

SPRING/SUMMER 2018 PE Building Usage Guidelines

Unless otherwise noted, all activities are for **ADULTS ONLY**.

For the health and safety of all building users, please follow posted rules

	Credit Student (MUST show proof of registration in current semester)	CEPD Student (MUST show proof of registration in current semester)	Schoolcraft Staff, Credit Faculty, CEPD Instructors & Honoraire (MUST show Schoolcraft ID badge)	Community	Fitness Center Members, Guests & SC Alumni <small>NOTE: If you qualify under any of the other categories (Student, Staff, etc.) those guidelines take priority.</small>
Fitness Center (PE120)	FREE if registered for class(es) in current semester*	\$20/month membership fee if registered for class(es) in current semester*	\$15/month membership fee* Credit Faculty: <u>no</u> membership fee if teaching in current semester	\$25/month membership fee <i>plus</i> one-time \$35 enrollment fee*	See Student, Staff, Community membership fees in columns at left. SC Alumni pay \$20/month.* Guests (non-members) pay \$5 per visit.
<i>*Visit the Fitness Center front desk for details. Memberships for ages 18 years old and older.</i>					
Pool	FREE Lap Swim Monday–Friday 7:00–8:00AM & 12:00–1:00PM Tuesday & Thursday 4:00–5:00PM <i>Must show lifeguard proof of current semester registration.</i>		FREE Lap Swim Monday–Friday 7:00–8:00AM & 12:00–1:00PM Tuesday & Thursday 4:00–5:00PM <i>Must show lifeguard Schoolcraft badge.</i>	Family Open Swim 12:00–4:00PM Every participant pays \$5 at Fitness Center front desk. <i>See details at bottom of page.</i>	FREE Lap Swim for members, \$5 for guests (non-members) Monday–Friday 7:00–8:00AM & 12:00–1:00PM Tuesday & Thursday 4:00–5:00PM <i>Limited to eight (8) members/guests at a time. Get number tag from Fitness Center front desk before entering pool.</i>
Handball/Racquetball/Paddleball/Wallyball Courts <small>(See court schedule and rules at bottom of page)</small>	FREE 1.5 hour court usage if/when courts are available. Every participant must check in (no earlier than 15 minutes prior to court schedule start time) at the Fitness Center front desk. Paying participants have priority.	1.5 hour court usage on first-come, first-served basis (unless court was reserved during specified sign-up period). Every participant must check in (no earlier than 15 minutes prior to court schedule start time) at the Fitness Center front desk. Court usage fee is \$5 per person, payable at the Fitness Center front desk.	FREE 1.5 hour court usage if/when courts are available. Every participant must check in (no earlier than 15 minutes prior to court schedule start time) at the Fitness Center front desk. Paying participants have priority.	1.5 hour court usage on first-come, first-served basis (unless court was reserved during specified sign-up period). Every participant must check in (no earlier than 15 minutes prior to court schedule start time) at the Fitness Center front desk. Court usage fee is \$5 per person, payable at the Fitness Center front desk.	
Gym & Sports Dome	No open usage—scheduled classes and activities ONLY .				
PE140, PE210, PE 100, & PE105	No open usage—scheduled classes and activities ONLY .				
Tennis Courts	Open Usage May–October. Call 734-462-4348 for availability. Scheduled classes and tournaments take priority. Permit required if providing professional and/or organized instruction - call 734-462-4448 for permit details. Lights are turned on for tennis leagues and scheduled events <i>only</i> .				

Fitness Center Hours*

734-462-4348

www.schoolcraft.edu/fitnesscenter

Monday–Thursday 5:30AM–9:00 PM

Friday: 5:30 AM–7:30 PM

Saturday: 7:00 AM–3:00 PM

Sunday: 10:00 AM–4:00 PM

**Check with Fitness Center front desk staff for modified holiday hours*

Lap Swim Hours/Information

May 7-August 3; no swim May 28 & July 4

Monday–Friday: 7:00–8:00AM

Monday–Friday: 12:00–1:00PM*

Tuesday & Thursday: 4:00–5:00PM

Lane 1 is for walking and stretching.

Lanes 2–6 are for lap swimming.

See participant requirements for LAP SWIM in chart above.

* **%&\$0!%\$Sda** Lap Swim will **bchibe** available:

Mondays - July 9, July 16, July 23

Wednesdays - July 11, July 18, July 25

Fridays - July 13, July 20, July 27

Handball/Racquetball/Paddleball/Wallyball

Available Year-round

The Handball/Paddleball/Racquetball/Wallyball courts are available for use through the Fitness Center. The courts are available for 1½-hour periods (see Court Schedule below). Note the maximum number of participants per activity: Handball/Paddleball = 4, Racquetball = 3, Wallyball = 10. You may have more than the maximum number of participants rotate in/out of the court during a 1½-hour period, but no more than the maximum is allowed on a court at one time. If court was not reserved during specified sign-up period, play is on a first-come, first-served basis. **Every** participant must check in at the Fitness Center front desk. Court usage fee is \$5 per person, payable at the Fitness Center front desk. Check-in is no earlier than 15 minutes prior to court schedule start time. In general, court usage is for adults only, but school-age children (meaning elementary school or older) can play Handball, Racquetball or Paddleball *if* a parent participates and *if* appropriate eye protection is worn. Children are not allowed to play Wallyball.

Court Schedule

Monday–Friday

6:00–7:30AM

7:30–9:00AM

9:00–10:30AM

10:30AM–12:00PM

12:00PM–1:30PM

1:30–3:00PM

3:00–4:30PM

4:30–6:00PM

6:00–7:30PM

7:30–9:00PM

Saturday

7:00–8:30AM

8:30–10:00AM

10:00–11:30AM

11:30AM–1:00PM

1:00–2:30PM

Sunday

10:00–11:30AM

11:30AM–1:00PM

1:00–2:30PM

2:30–4:00PM

NOTE: The courts are to be used for Handball, Racquetball, Paddleball or Wallyball only. No other types of activities are allowed.

NOTE: 7:30-9:00 PM not available on Fridays

Weekend Program

Family Open Swim

Sundays, May 6 — August 5; no activity May 27

Pool available 12:00PM–4:00PM

Family open swim is designed so participants of all ages can enjoy the pool in a non-instructional setting. Children under the age of 14 must be accompanied in the water by an adult (18 years or older). **Cost is \$5 per person (regardless of water participation), payable at the Fitness Center front desk. Provided wristband must be worn throughout the activity. For more information, visit www.schoolcraft.edu/cepd, email cepd@schoolcraft.edu, or call 734-462-4448.**

Locker Rooms, Locker Rental & Towel Usage

Locker Rooms: The PE Building has a Men's Locker Room, a Women's Locker Room, and a Family Changing Area. The Family Changing Area is available to accommodate two distinct populations - see posted rules for details.

Locker Rental: Available in our Men's and Women's locker rooms, either for free, day-to-day open use (first-come, first-served) or for rent (\$20 per semester). Some lockers have a digital lock, while others require a combination lock. If interested in renting a locker in one of the locker rooms, please visit the Fitness Center front desk to receive locker assignment and make payment. **NOTE: Lockers located inside the Fitness Center are for Fitness Center members only.**

Towels: Available at the PE Equipment Room. Towels must be signed in/out each day - no extended use. If the PE Equipment Room is closed, visit the Fitness Center front desk for assistance.

Most of PE Building **CLOSED** for maintenance August 11-26. Fitness Center will remain **OPEN**.