

MESSAGE THERAPY

Credentials

Massage Therapy certificate	36.5 cr.
Massage Therapy AAS degree	62.5 cr.

Major Description

Opportunities continue to grow in the field of massage therapy with more and more people seeking preventative health-care solutions and massage in rehabilitation and treatment.

Schoolcraft offers both an associate in applied science degree and a certificate in massage therapy. Each provides students with the knowledge and skills to work in group and private practices, spas, and a variety of healthcare settings including hospitals, managed care centers, and rehabilitation and sports medicine clinics.

- Courses in bodywork and therapy skills are developed to meet the expanding requirements of allied and complementary healthcare systems and to prepare students to take the national certification exam.
- Students receive real life experience by participating in community service activities such as providing massages at marathons and fund-raising walks.

Job Titles & Median Salaries or Hourly Rates

- Massage Therapist: \$34,900 (national)

Massage therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well-being of the client. The massage therapy program is designed to prepare an individual in the field of soft tissue manipulation and is taught from a clinical perspective. Massage therapists may be employed in a private practice, a spa, or a variety of healthcare settings including hospitals and managed care centers, rehabilitation and sports medicine clinics and group and private practices.

The massage therapy associate degree is offered to meet the expanding needs of both the allied and integrative health care systems. Those students who are interested in additional education and wish to enter either field with a broad background and the ability to work with a diverse group of clients and practitioners will do well to add the general education courses. This associate degree program integrates traditional and non-traditional knowledge bases regarding massage therapy and bodywork. Course work includes anatomy and physiology, a variety of massage and bodywork techniques and practices, and general education courses. Massage therapists who attain this degree may also plan to pursue a baccalaureate degree in a health or medical program, or an individualized area of study.

The massage therapy program is dedicated to advancing the science and art of massage therapy. This program has been approved by the State of Michigan Department of Licensing and Regulatory Affairs and allows students to apply for licensure to practice massage therapy.

All courses are not offered each semester. Students should work with an academic advisor or counselor to develop a schedule that will work for them. Students who satisfactorily complete all college and program requirements qualify for an associate in applied science degree.

This program requires a special admissions process. Contact the Admissions and Welcome Center at 734-462-4426 or admissions@schoolcraft.edu to complete an application.

Massage Therapy AAS Degree

SAMPLE SCHEDULE OF COURSES

First Year—Fall Semester

MAS 112	Massage Techniques 1	5.5
MAS 113	Comprehensive Study of Human Body Systems 1 ...	3
MAS 114	Clinical Foundations	1.5
MAS 115	Business and Professionalism 1	2

Total Credits 12

First Year—Winter Semester

MAS 122	Massage Techniques 2	4
MAS 123	Comprehensive Study of Human Body Systems 2 ...	4
MAS 124	Student Clinic 1	1
MAS 125	Business and Professionalism 2	3

Total Credits 12

First Year—Spring/Summer Session

MAS 132	Massage Techniques 3	3
MAS 133	Comprehensive Study of Human Body Systems 3 ...	5
MAS 134	Student Clinic 2	1.5
MAS 135	Business and Professionalism 3	3

Total Credits 12.5

Second Year—Fall Semester

ENG 100	Communication Skills	3
CIS 120	Software Applications	3
BIOL 101	General Biology	4

Total Credits 10

Second Year—Winter Semester

ENG 116	Technical Writing	3
MATH 111	Applications—Utility of Math	4
HUM 106	Introduction to Art and Music	1
BIOL 236*	Human Anatomy and Physiology	5

Total Credits 13

Second Year—Spring/Summer Session

PSYCH 153	Human Relations	3
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Total Credits 3

PROGRAM TOTAL 62.5 CREDITS

** Students who may transfer to a baccalaureate program should elect the BIOL 237–238 sequence. BIOL 101 is a prerequisite to BIOL 236 and the BIOL 237–238 sequence. Please review and follow all course requirements.*

Students planning to transfer should check the transfer institution's requirements/guides or discuss their options with a counselor or advisor. Number of credits may vary depending on the course selection.

Massage Therapy Certificate

Massage therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well-being of the client. The massage therapy program is designed to prepare an individual in the field of soft tissue manipulation and is taught from a clinical perspective. It offers the opportunity to earn a certificate in massage therapy. The certificate is granted after the successful completion of 36.5 credit hours of designated course work.

Massage therapists may be employed in private practice, spa, or a variety of healthcare settings including hospitals and managed care centers, rehabilitation and sports medicine clinics and group and private practices. This program has been approved by the State of Michigan Department of Licensing and Regulatory Affairs and allows students to apply for licensure to practice massage therapy. Successful completion of the certificate readies the individual to sit for exams approved by the State of Michigan massage licensure.

The massage therapy program is dedicated to advancing the science and art of massage therapy. Students who successfully complete all program courses qualify for a certificate of program completion.

This program requires a special admissions process. Contact the Admissions and Welcome Center at 734-462-4426 or admissions@schoolcraft.edu to complete an application.

SAMPLE SCHEDULE OF COURSES

First Year—Fall Semester

MAS 112	Massage Techniques 1	5.5
MAS 113	Comprehensive Study of Human Body Systems 1	3
MAS 114	Clinical Foundations	1.5
MAS 115	Business and Professionalism 1	2

Total Credits 12

First Year—Winter Semester

MAS 122	Massage Techniques 2	4
MAS 123	Comprehensive Study of Human Body Systems 2	4
MAS 124	Student Clinic 1	1
MAS 125	Business and Professionalism 2	3

Total Credits 12

First Year—Spring/Summer Session

MAS 132	Massage Techniques 3	3
MAS 133	Comprehensive Study of Human Body Systems 3	5
MAS 134	Student Clinic 2	1.5
MAS 135	Business and Professionalism 3	3

Total Credits 12.5

PROGRAM TOTAL 36.5 CREDITS