

Massage Therapy Program

Radcliff Campus

RC 275

734.462.4746

massage@schoolcraft.edu

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The Massage Therapy Program offers two levels of education

- Certificate
 - 12 months of class taken in sequence
 - 36.5 credits
 - 720 contact hours
- Associate Degree
 - Completion of certificate requirements
 - Additional courses based on your future plans

Who are massage therapists?

A typical American Massage Therapy Association Member: *

- 60% are between the ages of 35 and 54
- 43% have at least a bachelor's degree
- 53% work part-time at massage
- 88% say they are extremely satisfied with being a massage therapist.

*from a recent survey

Where do we work?

- Private practice – solo or sharing facilities
- Medical setting – hospital, clinic, or office
- Complementary health center
- Spa or salon
- Home-based office
- Outcall/onsite work

How much do we earn?

There is a large variation in the wages earned, based on work setting, location of practice, and skill levels.

Typical Salary

- Recent graduates, part time: \$20-25/hour
- 5 years experience, part time \$35-50/hour
- Full time, experienced: \$30 to \$60,000/yr

How do you join us?

It's a two step Process

1. Apply to Schoolcraft College
 - Meet educational requirements for reading, math, and English
2. Apply to the Program
 - Meet with counselor to discuss all requirements.

What are the Program Entrance Requirements?

They are divided into 3 different categories:

1. Physical
2. Computer skills
3. Personal

Physical Requirements

- You must:
 - be physically capable of performing massage
 - be able to lift and hold at least 20#
 - receive medical clearance for any structural or neurological problems, chronic disease issues, or disabilities
 - pass a drug screening

Computer Requirements

You will need:

- Computer and Internet access at least 3 days per week (Radcliff has a computer lab)
- General Computer skills –keyboard and mouse
- To be able to use, send and receive word processing files (Microsoft Word)

Personal Requirements

- at least age 18 by the first day of class
- self disciplined
- willing and able to work with and be worked on by everyone in class
- reliable transportation to and from class, clinic, externship location, and community service
- good moral character

What happens once I'm accepted?

- Finalize all paperwork with counselor
- Contact Program Coordinator
- Attend orientation
- Enroll in classes
- Purchase all supplies

Orientation

- A program orientation is held approximately 6 to 8 weeks before the sessions begin.
- Answers final questions about the schedule
- Identifies all supplies to be purchased before start of classes
- Attendance is mandatory

Course Schedule

The Certificate Program is designed to be completed in 1 year. Two schedule options are available.

Evening Program (You remain on this same schedule for the full year)

Classes begin in Fall Semester.

- Tuesday and Thursday 6 to 10 pm
- Saturday 9 to 5 pm

Day Program (You remain on this same schedule for the full year)

Classes begin in Winter Semester

- Monday and Wednesday 9 am to 1 pm
- Friday 9 to 5 pm

What courses do I take?

1st semester

- MAS 112: Massage Techniques 1
- MAS 113: Comprehensive Study of Human Body Systems 1
- MAS 114: Clinical Foundations
- MAS 115: Business & Professionalism 1

2nd Semester

- MAS 122: Massage Techniques 2
- MAS 123: Comprehensive Study of Human Body Systems 2
- MAS 124: Student Clinic 1
- MAS 125: Business & Professionalism 2

3rd Semester

- MAS 132: Massage Techniques 3
- MAS 133: Comprehensive Study of Human Body Systems 3
- MAS 134: Student Clinic 2
- MAS 135: Business & Professionalism 3

Costs for Certificate Program

Tuition & Fees	Resident	Non-Resident
1 st Semester	\$ 1,581.00	\$ 2,061.00
2 nd Semester	1,660.00	2,140.00
3 rd Semester	1,665.00	2,165.50
Books & Supplies	1,500.00	1,500.00
TOTAL	\$ 6,406.00	\$ 7,866.50

Based up 2012/2013 tuition rates.

MASSAGE THERAPY

Dress Code

A professional 'uniform' is required to be worn in each and every class and clinic.

No jewelry.

- **Option 1:** for class & clinic
 - Two piece scrubs
- **Option 2:** for class, clinic & community service
 - Schoolcraft Massage Polo Shirt
 - Pants: 'Docker style', any solid color

What are the biggest challenges for students?

- Work schedules: if you have a job, you need to be able to attend classes 3 days per week
- Family matters: if you are a caretaker for kids or parents, you'll need to arrange time for this commitment
- Homework: massage is more than hands-on. Reading and assignments take 10 to 20 hours per week.
- Quiet: massage requires the therapist to remain calm and quiet for an hour or more.

What else?

- At graduation, you are eligible to sit for either of the two exams accepted by the State of Michigan for Massage licensure:
 - National Certification Exam in Therapeutic Massage.
 - Massage Therapy Licensure Exam
- You may also choose to enter the Associate Degree Program – a counselor will help you determine the courses you need to take

Who can help?

- Your Support Team
 - Instructors
 - Lab Assistants, PALs (Peer Assisted Learning)
 - Program Coordinator
 - Schoolcraft Staff, Learning Assistance Center
 - Friends, family, mentors

Rewards

- Knowledge
- Skills to blend with other careers

- National Certification
 - Growing industry

A profession for life!



For more information, please contact

Kathy Paholsky
Program Coordinator
kpaholsk@schoolcraft.edu

734.462.4771