



Discover

Schoolcraft College

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Physical Education 2012-2013 CATALOG

Sometimes it's nice to step away from the classroom and let your body go to work. We offer a number of courses that teach you to build and improve skills in a variety of sports, including tennis, basketball, racquetball and paddleball. If that's not enough, you can also learn aerobic dance fitness, swimming, weight training and self-defense techniques under the supervision of our instructors. Also be sure to check out the Edgerunners Ski Club at the Student Activities Office if you like to ski and are looking for like-minded people. Who says an education can't be fun?

WHY CHOOSE A COURSE IN PHYSICAL EDUCATION?

Because...

- You're interested in principles for healthy living, as explored in our PE 202 course.
- You like to swim, play basketball and/or weight train.
- You want to become better at racquet sports, such as tennis and racquetball.
- You want a course that may count as elective credit toward your associate degree.

Physical Education courses are identified by the prefix PE.

For More Information

Visit www.schoolcraft.edu where you can view course and program information, schedule a campus tour, apply for admission, register for courses, and request more information.
Contact the Admissions and Enrollment Center at 734-462-4426 with additional questions.



Schoolcraft College

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