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## Sexual Harassment Assault Rape Prevention (SHARP) Instructor Course

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The PPCT SHARP course has been specifically designed to prepare women how to respond when prevention methods are required. Upon completion of the SHARP program, instructors will have the understanding and ability to return to their respective agencies, schools, universities or colleges and train students in these proven techniques. The SHARP course utilizes efficient and effective methods that do not rely on an individual's size, strength, or skill level.

**The SHARP program has been taught in high schools, universities, and to law enforcement agencies as a public relation tool throughout the United States. This program is divided into three units of instruction,**

**Prevention Psychology** is a non-physical unit of instruction which focuses on the personality profiles of women and how an assailant may target them. It educates students on ways to profile a potential assailant, how assailants pick their victims, and cues that indicate an assault may be imminent. The awareness portion of the program is the foundation of the course. A discussion includes strategies for home, personal, vehicle, and travel security.

**Managing Social and Professional Harassment** focuses on low profile tactics which can be used in an assertive, yet tactful manner. It is designed to give students alternatives when dealing with unwanted sexual comments, flirting, or touching that may occur in a social or professional setting. Students will understand how to effectively use wrist releases, hip checks, inverted finger locks, and distraction techniques against the offender. These tactics are designed to deliver the message to the offending person without inflicting any physical injury to them.

**Sexual Assault Countermeasures** deals with the violent sexual assault which a student may encounter. The objective of the course is for students to defend themselves and escape encounters. Students will be taught effective and simple techniques to protect themselves utilizing stunning techniques, hand and leg strikes that are not dependent on the size or strength of the victim.

The course instructor, Kevin Rize, is a PPCT Staff instructor who has been teaching instructor programs since 1998, throughout the United States and overseas. **This program is MCOLES approved.**

### **Sexual Harassment Assault Rape Prevention (SHARP) Instructor course**

Location: Schoolcraft College – Academy Training Center

31777 Industrial Rd. Livonia MI 48150

Date: 6/3/2024 – 6/5/2024

Cost: \$350.00

Registration: [www.schoolcraft.edu/leis](http://www.schoolcraft.edu/leis)