



# discover MASSAGE THERAPY

## Program Requirements 2012-2013 CATALOG

### MASSAGE THERAPY ASSOCIATE DEGREE

Schoolcraft program code # AAS.00266

Massage therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well-being of the client. The Massage Therapy Program is designed to prepare an individual in the field of soft tissue manipulation and is taught from a clinical perspective. Massage therapists may be employed in a private practice, a spa, or a variety of health care settings including hospitals and managed care centers, rehabilitation and sports medicine clinics and group and private practices.

The Massage Therapy Associate Degree is offered to meet the expanding needs of both the allied and integrative health care systems. Those students who are interested in additional education and wish to enter either field with a broad background and the ability to work with a diverse group of clients and practitioners will do well to add the general education courses. This associate degree program integrates traditional and non-traditional knowledge bases regarding massage therapy and bodywork. Course work includes anatomy and physiology, a variety of massage and bodywork techniques and practices, and general education courses. Massage therapists who attain this degree may also plan to pursue a baccalaureate degree in a health or medical program, or an individualized area of study.

All courses are not offered each semester. Students should work with the Counseling Center to set up a schedule that will work for them. Students who successfully complete all College Requirements qualify for an Associate in Applied Science Degree.

The massage therapy program is dedicated to advancing the science and art of massage therapy.

**This program requires a special admissions process. Contact the Admissions and Enrollment Center at 734-462-4426 or [admissions@schoolcraft.edu](mailto:admissions@schoolcraft.edu) to complete an application.**

**Virtually any program at Schoolcraft College can be a transfer program if you plan to continue at a four-year institution to earn a bachelor's degree in your major. Visit [www.schoolcraft.edu/transfer](http://www.schoolcraft.edu/transfer) for information about transfer options. To ensure that the Schoolcraft courses you select are the specific ones required by the four-year college of your choice, be sure to consult regularly with your counselor/advisor.**

### SAMPLE SCHEDULE OF COURSES

FIRST YEAR		Fall Semester
MAS 112	Massage Techniques 1	5.5
MAS 113	Comprehensive Study of Human Body Systems 1	3
MAS 114	Clinical Foundations	1.5
MAS 115	Business and Professionalism 1	2
		<b>12</b>

Winter Semester		
MAS 122	Massage Techniques 2	4
MAS 123	Comprehensive Study of Human Body Systems 2	4
MAS 124	Student Clinic 1	1
MAS 125	Business and Professionalism 2	3
		<b>12</b>

Spring/Summer Session		
MAS 132	Massage Techniques 3	3
MAS 133	Comprehensive Study of Human Body Systems 3	5
MAS 134	Student Clinic 2	1.5
MAS 135	Business and Professionalism 3	3
		<b>10.5</b>

SECOND YEAR		Fall Semester
ENG 100	Communication Skills	3
CIS 120	Software Applications	3
BIOL 101	General Biology	4
		<b>11</b>

Winter Semester		
ENG 116	Technical Writing	3
MATH 111	Applications—Utility of Math	4
HUM 106	Introduction to Art and Music	1
BIOL 236*	Human Anatomy and Physiology	5
		<b>13</b>

Spring/Summer Session		
PSYCH 153	Human Relations	3

**PROGRAM TOTAL 62.5 CREDITS**

\* Students who may transfer to a baccalaureate program should elect the BIOL 237–238 sequence. BIOL 101 is a prerequisite to BIOL 236 and the BIOL 237–238 sequence. Please review and follow all course requirements.

Students planning to transfer should check the transfer institution's requirements/guides or discuss their options with a counselor or advisor. Number of credits may vary depending on the course selection.

## MASSAGE THERAPY CERTIFICATE

Schoolcraft program code # 1YC.00255

Massage therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well-being of the client. The Massage Therapy Program is designed to prepare an individual in the field of soft tissue manipulation and is taught from a clinical perspective. It offers the opportunity to earn a Certificate in Massage Therapy. The certificate is granted after the successful completion of 36.5 credit hours of designated course work.

Massage therapists may be employed in private practice, spa, or a variety of health care settings including hospitals and managed care centers, rehabilitation and sports medicine clinics and group and private practices. Successful completion of the certificate readies the individual to sit for exams approved by the State of Michigan massage licensure.

The massage therapy program is dedicated to advancing the science and art of massage therapy. Students who successfully complete all Program Courses qualify for a Certificate of Program Completion.

**This program requires a special admissions process. Contact the Admissions and Enrollment Center at 734-462-4426 or [admissions@schoolcraft.edu](mailto:admissions@schoolcraft.edu) to complete an application.**

### SAMPLE SCHEDULE OF COURSES

#### FIRST YEAR

#### Fall Semester

MAS 112	Massage Techniques 1	5.5
MAS 113	Comprehensive Study of Human Body Systems 1	3
MAS 114	Clinical Foundations	1.5
MAS 115	Business and Professionalism 1	2

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#### Winter Semester

MAS 122	Massage Techniques 2	4
MAS 123	Comprehensive Study of Human Body Systems 2	4
MAS 124	Student Clinic 1	1
MAS 125	Business and Professionalism 2	3

**12**

#### Spring/Summer Session

MAS 132	Massage Techniques 3	3
MAS 133	Comprehensive Study of Human Body Systems 3	5
MAS 134	Student Clinic 2	1.5
MAS 135	Business and Professionalism 3	3

**12.5**

**PROGRAM TOTAL 36.5 CREDITS**

Go to [www.schoolcraft.edu/academicprograms](http://www.schoolcraft.edu/academicprograms) to see the Gainful Employment Disclosure which includes additional information about this program, such as program costs, student graduation rates, and the median debt of students who complete the program.



