

13 weeks | Tues & Thur | Sep 12 | 6-9 pm | Sec. 946907 | LA475 | E. Rande

**ESL 5—Multiple Skills**

CES 7285 | (7.2 CEU) | $345/Senior Cost $276
13 weeks | Mon & Wed | Sep 11 | 9:15 am-12:15 pm | Sec. 946903 | JC102 | E. Rande

**ESL Special Topics**

Take additional classes that focus on areas of special interest to students whose first language is not English.

**NEW Accent Modification**

Learn a systematic approach to improve your spoken English. We will focus on the sound system, stress patterns and melodic intonation of English so you can speak with clarity and confidence. An interactive group setting provides critical listening skills to detect and modify aspects of your speech that contribute to your accent.

CES2 0152 | (2.0 CEU) | $199
10 weeks | Thurs | Sep 21 | 1-3 pm | Sec. 946906 | JC111 | S. Calderone

**English as a Second Language Online**

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go

Grammar for ESL—Online
CES 7509 | Sec. 946926 | Aug 16 | Sec. 946927 | Oct 18
**Test Prep Online**

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go

**Prepare for the GED® Test–Online**
Succeed on the four GED® test modules: Reasoning Through Language Arts, Social Studies, Science, and Mathematical Reasoning.
CES 7510 | Sec. 946202 | Aug 16 | Sec. 946206 | Oct 18

**SAT/ACT Prep Course–Part 1–Online**
Prep for the verbal questions of the ACT and the new SAT, which includes the Reading Test, the English Test, and the Science Test.
CES 0103 | Sec. 946212 | Sep 13 | Sec. 946213 | Nov 15

**Communication/Writing Online**

6 weeks | (2.4 CEU) | $135/Senior Cost $108 | ed2go

**Grammar Refresher–Online**
Explore speech, punctuation and foundational sentence construction. Learn about phrases, clauses, problem words, and common grammatical mistakes through practical, hands-on exercises to improve your communication skills.
CES 7359 | Sec. 946106 | Sep 13 | Sec. 946121 | Nov 15

**Write Fiction Like a Pro–Online**
Develop your own original story, beginning with your passion and theme. Then discover your characters, their flaws and struggles and structure your story from start to finish.
CES 7385 | Sec. 946105 | Aug 16 | Sec. 946107 | Oct 18

**Writerific!–Online**
Discover the best methods for planning, executing and evaluating your stories, novels, and essays.
CES 7194 | Sec. 946101 | Aug 16 | Sec. 946128 | Oct 18

**Introduction to Screenwriting–Online**
CES 7451 | Sec. 946108 | Aug 16 | Sec. 946116 | Sep 13 | Sec. 946122 | Oct 18

**Write Your Life Story–Online**
CES 7377 | Sec. 946104 | Sep 13 | Sec. 946129 | Nov 15

**Beginner's Guide to Getting Published–Online**
CES 7387 | Sec. 946113 | Nov 15

**FIREARM & SAFETY TRAINING**

**Firearm Training**

**Introduction to Handgun & Pistol Handling**
This class uses the firing range.
CES 0999 | (3 CEU) | $75/Senior Cost $60
1 day | Thurs | Sep 7 | 6-9 pm | Sec. 949902 | FTC110 | Staff

**Introduction to Firearms Training Simulator**
Class does not use firing range. No previous firearms experience is required.
CES 0016 | (2 CEU) | $65/Senior Cost $52
1 day | Mon | Sep 18 | 6-8 pm | Sec. 949907 | FTC130 | Staff

**Cleaning & Storing Your Firearm**
Class does not use firing range.
CES 0015 | (2 CEU) | $35/Senior Cost $28
1 day | Wed | Oct 11 | 6-8 pm | Sec. 949906 | FTC270 | Staff

**Concealed Pistol License Training**

**Firearms Training for Concealed Pistol License**
This class uses the firing range.
CES 0014 | (1.8 CEU) | $149/Senior Cost $119.20
1 day | Sun | Sep 10 | 8 am-4 pm | Sec. 949901 | FTC120 | Staff
1 day | Sun | Oct 8 | 8 am-4 pm | Sec. 949903 | FTC120 | Staff

**Refresher for Carrying Concealed Pistols**
This class uses the firing range.
CES 0864 | (1.4 CEU) | $89/Senior Cost $71.20
1 day | Thurs | Oct 26 | 6-10 pm | Sec. 949915 | FTC110 | Staff

**Introduction to Rifle Handling**
This class uses the firing range.
CES 0051 | (3 CEU) | $75/Senior Cost $60
1 day | Mon | Oct 2 | 6-9 pm | Sec. 949905 | FTC120 | Staff

**Safety Training**

**Self-Defense**
This self-defense training for men and women will include striking, ground fighting, and defending/countering attacks. Students will learn to understand threat indicators, avoid confrontation and de-escalation tactics. Learn new techniques each class as well as build off the skills of the previous week. Course will be hands on and physical in nature. These life saving techniques are taught by a law enforcement professional trained in defense tactics. Wear workout attire to class.
CES 0126 | (1.8 CEU) | $229/Senior Cost $183.20
6 weeks | Wed | Aug 30 | 6-9 pm | Sec. 949917 | FTC118 | Staff
REGISTRATION DATES AND INFORMATION

Registration begins 8:00 a.m., Wednesday, July 19, 2023

REGISTER ONLINE at schoolcraft.edu/ppl and select Register Now
Begins 8 a.m., Wednesday, July 19, 2023
Hours: Monday–Saturday, 2 am–11 pm; Sunday, 2 am–9 pm

Online registration continues until the day before the first class meets.

With online registration you can search and register for classes; add, drop and pay for classes; and print your schedule. A credit card is required to use online registration. Please have your payment information at hand. The following forms of payment are accepted: Discover, Mastercard, Visa, American Express or eCheck.

Your User ID and password.

• Your User ID is the lower-case initial of your first name and your student ID number. Remember to include leading zeros for ID numbers; for example, c0123456 (initial is lower case).
• If you have taken a class with us and do not know your User ID, contact the office at 734-462-4448.

Child Registration

• If you are signing your child up for classes, you must enter your child’s personal information when registering. Please do not use your information in lieu of your child’s.

MAIL-IN

Schoolcraft College Registration: PPL
18600 Haggerty Rd. Livonia, MI 48152-2696

Processing of mail-in registrations begins at 8 a.m. on the first day of registration; registrations are manually entered in the order they were received. If you are registering for a class that fills quickly, mail-in registration is not recommended.

Your registration form and cash or check payment should be received at least one week before the class start date. Complete the registration form on page 30. A receipt and class confirmation will be mailed to you. If you do not receive your class confirmation within one week, please call 734-462-4448 to verify your enrollment. If you prefer to use a credit card, please call the Answer Center at 734-462-4426.

Most PPL classes will not meet on the following days:

Thanksgiving Recess, November 22, 23, 24, 25, 26. Exceptions are noted in the online class listing.

For additional registration information please visit: schoolcraft.edu/ppl and select How to Register. For a list of FAQ’s on policies, procedures and student accommodations please visit schoolcraft.edu/ppl/faq/.

The Personal & Professional Learning (PPL) office is open Monday–Friday from 8 am until 5 pm. For assistance after hours, the Answer Center is available to help students with the following:

• Online Registration including password resets
• On-Campus Wireless Access
• General Campus Information

Mon – Thurs: 8 a.m. – 7 p.m.
Friday: 8 a.m. – 6 p.m.
Saturday: 9 a.m. – 2 p.m.
Sunday: CLOSED

Registration Office is located in the McDowell Student Center

734-462-4448 | schoolcraft.edu/ppl
REGISTRATION FORM

Registration/Admission Form

Please use one registration form per student. Duplicate this form as needed. **This form will be used to update your contact information.**
For name change requests, contact the Registration Office/Answer Center at 734-462-4426.

<table>
<thead>
<tr>
<th>DATE OF BIRTH</th>
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<td>LAST NAME</td>
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<td>NUMBER AND STREET</td>
<td>CITY</td>
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<td>EMAIL ADDRESS</td>
<td>PRIMARY PHONE</td>
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If registering for a Physical Fitness class, review waiver online at schoolcraft.edu/ppl. Your registration signifies agreement to the waiver terms.

☐ Enclosed is my Check/Money Order payable to Schoolcraft College.
(If your check is returned because of insufficient funds, we may redeposit it electronically.)

If paying by credit card, register online at schoolcraft.edu/ocelotaccess or call the Answer Center Monday–Friday, 8 a.m.–5 p.m. at 734-462-4426 to register and pay by phone.

Mail to:
Schoolcraft College
PPL Registration
18600 Haggerty Road
Livonia, MI 48152-2696

Company-paid tuition:
Please send a copy of your purchase order when you register.

Co. Name ____________________________________________
Co. Address ____________________________________________
Billing Contact Person ____________________________________
PO# ____________________________________________

For office use only:
Advance Your Career!
We make upskilling easy. With help from Michigan Reconnect Funds, you could be eligible to receive tuition assistance for many of our top career training programs.
See pages 20-26 for all certificate programs and professional development. Visit michigan.gov/reconnect to learn more.

* High wage, high demand labor market information, Lightcast. lightcast.io
† In Michigan
The Winter PPL Schedule will be mailed early November; class listings online late October.
schoolcraft.edu/ppl

Get in the holiday spirit with these festive classes this fall!

J. L. Hudson’s at the Holidays: Dine & Discover. Page 19

NEW Charcuterie Boards for Holiday Entertaining. Page 16

Cocktails for the Holidays. Page 17